

Dr. Vimmi Goel

Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

 **KIMS-KINGSWAY**
HOSPITALS

Name: Mrs. Charushila Sahare Date: 28/9/24.

Age: 48y Sex: M/F Weight: 54.1 kg Height: 153.9 inc BMI: 22.8

BP: 155/81 mmHg Pulse: 70/m bpm RBS: _____ mg/dl

SpO2: 100%

Dr. Mugdha Jungari (Gill)
MBBS, MS, DNB (OBGY), FMAS
Sr. Consultant Obstetrics & Gynaecology
High Risk Pregnancy Expert & Laparoscopic Surgeon
Reg. No: 2020126915

Name: Charushila Date: 28/5/24
Age: 48 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

Ms - 7 yrs

P4 - 7 yrs / USG / a&w

USG pelvis
⊕

LMP 18/8/24

taking t/t for DM & Hypothyroidism :- 6 yrs

B/A soft NO GTR

PS WD ⊕ pap taken

PV UT ⊕

Rx
- AHP ⊕ Report

Mugdha

Name: Charushila Sahare Date: 28/09/24

Age: 48 Sex: M/F ✓ Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine Dental Check-up

PMH :- Patient is under medication for Diabetes & hypothyroidism ∴ 6 years.

PDM :- H/O capping τ $\frac{4}{5}$

O/E :-

- Mesioproximal caries τ $\frac{5}{}$

TOP -ve τ $\frac{5}{}$

- Capping seen τ $\frac{4}{5}$

- Stain ++, Calculus ++

- Root stump τ $\frac{8}{}$

Adv :-

- Oral prophylaxis

- IOPA τ $\frac{5}{}$

- Extraction τ $\frac{8}{}$ $\frac{5}{}$

- Restoration τ

- Dr. Sushobhan



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
44, Kingsway, Near Kasturchand Park, Nagpur,
Maharashtra, India - 440001.

Ph No.: 1800 266 8346 | Mobile No.: +91-7126789100
Email : assistance@kimshospitals.com | Website : www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

CHARUSHILA SAHARE 48Y(S) 8M(S) 27D(S)/F UMR2324028707 9765809182 MARRIED	CONSULT DATE : 28-09-2024 CONSULT ID : OPC2425073031 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE : CASH	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
---	--	---

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
-- °F -- /min -- %RA -- /10 -- cms

Weight : BMI :
-- kgs --

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	-1.25	00	00	6/6
LEFT EYE	00	-0.50	135	6/6

NEAR ADDITION

RIGHT EYE	00	N6
LEFT EYE	00	N6

REMARK-

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 28-09-2024 11:34:08



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. CHARUSHILA SAHARE
Age /Gender : 48 Y(s)/Female
Bill No/ UMR No : BIL2425051503/UMR2324028707
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 08:38 am
Report Date : 28-Sep-24 11:35 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	12.2	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		37.5	36.0 - 46.0 %	Calculated
RBC Count		4.26	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		88	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		28.8	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.7	31.5 - 35.0 g/l	Calculated
RDW		14.9	11.5 - 14.0 %	Calculated
Platelet count		241	150 - 450 10 ³ /cumm	Impedance
WBC Count		6000	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		59.8	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		31.7	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		3.3	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		5.2	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3588	2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		1902	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		198	20 - 500 /cumm	Calculated
Absolute Monocyte Count		312	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Normochromic Normocytic As above		
WBC		Adequate		
Platelets		09	0 - 20 mm/hr	Automated Westergren's Method
E S R				

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Page 2 of 2

**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. CHARUSHILA SAHARE	Age /Gender : 48 Y(s)/Female
Bill No/ UMR No : BIL2425051503/UMR2324028707	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 08:36 am	Report Date : 28-Sep-24 11:12 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	112	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		123	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	6.3	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



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DEPARTMENT OF BIOCHEMISTRY**

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LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	151	Enzymatic(CHE/CHO/PO D)
Triglycerides		99	
HDL Cholesterol Direct		41	
LDL Cholesterol Direct		89.78	
VLDL Cholesterol		20	
Tot Chol/HDL Ratio		4	

