

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

 **KIMS-KINGSWAY
HOSPITALS**

Name: ms. Neha Kulkarni. Date: 13/01/24

Age: 33y Sex: M/F Weight: 52.9 kg Height: 154 inc BMI: 21.9

BP: 115/71 mmHg Pulse: 81 bpm RBS: _____ mg/dl

SpO2 - 98%

LMP - 22/12/23



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. NEHA KATKAR	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324069429/UMR2324033725	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jan-24 09:49 am	Report Date : 13-Jan-24 12:00 pm

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	13.5	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		40.7	36.0 - 46.0 %	Calculated
RBC Count		4.86	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		84	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		27.7	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.1	31.5 - 35.0 g/l	Calculated
RDW		15.3		
Platelet count		271	11.5 - 14.0 %	Calculated
WBC Count		6200	150 - 450 10^3 /cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		55.0	4000 - 11000 cells/cumm	Impedance
Lymphocytes		35.3	50 - 70 %	Flow Cytometry/Light microscopy
Eosinophils		5.9	20 - 40 %	Flow Cytometry/Light microscopy
Monocytes		3.8	1 - 6 %	Flow Cytometry/Light microscopy
Basophils		0.0	2 - 10 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3410	0 - 1 %	Flow Cytometry/Light microscopy
			2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2188.6	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		365.8	20 - 500 /cumm	Calculated
Absolute Monocyte Count		235.6	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated

PERIPHERAL SMEAR

RBC	Normochromic
Anisocytosis	Normocytic
WBC	Anisocytosis
Platelets	+(Few)
ESR	As Above
	Adequate
	18
	0 - 20 mm/hr

Automated
Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. NEHA KATKAR	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324069429/UMR2324033725	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jan-24 09:48 am	Report Date : 13-Jan-24 10:49 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	94	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		81	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	5.1	Non-Diabetic : \leq 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : \geq 6.5 %	HPLC
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*** End Of Report ***

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Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST
SPANV Medisearch Lifesciences Private Limited

44, Farwana Bhowan, Kingsway, Nangur - 440 001, Maharashtra, India

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. NEHA KATKAR	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324069429/UMR2324033725	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jan-24 09:49 am	Report Date : 13-Jan-24 11:06 am

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	160 < 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		67 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		31 > 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		109.16 < 100 mg/dl	Enzymatic
VLDL Cholesterol		13 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		5 3 - 5	Calculation

<u>Initiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		>190, optional at 160-189
		<130
		<160

*** End Of Report ***

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DEPARTMENT OF BIOCHEMISTRY

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Bill No/ UMR No : BIL2324069429/UMR2324033725	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jan-24 09:49 am	Report Date : 13-Jan-24 11:06 am

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
RFT				
Blood Urea	Serum	14	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.53	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		125.2	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		145	136 - 145 mmol/L	Direct ion selective electrode
Potassium		5.09	3.5 - 5.1 mmol/L	Direct ion selective electrode
THYROID PROFILE				
T3		1.38	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.38	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		0.802	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

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CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. NEHA KATKAR	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324069429/UMR2324033725	Referred By : Dr. Vimmi Goel MBBS,MD
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LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.43	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.20	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.23	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		61	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		17	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		18	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		8.97	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.86	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		4.11	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.18		

*** End Of Report ***

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. NEHA KATKAR
 Bill No/ UMR No : BIL2324069429/UMR2324033725
 Received Dt : 13-Jan-24 10:00 am

Age / Gender : 33 Y(s)/Female
 Referred By : Dr. Vimmi Goel MBBS,MD
 Report Date : 13-Jan-24 11:42 am

Parameter	Specimen	Results	Method
URINE MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
CHEMICAL EXAMINATION			
Reaction (pH)	Urine	6.0	4.6 - 8.0
Specific gravity		1.015	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
MICROSCOPIC EXAMINATION			
Epithelial Cells	Urine	5-10	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		2-4	0 - 4 /hpf
Casts		Absent	Absent
Crystals		Absent	Absent
USF(URINE SUGAR FASTING)			
Urine Glucose	Urine	Negative	

*** End Of Report ***

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 Medisearch Lifesciences Private Limited

44, Parwana Bhawan, Kingsway Nagar - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510

Suggested Clinical Correlation * If necessary, Please discuss

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mrs. NEHA KATKAR **Age / Gender** : 33 Y(s)/Female
Bill No/ UMR No : BIL2324069429/UMR2324033725 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jan-24 09:49 am **Report Date** : 13-Jan-24 12:33 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Negative "(-Ve)	
Note		Advised: Du Test to rule out 'weak Rh D positive' status of Blood Group. *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	NEHA KATKAR	STUDY DATE	13-01-2024 10:36:43
AGE/ SEX	33Y9M29D / M	HOSPITAL NO.	UMR2324033725
ACCESSION NO.	BIL2324069429-10	MODALITY	DX
REPORTED ON	13-01-2024 10:49	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

SPANV Medisearch Lifesciences Private Limited

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510

PATIENT NAME:	MRS. NEHA KATKAR	AGE /SEX:	33 YRS/F
UMR NO:	2324033725	BILL NO:	2324069429
REF BY	DR. VIMMI GOEL	DATE:	13/01/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows normal echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.
No focal myometrial lesion seen.
Endometrial echo-complex appear normal.
No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION -
No significant abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Katurchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Neha , Katkar
Patient ID: 033725
Height:
Weight:
Study Date: 13.01.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 17.03.1990
Age: 33yrs
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
REST	SUPINE	03:17	0.00	0.00	88	110/70	
	STANDING	00:02	0.00	0.00	88		
	HYPERV.	00:02	0.00	0.00	88		
	WARM-UP	00:10	0.60	0.00	87		
EXERCISE	STAGE 1	03:00	1.70	10.00	114		
	STAGE 2	03:00	2.50	12.00	134	130/70	
	STAGE 3	03:00	3.40	14.00	155	130/70	
	STAGE 4	00:01	3.40	14.00	157		
RECOVERY		01:00	0.00	0.00	113	130/70	
		02:00	0.00	0.00	93	130/70	
		00:14	0.00	0.00	93		

The patient exercised according to the BRUCE for 9:00 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 90 bpm rose to a maximal heart rate of 157 bpm. This value represents 83 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 130/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.
Functional Capacity: normal.

Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: Insignificant ST-T changes seen..

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Insignificant ST-T changes seen.


Dr. VIMMI GOEL
MBBS, MD
Dr. Vishal Moh Invasive Cardiology
No. 2014/0170113

Rate 74 . Sinus rhythm.....normal P axis, V-rate 50-99
 . Baseline wander in lead(s) V6
 PR 124
 QRS 94
 QT 372
 QTc 413

--AXIS--

P 67
 QRS 76
 T 2

- NORMAL ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis

