

SEABIRD MEDICARE CENTRE POWAI

Patient Details Date: 09-Mar-24 Time: 13:58:04
Name: RAVI KUMAR ID: 3125
Age: 38 y **Sex:** M **Height:** 170 cms. **Weight:** 90 Kg.
Clinical History: NIL

Medications: NIL

Test Details

Protocol: Bruce **Pr.MHR:** 182 bpm **THR:** 154 (85 % of Pr.MHR) bpm
Total Exec. Time: 6 m 43 s **Max. HR:** 156 (86% of Pr.MHR)bpm **Max. Mets:** 10.20
Max. BP: 160 / 100 mmHg **Max. BP x HR:** 24960 mmHg/min **Min. BP x HR:** 8370 mmHg/min
Test Termination Criteria: THR ACHIEVED

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	1 : 8	1.0	0	0	93	130 / 90	-0.64 aVR	2.12 V2
Standing	0 : 1	1.0	0	0	93	130 / 90	-0.42 aVR	1.42 V2
Hyperventilation	1 : 29	1.0	0	0	100	130 / 90	-0.64 aVR	2.48 V2
1	3 : 0	4.6	1.7	10	115	140 / 90	-1.91 aVR	3.54 V3
2	3 : 0	7.0	2.5	12	143	140 / 90	-1.91 aVR	3.89 V2
Peak Ex	0 : 43	10.2	3.4	14	156	150 / 190	-2.34 aVR	5.31 II
Recovery(1)	1 : 0	1.8	1	0	125	160 / 100	-2.55 aVR	5.66 V2
Recovery(2)	1 : 0	1.0	0	0	101	140 / 90	-1.70 aVR	5.31 V2
Recovery(3)	1 : 0	1.0	0	0	93	130 / 90	-1.06 aVR	2.83 V2
Recovery(4)	0 : 5	1.0	0	0	102	130 / 90	-0.85 aVR	2.48 V2

Interpretation

The patient exercised according to the Bruce protocol for 6 m 43 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 93 bpm, rose to a max. heart rate of 156 (86% of Pr.MHR) bpm. Resting blood Pressure 130 / 90 mmHg, rose to a maximum blood pressure of 160 / 100 mmHg. No significant ST-T changes, TMT negative for inducible ischemia for the workload achieved

Dr. PARAG A. PRADHAN

MBBS

Approved By DG Shipping (GOI)

Reg. No. (MMC) 61264

102-103-104, Gateway Plaza, Central

Atrium Road, Hirvanandani Gardens,

Powai, Mumbai-400076

SEA BIRD MEDICARE CENTRE

Ref. Doctor: APOLLO

(Summary Report edited by user)

Doctor: 

Dr. Parag A. Pradhan, Scholar Healthcare India Pvt. Ltd. V 4.7

SEABIRD MEDICARE CENTRE POWAI

RAVI KUMAR (38 M)

ID: 3125

Date: 09-Mar-24

Exec Time : 0 m 0 s

Stage Time : 1 m 8 s

HR: 93 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 154 bpm)

B.P: 130 / 90

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.2 0.4

0.0 0.0

0.6 0.7

1.5 1.4

0.4 0.4

0.8 0.7

-0.4 -0.4

0.6 0.7

0.0 0.0

-0.2 0.7

0.4 0.4

0.4 0.4

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Sparten: V 4.7

SEABIRD MEDICARE CENTRE POWAI

RAVI KUMAR (38 M)

ID: 3125

Date: 09-Mar-24

Exec Time : 0 m 0 s

Stage Time : 0 m 1 s

HR: 93 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 154 bpm)

