

प्रति,

समन्वयक,  
Mediwheel (Arcofemi Healthcare Limited)  
हेल्पलाइन नंबर: 011-41195959

महोदय/ महोदया,

विषय: बैंक ऑफ़ बड़ोदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपको सूचित करना चाहते हैं कि हमारे कर्मचारी जिनका विवरण निम्नानुसार है हमारे करार के अनुसार आपके द्वारा उपलब्ध कराई गई कैशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

	कर्मचारी विवरण
नाम	MR. YADAV RAJNEESH KUMAR
क.कू.संख्या	100928
पदनाम	HEAD CASHIER "E" _II
कार्य का स्थान	KARAUNDIA
जन्म की तारीख	20-10-1986
स्वास्थ्य जांच की प्रस्तावित तारीख	10-03-2024
बुकिंग संदर्भ सं.	23M100928100095516E

यह अनुमोदन/ संस्तुति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ बड़ोदा के कर्मचारी आईडी कार्ड की प्रति के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक 02-03-2024 से 31-03-2024 तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलग्नक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टाई-अप व्यवस्था के अनुसार कैशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कूट संख्या एवं बुकिंग संदर्भ संख्या का उल्लेख अनिवार्य रूप से इनवॉइस में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

भवदीय,

हस्ता/-  
(मुख्य महाप्रबंधक)  
मानव संसाधन प्रबंधन विभाग  
बैंक ऑफ़ बड़ोदा

  
Dr. J.P. SINGH  
M.D.(Medicine) FACP (USA)  
Director & Consultant Physician  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

(नोट: यह कंप्यूटर द्वारा जनरेट किया गया पत्र है। हस्ताक्षर की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwheel (Arcofemi Healthcare Limited) से संपर्क करें।)

H- 178  
W- 79  
BP- 104/95

भारत सरकार  
Government of India

राजीव कृष्ण यादव  
Rajesh Kumar Yadav  
जन्म तिथि DOB: 20/10/1986  
पुल/ MALE

8526 6648 6772  
VID : 9141 2713 3380 4852

मेरा आभूषण, मेरी पहचान

जागतिक

Dr.J.P.SINGH  
M.D.(Medicine) FACP (USA)  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt.Ltd.)

एनयूआई आइडेंटिफिकेशन अथॉरिटी  
Unique Identification Authority of India

पता:  
राजीव कृष्ण यादव, पटना, पटना, सुपौलमण्डल,  
मेरा पिन - 226125

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Supaoul, Uttar Pradesh - 226125

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**Bank of Baroda**  
बैंक ऑफ बड़ौदा

नाम - रजनीश कुमार यादव

Name - RAJNEESH KUMAR YADAV

कार्यकारी कूट क्र - 100928

E.C. No. - 100928

जारीकर्ता प्राधिकारी

*[Handwritten Signature]*

Issuing Author

**Dr. J.P. SINGH**  
MD, Internal Medicine (USA)  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(In collaboration with JPK Hospital & Trauma Center Paliwal)

*[Handwritten Signature]*



**रजनीश कुमार यादव**

धारक के हस्ताक्षर

Signature of Holder

MR RAJESH KUMAR  
Age 33y/M

10.03.2024 11:38:21  
JPK CLINIC AND DIAGNOSTICS  
NORMAL COMPOUND SUPER MARKET  
SUL TAMPUR

Location:  
Room:  
Order Number:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

59 bpm  
-- / -- mmHg

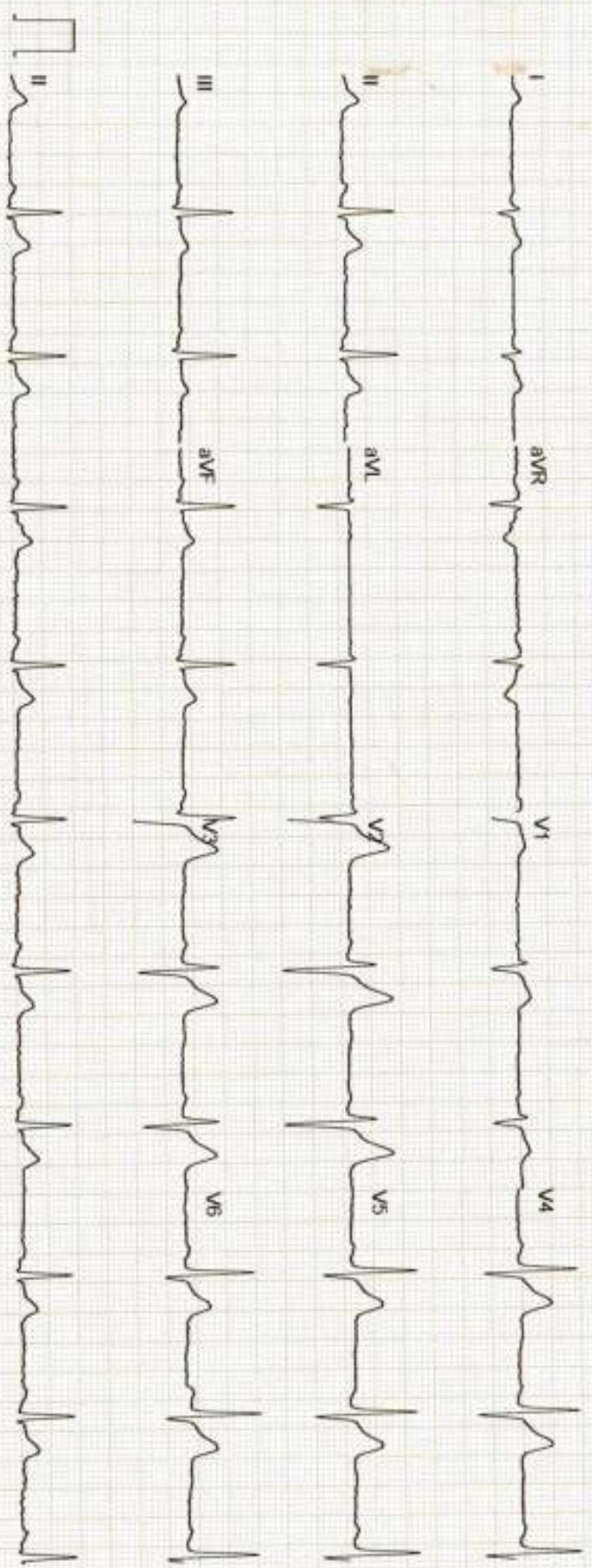
QRS : 94 ms  
QT / QTcBaz : 358 / 354 ms  
PR : 160 ms  
P : 108 ms  
RR / PP : 1010 / 1016 ms  
P / QRS / T : 54 / 93 / 64 degrees

Sinus bradycardia  
Rightward axis  
Nonspecific ST abnormality  
Abnormal ECG

**Dr. J.P. SINGH**  
M.D. (Medical) PACP (USA)  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
A Unit of JPK Hospitals & Trauma Center (PILLA)

Technician:  
Ordering Ph: DR. J.P. SINGH  
Referring Ph:  
Attending Ph:

*Handwritten signature*



GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2.5x3 25\_R1 1/1

Unconfirmed



सर्वे सन्तु निरोग्या

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट सिटी मार्ट मॉल, गल्ला मण्डी मोड़ जिला अस्पताल रोड- सुलतानपुर

Report No : 38,450  
 Patient Name : Mr. RAJNISH KUMAR  
 Age (Y-M-D) : 33 - 0 - 0  
 Sex : Male  
 Referred By : DHS



Bill No. / Day Sr.: 10-Mar-24 12  
 Receiving Date : 10-Mar-24 12  
 Reporting Date :

## ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

<b>LIVER</b>	: Liver is normal in size and echogenicity . No focal or diffuse mass lesion seen.No IHBD dilatation seen.
<b>GALL BLADDER</b>	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
<b>PV/CBD</b>	: Portal vein and CBD are normal in their course and calibre.
<b>PANCREAS</b>	: Pancreas is normal in size, contour & echotexture.
<b>SPLEEN.</b>	: Spleen is normal in size mm and echogenicity. No focal or diffuse mass lesion seen.
<b>KIDNEYS</b>	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
<b>URETER</b>	: B/L ureters are normally visualized.
<b>U.BLADDER</b>	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
<b>PROSTATE</b>	: Prostate is normal in size, shape & echo-texture. No mass lesion is seen .
<b>POST VOID</b>	: Not done.
<b>BOWEL</b>	: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity. No obvious lymphadenopathy noted.
<b>IMPRESSION</b>	: <b>NORMAL FINDINGS</b>

Dr. J.P. SINGH  
 M.D.(Medicine) FACP (USA)  
 Director & Consultant Physician  
 (JPIK Hospitals & Trauma Center Pvt.Ltd.)

Dr. Amit Kumar  
 M.B.B.S. MS  
 Reg. No. 29176  
 Dr. Amit Kumar  
 (Sonologist.)

Timings: 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.  
 If there is any doubt please repeat test free of cost.

( NOT FOR MEDICO LEGAL PURPOSE)





सर्वे सन्तु निरामया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट NY मॉल, गल्ला मण्डी मोड़, जिला अस्पताल रोड- सुलतानपुर

Report No : 38,453  
 Patient Name : Mr. RAJNISH KUMAR  
 Age (Y-M-D) : 33 - 0 - 0  
 Sex : Male  
 Referred By : DHS



Bill No. / Day Sr.: 10-Mar-2024  
 Receiving Date : 10-Mar-2024  
 Reporting Date :

TRACHEA- : Trachea is central,  
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.  
 ANGLES- : Both costophrenic angles are clear.  
 PARRENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.  
 C / T RATIO- : Normal  
 MEDIASTINUM- : no mediastinal shift is seen.  
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.  
 IMPRESSION- : NORMAL FINDING

सर्वे सन्तु निरामया

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 Director & Consultant Physician  
 (JPK Hospitals & Trans Care Center Pvt. Ltd.)

