

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd) F-701A, Lado Sarai, Mehrauli, New Delhi - 110030 Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that Mrs Rashmi kumari aged , <u>33yr</u>. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: Noida

Date: 27/06/2024

Name & Signature of

Medical officer

W-52:8kg H-148 em BP-128/85 P-701/min S-971/min

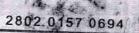
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भारतीय विशिष्ट पहुंचान प्राधिकरण Unique Identification Authority of India

ुषता: D/O ଲଖନ ପ୍ରସାଦ, ମୁନସରୀ ଭଗତ ଲେନ, ଚିରିୟନଟ୍ର୍, ପାଟଣା, ପାଟଣା, ବିହାର୍ - 800001

Address: D/O Lakhan Prasad, Munshi bhagat lane, Chiraiyantar, Patna, Patna, Bihar 896001













भारत सरकार Government of India

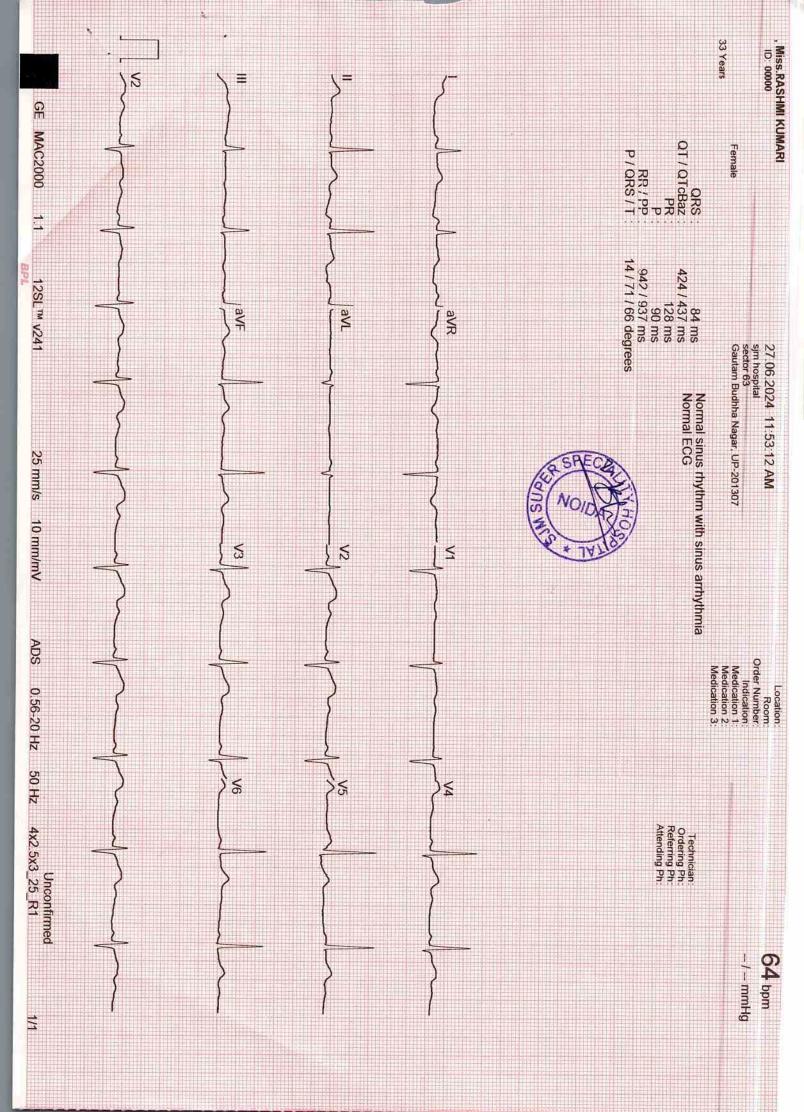


ର୍ଗ୍ଧି କୁମାରୀ Rashmi Kumari बन्म तिथि/ DOB: 04/04/1991 महिला / FEMALE



2802 0157 0694

मेरा आधार, मेरी पहचान





NASH

100 Bedded Super Speciality Hospital

Sector-63, Noida, NH-9, Near Hindon Bridge

Ph.: 0120-6530900 / 10, Mob.: +91 9599259072

E-mail: sjmhospital@yahoo.com / Website: sjmhospital.com

(24 Hours Emergency, NICU/ICU, Pharmacy & Ambulance Available)