B.P: 130 / 90

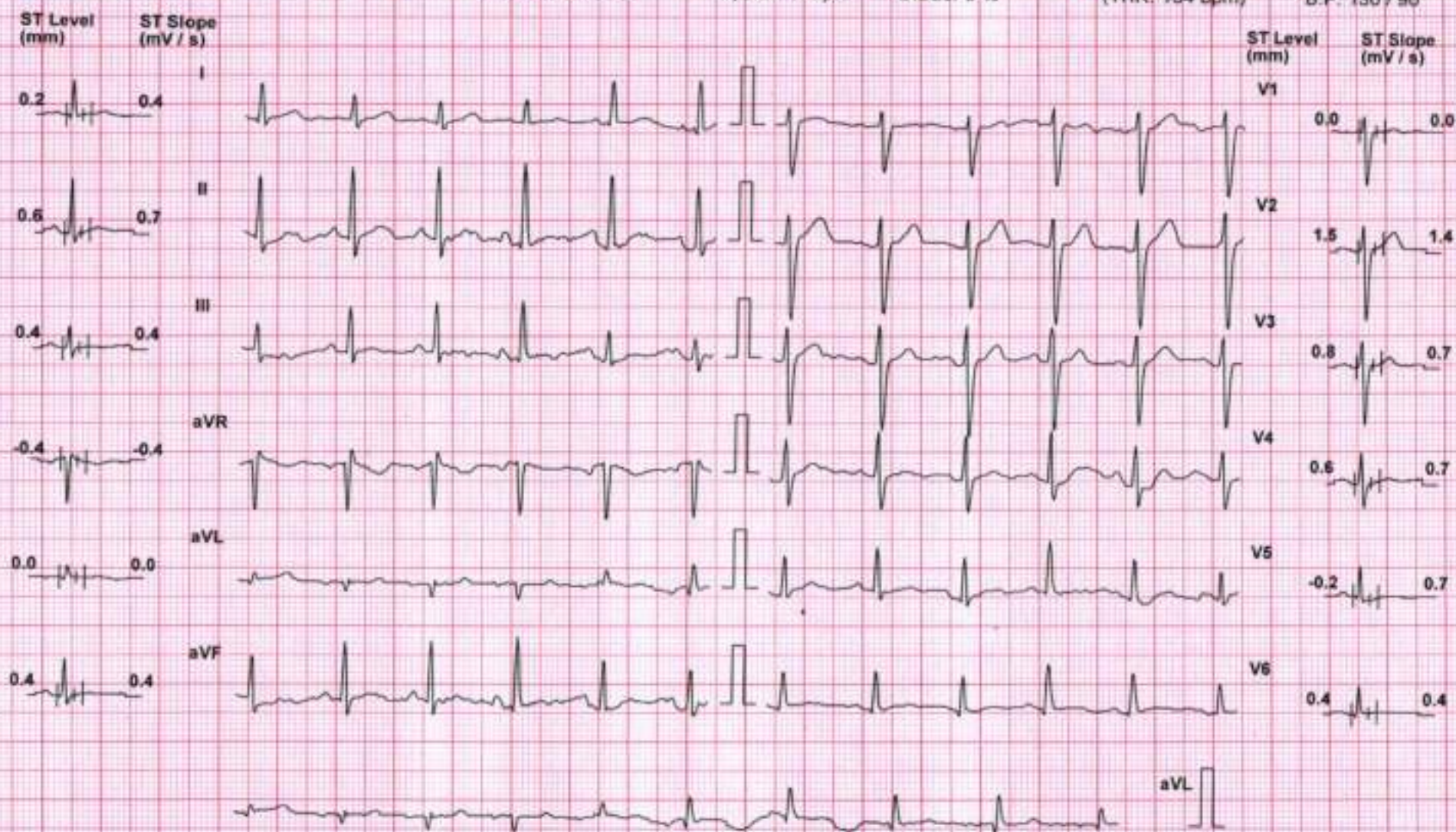


Chart Speed: 25 mm/sec

Filter: 35 Hz

Main Filt: ON

Amp: 10 mm

iso = R - 80 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

RAVI KUMAR (38 M)

ID: 3125

Date: 09-Mar-24

Exec Time : 0 m 0 s

Stage Time : 1 m 29 s **HR: 100 bpm**

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 154 bpm)

B.P: 130 / 90

ST Level (mm) ST Slope (mV / s)

0.2 0.4

0.8 1.1

0.2 0.4

-0.4 -0.7

0.0 0.0

0.6 0.4

ST Level (mm) ST Slope (mV / s)

V1 0.6 0.7

V2 1.9 2.1

V3 1.1 1.1

V4 0.4 0.0

V5 0.0 0.4

V6 0.2 0.4

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schöler Spanden V 4.7

SEABIRD MEDICARE CENTRE POWAI

RAVI KUMAR (38 M)

ID: 3125

Date: 09-Mar-24

Exec Time : 3 m 0 s

Stage Time : 3 m 0 s

HR: 115 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 154 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

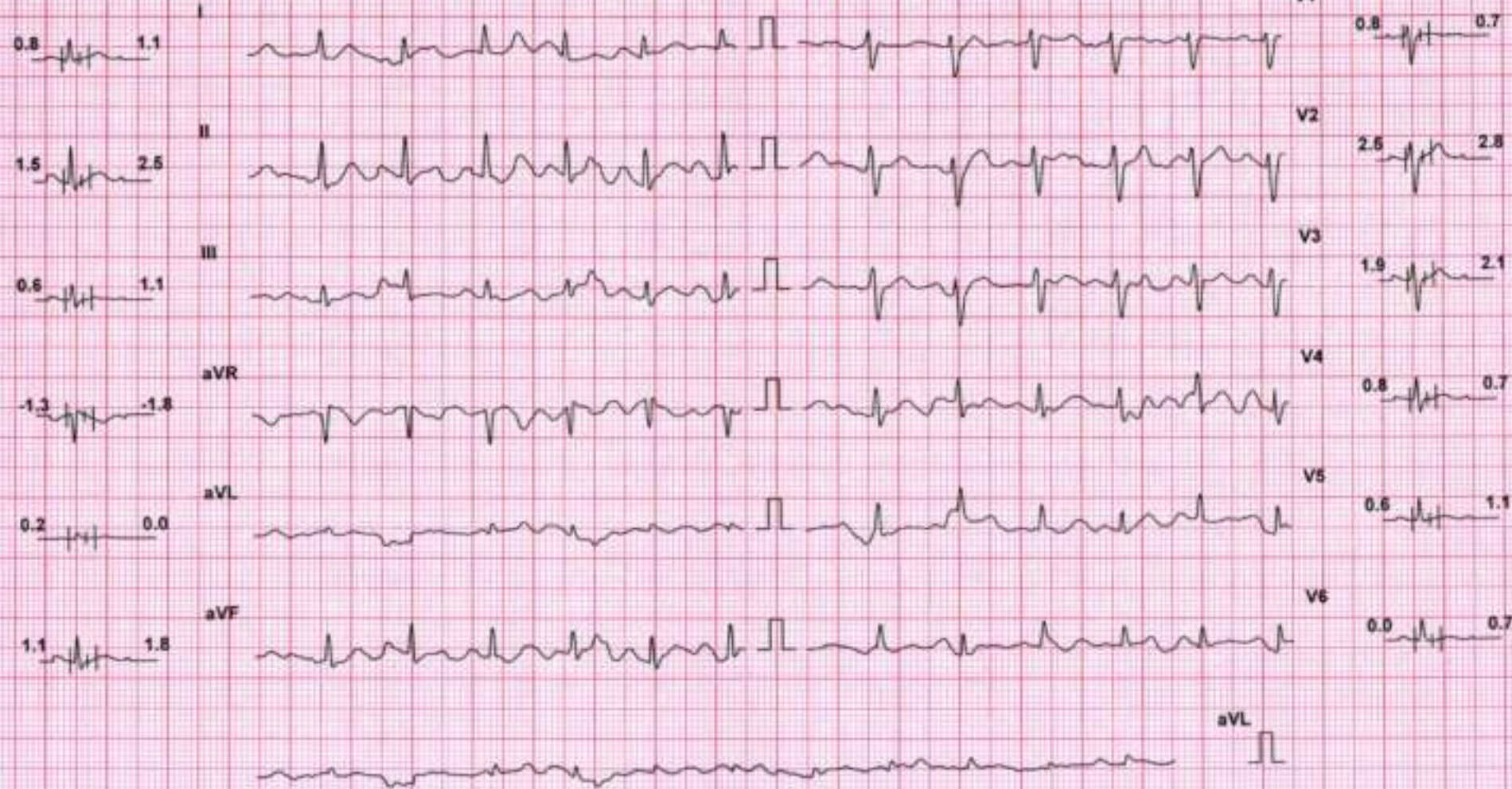


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt ON

Amp: 5 mm

Ito = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandlen V 4.7

SEABIRD MEDICARE CENTRE POWAI

RAVI KUMAR (38 M)

