

Name : Mr. DIPANKAR BISWAS (57 /M)

Date : 06/08/2024

Address : B/11/195, KALYANI, PS- KALYANI, NADIA, NADIA, WEST BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AGHL.0001470610

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH213882



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma
Diabetes mellitus - type 2; Medication - regular
Hypertension Medication - regular



SYSTEMIC REVIEW

Cardiovascular system

High blood pressure - yes; Medication - yes

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

Bowel habits - constipation, incomplete evacuation

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

Glasses - yes

ENT

Right ear - blocked

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant

Weight

- has lost weight; Number of kgs - 6 kg in 2 yrs



Present medications

- names not known; Compliance - regular



Past medical history

Covid 19 - Yes
Hospitalization for Covid 19 - Yes
Oxygen support - No



Surgical history

Spinal surgery - yes



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - has expired
Diabetes - sister
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - normal
Height - 167
Weight - 65
BMI - 23.31
Pallor - No

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Oedema - no



Cardiovascular system

Heart rate (Per minute) - 66
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 123
Diastolic(mm of Hg) - 66
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/9P LE:6/9P
BCVA:RE:N6P LE:N6P
OCULAR MOVEMENT:
WNL ANT.SEG:EARLY
CHANGES (BE)

ACCPT:SPECTACLE -
PWRRE:+0.50X170*
(6/6)LE:+0.75/-0.75X85*
(6/6)ADD(BE):
+2.75DSPH
(N6)ADVICE:*Glass
Rx.*Detail dilated
Funduscopy*Review after
1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	15.0	g/dl	●	13.0-17.0
RBC COUNT	4.93	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	44.6	%	●	41-53
MCV	90.5	fl	●	83-101
MCH	30.3	pg	●	27-32
MCHC	33.5	%	●	31.5-34.5
RDW	14.5 *	%	●	11.8-14.0
WBC Count	6300	/cu mm	●	4000-10000
Platelet Count	1.46 *	lacs/cu mm	●	1.5-4.0
Neutrophils	47	%	●	40-80
Lymphocytes	42 *	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	6	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Not Detected			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found
 Crystals: Not Found
 NOTE : - Urine glucose rechecked and confirmed by Benedict's test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+++			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	16	U/L	●	0-50
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	85	U/L	●	43-115
AST (SGOT) - SERUM	24	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	92	mg/dL	●	0-200
Non-HDL Cholesterol	53			

CREATININE - SERUM

Test Name	Result	Unit	Level	Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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CREATININE - SERUM 1.0 mg/dL ● 0.9-1.3

GLOBULIN: (CALCULATED) - SERUM 3.2 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM, 13, U/L, ●, 0-55

THYROID PROFILE - I(T3,T4 AND TSH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TOTAL T3: TRI IODOTHYRONINE - SERUM, 1.23, ng/ml, ●, 0.87-1.78

GLUCOSE - PLASMA (FASTING)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GLUCOSE - PLASMA (FASTING), 100 *, mg/dL, ●, 70-99

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TRIGLYCERIDES - SERUM, 56, mg/dL, ●, 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GLUCOSE - PLASMA (POST PRANDIAL), 190 *, mg/dL, ●, 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TSH: THYROID STIMULATING HORMONE - SERUM, 2.66, μIU/mL, ●, 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD, 5.7 %, ●, Nondiabetic : 4 - 5.6 %

URIC ACID - SERUM

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: URIC ACID - SERUM, 4.5, mg/dL, ●, 2.6-7.2

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: HDL CHOLESTEROL - SERUM, 39, mg/dL, ●, 30-70

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: BILIRUBIN CONJUGATED (DIRECT) - SERUM, 0.2, mg/dL, ●, 0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM, 0.39, ng/mL, ●, 0.00-6.50

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: PROTEIN TOTAL - SERUM, 7.7, g/dL, ●, 6.4-8.3

BUN (BLOOD UREA NITROGEN)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: BUN (BLOOD UREA NITROGEN), 11.6, mg/dL, ●, 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range

● Within Normal Range ● Borderline High/Low ● Out of Range


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A/G - RATIO 1.4  1.0-2.0

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	11.3			

ECG

SINUS RHYTHM.
EARLY REPOLARIZATION LIKE ST CHANGES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS BORDERLINE POSITIVE FOR
PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade I fatty liver.
- * Small septated cyst in right kidney.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. KHWAJA KAMRUDDIN
DMRD, DNB RESIDENT
Reg. No. 62704 (WBMC)

X-RAY CHEST PA

- * Chest skiagram does not reveal any significant abnormality.

 Within Normal Range  Borderline High/Low  Out of Range

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Dr.SHARMISTHA MALLIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

6

ACCEPTABLE SCORE

9

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515