Dr. Amit Kumar  
 M.B.B.S. MS  
 Reg. No.-29176  
 Dr. Amit Kumar  
 (Sonologist.)



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 if there is any doubt please repeat test free of cost. ( NOT FOR MEDICO LEGAL PURPOSE)

# JPK CLINIC & DIAGNOSTICS

( A unit of JPK Hospitals & Trauma Center Pvt. Ltd. )  
Super Market, Sultanpur -228 001 (U.P.)  
Ph. : 05382-241192, 9196008963  
www.jpkhospitals.com



Patient ID : JPKH-MRN-48697  
Name : Mr. RAJNEESH KUMAR YADAV  
Age/Gender : 37Y/M  
Date/Time : 10-03-2024/14:41  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>BIO-CHEMISTRY</b>		
LRN-004192 <b>PSA TOTAL</b> Observation	<b>PSA Total</b> 3.26 ng/mL	<4.00 ng/mL
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:38		
LRN-004193 <b>Blood Urea Nitrogen (BUN)</b>	<b>Blood Urea Nitrogen (BUN)</b> 9.91 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:38		
LRN-004192 <b>Serum Creatinine</b> Observation	<b>Serum Creatinine</b> 1.1 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:38		
LRN-004193 <b>Total Cholesterol</b>	<b>Lipid Profile</b> 164.3 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
<b>Triglycerides</b>	143.7 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
<b>HDL</b>	32.8 mg/dL	Low < 40 mg/dL

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

### Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
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- ABP
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Patient ID : JPKH-MRN-48697  
Name : Mr. RAJNEESH KUMAR YADAV  
Age/Gender : 37Y/M  
Date/Time : 10-03-2024/14:41  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LDL

102.8 mg/dL

Normal 40 -60 mg/dL  
High > 60 mg/dL  
Optimal <100 mg/dL  
Near Optimal 100-129 mg/dL  
Borderline high 130-159 mg/dL  
High 160-189 mg/dL  
Very high >190 mg/dL

VLDL

28.7 mg/dL

15-30 mg/dL  
Desirable < 20 mg/dL  
Borderline High 21-39 mg/dL  
High > 40 mg/dL

TC/HDL Ratio

5.0

( Less than 5.0 )

LDL/HDL

3.13

UPTO 3.5

Sample Collection 10 Mar 2024 / 14:42  
Result Approval 10 Mar 2024 / 17:38

LRN-004192

Fasting Blood Sugar

Fasting blood sugar

76.0 mg/dL

70-110 mg/dL

Observation

Sample Collection 10 Mar 2024 / 14:42  
Result Approval 10 Mar 2024 / 17:38

LRN-004194

Glycosylated Haemoglobin

HbA1C

4.5 %

4-6% - NON-DIABETIC  
6-7% - GOOD CONTROL  
7-8% - FAIR CONTROL  
>8% - ACTION SUGGESTED

Sample Collection 10 Mar 2024 / 14:42  
Result Approval 10 Mar 2024 / 17:38

LRN-004192

Uric Acid

Uric Acid

4.63 mg/dL

Male 4.0-8.5 mg/dL

Female: 2.7-7.3 mg/dL

Dr. SHIWANGI

MBBS, DCC (DNB)

Consultant Pathologist

(JPK Hospitals & Trauma Center Pvt. Ltd.)

Rakesh  
Rakesh Sharma  
Lab Technician

This is an Electronically Generated Report. This cannot be heard for the specimen's receipt. The report may need to be completed clinically as laboratory

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Name : Mr. RAJNEESH KUMAR YADAV  
Age/Gender : 37Y/M  
Date/Time : 10-03-2024/14:41  
Referred By : SELF

## INVESTIGATION

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Observation

Sample Collection 10 Mar 2024 / 14:42  
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LRN-004193

### Liver Function Test (LFT)

<b>Bilirubin Total</b>	1.13 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
<b>Bilirubin Direct</b>	0.40 mg/dL	0.0 - 0.2 mg/dL
<b>Bilirubin Indirect</b>	0.73 mg/dL	0.0 - 0.8 mg/dL
<b>SGOT</b>	25.0 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
<b>SGPT</b>	46.0 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
<b>Alkaline Phosphatase</b>	86.0 U/L	UPTO 125 U/L
<b>Total Protein</b>	7.44 g/dL	6.0 - 8.0 g/dL
<b>Albumin</b>	4.33 g/dL	3.5 - 5.2 g/dL
<b>Globulin</b>	3.11 g/dL	1.5 - 3.0 g/dL
<b>A/G</b>	1.39	1 - 2

Sample Collection 10 Mar 2024 / 14:42  
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LRN-004192

### Gamma Glutamyl transferase (GGT)

<b>GGT</b>	22.3 U/L	5-36 U/L (Female) 8-61 U/L (Male)
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Observation

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Result Approval 10 Mar 2024 / 17:38

*Rakesh*

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**  
MBBS/OCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Name : Mr. RAJNEESH KUMAR YADAV  
Age/Gender : 37Y/M  
Date/Time : 10-03-2024/14:41  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LRN-004191

**Blood Group**  
**RH Typing**  
Observation

### HAEMATOLOGY

**Blood grouping and Rh typing**

A  
POSITIVE (+)

Sample Collection 10 Mar 2024 / 14:42  
Result Approval 10 Mar 2024 / 17:38

LRN-004189

**Haemoglobin**

### Complete Blood Count

14.7 g/dL  
13-18g/dL(>15yr Adult Male)  
12-15g/dL(>15yrAdult Female)

**WBC Count**

6670  
4000-11,000/cumm

**Differential Count**

**Neutrophils**

60 %  
40-75 %

**Lymphocytes**

30 %  
20-45 %

**Eosinophils**

04 %  
01-08 %

**Monocytes**

06 %  
02-10 %

**Basophils**

00 %  
00-01 %

**RBC Count**

4.99 million/cumm  
4.5-6.0 million/cumm (Male)  
4.0-5.5 million/cumm (Female)

**PCV**

44.6 %  
40-54 % (>15yr Adult Male)  
34-48 % (>15yr Adult Female)

**MCV**

89.3 fl  
75-95 fl

**MCH**

29.4 pg  
26-32 pg

**MCHC**

32.9 %  
30-35%

**Platelet Count**

110000 cells/cumm  
150000 - 400000 cells/cumm

**Mean Platelet Volume(MPV)**

13.4 fL  
7.5-11.5 fL

**RDW-CV**

13.3 %  
11-16 %

**RDW-SD**

45.6 %  
35-56 %

Observation

Sample Collection 10 Mar 2024 / 14:42

*Rakesh*

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**  
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Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Patient ID : JPKH-MRN-48897  
Name : Mr. RAJNEESH KUMAR YADAV  
Age/Gender : 37Y/M  
Date/Time : 10-03-2024/14:41  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

Result Approval 10 Mar 2024 / 17:38

LRN-004190

Erythrocyte sedimentation Rate (ESR)

Erythrocyte sedimentation Rate (ESR)

06 mm/hr

Male : 0 - 10 mm/hr

Female : 0 - 20 mm/hr

Observation

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Result Approval 10 Mar 2024 / 17:38



*Rakesh*

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
MBBS, MCh (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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# JPK CLINIC & DIAGNOSTICS

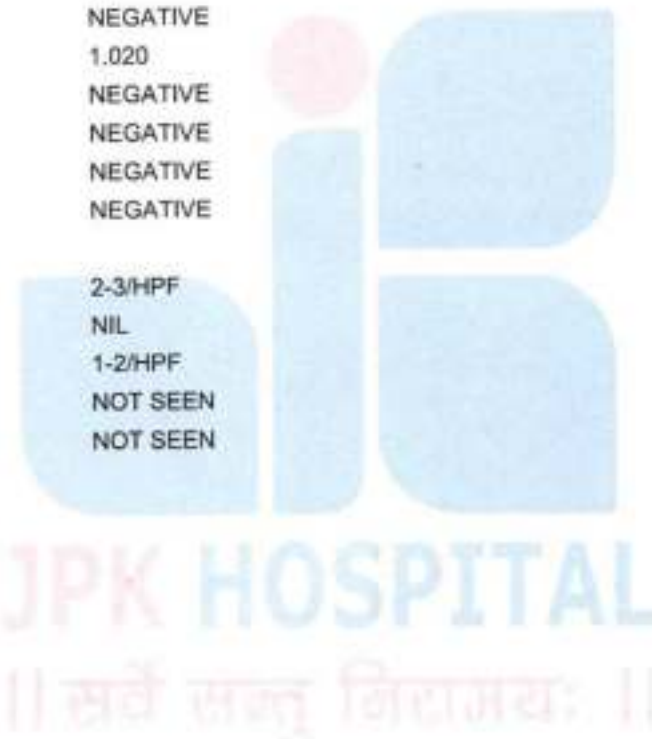
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Name : Mr. RAJNEESH KUMAR YADAV  
Age/Gender : 37Y/M  
Date/Time : 10-03-2024/14:41  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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INVESTIGATION	RESULT	REFERENCE RANGE
Clinical Pathology		
URINE-ROUTINE/MICROSCOPY		
LRN-004195		
<b>PHYSICAL EXAMINATION</b>		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
<b>CHEMICAL EXAMINATION</b>		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.020	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
<b>MICROSCOPIC EXAMINATION</b>		
Epithelial Cells	2-3/HPF	
RBC	NIL	
Pus Cells	1-2/HPF	
Casts	NOT SEEN	
Crystals	NOT SEEN	
Observation		



Sample Collection 10 Mar 2024 / 14:42  
Result Approval 10 Mar 2024 / 17:38

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimens received. The report may need to be correlated clinically at laboratory.

### Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

# JPK CLINIC & DIAGNOSTICS

( A unit of JPK Hospitals & Trauma Center Pvt. Ltd. )  
Super Market, Sultanpur -228 001 (U.P.)  
Ph. : 05362-241192, 9196008963  
www.jpkhospitals.com



Patient ID : JPKH-MRN-48697  
Name : Mr. RAJNEESH KUMAR YADAV  
Age/Gender : 37Y/M  
Date/Time : 10-03-2024/14:41  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

INVESTIGATION	RESULT	REFERENCE RANGE
LRN-004196	CHEMILUMINESCENCE IMMUNOASSAY	
	Thyroid Function Test (T3, T4, TSH)	
T3	0.76 ng/mL	0.69-2.15
T4	88.9 ng/mL	52-127
TSH	2.55 $\mu$ IU/mL	21 weeks- 20 years: 0.7-6.4 $\mu$ IU/mL 21-54 years: 0.4 - 4.2 $\mu$ IU/mL 55- 87 years: 0.5 – 8.9 $\mu$ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 $\mu$ IU/mL 2nd Trimester: 0.46 – 2.95 $\mu$ IU/mL 3rd Trimester: 0.43 – 2.78 $\mu$ IU/mL

## Observation

Sample Collection 10 Mar 2024 / 14:42  
Result Approval 10 Mar 2024 / 17:38

— End of Report —

JPK HOSPITAL  
॥ सर्वे सन्तु निरोगाः ॥

*Rakesh*

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimen/s received. The report may need to be correlated clinically as laboratory

### Facilities Available

- ECG
- PFT
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- Ultrasound

**JPK HOSPITAL AND TRAUMA CENTER**

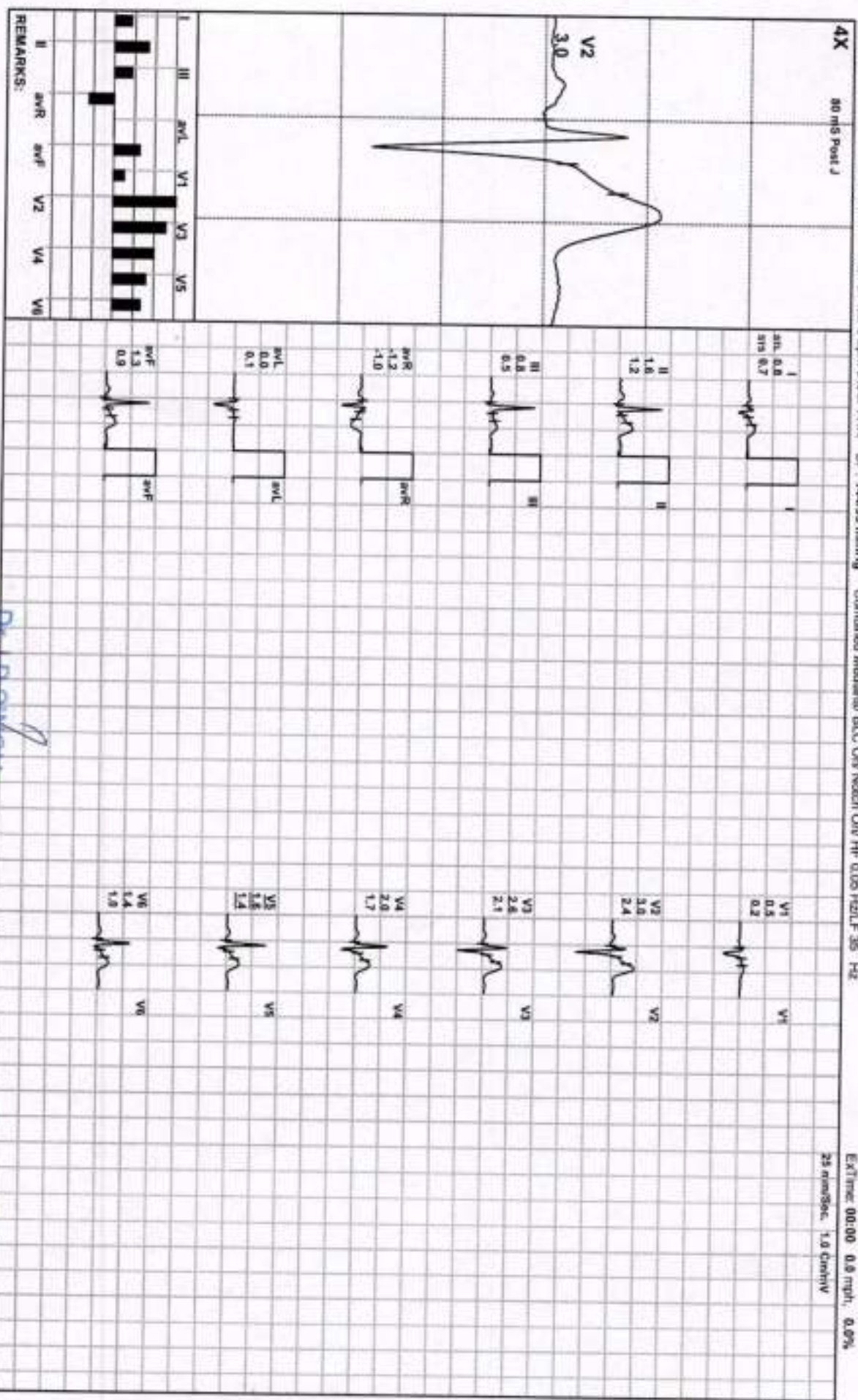
MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg / HR : 0

BRUCE:Supine(0:12)



Date: 10 - 03 - 2024 12:04:00 PM METS: 1.0/ 0 bpm 0% of THR BP: 144/95 mmHg Combined Mediana/ B/C Ov Nech Ov HF 0.05 Hz/LF 3S Hz

EXTIME: 00:00 0.0 mph, 0.0%  
25 mm/Sec, 1.0 Cm/Div



Dr. P. SINGH

M.D. (Medicine) F.A.C.P. (USA)  
Director & Consultant Physician  
(JPK Hospital & Trauma Center Pvt. Ltd.)

(ADX\_GEM217220330)RJA@jpk.org

**JPK HOSPITAL AND TRAUMA CENTER**

**MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg / HR : 70**

**BRUCE:Standing(0:14)**

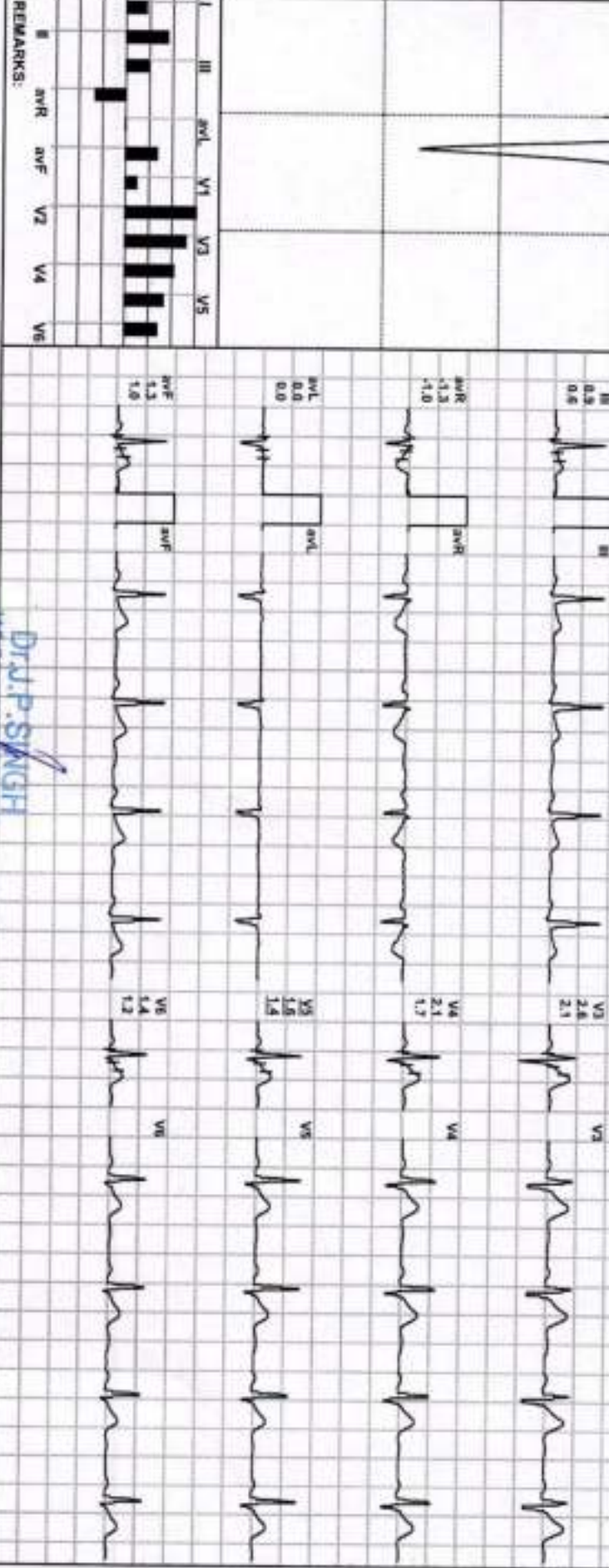
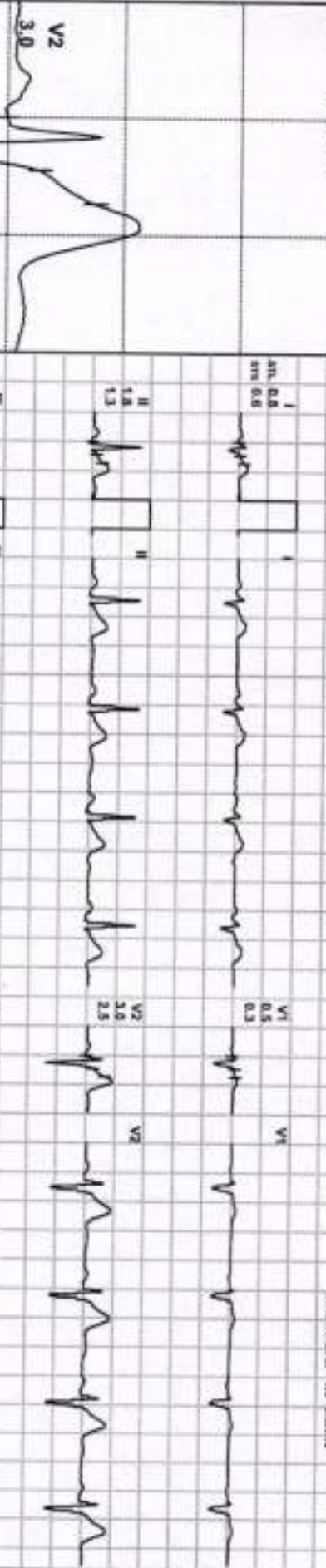


Date: 10 - 03 - 2024 12:04:00 PM METS: 1.0/ 70 bpm 28% of THR BP: 144/95 mmHg Combined Modem/ BLC On/ Natch On/ Hr 0.05 Hz/LF 35 Hz

EXTIME: 00:00 0.0 min, 0.0%

**4X** 50 ms Post J

25 mm/sec, 1.0 Centiv



REMARKS:

**DR. P. SINGH**

MD (Medicine) / ACP (USA)  
 Director & Consultant Physician  
 (JPK Hospital & Trauma Center Pvt.Ltd.)