ID: 3125

Date: 09-Mar-24 Exec Time : 6 m 0 s Stage Time : 3 m 0 s **HR: 143 bpm**

Protocol: Bruce

Stage: 2

Speed: 2.5 mph Grade: 12 % (THR: 154 bpm) B.P: 140 / 90

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

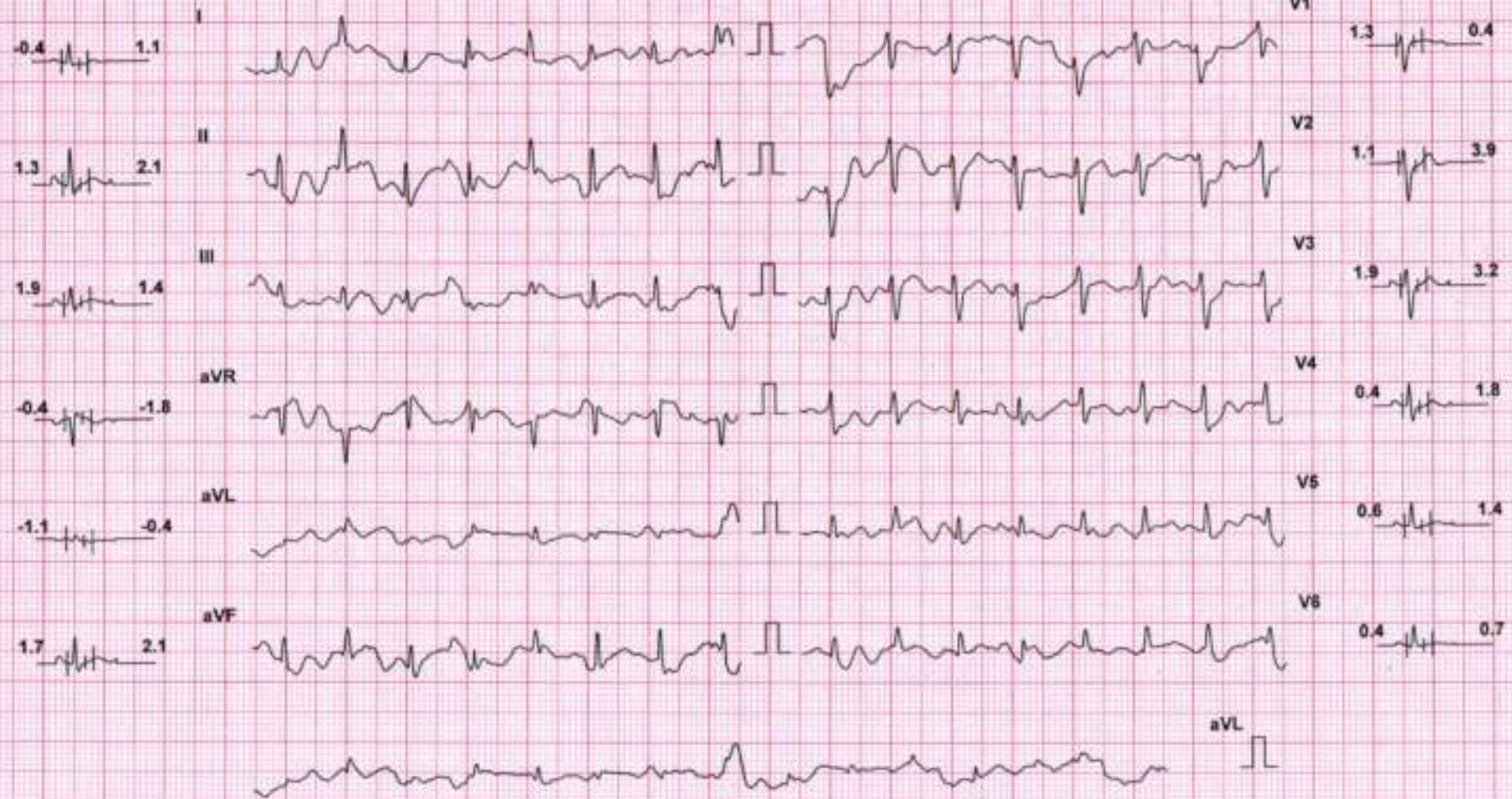


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt. ON Amp: 5 mm $I_{90} = R - 60 \text{ ms}$ $J = R + 60 \text{ ms}$ Post J = J + 60 ms
Schiller Spanden V 4.7

SEABIRD MEDICARE CENTRE POWAI

RAVI KUMAR (38 M)

ID: 3125

Date: 09-Mar-24 Exec Time : 6 m 43 s Stage Time : 0 m 43 s HR: 156 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 154 bpm)