<u>Intiate therapeutic</u>		<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk>20%			
Two or more additional major risk factors,10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160	<160
		>190,optional at 160-189	


*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**


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LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.46	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.15	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.31	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		55	38 - 126 U/L	
SGPT/ALT		15	13 - 45 U/L	
SGOT/AST		19	13 - 35 U/L	
Serum Total Protein		6.72	6.3 - 8.2 gm/dl	
Albumin Serum		4.08	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		2.64	2.0 - 4.0 gm/dl	
A/G Ratio		1.55		

*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

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Bill No/ UMR No : BIL2425051503/UMR2324028707
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 08:38 am
Report Date : 28-Sep-24 11:12 am

RFT

Parameter
 Blood Urea
 Creatinine
 GFR
 Sodium
 Potassium

<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Serum	22	15.0 - 36.0 mg/dl	
	0.61	0.52 - 1.04 mg/dl	
	110.2	>90 mL/min/1.73m square.	
	136	136 - 145 mmol/L	Direct ion selective electrode
	4.52	3.5 - 5.1 mmol/L	
	*** End Of Report ***		

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Report Date : 28-Sep-24 11:12 am

THYROID PROFILE

Parameter
 T3
 Free T4
 TSH

<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Serum	0.937	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
	1.18	0.80 - 1.70 ng/dl	
	1.75	0.50 - 4.80 uIU/ml	

*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. CHARUSHILA SAHARE
Age /Gender : 48 Y(s)/Female
Bill No/ UMR No : BIL2425051503/UMR2324028707
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 11:43 am
Report Date : 28-Sep-24 01:23 pm

URINE SUGAR

Result Values

Negative

Postprandial Sugar

*** End Of Report ***


Parameter
Urine Glucose
NOTE:

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11101075

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. CHARUSHILA SAHARE
 Reg No/ UMR No : BIL2425051503/UMR2324028707
 Received Dt : 28-Sep-24 09:39 am

Age /Gender : 48 Y(s)/Female
 Referred By : Dr. Vimmi Goel MBBS,MD
 Report Date : 28-Sep-24 11:12 am

URINE MICROSCOPY

PHYSICAL EXAMINATION

Volume
 Colour.

Appearance

CHEMICAL EXAMINATION

Specific gravity

Reaction (pH)

Nitrate

Urine Protein

Sugar

Ketone Bodies

Urobilinogen

Bilirubin

MICROSCOPIC EXAMINATION

Pus Cells

R.B.C.

Epithelial Cells

Casts

Specimen Results

Urine

40 ml

Pale yellow

Clear

1.010

7.0

Negative

Negative

Negative

Negative

Normal

Negative

0-1

Absent

0-1

Absent

Biological Reference

Method

Clear

1.005 - 1.025

4.6 - 8.0

Negative

Negative

Negative

Negative

Normal

Negative

0 - 4 /hpf

0 - 4 /hpf

0 - 4 /hpf

Absent

ion concentration
 Indicators

protein error of pH
 indicator
 GOD/POD

Legal's est Principle
 Ehrlich's Reaction
 Diazonium



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. CHARUSHILA SAHARE	Age / Gender : 48 Y(s)/Female
Bill No/ UMR No : BIL2425051503/UMR2324028707	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:39 am	Report Date : 28-Sep-24 11:12 am

<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
	Absent	
	*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11101075

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mrs. CHARUSHILA SAHARE
Age / Gender : 48 Y(s)/Female
Ref No/ UMR No : BIL2425051503/UMR2324028707
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 08:38 am
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BLOOD GROUPING AND RH

Gel Card Method

<u>Specimen</u>	<u>Results</u>
EDTA Whole Blood & Plasma/ Serum	" A "

" Positive "(+Ve)
*** End Of Report ***

Rh (D) Typing.