(ADX\_GEM217220330)PJA@jpk.com

**JPK HOSPITAL AND TRAUMA CENTER**

**MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg / HR : 70**

**BRUCE:HV(0:12)**



Date: 10 - 03 - 2024 12:04:00 PM

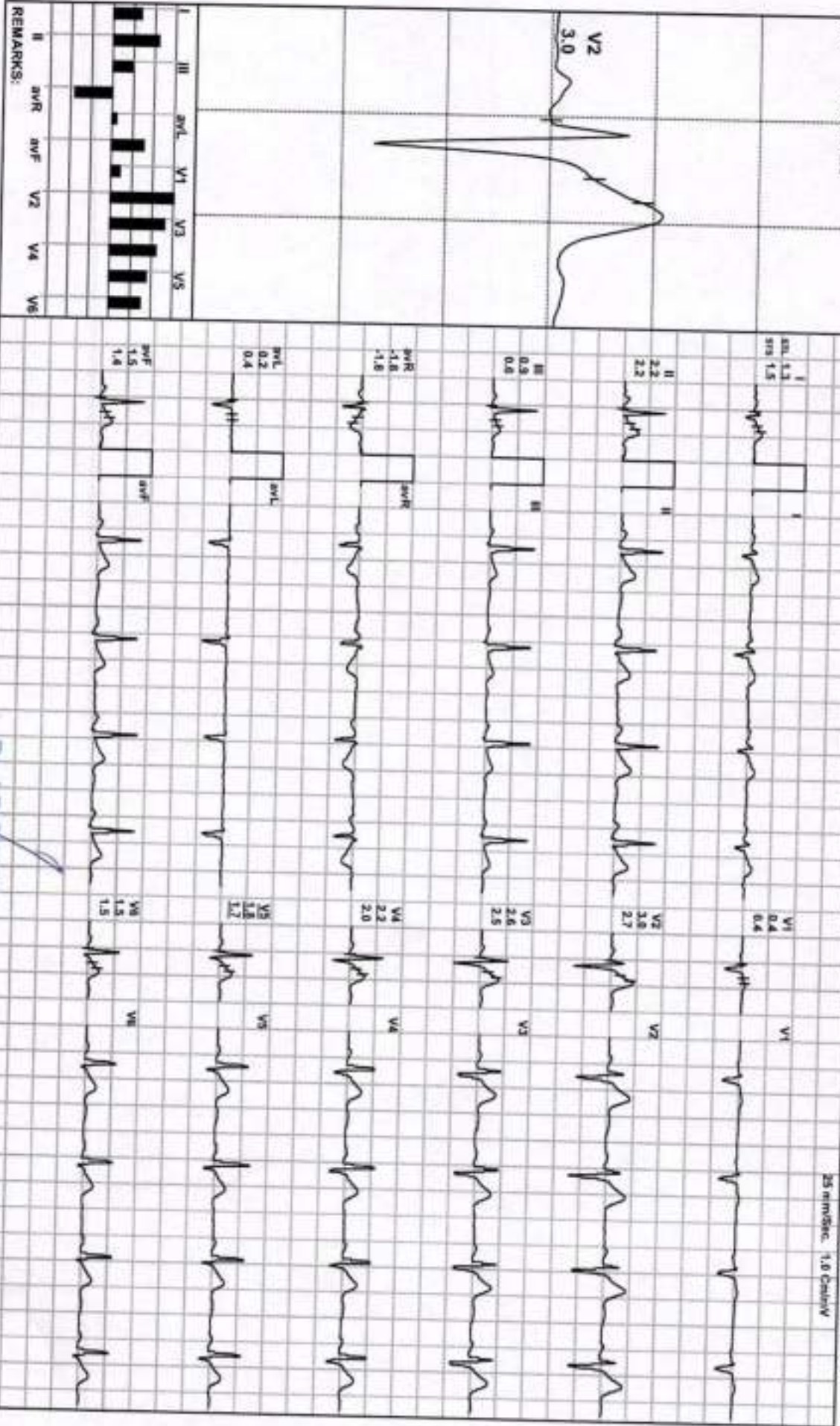
MEETS: 1.0/ 70 bpm 35% of THR

BP: 144/95 mmHg

Combined Medication: BLC On/ Natch On/ HF 0.05 HxLF 35 Hz

4X 60 m/s Post J

ExTime: 00:00 0.0 mph, 0.0%  
25 mm/sec, 1.0 Cal/cmV



REMARKS:

**Dr. J. Praveen**

M.D. (Medicine) / FACP (USA)

Director & Consultant Physician

(JPK Hospitals & Trauma Center Pvt.Ltd.)

(ADX\_GEM717220330)RJA/Anilganga



**JPK HOSPITAL AND TRAUMA CENTER**

MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg / HR : 70

BRUCE: Warm Up(0:12)

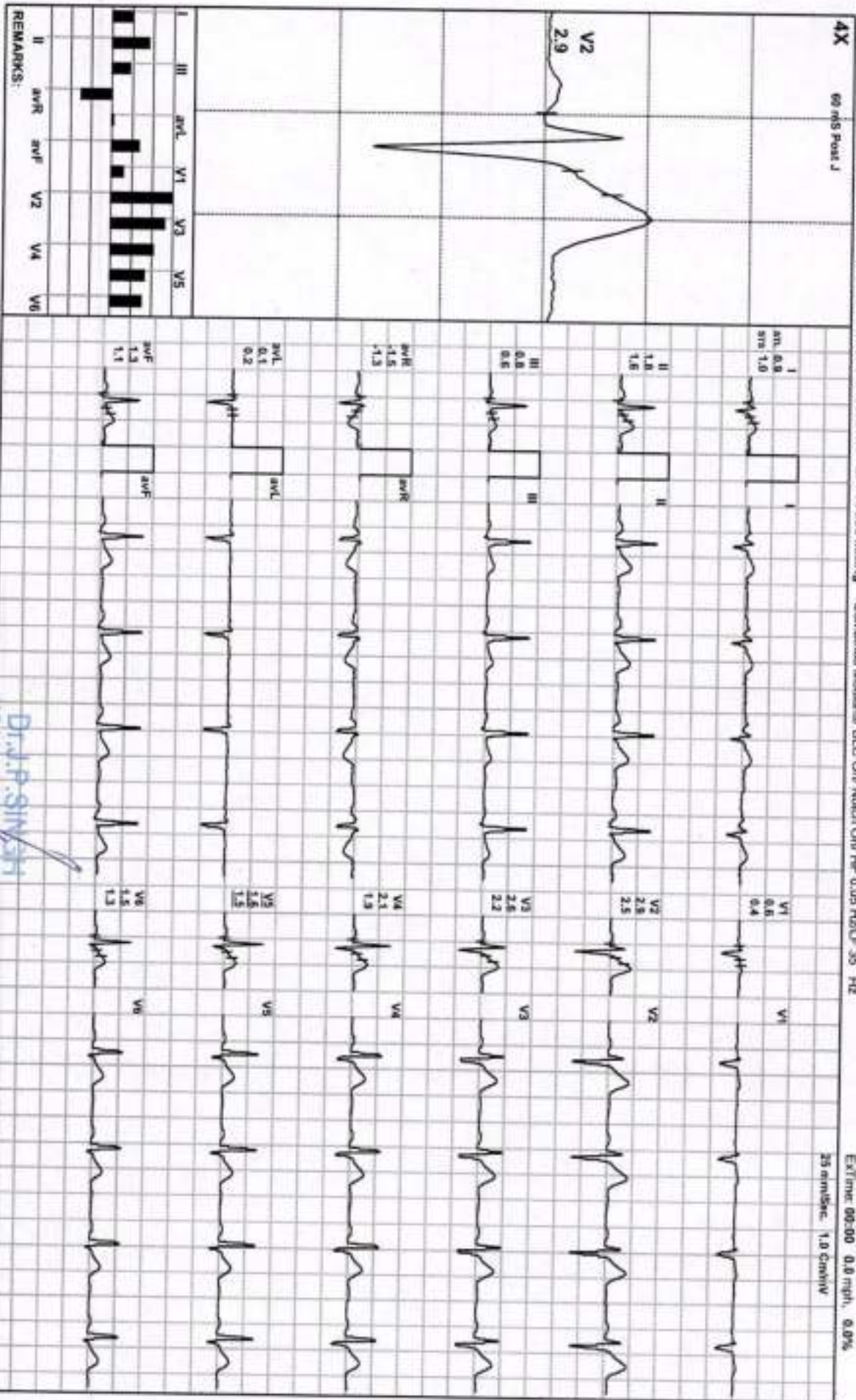


Date: 10 - 03 - 2024 12:04:00 PM

METS: 1.6/ 70 bpm 38% of THR BP: 144/95 mmHg Combined Mediator/ B/C On/ Notch On/ HF: 0.05 Hx/L: 35 Hz