B.P: 150 / 100

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

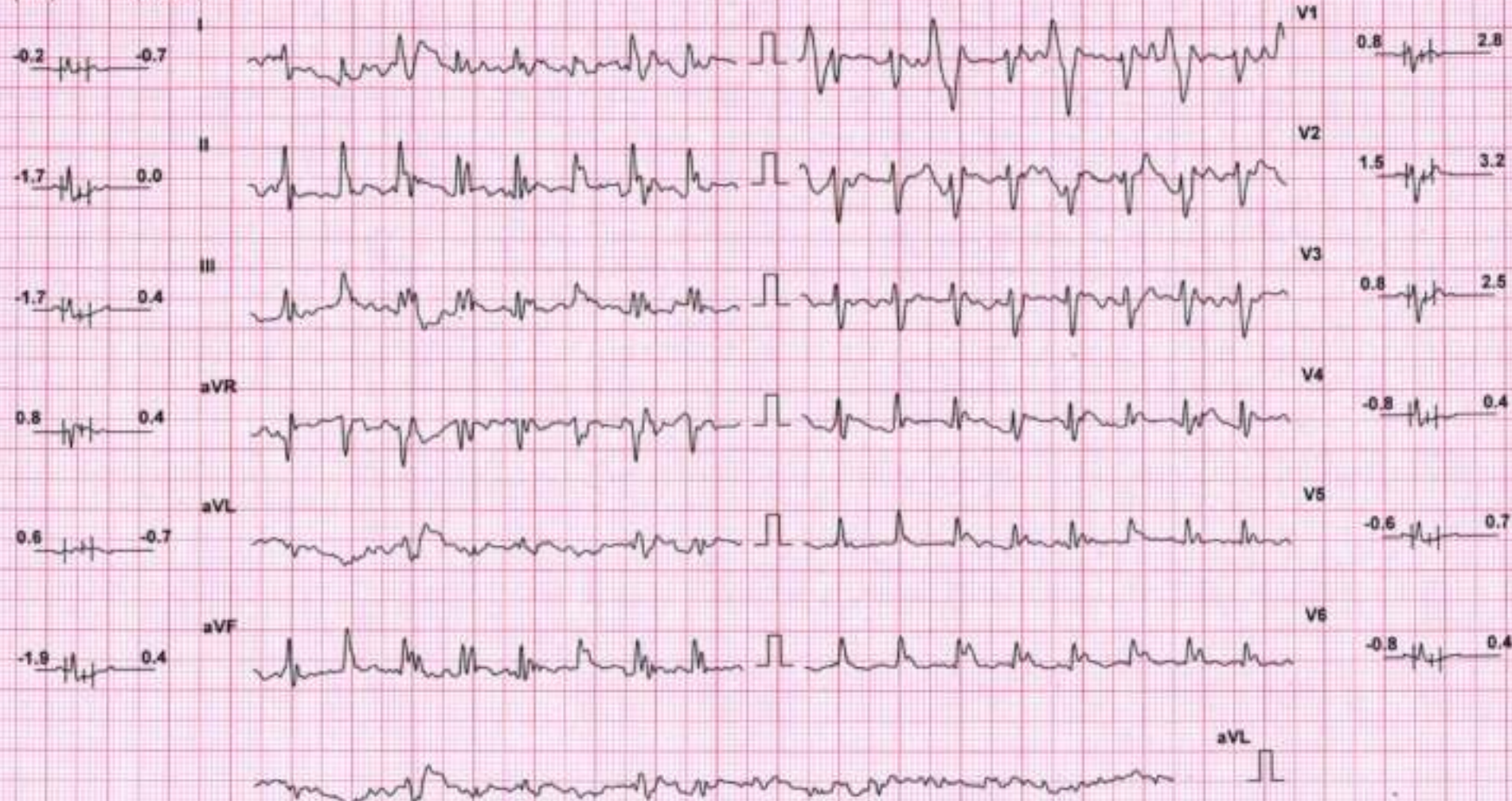


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 5 mm

iso = R - 60 ms J = R + 60 ms Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

RAVI KUMAR (38 M)

ID: 3125

Date: 09-Mar-24 Exec Time: 5 m 43 s Stage Time: 1 m 0 s **HR: 125 bpm**

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 154 bpm)