27/6/24

(IVF SPECIALIST)

Dr. Pushpa Kaul (IVF)

M.B.B.S, MD(Obst, & Gynae)

Dr. Neha Zutshi (Embryologist)

OTHER SPECIALIST

Dr. Pushpa Kaul (IVF)

M.B.B.S, MD(Obst, & Gynae)

Dr. Smritee Virmani (Endoscopy)

MBBS, DGO, DNB, ICOG (Obst. & Gynae)

Dr. Vinod Bhat

M.B.B.S, MD (General Medicine)

Dr. Vineet Gupta, MS (ENT)

Dr. Naveen Gupta, MS (EYE)

Dr. Ashutosh Singh, MS (Urology)

Dr. Rahul Kaul (Spine Surgeon)

MBBS, MS, (Orthopaedic)

Dr Jaideep Gambhir, M.D(Psychiatrist)

Consultant Psychiatry, Mob.: 8006888664

Dr Monica Gambhir, MBBS

Family Therapist & Relationship Counsellor

Mob.: 8006888663

Dr. B.P. Gupta, MS (Surgeon)

Dr. Deepa Maheshwari

M.B.B.S., MD, FRM, (IVF Specialist)

Dr. Vivek Kumar Gupta

MBBS, MS (General Surgeon)

M.Ch. (Plastic Surgery)

Dr. Anand Kumar

MBBS, MD (Paediatrics)

Dr. Amit kumar Kothari

MBBS, MD (Medicine)

Dr. Amit Aggarwal

M.B.B.S., M.S. Ortho.

Facilities:

100 Beds. Private & Public wards

Inpatient & Outpatient - (OPD)Facilities

24-Hour ambulance and emergency

3 Operation theatres

Laproscopic & Conventional Surgery

In vitro fertilization centre (IVF)

Intensive Care Unit. (ICU)

Neonatal ICUs (NICU)

Dental Clinic

Computerized pathology lab

Digital X-ray and ultrasound

Physiotherapy facilities

24-Hour Pharmacy Cafeteria & Kitchen 10/2. 100 mul rmude

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for computer only

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CGHS & AYUSHMAN BHARAT

+ Not for medico legal purpose + No substitution of drugs allowed

Panels: Raksha TPA Pvt Ltd., Vipul Med Corp TPA Pvt Ltd., E-Meditek (TPA) Serices Ltd., Medi-Assit India TPA Pvt Ltd., Park Mediclaim, Genins India TPA Pvt Ltd., Family Healthcare TPA Pvt Ltd., Medsave Healthcare TPA Pvt Ltd., Vidal Health Care TPA Pvt Ltd., MD India Healthcare, DHS TPA (India) Private Ltd., Medicate TPA Service (I) Pvt Ltd., East West Assist TPA Pvt Ltd., United Healthcare Parekh TPA Pvt Ltd., Good Health TPA Services Ltd., Bajaj Allianz General Insurance Co. Ltd., IFFCO Tokio General Insurance Co. Ltd., Universal Insurance General Co. Ltd., TATA AIG General Insurance Co. Ltd., Cholamandalam General Insurance Co. Ltd., Liberty Videocon General Insurance Ltd., SBI General Insurance Co. Ltd., Kotak Mahindra General Insurance Co. Ltd., HDFC Standard Life Insurance Co. Ltd., The Oriental Insurance Co. Ltd. (Corporate), National Insurance Co. Ltd. (Corporate), The New India Insurance Co. Ltd. (Corporate)



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Dr. Neha Zutshi (Embryologist)

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E-mail.: email@sjmhospital.com

