

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur

Phone No.: 7499913052

 **KIMS-KINGSWAY
HOSPITALS**

Name: Mr Lomesh Chaudhari Date: 23/01/24

Age: 36yr Sex: M F Weight: 69.4 kg Height: 165 inc BMI: 25.5

BP: 159/85 mmHg Pulse: 76/min bpm RBS: _____ mg/dl
SpO2 - 98%



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. LOMESH CHAUDHARI	Age / Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324071566/UMR2324034682	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Jan-24 08:35 am	Report Date : 23-Jan-24 10:05 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	15.1	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		46.4	40.0 - 50.0 %	Calculated
RBC Count		6.49	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		72	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		23.3	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.5	31.5 - 35.0 g/l	Calculated
RDW		17.9		Calculated
Platelet count		309	11.5 - 14.0 %	Calculated
WBC Count		5100	150 - 450 10^3 /cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		48.9	4000 - 11000 cells/cumm	Impedance
Lymphocytes		44.1	50 - 70 %	Flow Cytometry/Light microscopy
Eosinophils		1.7	20 - 40 %	Flow Cytometry/Light microscopy
Monocytes		5.3	1 - 6 %	Flow Cytometry/Light microscopy
Basophils		0.0	2 - 10 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		2493.9	0 - 1 %	Flow Cytometry/Light microscopy
			2000 - 7000 /cumm	Calculated



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Parameter	Specimen	Results	Biological Reference	Method
Absolute Lymphocyte Count		2249.1	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		86.7	20 - 500 /cumm	Calculated
Absolute Monocyte Count		270.3	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
RBC		Microcytosis +(Few), Hypochromia +(Few), Anisocytosis +(Few)		Light microscopy
WBC		As Above		
Platelets		Adequate		
ESR		03	0 - 15 mm/hr	
Comment				Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

Test results related only to the item tested.

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. LOMESH CHAUDHARI

Age / Gender : 36 Y(s)/Male

Bill No/ UMR No : BIL2324071566/UMR2324034682

Referred By : Dr. Vimmi Goel MBBS,MD

Received Dt : 23-Jan-24 08:34 am

Report Date : 23-Jan-24 10:05 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	100	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		107	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		5.6	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. LOMESH CHAUDHARI	Age / Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324071566/UMR2324034682	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Jan-24 08:35 am	Report Date : 23-Jan-24 10:37 am

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	163 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		119 < 150 mg/dl	Enzymatic
HDL Cholesterol Direct		36 > 40 mg/dl	(Lipase/GK/GPO/POD)
LDL Cholesterol Direct		105.06 < 100 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
VLDL Cholesterol		24 < 30 mg/dl	Enzymatic
Tot Chol/HDL Ratio		4 3 - 5	Calculated

Initiate therapeutic	Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>100	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	<130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	<160
No additional major risk or one additional major risk factor	>190, optional at 160-189	<160

*** End Of Report ***

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DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. LOMESH CHAUDHARI
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Bill No/ UMR No : BIL2324071566/UMR2324034682
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Jan-24 08:35 am
Report Date : 23-Jan-24 10:37 am

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
RFT				
Blood Urea	Serum	13	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.70	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		122.5	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		146	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.98	3.5 - 5.1 mmol/L	Direct ion selective electrode
THYROID PROFILE				
T3		1.49	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.07	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.41	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. LOMESH CHAUDHARI	Age / Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324071566/UMR2324034682	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Jan-24 08:35 am	Report Date : 23-Jan-24 10:37 am

LIVER FUNCTION TEST(LFT)

Parameter	Specimen	Results	Biological Reference	Method
Total Bilirubin	Serum	0.75	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.23	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.52	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		86	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		44	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		35	15 - 40 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		8.29	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.68	3.5 - 5.0 gm/dl	Calculated
Globulin		3.61	2.0 - 4.0 gm/dl	
A/G Ratio		1.30		

*** End Of Report ***

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CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. LOMESH CHAUDHARI	Age / Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324071566/UMR2324034682	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Jan-24 08:54 am	Report Date : 23-Jan-24 11:08 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
URINE MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
CHEMICAL EXAMINATION			
Reaction (pH)	Urine	5.0	4.6 - 8.0
Specific gravity		1.010	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
MICROSCOPIC EXAMINATION			
Epithelial Cells	Urine	0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent
Crystals		Absent	Absent
USF(URINE SUGAR FASTING)			
Urine Glucose	Urine	Negative	STRIP

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100909

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CONSULTANT PATHOLOGIST

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mr. LOMESH CHAUDHARI	Age / Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324071566/UMR2324034682	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Jan-24 08:35 am	Report Date : 23-Jan-24 10:52 am

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O "
Rh (D) Typing.		" Positive "(+Ve)

Gel Card Method

*** End Of Report ***

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	LOMESH CHAUDHARI	STUDY DATE	23-01-2024 09:39:10
AGE/ SEX	36Y 1D / M	HOSPITAL NO.	UMR2324034682
ACCESSION NO.	BIL2324071566-9	MODALITY	DX
REPORTED ON	23-01-2024 10:58	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



DR. R.R. KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

PATIENT NAME:	MR. LOMESH CHAUDHARI	AGE /SEX:	36Y/M
UMR NO:	2324034682	BILL NO:	2324071566
REF BY	DR. VIMMI GOEL	DATE:	23/01/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

