



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

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Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Sachin Shigvan** aged, **29yr**. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

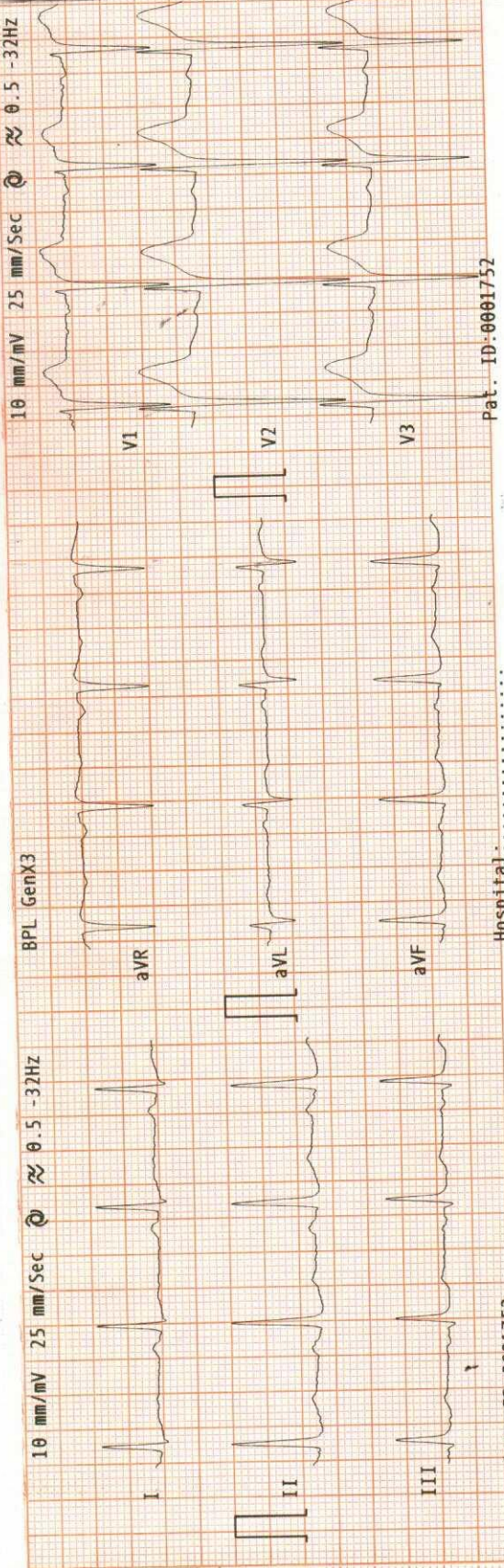
Place: Mumbai

Date: 01/06/2024

Dr Nitesh Kumar
MBBS
RCMR 47093
Name & Signature of

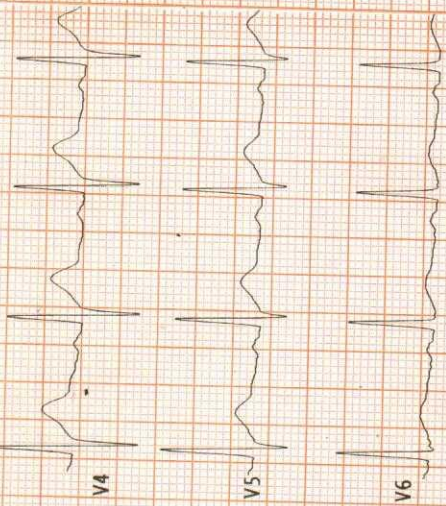
Medical officer

Pat. Name : SACHIN
 Pat. ID : 0001752
 Referred By :
 Consultant :
 Age / Sex : 29 Years / Male
 Date / Time : 01-06-24/11:16:46
 Pacemaker : No
 BP Sys / Dia: 0/0 mmHG
 HT / WT : 0cm / 0kg
 Race : Indian
 Drug 1 : No Medication
 Drug 2 : No Medication
 Clin. Diag. : Normal



12-01-24
 15:04:50 1108 014 106

BPL GenX3



Heart Rate 88 bpm

ST Frontal Axis -114 deg.

ST Duration 58 ms

Q-T Interval 344 ms

QT Dispersion 68 ms

P Terminal Force 3808 ms.uv

Average beat fiducial point sample number

	Onset	Termination	Duration (ms)
P	284	388	104
QRS	434	526	92
T	584	778	194

HRV

T Frontal Axis

PR Interval 150 ms

QTc Hodges 393 ms

76

Sinus rhythm

~ with PVC(s)

ST junctional depression

~ is nonspecific

Borderline ECG

No significant ST-T changes

Kindly correlate clinically

[Signature]

Disclaimer: This report does not replace the diagnosis of a trained physician

DR. KOMAL C. PAWAR
CONSULTANT CARDIOLOGIST
Reg. No. 2011 08 2674

Hospital:

Medical Examination

Name : Saehin Shigavan

Date : 1/6/24

Age/Gender : 29/M

Family History :