Web.: www.sjmhospital.com



Laboratory Report

Lab Serial no.	: LSHHI290307	Mr. No	: 117320	
Patient Name	: Miss. rashmi kumari	Reg. Date & Time	: 27-Jun-2024	10:27 AM
Age / Sex	: 33 Yrs / F	Sample Receive Date	: 27-Jun-2024	11:17 AM
Referred by	: Dr. SELF	Result Entry Date	: 27-Jun-2024	01:33PM
Doctor Name OPD	: Dr. Pushpa Kaul : OPD	Reporting Time	: 27-Jun-2024	01:34 PM

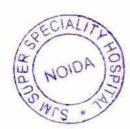
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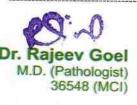
INTERPRETATION:

To determine your general health status; to screen for, diagnose, or monitor any one of a variety of diseas and conditions that affect blood cells, such as anemia, infection, inflammation, bleeding disorder or cancer

technician:

Typed By : Mr. BIRJESH





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Laboratory Report

Lab Serial no. Patient Name

: LSHHI290307

: Miss. rashmi kumari : 33 Yrs / F

Age / Sex Referred by

: Dr. SELF

Doctor Name OPD

: Dr. Pushpa Kaul

: OPD

Mr. No

: 117320

: 27-Jun-2024

10:27 AM

Sample Receive Date

: 27-Jun-2024

11:17 AM

Result Entry Date Reporting Time

Reg. Date & Time

: 27-Jun-2024 : 27-Jun-2024 01.33bW

results

BIOCHEMISTRY

reference

BLOOD SUGAR (PP), Serum

SUGAR PP

96.4

80 - 140

Comments:

Accurate measurement if glucose in body fluid is important in diagnosis and management of diabetes, hypoglycemia, adrenal dysfunction and various other conditions. High levels of serum glucose may be seen in case of diabetes mellitus, in patients receiving glucose containing fluids intravenously, during severe stress and in cerebrovascular accidents. Decreased levels of glucose can be due to insulin administration, as a result of insulinoma, inborn errors of carbohydrate metabolism or fasti. METHOD:- GOD-POD METHOD, END POINT

BLOOD SUGAR F, Sodium Fluoride Pla

Blood Sugar (F)

84.2

mq/dl

70 - 110

Comments:

Accurate measurement if glucose in body fluid is important in diagnosis and management of diabetes, hypoglycemia, adrenal dysfunction and various other conditions.

High levels of serum glucose may be seen in case of Diabetes mellitus, in patients receiving glucose containing fluids intravenously, during severe stress and in cerebrovascular accidents.

Decreased levels of glucose can be due to insulin administration, as a result of insulinoma, inborn errors of carbohydrate metabolism or fasting.

technician:

Typed By : Mr. BIRJESH



Rajeev Goel M.D. (Pathologist) 36548 (MCI)

Page 1

Dr. Bupinder Zutshi (M.B.B.S., MD) Pathologist & Micrbiologist



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Laboratory Report

Lab Serial no.

: LSHHI290307

Mr. No

: 117320

Patient Name

: Miss. rashmi kumari

Reg. Date & Time

: 27-Jun-2024

10:27 AM

Age / Sex Referred by : 33 Yrs / F

Sample Receive Date

: 27-Jun-2024 : 27-Jun-2024 11:1- 11:

Doctor Name

Dr. SELF
Dr. Pushpa Kaul

Result Entry Date Reporting Time

: 27-Jun-2024

01 PM 01:34 PM

OPD Name

: OPD

BIOCHEMISTRY

82

reference

BILIRUBIN TOTAL / DIRECT / INDIRECT, Serum

Bilirubin-Total

0.53

results

mg/dL

0.1 - 2.0

Bilirubin- Direct

0.19

mg/dL

0.00 - 0.20

Bilirubin- Indirect

0.34

mg/dL

0.2 - 1.2

Comment:-

Bilirubin is a waste product that forms when the liver breaks down red blood cells. Bilirubin exits the body as bile in steam red blood cells. Bilirubin exits the body as bile in steam red blood cells. Bilirubin exits the body as bile in steam red blood cells. Bilirubin exits the body as bile in steam red blood cells. Bilirubin exits the body as bile in steam red blood cells. Bilirubin exits the body as bile in steam red blood cells. Bilirubin exits the body as bile in steam red blood cells. Bilirubin exits the body as bile in steam red blood cells. Bilirubin exits the body as bile in steam red blood cells. Bilirubin exits the body as bile in steam red blood cells.