EXTIME: 00:00 0.0 mph, 0.0%

25 mm/sec 1.0 cm/mV



REMARKS:

**Dr. J.P. SINHA**

MD/Medical Director (USA)

Director & Consultant Physician  
(JPK Hospital & Trauma Center Pallett)

ADX\_GEM21720030JPKJalengps

**JPK HOSPITAL AND TRAUMA CENTER**

**MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg / HR : 72**

**ExStart**



Date: 10 - 03 - 2024 12:04:00 PM

METS: 1.6/ 72 bpm 39% of THR

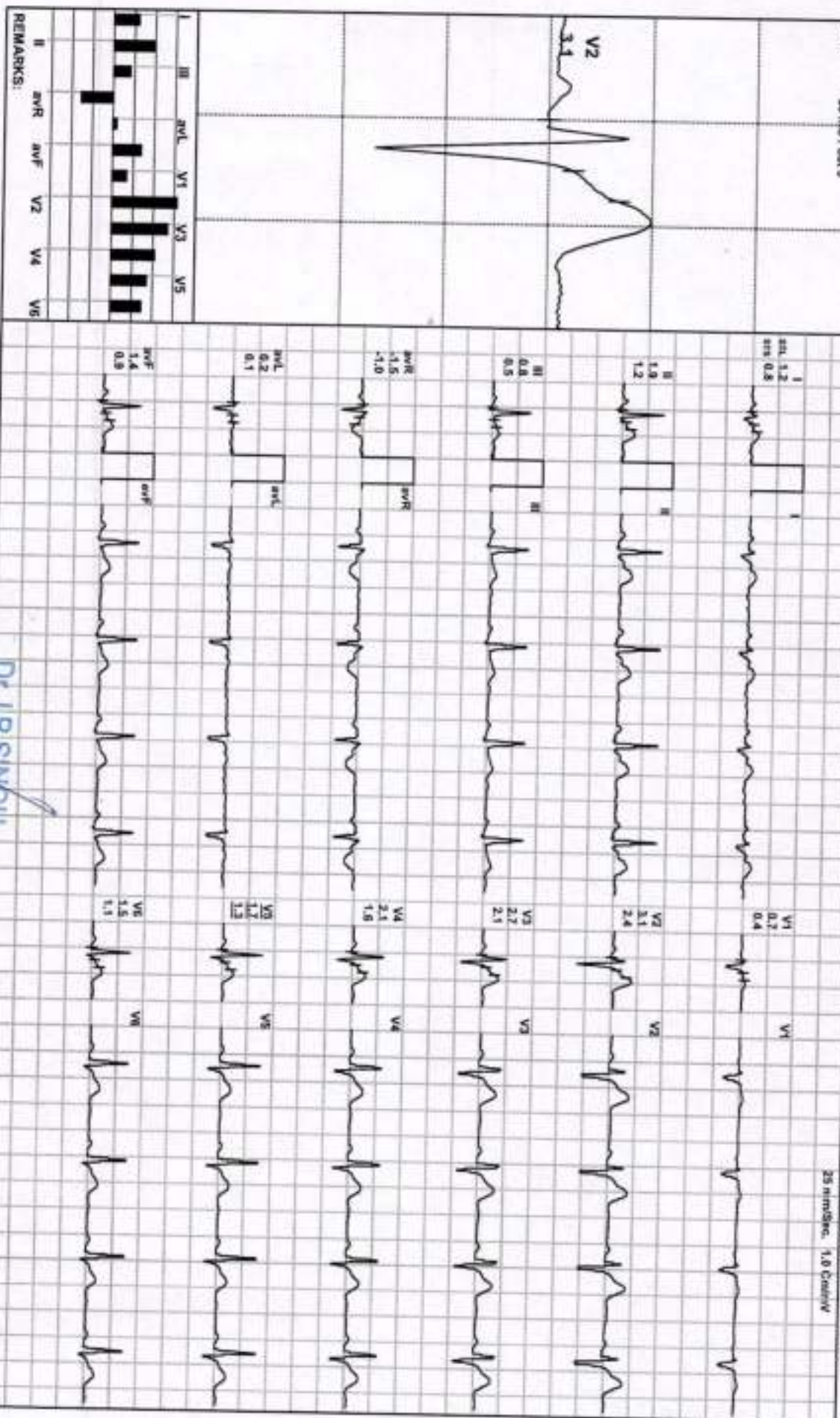
BP: 144/95 mmHg Combined Meds/ BLC Oxy Sat/ Ch/ HF: 0.05 Hb/LF 35 Hb

**4X**

60 mS Post J

ExTime: 00:00 0.8 mm, 0.0%

25 mm/sec, 1.0 Cm/Div



REMARKS:

**Dr. J.P. SINGH**

**M.D. (Medicine) FRCP (USA)**  
**Director & Consultant Physician**  
 (JPK Hospital & Trauma Center Pvt.Ltd.)

(ADX\_GEM217220330)RJA\Amitgarg

**JPK HOSPITAL AND TRAUMA CENTER**

**MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg / HR : 121**

**BRUCE: Stage 1 (3:00)**



Date: 10 - 03 - 2024 12:04:00 PM

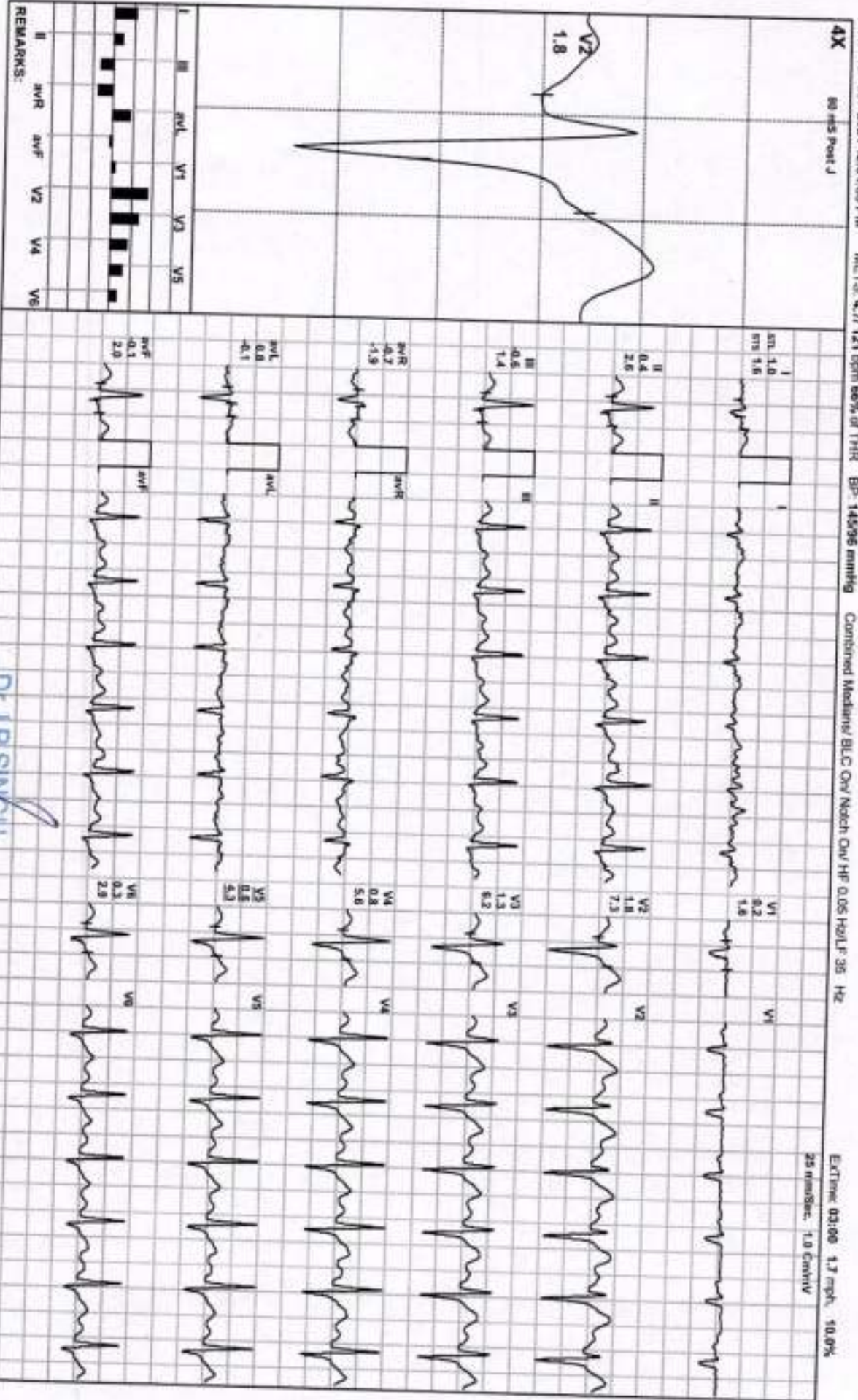
METS: 4.71 121 bpm 66% of THR

BP: 145/96 mmHg

Combined Medians/ BLC Oxy Satch Oxy HF 0.05 H0/LF 35 Hz

Extreme 03:00 1.7 mph 10.0%

25 mm/Sec. 1.0 Cm/IV



REMARKS:

**Dr. J.P. Singh**

MD (Medicine) FRCP (USA)  
 Director & Consultant Physician  
 (JPK Hospital & Trauma Center Patil, Ind.)