Suggested Clinical Correlation * If necessary, Please discuss

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**DR. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

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Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	CHARUSHILA SAHARE	STUDY DATE	28-09-2024 10:58:43
AGE/ SEX	48Y 8M 28D / F	HOSPITAL NO.	UMR2324028707
ACCESSION NO.	BIL2425051503-9	MODALITY	DX
REPORTED ON	28-09-2024 12:34	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



AVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST.

NAME OF PATIENT:	CHARUSHILA SAHARE	AGE & SEX:	48 YRS/FEMALE
UMR NO:	UMR2324028707	BILL NO	BIL2425051503-11
REF BY:	DR VIMMI GOEL	DATE:	28-SEP-2024

USG WHOLE ABDOMEN

LIVER is normal in size (12.8 cm), shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (span 9.1 cm), shape and echotexture. No focal lesion seen.

Right kidney measures 8.3 x 3.8 cm. Left kidney measures 10.7 x 5.3 cm.
Both KIDNEYS are normal in shape, size and echotexture.

A well-defined hyperechoic area of size 14 x 11mm noted in lower pole of right kidney – possible angiomyolipoma.

No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus appears normal in size, shape and echotexture. It measures 5.2 x 4.1 x 7.8 cm.
No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET-10 mm.

Right ovary volume 7.6cc and left ovary volume 4cc.

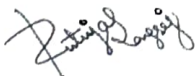
Both ovaries are normal in size, shape and echotexture. No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

- **A well-defined hyperechoic area in lower pole of right kidney – possible angiomyolipoma.**
- **No other significant visceral abnormality seen.**

Suggest clinical correlation.



DR. RUTUJA RANGREJ
MBBS, MD
CONSULTANT RADIOLOGIST.

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Charushila, Sahare
Patient ID: 0287070
Height:
Weight:
Study Date: 28.09.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 01.01.1976
Age: 48yrs
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

Medical History:

DM

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:15	0.00	0.00	67	130/80	
	WARM-UP	00:06	0.60	0.00	71		
EXERCISE	STAGE 1	03:00	1.70	10.00	100	130/80	
	STAGE 2	03:00	2.50	12.00	116	130/80	
	STAGE 3	02:54	3.40	14.00	142	140/80	
RECOVERY		01:00	0.00	0.00	107	150/80	
		02:00	0.00	0.00	82	150/80	
		00:14	0.00	0.00	86		

The patient exercised according to the BRUCE for 8:54 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 63 bpm rose to a maximal heart rate of 142 bpm. This value represents 82 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

24
58

MRSCHARUSHILA SAHARE

Female

28-Sep-24 9:18:48 AM

KIMS-KINGSWAY HOSPITALS

PHC DEPT.

48 Years

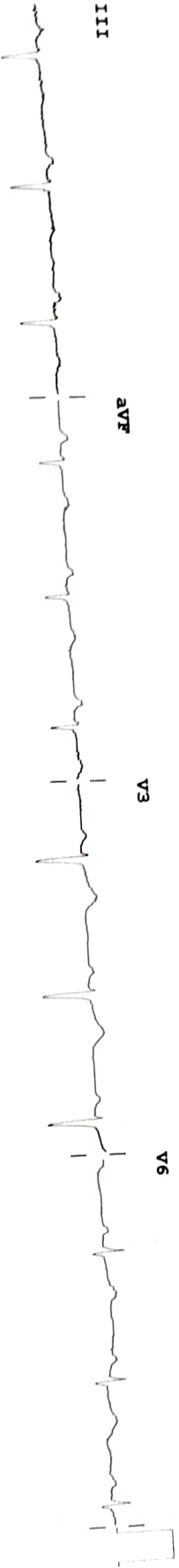
Rate 69 Sinus rhythm..... normal P axis, V-rate 50-99
Borderline left axis deviation..... QRS axis (-15, -29)

PR 167
QRSD 84
QT 408
QTc 437

--AXIS--
P 68
QRS -24
T 44

- OTHERWISE NORMAL ECG -
Unconfirmed Diagnosis

12 Lead: Standard Placement



Speed: 25 mm/sec

Time: 10 min/mv

Chest: 10.0 mm/mv

F 50-0.50-150 Hz W

100B CL

P2