SGPT / ALT, Serum

SGPT/ALT

20.4

IU/L

00 24

Comments:

An enzyme found in the liver and other tissues. A high level of **SGPT** released into the **blood** may be a sign of liver damage, cancer, or other diseases. Also called alanine transferase and serum glutamate pyruvate transaminase.

technician:

Typed By: Mr. BIRJESH





36548 (MCI)

Page 1



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Laboratory Report

Lab Serial no.

: LSHHI290307

Patient Name

: Miss. rashmi kumari : 33 Yrs / F

Age / Sex Referred by

: Dr. SELF

Doctor Name

: Dr. Pushpa Kaul

: OPD

Mr. No

: 117320

Reg. Date & Time Sample Receive Date

Result Entry Date

Reporting Time

: 27-Jun-2024 : 27-Jun-2024 10:27 AM 11:17 AM

: 27-Jun-2024

01:37911

: 27-Jun-2024

HAEMATOLOGY

results

reference

ESR / ERYTHROCYTE SEDIMENTATION RATE

ESR (Erythrocyte Sedimentation Rate)

18

mm/1hr

00 - 20

Comments

The ESR is a simple non-specific screening test that indirectly measures the presence of inflammation in the body. It reflects the tendency of red blood cells to settle more rapidly in the face of some disease states, usually because of increases in plasma fibrinogen, immunoglobulins, and other acute-phase reaction proteins. Changes in red cell shape or numbers may also affect the ESR.

BIOCHEMISTRY

results

unit

reference

CREATININE-SERUM

Comments:

Serum Creatinine

0.76

mg/dl

0.6 - 1.1

A creatinine test is a measure of how well your kidneys are performing their job of filtering waste from your blood. Creatinine is a chemical compound left

OVER from energy-producing processes in your muscles. Healthy kidneys filter creatinine out of the blood. Creatinine exits your body as a waste product in urine.

BUN / BLOOD UREA NITROGEN, Serum

BUN/ Blood Urea Nitrogen

10.28

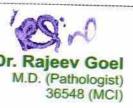
mg/dL

7 - 18

technician:

Typed By ; Mr. BIRJESH





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Laboratory Report

Lab Serial No.

: LSHHI290307

Patient Name : MISS, RASHMI KUMARI

Age/Sex

: 33 Yrs /F

Referred By Doctor Name

: SELF : Dr. Pushpa Kaul

OPD/IPD

: OPD

Reg. No.

No. : 117320

Reg. Date & Time

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: 27-Jun-2024 11:17 AM : 27-Jun-2024 11:17 AM

ReportingTime

27-Jun-2024 01:34 PM

3

TEST NAME

VALUE

ABO

"B"

Rh

POSITIVE

Comments:

Human red blood cell antigens can be divided into four groups A, B, AB AND O depending on the presence or absence of the corresponding antigens on the red blood cells. There are two glycoprotein A and B on the cell's surface that are responsible for the ABO types. Blood group is further classified as RH positive an RH negative.

Centre for Excellent Patient Care



Mr. BIRJESH

http://rgcipac3/SJM/Design/Finanace/LabTextReport.aspx **Pr. Rajeev Goel**M.D. (Pathologist)

36548 (MCI)

6/27/2024

Dr. Bupinder Zutshi
(M.B.B.S., MD)

Pathologist & Micrbiologist



Sector-63, Noida, NH-9, Near Hindon Bridge Tel.: 0120-6530900 / 10 Mob.: +91 9599259072

> E-mail.: email@simhospital.com Web.: www.simhospital.com



Laboratory Report

Lab Serial No. : LSHH1290307

Patient Name

: MISS. RASHMI KUMARI

Age/Sex Referred By

: 33 Yrs /F : SELF

Doctor Name

: Dr. Pushpa Kaul

OPD/IPD

: OPD

Reg. No.