(ADX\_GEMZ17220300)R.jpk@jpk.com

**JPK HOSPITAL AND TRAUMA CENTER**

MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg / HR : 139

Date: 10 - 03 - 2024 12:04:00 PM METS: 7.1/ 139 bpm 78% of THR BP: 147/97 mmHg Combined Meds: BLC On/Notch On/HR 0.05 HDLF 3S Hz

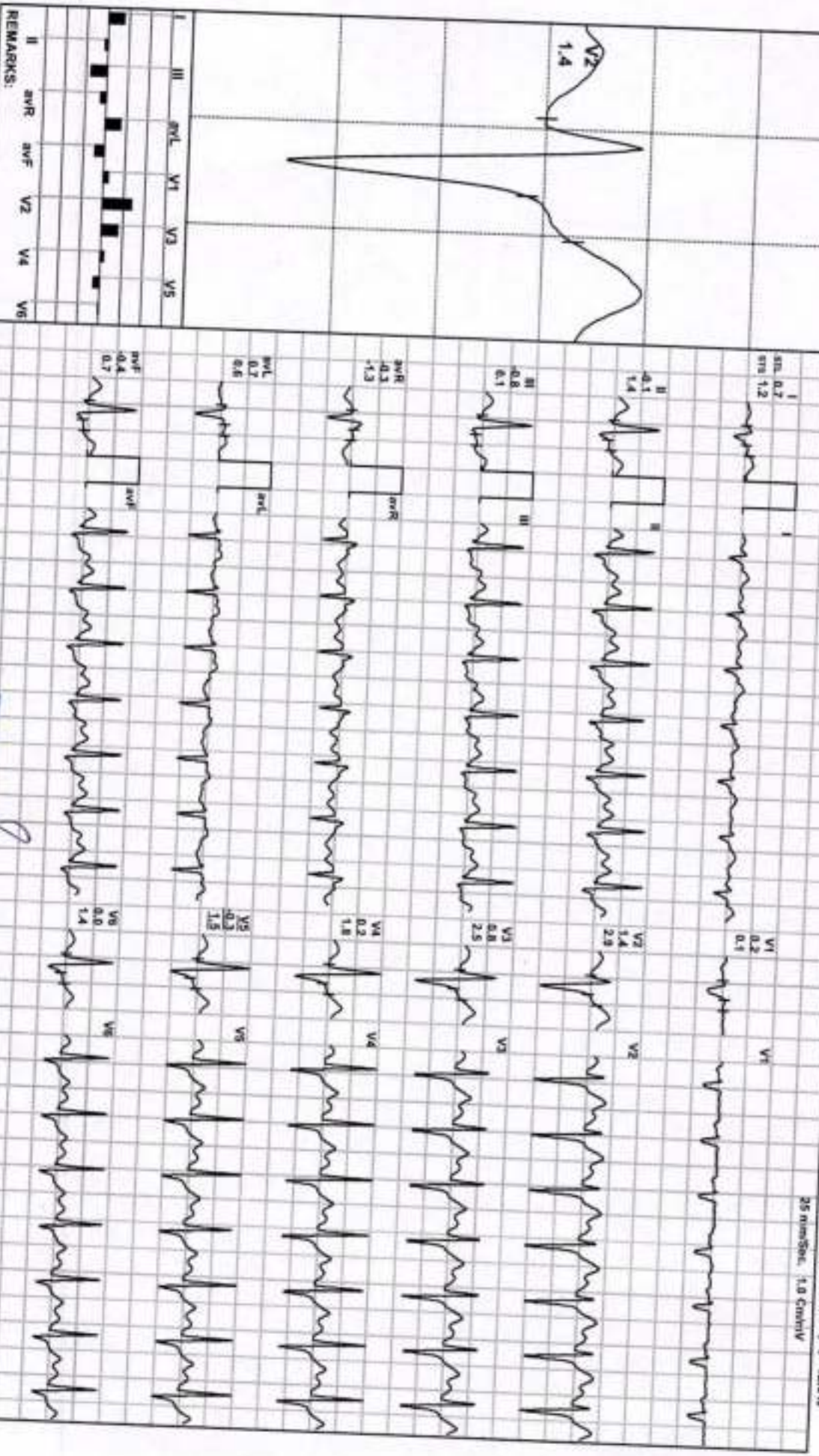
BRUCE: Stage 2(3:00)



4X 60 m/s Post J

ExTime: 06:00 2.5 mpa, 12.0%

25 mm/Sec, 1.8 Cm/Div



REMARKS:

**Dr. P. Singh**

MD (Medicine) FACP (USA)  
 Director & Consultant Physician  
 (JPK Hospitals & Trauma Center Pvt Ltd.)

ADOX\_GEM2172203301(R)Athena

**JPK HOSPITAL AND TRAUMA CENTER**

MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg / HR : 155

**BRUCE: Stage 3(3:00)**

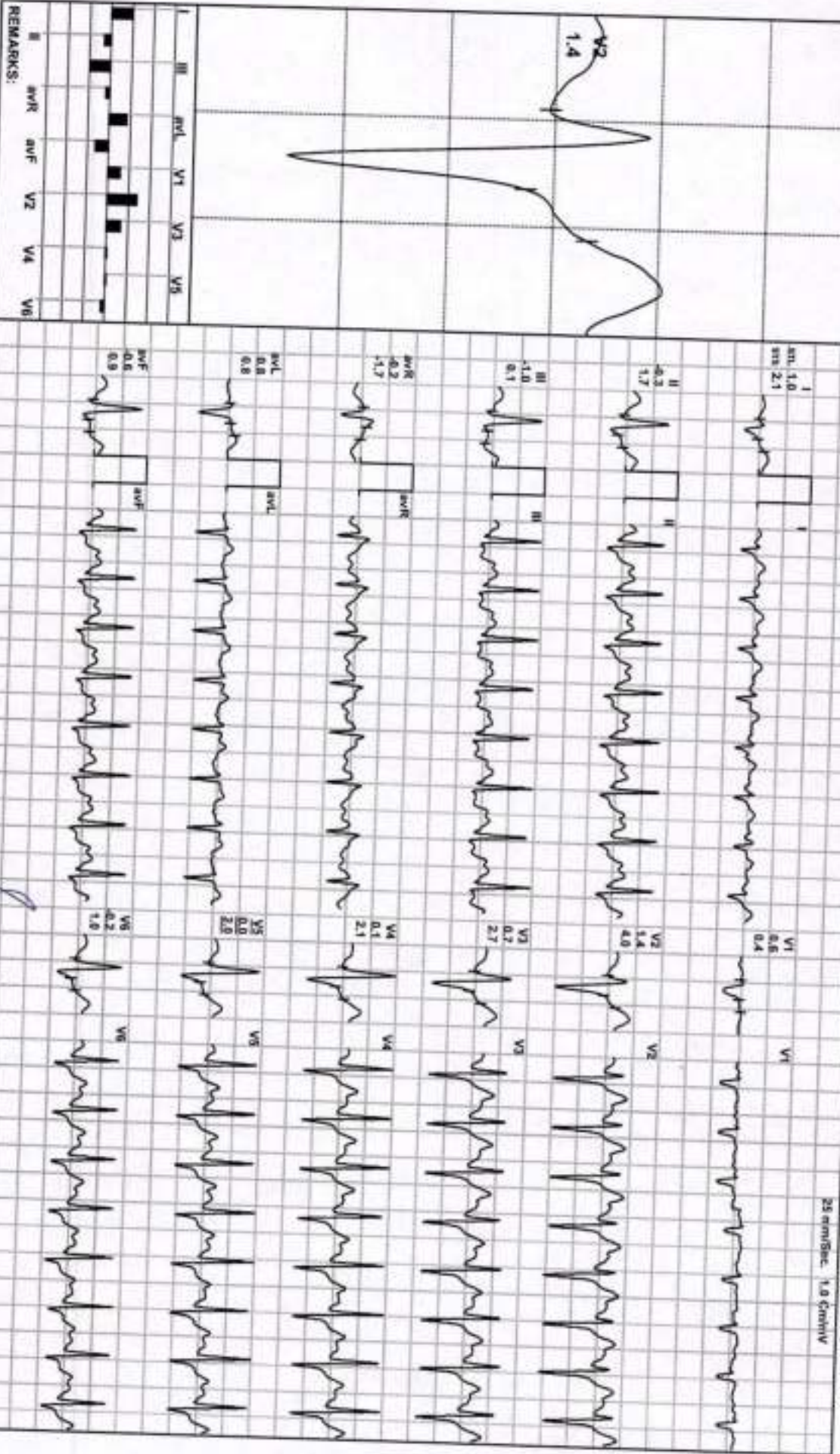


Date: 10-03-2024 12:04:00 PM METS: 10.2/ 155 bpm 85% of THR BP: 140/88 mmHg Combined Medians/ BLC Ovt Natch Ovt HF 0.05 Hz/UF 35 Hz

**4X** 60 rps Post J

ExTrec 08:00 3.4 mph 14.0%

25 em/Sec 1.8 cm/mV



REMARKS:

**Dr. J.P. SINGH**

MD (Medicine) FACP (USA)

Director & Consultant Physician

(JPK Hospital & Trauma Center Pvt.Ltd.)