B.P: 160 / 100

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

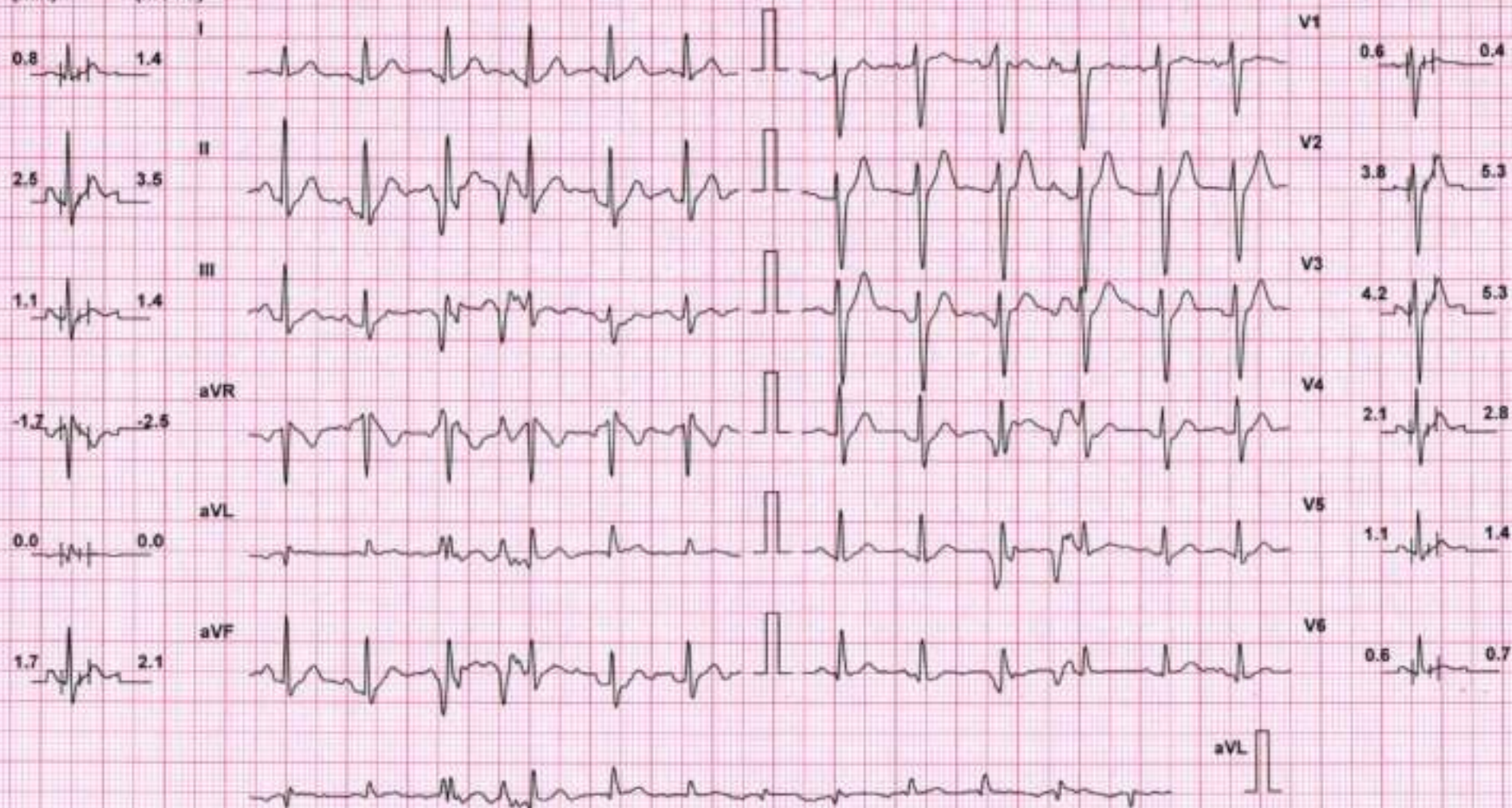


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

RAVI KUMAR (38 M)

ID: 3125

Date: 09-Mar-24

Exec Time: 6 m 43 s

Stage Time: 1 m 0 s

HR: 101 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 154 bpm)

B.P: 140 / 90

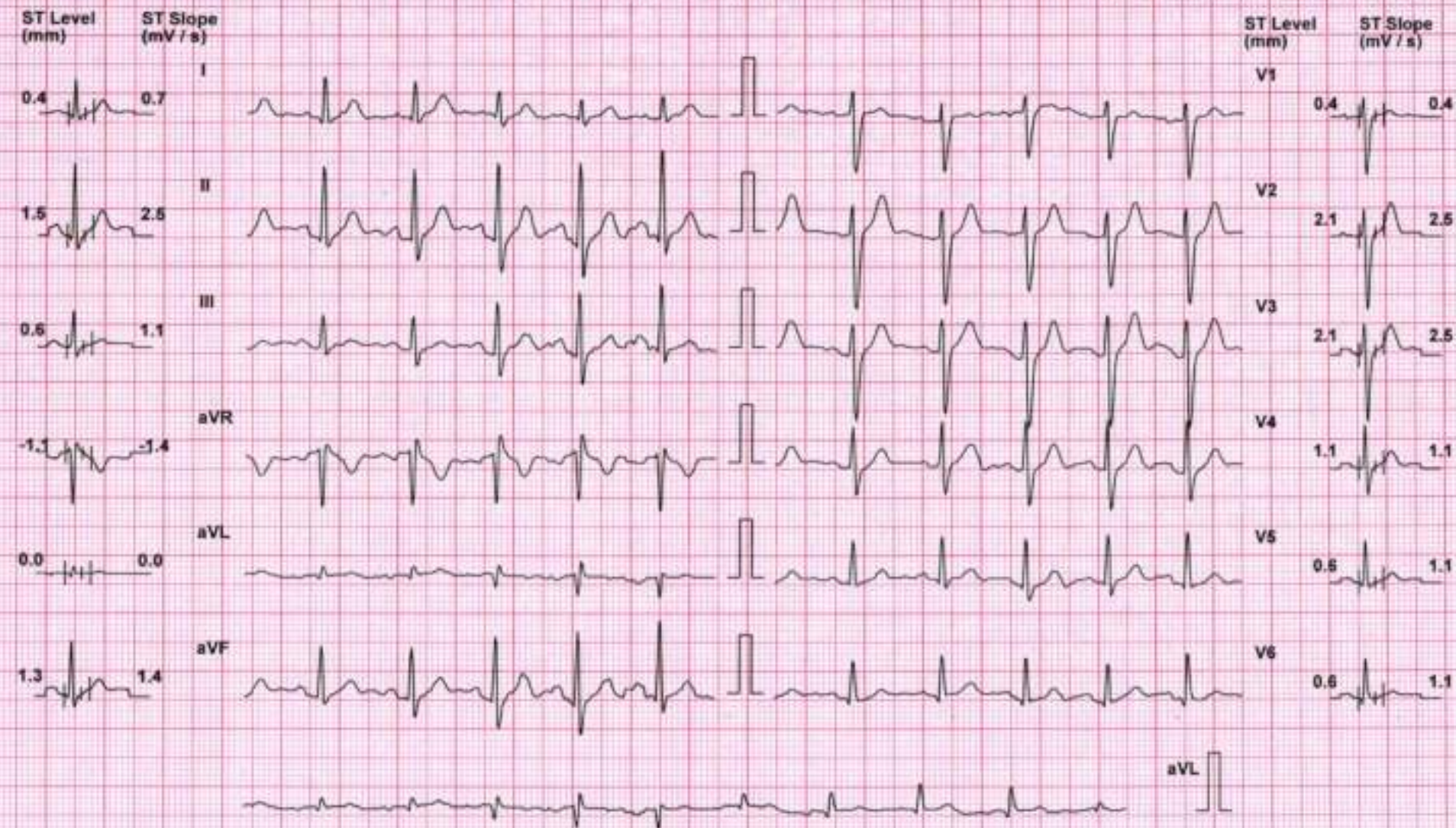


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandax V 4.7

SEABIRD MEDICARE CENTRE POWAI

RAVI KUMAR (38 M)