FHIO HTN

Personal History :

NO H/O-Sx/Trauma. NO Allergy to any known medication. Smoking (2/day) & Alcohol (once a month) since 1 year

Current complaints :

c/o sinusitis off & on
NO other complaints

General Examination : Fair

Height : 160 cms

SpO2 : 99%

Pulse-Rate : 98/min Reg

Heart Sounds : S1S2 @ NO

BMI : 25.6 kg/m² (murmur coverweight)

HIP TO WAIST RATIO : 0.96

Investigations :

ECG :


X-RAY :

FAST. ACCURATE. RELIABLE

Weight : 65 kg

Blood Pressure : 130/90 mm Hg

Eye Colour Vision : Normal


Dr. Signature: **Dr. RUPALI DESAI**
Rupali Desai M.B.B.S.
Reg. No. 2005/04/2498

ID : 15635 Collection : Jun 01, 2024, 04:51 p.m. Client Name : Arcofemi
 Name : SACHIN SHIGVAN Received : Jun 01, 2024, 05:03 p.m. Healthcare Pvt. Ltd - PANI017
 DOB/Age : 29 years Reported : Jun 01, 2024, 06:38 p.m. Client Address : GHATKOPAR
 Gender : Male Ref. Doctor : SELF



MT00085441

Test Description	Value(s)	Reference Range
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Complete Blood Count; CBC (EDTA whole blood)

Erythrocytes (Whole Blood)

Hemoglobin (Hb)* (NonCyanmethemoglobin Photometric Measurement)	15.8	gm/dL	13.5 - 18.0
Erythrocyte (RBC) Count* (Electrical Impedence)	5.59	mil/cu.mm	4.7 - 6.0
Packed Cell Volume (PCV)* (Calculated)	47.7	%	42 - 52
Mean Cell Volume (MCV)* (Electrical Impedence)	85.4	fL	78 - 100
Mean Cell Haemoglobin (MCH)* (Calculated)	28.3	pg	27 - 31
Mean Corpuscular Hb Conc. (MCHC)* (Calculated)	33.1	gm/dL	32 - 36
Red Cell Distribution Width (RDW)-CV* (Electrical Impedence)	16.0	%	11.5 - 14.0
Red Cell Distribution Width (RDW)-SD	47.7	fL	40.0 - 55.0

RBC Morphology

Remarks: Normocytic normochromic, mild anisocytosis

Leucocytes (Whole, Blood)

Total Leucocytes (WBC) Count* (Electrical Impedence)	10800	cell/cu.mm	4000-10000
Neutrophils* (VCSn Technology)	59	%	40 - 80
Lymphocytes* (VCSn Technology)	30	%	20 - 40
Monocytes* (VCSn Technology)	6	%	2 - 10
Eosinophils* (VCSn Technology)	4	%	1 - 6
Basophils* (VCSn Technology)	1	%	1-2

Absolute Count



Dr. Suyash Vishwaroop
(MBBS, MD Pathology)

ID : 15635
 Name : SACHIN SHIGVAN
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 Gender : Male

Collection : Jun 01, 2024, 04:51 p.m.
 Received : Jun 01, 2024, 05:03 p.m.
 Reported : Jun 01, 2024, 06:38 p.m.
 Ref. Doctor : SELF

Client Name : Arcofemi
 Healthcare Pvt. Ltd - PANI017
 Client Address : GHATKOPAR



MT00085441

Test Description	Value(s)	Reference Range
Absolute Neutrophil Count* (Calculated)	6.37	* 10 ⁹ /L 2.0 - 7.0
Absolute Lymphocyte Count* (Calculated)	3.24	* 10 ⁹ /L 1-3
Absolute Monocyte Count* (Calculated)	0.65	* 10 ⁹ /L 0.2-1.0
Absolute Eosinophil Count* (Calculated)	0.43	* 10 ⁹ /L 0.0-0.5
Absolute Basophils Count* (Calculated)	0.11	* 10 ⁹ /L 0.1-0.2
WBC	Reactive Lymphocytes Seen	
Platelets (Whole, Blood)		
Platelet Count* (Electrical Impedence)	446	10 ³ /ul 150 - 450
Mean Platelet Volume (MPV)* (Electrical Impedence)	6.9	fL 7.2 - 11.7
Platelet Morphology	Adequate on smear	
PCT* (Calculated)	0.308	% 0.2 - 0.5
PDW* (Calculated)	15.9	% 9.0 - 17.0

Tests done on Automated Five Part Cell Counter. (WBC, RBC, Platelet count by impedance method, colorimetric method for Hemoglobin, WBC differential by flow cytometry using laser technology other parameters are calculated). All Abnormal Haemograms are reviewed confirmed microscopically.