Kingway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Lomesh, Chaudhar
Patient ID: 034682
Height:
Weight:
Study Date: 23.01.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 01.02.1987
Age: 36yrs
Gender: Male
Race: Indian
Referring Physician: -- Medisheel HCU
Attending Physician: Dr. Vinmi, Goel
Technician: --

Medications:

Medical History:

HTN

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:08	0.00	0.00	87	130/70	
	WARM-UP	00:05	0.70	0.00	83		
EXERCISE	STAGE 1	03:00	1.70	10.00	134	130/70	
	STAGE 2	03:00	2.50	12.00	157	150/70	
	STAGE 3	02:55	3.40	14.00	179	150/70	
RECOVERY		01:00	0.00	0.00	137		
		02:00	0.00	0.00	130	130/70	
		00:33	0.00	0.00	127		

The patient exercised according to the BRUCE for 8:54 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 90 bpm rose to a maximal heart rate of 179 bpm. This value represents 97% of the maximal, age-predicted heart rate. The resting blood pressure of 130/70 mmHg, rose to a maximum blood pressure of 150/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: ST elevation, LVH.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

36 Years

MR LOMESH CHAUDHARI
Male

23-Jan-24 8:38:23 AM

KIMS-KINGSGWAY HOSPITALS

PBC DEPT.

Rate 77 . Sinus rhythm.....Normal P axis, V-rate 50- 99
 PR 158 . Consider left ventricular hypertrophy.....(S V1/V2+R V5/V6) >3.50mV
 QRS 87 . ST elev, probable normal early repol pattern.....ST elevation, age<55
 QT 380 . Baseline wander in lead(s) V4

--AXIS--

P 66

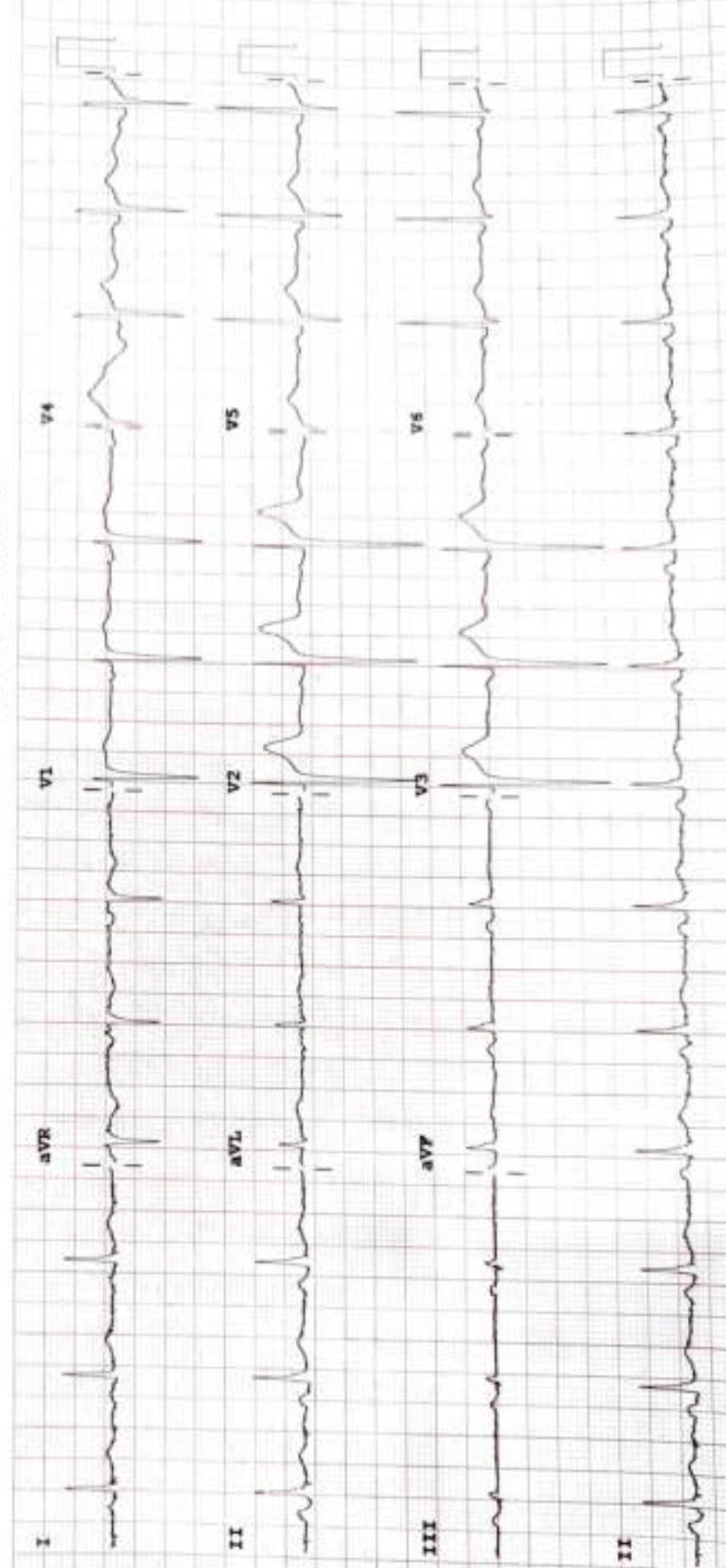
QRS 41

T 35

12 Lead; Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis



F 50- 0.50-150 Hz W 100B CL P7

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

Device:

RECORDED & REPRODUCED