ID: 3125

Date: 09-Mar-24

Exec Time : 6 m 43 s

Stage Time : 1 m 0 s

HR: 93 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 154 bpm)

B.P: 130 / 80

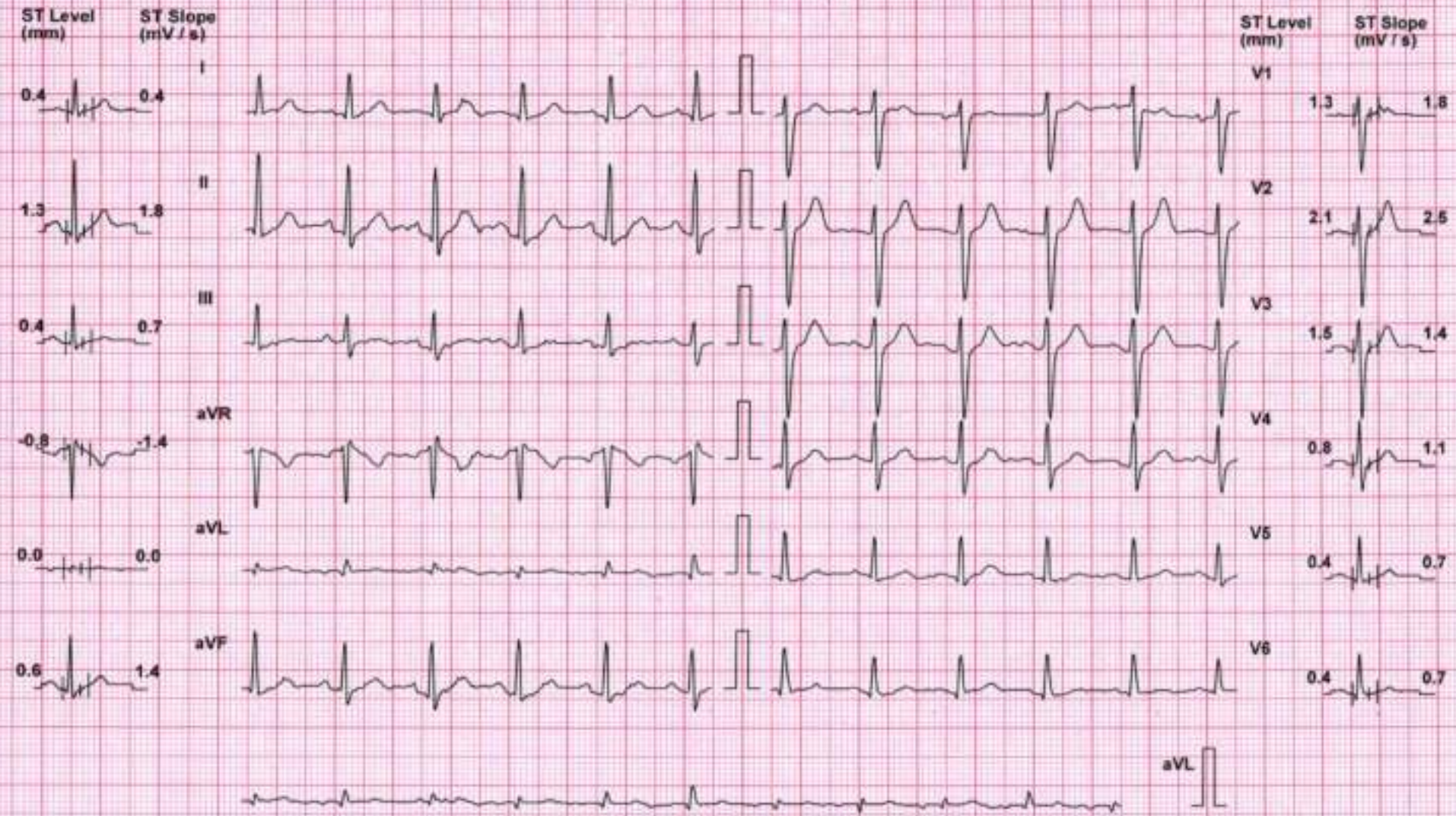


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

iso = R - 80 ms

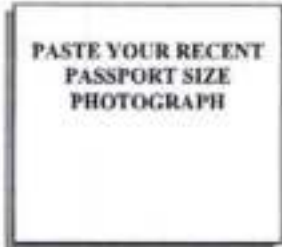
J = R + 60 ms

Post J = J + 60 ms

Schiller Spandee V 4.7

Annexure-2

Self-Health Declaration
(Please ✓ Mark Where Applicable)



1 PERSONAL DETAILS:

Name: First Name Ravi Middle Name Surname KUMAR
Address: C549th Avenue, Flat No 1207, 12th Floor
Tajera Nagar, Vichhrol East, Mumbai - 400083
City: _____ Pin: ravirajjora@gmail.com
Birth Place: Delhi Birth Date: 07-3-1985 Religion: Hindu
(dd/mm/yyyy)
Post applied for: _____ Marital Status: Married / Unmarried ✓ Gender: M / F ✓

2 PREVIOUS EMPLOYMENT: Yes / No ✓ If yes specify

Name	Nature of work	Duration
i)		
ii)		
iii)		

3 NAME OF FAMILY DOCTOR:

Address: _____

Contact Details: _____

4 PERSONAL HABITS:

- N -
- i) Smoking
 - ii) Tobacco chewing
 - iii) Alcohol
 - iv) Any other

5 MEDICAL HISTORY:

i) **ANY DISABILITY:** Yes / No ✓ If yes specify with disability %

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work
Have you ever suffered from job related disease or injury?
Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes")

(For female candidates only)

Are you pregnant at present? Y N

Date of L.M.P. _____

iv) Immunization: Yes No

Tetanus Toxoid	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

can't taken [All 3 doses]

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	65	Fair		
Mother	57	Good		
Spouse	32	Good		
Children-1				
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 09.03.2024


(Signature of Candidate)