MC-2684

END OF REPORT

Dr. Suyash Vishwaroop
 (MBBS, MD Pathology)

ID : 15635 Collection : Jun 01, 2024, 04:51 p.m. Client Name : Arcofemi
 Name : SACHIN SHIGVAN Received : Jun 01, 2024, 05:02 p.m. Healthcare Pvt. Ltd - PANI017
 DOB/Age : 29 years Reported : Jun 01, 2024, 06:53 p.m. Client Address : GHATKOPAR
 Gender : Male Ref. Doctor : SELF



MT00085445

Test Description	Value(s)	Reference Range
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Glucose, Post Prandial (PP), 2 hours

Blood Glucose-Post Prandial* (Plasma - P, Hexokinase)	150	mg/dL	70-140
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MC-2684

END OF REPORT

Dr. Suyash Vishwaroop
(MBBS, MD Pathology)

ID : 15635	Collection : Jun 01, 2024, 04:51 p.m.	Client Name : Arcofemi
Name : SACHIN SHIGVAN	Received : Jun 01, 2024, 05:02 p.m.	Healthcare Pvt. Ltd - PANI017
DOB/Age : 29 years	Reported : Jun 01, 2024, 06:52 p.m.	Client Address : GHATKOPAR
Gender : Male	Ref. Doctor : SELF	



Test Description	Value(s)	Reference Range
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<u>SGPT</u>		
SGPT* (UV with P5P, IFCC 37 Degree)	44	U/L <50



MC-2684

END OF REPORT



Dr. Preeti Jain
(Consultant Pathologist)

ID : 15635
Name : SACHIN SHIGVAN
DOB/Age : 29 years
Gender : Male

Collection : Jun 01, 2024, 04:51 p.m.
Received : Jun 01, 2024, 05:02 p.m.
Reported : Jun 01, 2024, 06:56 p.m.
Ref. Doctor : SELF

Client Name : Arcofemi
Healthcare Pvt. Ltd - PANI017
Client Address : GHATKOPAR



Test Description **Value(s)** **Reference Range**

Glucose Fasting (F)

Glucose Fasting*
(Plasma, Hexokinase)

102 mg/dL

Normal: 70-100
Impaired Fasting Glucose (IFG): 100-125
Diabetes Mellitus: >= 126
(On more than one occasion)
(American Diabetes Association
guidelines 2017)



MC-2684

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Dr. Preeti Jain
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 DOB/Age : 29 years Reported : Jun 01, 2024, 06:53 p.m. Client Address : GHATKOPAR
 Gender : Male Ref. Doctor : SELF



MT00085443

Test Description	Value(s)	Reference Range
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Creatinine, Serum

Creatinine* (Jaffe IDMS)	1.15	mg/dL	0.67 - 1.17
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MC-2684

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Dr. Suyash Vishwaroop
(MBBS, MD Pathology)

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 Name : SACHIN SHIGVAN Received : Jun 01, 2024, 05:03 p.m. Healthcare Pvt. Ltd - PANI017
 DOB/Age : 29 years Reported : Jun 01, 2024, 07:01 p.m. Client Address : GHATKOPAR
 Gender : Male Ref. Doctor : SELF



Test Description	Value(s)	Reference Range
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Blood Group ABO & RH Factor

Blood Group (EDTA whole blood & Serum, Forward and Reverse By Tube Method)	"O"	
RH Factor	Positive	

Methodology

This is done by forward and reverse grouping by tube Agglutination method.

Interpretation

Newborn baby does not produce ABO antibodies until 3 to 6 months of age. So the blood group of the Newborn baby is done by ABO antigen grouping (forward grouping) only, antibody grouping (reverse grouping) is not required. Confirmation of the New-born's blood group is indicated when the A and B antigen expression and the isoagglutinins are fully developed (2–4 years).



MC-2684

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Gender : Male	Ref. Doctor : SELF	



Test Description	Value(s)	Reference Range
Bun; Blood Urea Nitrogen		
UREA* (Serum,Urease)	28.24	mg/dL 17 - 43
BUN* (Serum,Calculated)	13.20	mg/dL 7 - 18



END OF REPORT



Dr. Suyash Vishwaroop
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Test Description	Value(s)	Reference Range
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<u>Bilirubin, Total</u>		
Bilirubin-Total (DPD)	0.63	mg/dL 0.3 - 1.2



MC-2684

END OF REPORT

Dr. Preeti Jain
(Consultant Pathologist)



NAME: SACHIN SHIGVAN	AGE/GENDER: 29Y/M
REF.: SELF	DATE: 01.06.2024

X-RAY CHEST PA VIEW

Both lung fields show equal translucency and vasculature.

Pleural spaces are clear.

The cardiac size is normal.

The domes of diaphragm are normal in position & show smooth outline.

The bony parts are normal.

Impression:

- **No obvious significant abnormality is seen.**

Suggest: Clinical correlation.

Dr. Abhishek Yadav
Consultant Radiologist

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. X-ray is known to have inter-observer variations. Further/ follow up imaging may be needed in some cases for confirmation/ exclusion of diagnosis. Not all fractures may be visible in given X-ray views; hence a clinical correlation is suggested in cases of injury with swelling and restricted movements. Please interpret accordingly.