: 117320

Reg. Date & Time

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27-Jun-2024 01:34 PM

URINE EXAMINATION TEST

PHYSICAL EXAMINATION

Quantity: 20 ml

Color:

Straw Transparency: clear

CHEMICAL EXAMINATION

Albumin: nil

Glucose: nil

PH: Acidic

MICROSCOPIC EXAMINATION

Pus cells: 1-2/HPF

RBC's: nil

Crystals: nil

Epithelial cells: 0-1 /HPF

Others: nil

A urinalysis is a test of your urine. It's used to detect and manage a wide range of disorders, such as urinary tract infections, kidney disease and diabetes. A urinalysis involves checking the appearance, concentration and content of urine.



Mr. BIRJESH

http://rgcipac3/SJM/Design/Finanace/LabTextReport.aspx

Dr. Rajeev Goel

M.D. (Pathologist) 36548 (MCI)

6/27/2024 Dr. Bupinder Zutshi (M.B.B.S., MD) Pathologist & Micrbiologist



AGE

PATIENT ID

REF. PHY.

SJM SUPER SPECIALITY HOSPITAL

(125 Bedded Fully Equipped with Modern Facilities)

Sector-63, Noida, NH-09, Near Hindon Bridge

Tel.: 0120-6530900 / 10 Mob.: +91 9599259072

SEX

STUDY DATE

X-Ray Reput NAME

: Female

: 27-Jun-2024

: MRS. RASHMI KUMARI

RADIOLOGY REPORT **EXAM: X RAY CHEST**

CLINICAL HISTORY:

COMPARISON:

None.

TECHNIQUE:

Frontal projections of the chest were obtained.

FINDINGS:

Both lung fields are clear.

Both costophrenic angles appear normal.

The tracheal lucency is centrally placed.

The mediastinal and diaphragmatic outlines appear normal.

: 28569 OPD

: 033Y

The heart shadow is normal.

The bony thoracic cage and soft tissues are normal.

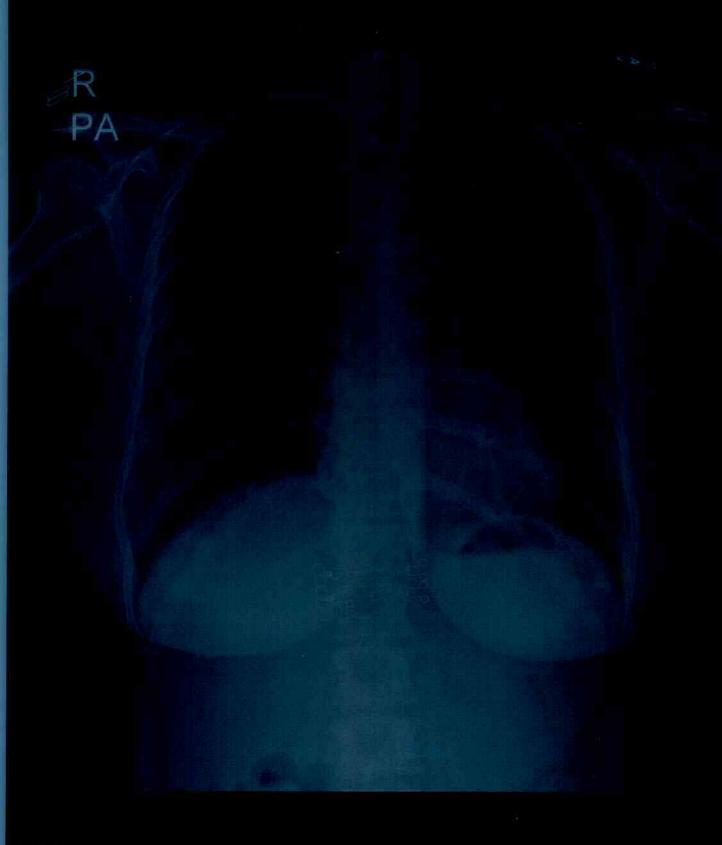
IMPRESSION:

1. The study is within normal limits.

Dr. Sandeep Shinde Consultant Radiologist M.B.B.S D.M.R.D D.N.B Reg.NO:- 2003/04/1779

Dr Sandeep Shinde 27th Jun 2024





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