(ADX\_GEM217220330)RJP/lenaps

**JPK HOSPITAL AND TRAUMA CENTER**

MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg / HR : 156

Date: 10 - 03 - 2024 12:04:00 PM

METS: 10.3V 156 bpm 85% of THR

BP: 148/98 mmHg

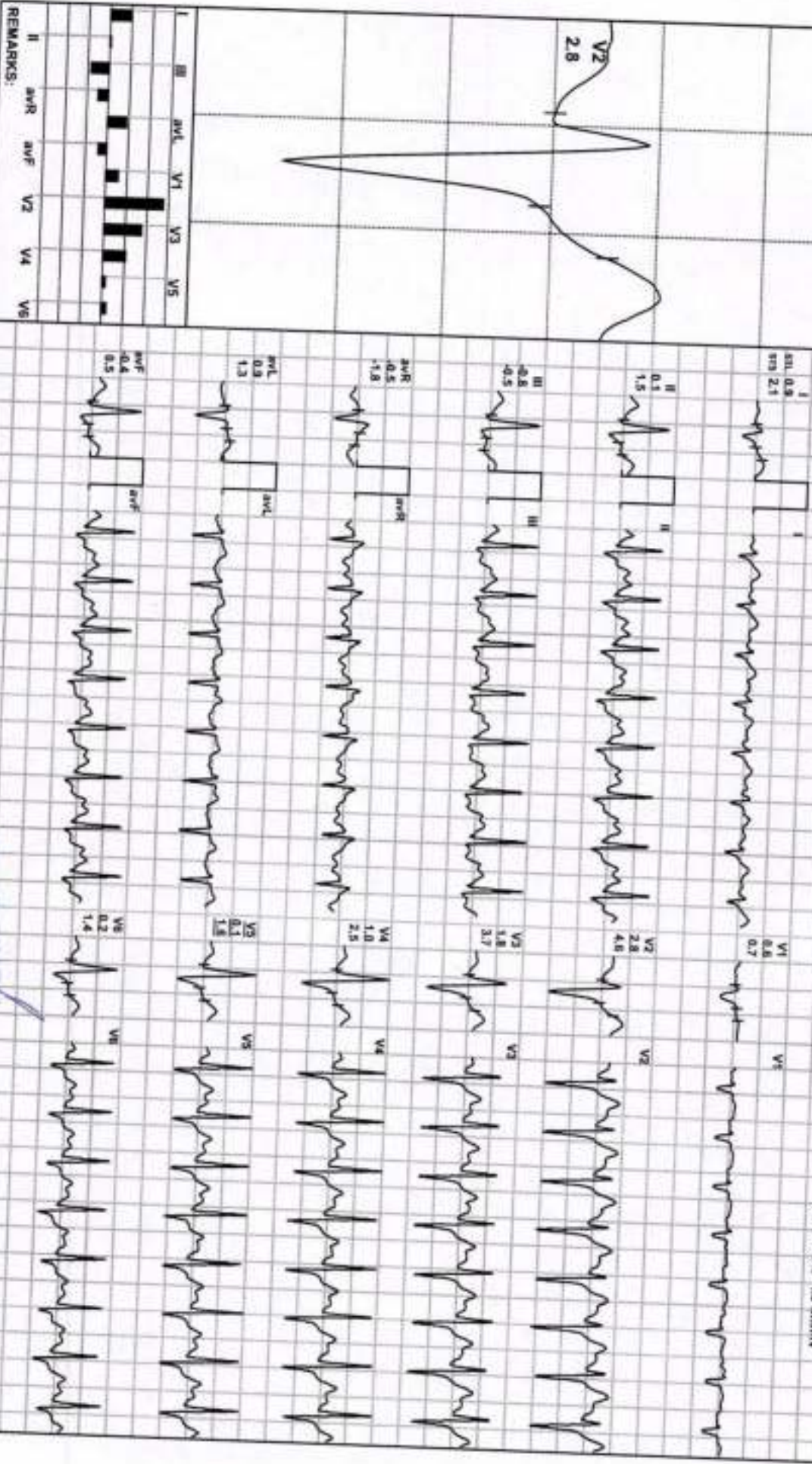
Combined Medians/ BLC On Nethi On/ Hf 0.05 H2UF 35 Hz

PeakEX



4X 60 ms Post J

EXTIME: 09:08 1.0 mph, 0.0%



REMARKS:

Dr. J.P. Singh

M.D. (Medicine) FRC (Gen) Director & Consultant Physician (JPK Hospital & Trauma Center Pvt.Ltd)

(ADX\_GEM217220330)R/Alarngns

**JPK HOSPITAL AND TRAUMA CENTER**

**MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg / HR : 153**

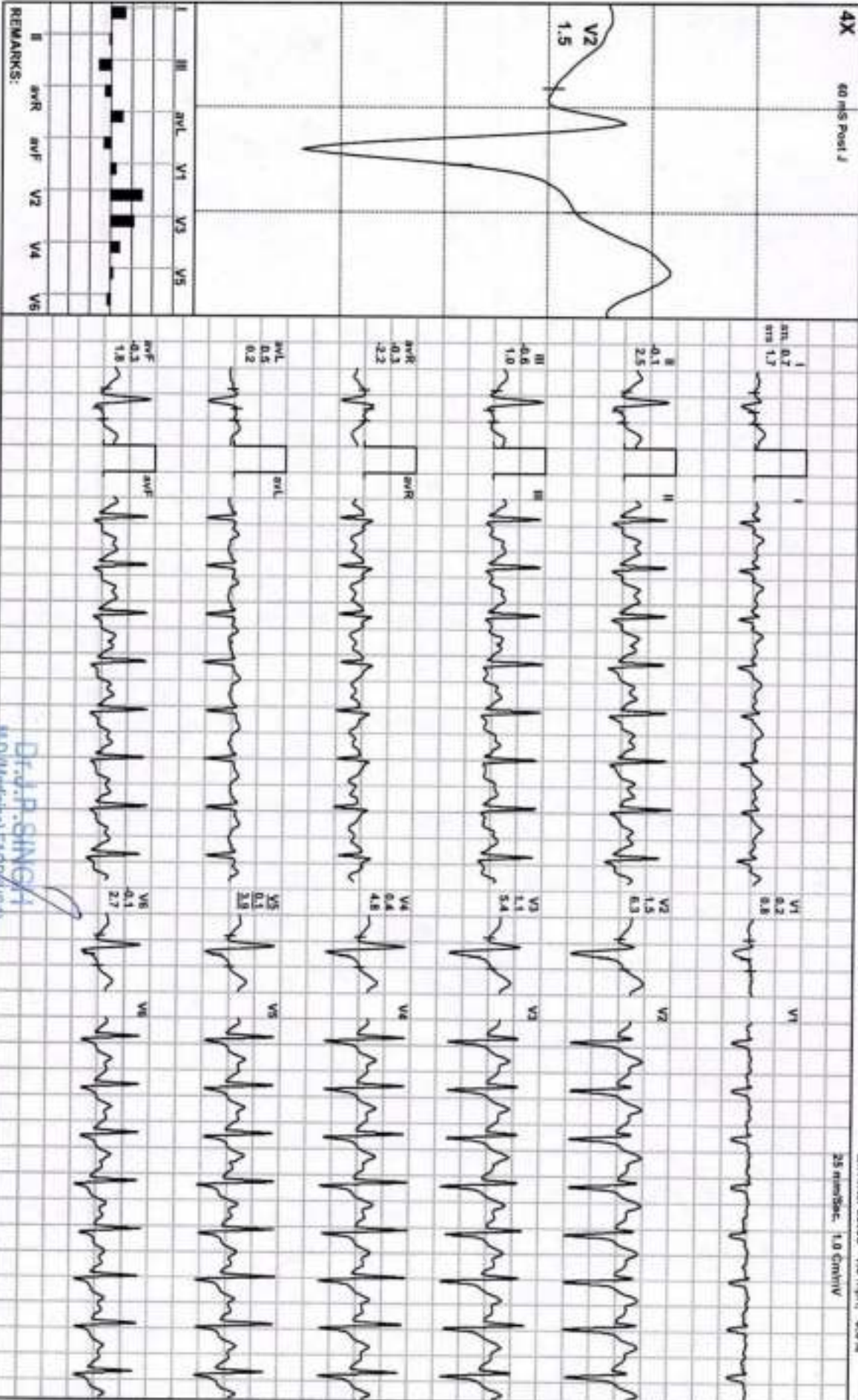
**Recovery(0:30)**



Date: 10 - 03 - 2024 12:04:00 PM METS: 7.2L 153 bpm 84% of THR BP: 148/88 mmHg Combined Meds: BLC OIV Natch OIV HF 0.05 mg/L F 35 Hz

EXT: 09:05 1.8 mph, 0.0%

25 mm/Sec, 1.0 Cm/IV



**Dr. J.P. SINGH**

Director & Consultant Physician  
(JPK Hospital & Trauma Center Pvt.Ltd.)