MER- MEDICAL EXAMINATION REPORT

Date of Examination	09.03.2024	
NAME	Ravi Kumar ✓	
AGE	Gender	Male
HEIGHT(cm)	WEIGHT (kg)	90
B.P.	120/90 mmHg.	
ECG	NL	
X Ray	WBD	
Vision Checkup	Color Vision :	⊙
	Far Vision Ratio :	6/6 ⊙
	Near Vision Ratio :	N/A ⊙
Present Ailments	-	
Details of Past ailments (If Any)	Vertigo ⊙ got back.	
Comments / Advice : She / He is Physically Fit		

Signature with Stamp of Medical Examiner

Dr. PARAG A. PRADHAN

MBBS

Approved By DG Shipping (GOI)

Reg. No. (MMC) 61284

102-103-104, Gateway Plaza, Central

Avenue Road, Hiranandani Gardens,

Powai, Mumbai-400076

SEA BIRD MEDICARE CENTRE

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Rawi Kumar on 9/3/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> • Unfit 	

Dr. _____
 Medical Officer
 The Apollo Clinic, (Location)

Dr. PARAG A. PRADHAN
 MBBS

This certificate is not meant for medico-legal purposes.

Approved By DG Shipping (GOI)
 Reg. No. (MIMC) 51264
 102-103-104, Gateway Plaza, Central
 Avenue Road, Hiranandani Gardens,
 Powai, Mumbai-400075
SEA BIRD MEDICARE CENTRE



PID NO. : CCA0518

Name : RAVI KUMAR

Sex / Age : Male / 38 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

09-Mar-2024 / 3:48 pm

Coll Date

09-Mar-2024 / 3:53 pm

Report Date

10-Mar-2024 / 6:51 pm

REPORT

BLOOD GLUCOSE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	93.32	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	115.56	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mspa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade

Pritam Dhanawade
Lab Technician



DR. Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 2006031680



MC - 5321

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015) A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 49. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

CONDITIONS OF REPORTING

SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
 - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
 - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
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10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hirasandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CCA0518

Name : RAVI KUMAR

Sex / Age : Male / 38 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

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105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

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REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----



MC - 8321

Dhanawade

Pritam Dhanawade
Lab Technician



Ritesh Kharche

DR. RITESH KHARCHE
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Powai: 022-25701053 / 25704157

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PID NO. : CCA0518

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REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BLOOD GROUP			
ABO Group	"A"		
RH (D)	NEGATIVE		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

Pritam Dhanawade

Pritam Dhanawade
Lab Technician



DR. Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 2006031680

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Sex / Age : Male / 38 Years

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LIMITED

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10-Mar-2024 / 6:51 pm

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	15.4	gm/dl	13.0 - 17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	4.71	million / cumm	4.5 - 5.5
PCV	45.6	%	40 - 50
MCV	96.8	fL	83 - 101
MCH	32.6	pg	27 - 32
MCHC	33.7	gm / dl	31.5 - 34.5
RDW (CV)	12.7	%	11.6 - 14.0
Total W.B.C. Count	6860	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	62	%	40 - 80
Lymphocytes	28	%	20 - 40
Eosinophils	04	%	1 - 6



MC - 5321

Pritam Dhanawade

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Lab Technician



DR. Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	06	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	226000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmethi free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

———— End of Report ————



MC - 5321

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DR. RITESH KHARCHE
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REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	12	mm at 1hr	0 - 15

Method: Westergren.
Sample: Whole Blood (EDTA)

———— End of Report ————

Pritam Dhanawade
Lab Technician



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REPORT

Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c	5.7	%	< 5.7
Non-diabetic : <= 5.7 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	125.62	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used : $eAG(mg/dl) = 28.7 * A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycoemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %
- Test done on Mipa D Automated Cartridge Based Specific Protein Analyser.

———— End of Report ————



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LIPID PROFILE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Total Cholesterol Serum, Method: CHOD-PAP	209.02	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO-PAP	228.18	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	47.02	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	116.37	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	45.63	mg/dl	5 - 51
T CHOL/HDLC Ratio Calculated	4.45		Acceptable for Male : < 5.00 Acceptable for Female : <4.50



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HO- Sea Bird Medicare Centre (ISO 9001:2015) A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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REPORT

LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
LDLC/HDLC Ratio Calculated	2.47		Acceptable for Males : < 3.60 Acceptable for Females : < 3.20

NOTE:

- 1) Biological Reference Interval is as per National Cholesterol Education Program (NCEP) guidelines.
- 2) Tests done on Fully Automated Mipa CXL PRO PLUS Biochemistry Analyser.

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REPORT

LIVER FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	24.01	U/L	0 - 40
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	128.12	U/L	40 - 129
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	33.72	U/L	0 - 41
GGT (Serum, Method- IFCC Method)	28.06	U/L	8 - 61
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.56	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.11	mg/dl	0.0 - 0.30
Bilirubin (Indirect) Calculated	0.45	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	7.27	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.28	g/dl	3.5 - 5.2
Globulin Calculated	2.99	g/dl	1.90 - 3.70
A/G ratio Calculated	1.43		

Test Done on Fully Automated Miapa CXL PRO PLUS Biochemistry Analyser.

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PID NO. : CCA0518

Name : RAVI KUMAR

Sex / Age : Male / 38 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

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105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

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Reg. Date

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Coll Date

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Report Date

10-Mar-2024 / 6:51 pm

REPORT

LIVER FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----



MC - 5321

Pritam Dhanawade

Pritam Dhanawade
Lab Technician



DR. Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 2006031680

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Powai: 022-25701053 / 25704157

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REPORT

RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Serum, Method-Urease	24.55	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	11.46	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	1.01	mg/dL	0.7 - 1.2 mg/dl
Uric Acid Serum, Method: Uricase-POD	7	mg/dl	3.4 - 7.0

Test Done on Fully Automated Minpa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----



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PID NO. : CCA0518

Name : RAVI KUMAR

Sex / Age : Male / 38 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

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REPORT

THYROID FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
TSH	2.41	μIU/ml	0.25-5 μIU/ml
T3	1	nmol/l	0.92-2.33 nmol/l
T4	93.12	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3 : Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 : Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyrokin-binding globulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

———— End of Report ————

Pritam Dhanawade
Lab Technician



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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

Pritam Dhanawade

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URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rother's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----



MC - 6321

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Sea Bird
Sea Bird Medicare Centre

Report ID : **RM93155733** Reg. : **09-Mar-2024**
Patient Name : **Mr. RAVI KUMAR** Report Date : **11-Mar-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **39 Year / Male**

CHEST X RAY REPORT

X-Ray No : 1556

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.

