

Name : Mrs. SENTHAMARAI SELVI M (56 /F)

Date : 24/02/2024

Address : NO.6/162,POSTAL NAGAR,BODUPATTI ROAD, NAMAKKAL, NAMAKKAL, TAMIL NADU, INDIA

Examined by :

UHID : AT01.0000249871

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK FEMALE ABOVE 40YRS

AHC No : TRYMH56804



## CHIEF COMPLAINTS

For Annual health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer, Impaired Glycemia  
Hypertension Since - 2YRS; Medication  
- regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:24/02/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Menopause - yes; Since - 2 1/2YRS

### Central nervous system

Head ache - yes

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant

### General symptoms

- Nil Significant

### Mind Health screening

Emotional Wellness  
Assessment (PHQ9)  
Score - 0

Depression Level -  
None-Minimal

Anxiety Assessment  
(GAD7) Score - 0

Anxiety Level - No to  
Low risk level

### Sleep Assessment

Sleep Score:3-8

Risk Level:

High risk of Obstructive  
sleep apnea

Recommendation:

Sleep study to rule out  
with Sleep apnea



## Past medical history

Do you have any - Yes  
allergies?

Allergies - dust

Do you have any drug - No  
allergies?

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Covid 19	- Yes	BMI	- 23.3
Hospitalization for Covid 19	- Yes	Pallor	- No
Oxygen support	- Yes	Oedema	- no
		SpO2	- 98%



### Surgical history

Haemorrhoidectomy - 1998

### Immunization history

- Covid Dose1, Covid Dose2



### Personal history

Marital status - Married  
No. of children - 2  
Female - 1  
Male - 1  
Occupation - Professional  
Profession - government employee  
Diet - Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Sedentary



### Family history

Father - alive  
Mother - alive  
Brothers - 2  
Sisters - 1  
Diabetes - father, brother  
Hypertension - father, mother, brother  
Coronary artery disease - none  
Cancer - None



### Cardiovascular system

Heart rate (Per minute) - 80  
Rhythm - Regular  
Systolic(mm of Hg) - 140  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No

## PHYSICAL EXAMINATION



### General

General appearance - normal  
Build - normal  
Height - 163  
Weight - 61.90

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### STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Colour:	Yellow			
Consistency :	Semi Solid			
Mucus:	Absent			
Blood:	Negative			
Ova:	Nil			
Cysts:	Nil			

Eosinophils	02	%	●	01-06
Monocytes	08	%	●	2-10

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.020		●	1.016 - 1.026
Colour:	Straw			
Transparency:	Clear			
pH	5 *		●	4.6 -8.0
Protein :	Nil			Negative
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./dL		
RBC	1-2 /h.p.f	/hpf		0-5
Pus Cells	2-4 /h.p.f			
Epithelial Cells	2-4 /h.p.f			0-5 /HPF
Reaction:	Acidic			
Blood:	Negative			

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group	O			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
ALT(SGPT)	14	U/L	●	Adult Female : <34
Globulin - Serum: (Calculated)	2.6	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	95	U/L	●	ADULT(MALE) < 129 ADULT(FEMALE) < 104
AST (SGOT)	30	U/L	●	Adult Female: <31
Bilirubin, Total - Serum	0.3	mg/dL		

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	193	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

### CBC

Test Name	Result	Unit	Level	Range
Hemoglobin	9.4 *	gm%	●	11.5-16.5
Packed cell volume(Calculated)	29 *	%	●	37-47
WBC Count	5.26	10 <sup>9</sup> /m <sup>3</sup>	●	4-11
Platelet Count	273	10 <sup>9</sup> /m <sup>3</sup>	●	150-450
ESR	13	mm/hr	●	0-20
Neutrophils	67	%	●	40-80
Lymphocytes	23	%	●	20-40

### CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Creatinine - Serum	0.6	mg/dL	●	Female: 0.6 - 1.1

### LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	19	U/L	●	Female: < 38

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
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● Within Normal Range      ● Borderline High/Low      ● Out of Range

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Glucose - Serum / Plasma (Fasting) 88 mg/dL ● 70 - 100

TOTAL T3: TRI IODOTHYRONINE - SERUM 128.99 ng/dL ●

Adults(50-90 Yrs Female): 40 - 181  
Pregnancy:First Trimester: 81-190  
Second Trimester : 100 - 260  
Third Trimester: 100 - 260

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name Result Unit Level Range  
Glucose - Serum / Plasma (Post Prandial) 95 mg/dL ● < 140

**GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD**

Test Name Result Unit Level Range  
Glycosylated Hemoglobin (HbA1c) 5.8 % ● 4 - 6 % (NGSP)

TOTAL T4: THYROXINE - SERUM 12.1 \* µg/dL ●

Adults(15-60 Yrs Female): 5.5 - 11.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
HDL Cholesterol 55 mg/dL ● Low: <40 High: >=60  
LDL Cholesterol (Direct LDL) 114 mg/dL ● Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
Triglycerides - Serum 68 mg/dL ● Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500  
Total Cholesterol / HDL Cholesterol Ratio (Calculated) 3.5 ● < 4.5

**LIVER FUNCTION TEST WITH GGTP**

Test Name Result Unit Level Range  
Protein Total - Serum 6.7 g/dL ● >2 Year: 6.0 - 8.0  
Albumin - Serum 4.1 g/dL ● Adult(20 - 60 Yr): 3.5 - 5.2

**TOTAL T3 T4 TSH**

Test Name Result Unit Level Range  
TSH: Thyroid Stimulating Hormone 1.64 µIU/mL ● Adults(55 - 87 Years): 0.5 - 5.0

**UREA - SERUM / PLASMA**

Test Name Result Unit Level Range  
Urea 13 mg/dL ● Adult: 13 - 43

**TOTAL T3 T4 TSH**

Test Name Result Unit Level Range

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
Uric Acid - Serum 2.8 mg/dL ● Adult Female: 2.6 - 6.0

**LIVER FUNCTION TEST WITH GGTP**

Test Name Result Unit Level Range  
Bilirubin Conjugated - Serum 0.1 mg/dL ● 0.0-0.2

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Bilirubin Unconjugated - 0.2 mg/dL ● 0.0-1.0  
Serum (Calculated)

### CARDIOLOGY

ECG

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.0	mg/dL	●	Adult : 6 - 20

### X Ray

X-RAY CHEST PA

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES/HDL CHOLESTROL	1.2			

### 2D-ECHO WITH COLOUR DOPPLER

NO REGIONAL WALL MOTION ABNORMALITY  
LEFT VENTRICLE NORMAL IN SIZE  
NORMAL LEFT VENTRICULAR FUNCTION  
NO LV CLOT  
TRIVIAL MITRAL REGURGITATION  
TRIVIAL AORTIC REGURGITATION  
TRIVIAL TRICUSPID REGURGITATION  
NO PULMONARY ARTERY HYPERTENSION  
NO PERICARDIAL EFFUSION  
IAS/IVS INTACT

### MAMMOGRAPHY

- Right breast: No obvious focal lesion – BIRADS 1 (Normal).
- Left breast: No obvious focal lesion – BIRADS 1 (Normal).

Adv: Annual screening mammogram

### ULTRASOUND - WHOLE ABDOMEN

IMPRESSION:

- Grade I fatty liver.
- Tiny GB polyp.

Suggested Clinical Correlation and Further Evaluation.

Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

6

### ACCEPTABLE SCORE

6

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**