(ADX\_GEM217Z20030)RJA/Ananya

**JPK HOSPITAL AND TRAUMA CENTER**

**MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg / HR : 138**

**Recovery(1:00)**

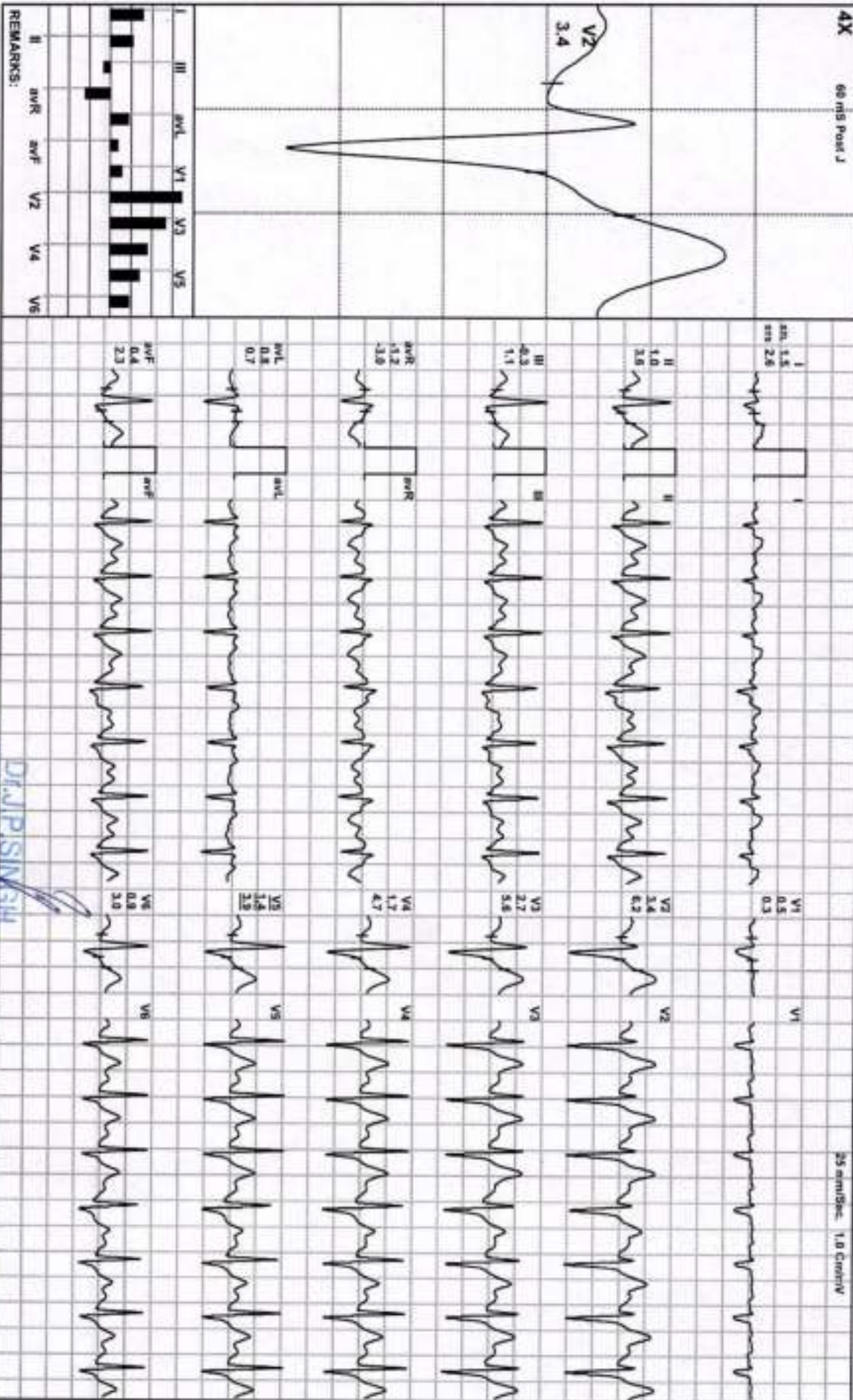


Date: 10 - 03 - 2024 12:04:00 PM METS: 4.2/ 138 bpm 75% of THR BP: 135/80 mmHg Combined Meds/ BLC Ovr Nuch Ovr HF 0.05 HzELF 35 Hz

EXTime: 09:05 1.0 mph 0.0%

**4X 60 mS Post J**

25 mm/Sec 1.0 Cm/Div



REMARKS:

**Dr. J. P. SINGH**

MD (Medicine) FACP (USA)  
 Director & Consultant Physician  
 (JPK Hospital & Trauma Center Pvt.Ltd.)

(ADX\_GEN21720330)RVAI/engr



**JPK HOSPITAL AND TRAUMA CENTER**

MR. RAJNEESH KUMAR YADAV / 37 YRS / M / 178 Cms / 79 Kg / HR : 135

Recovery(1:10)

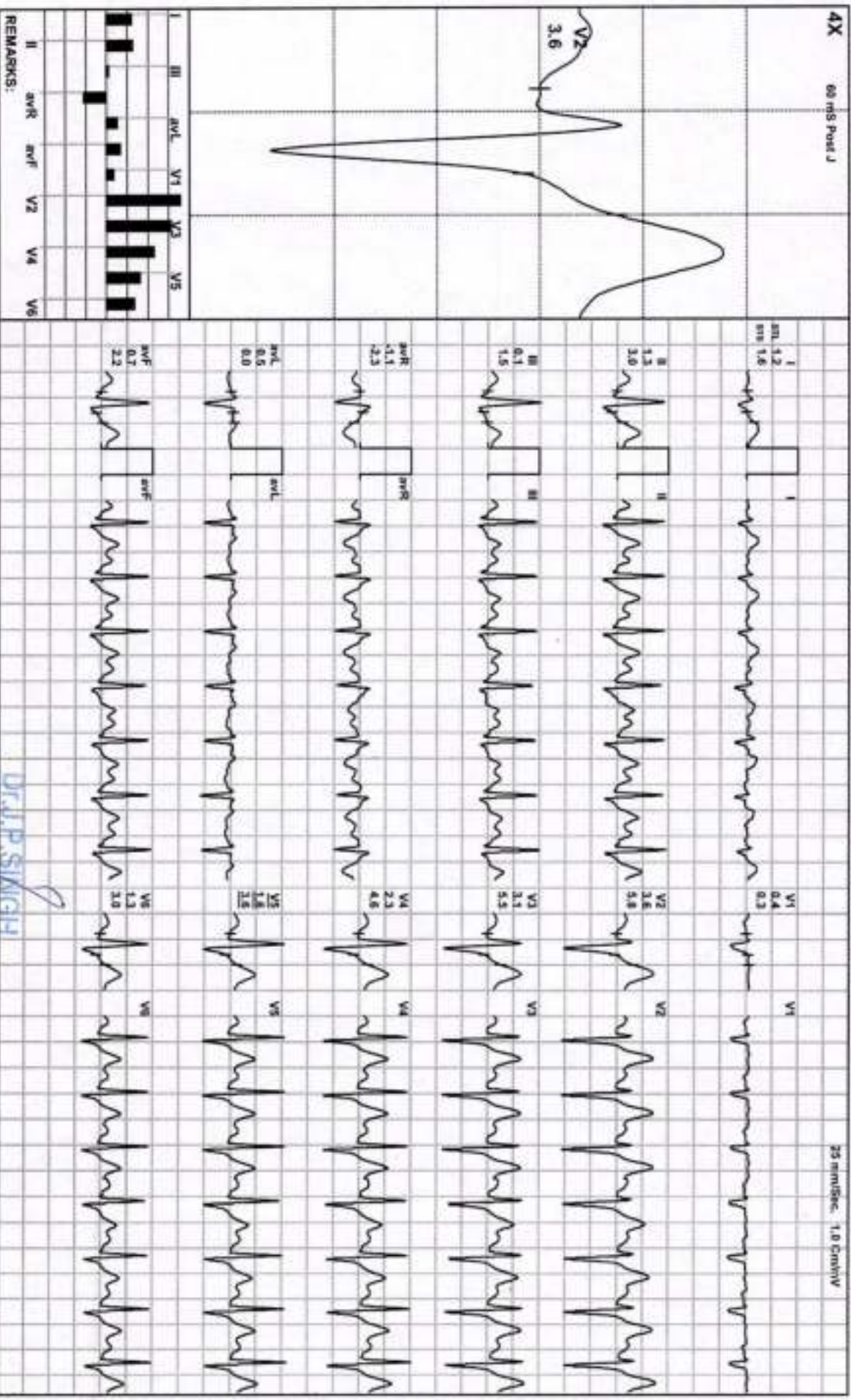


Date: 10 - 03 - 2024 12:04:00 PM NETS: 3.2/ 135 bpm 74% of THR BP: 135/80 mmHg Combined Meds/ BLC On/ Natch On/ HR 0.05 Hz/ 35 Hz

ExTime: 09:05 0.0 mps, 0.0%

4X 60 ms Post J

25 mm/sec, 1.0 Cm/iv



REMARKS:

DR. P. SINGH

M.D. (Medicine) JCP (USA)  
 Director & Consultant Physician  
 (JPK Hospital & Trauma Center Pvt.Ltd.)

(ADX\_GEM217220330)R/VA/engms

**JPK HOSPITAL AND TRAUMA CENTER**  
SULTANPUR Email:

Report



MR. RAJNEESH KUMAR YADAV / 37 Yrs / M / 178 Cms / 79 Kg  
Date: 10 - 03 - 2024 12:04:00 PM Refd By : SELF Examined By: DR.PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:12	0:12	00.0	00.0	01.0	000	0 %	144/95	000	00	
Standing	00:26	0:14	00.0	00.0	01.0	070	38 %	144/95	100	00	
HV	00:37	0:11	00.0	00.0	01.0	070	38 %	144/95	100	00	
Warm Up	00:48	0:11	00.0	00.0	01.0	070	38 %	144/95	100	00	
ExStart	00:58	0:10	00.0	00.0	01.0	072	39 %	144/95	103	00	
BRUCE Stage 1	03:58	3:00	01.7	10.0	04.7	121	66 %	145/96	175	00	
BRUCE Stage 2	06:58	3:00	02.5	12.0	07.1	139	76 %	147/97	204	00	
BRUCE Stage 3	09:58	3:00	03.4	14.0	10.2	155	85 %	148/98	229	00	
PeakEx	10:03	0:05	01.0	00.0	10.3	156	85 %	148/98	230	00	
Recovery	10:33	0:30	01.0	00.0	07.2	153	84 %	148/98	226	00	
Recovery	11:03	1:00	01.0	00.0	04.2	138	75 %	135/80	186	00	
Recovery	11:12	1:10	00.0	00.0	03.2	135	74 %	135/80	182	00	

**FINDINGS :**

Exercise Time : 09:05  
 Initial HR (ExStrt) : 72 bpm 39% of Target 183  
 Initial BP (ExStrt) : 144/95 (mm/Hg)  
 Max Workload Attained : 10.3 Good response to induced stress  
 Max ST Dep Lead & Avg ST Value : III & -1.0 mm In Stage 3  
 Duke Treadmill Score : 06.6  
 Test End Reasons : Test Complete  
 Max HR Attained 156 bpm 85% of Target 183  
 Max BP Attained 148/98 (mm/Hg)  
 VO2Max : 36.1 ml/Kg/min (Fair)

**REPORT :**

TEST OBJECTIVE : ROUTINE CHECK UP  
 ACTIVITY : VERY ACTIVE

**Dr.J.P.SINGH**  
 M.D.(Medical) F.C.P.(ISC)  
 Director, JPK Hospital & Trauma Center (Pvt.Ltd.)

OTHER INVESTIGATION	:	NO
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

  
**Dr. J.P. SINGH**  
 M.D. (Medicine) FRCP (USA)  
 Director & Consultant Physician  
 (JPR Hospital & Translational Center Pvt.Ltd.)