Dr. Jacob
Mathew MD



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Postal: 022-25701053 / 25704057

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhl.com | Email: seabird@seabirdhl.com



Name: Mr. RAVIKUMAR	Age : 38Y	Sex : Male
Date : 09/03/2024	Ref Dr : SELF	

USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size 12.6cm and shows diffuse increased echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 8.5 x 3.0cm. Left kidney measures 10.0 x 4.5cm.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size measuring 3.0 x 2.8 x 3.0cm (18gm) and echotexture. No evidence of any focal lesion.

No free fluid or significant lymphadenopathy is seen.

IMPRESSION: Fatty liver grade I.

Advice: Clinical co-relation and further evaluation.

DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST

Thanks For Reference: Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.

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SEABIRD MEDICARE CENTRE POWAI

ECG

RAVI KUMAR (38 M)

ID: 3125

Date: 09-Mar-24

Time: 13:54:24

BP: 130 / 90 mmHg

Chart Speed: 25 mm/sec

Filter: 35 Hz

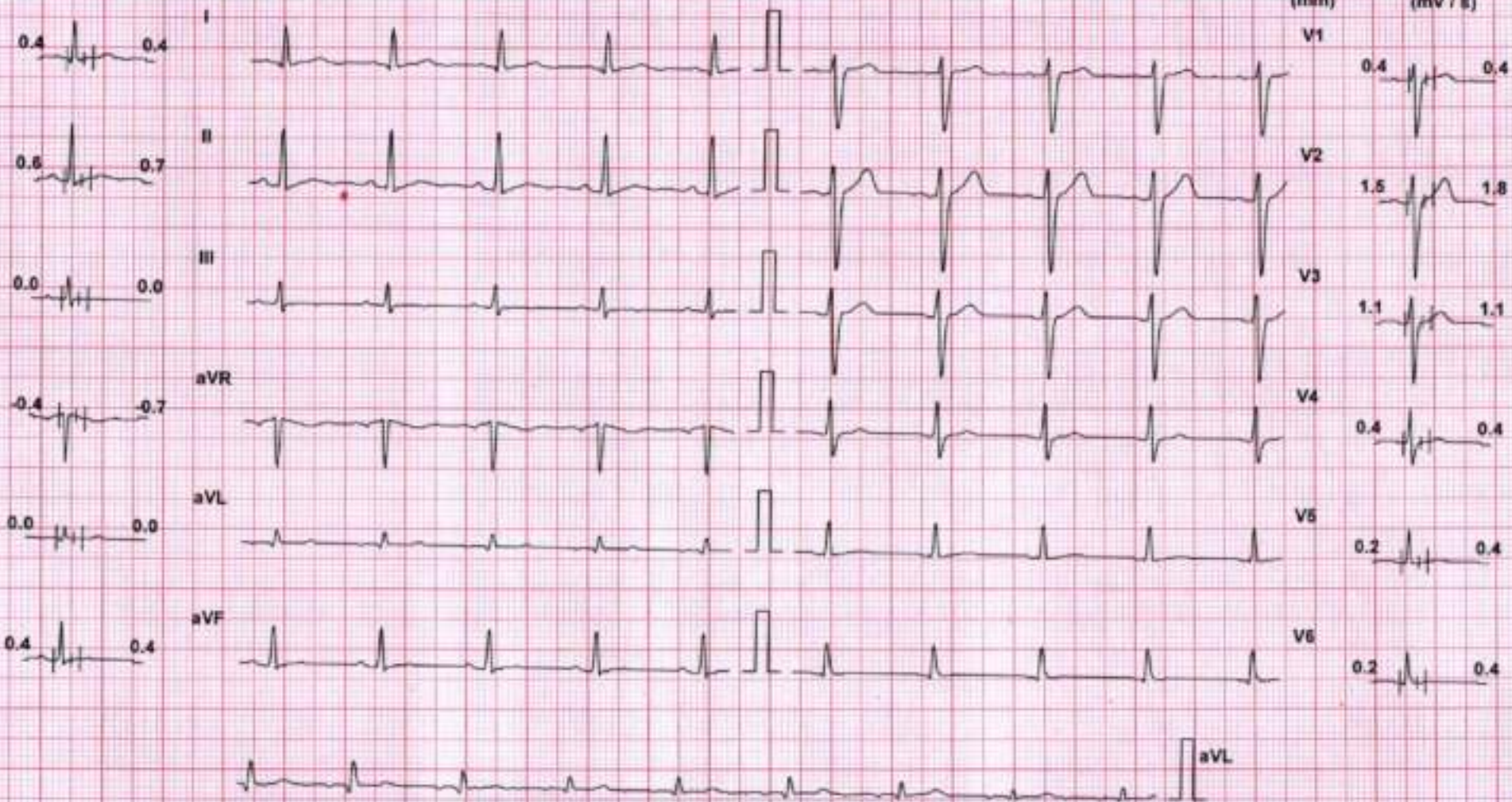
Mains Filtr: ON

Amp: 10 mm

HR: 84 bpm

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)



Interpretation:

Linked Median $Pa = R - 60 \text{ ms}$ $J = R + 60 \text{ ms}$ $Post J = J + 60 \text{ ms}$

Schiller Spender V4.7

Rev. By: APOLLO



VINAYAK