

Name : MR.APRATIM BHOWMIK

Age / Gender : 35 Years / Male

Consulting Dr. : - Collected : 09-Dec-2023 / 09:24

Reg. Location : Malad West (Main Centre) Reported :09-Dec-2023 / 12:56

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

CBC (Complete Blood Count), Blood

<u>PARAMETER</u>	RESULTS	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	15.2	13.0-17.0 g/dL	Spectrophotometric

		13.0 17.0 57.02	Specia opilotometri
RBC	4.75	4.5-5.5 mil/cmm	Elect. Impedance
PCV	45.2	40-50 %	Calculated
MCV	95.1	80-100 fl	Measured
MCH	32.0	27-32 pg	Calculated
MCHC	33.6	31.5-34.5 g/dL	Calculated
RDW	14.0	11.6-14.0 %	Calculated

## **WBC PARAMETERS**

WBC Total Count 5270 4000-10000 /cmm Elect. Impedance

## WBC DIFFERENTIAL AND ABSOLUTE COUNTS

WBC DIFFERENTIAL AND A	WBC DIFFERENTIAL AND ABSOLUTE COUNTS						
Lymphocytes	33.8	20-40 %					
Absolute Lymphocytes	1781.3	1000-3000 /cmm	Calculated				
Monocytes	8.1	2-10 %					
Absolute Monocytes	426.9	200-1000 /cmm	Calculated				
Neutrophils	55.5	40-80 %					
Absolute Neutrophils	2924.8	2000-7000 /cmm	Calculated				
Eosinophils	2.3	1-6 %					
Absolute Eosinophils	121.2	20-500 /cmm	Calculated				
Basophils	0.3	0.1-2 %					
Absolute Basophils	15.8	20-100 /cmm	Calculated				

Immature Leukocytes -

WBC Differential Count by Absorbance & Impedance method/Microscopy.

## **PLATELET PARAMETERS**

Platelet Count	141000	150000-400000 /cmm	Elect. Impedance
MPV	12.5	6-11 fl	Measured
PDW	26.3	11-18 %	Calculated

## **RBC MORPHOLOGY**

Hypochromia -Microcytosis -

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Macrocytosis

Anisocytosis -

Poikilocytosis -

Polychromasia -

Target Cells -

Basophilic Stippling -

Normoblasts -

Others Normocytic, Normochromic

WBC MORPHOLOGY -

PLATELET MORPHOLOGY Megaplatelets seen on smear

COMMENT -

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 19 2-15 mm at 1 hr. Sedimentation

Clinical Significance: The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

## Interpretation:

Factors that increase ESR: Old age, Pregnancy, Anemia

Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

## Limitations:

- It is a non-specific measure of inflammation.
- · The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

## Reference:

- Pack Insert
- Brigden ML. Clinical utility of the erythrocyte sedimentation rate. American family physician. 1999 Oct 1;60(5):1443-50.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
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<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	128.6	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	192.4	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	1.12	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.30	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.82	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.5	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.9	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.6	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.9	1 - 2	Calculated
SGOT (AST), Serum	21.5	5-40 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	55.8	5-45 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	44.0	3-60 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	78.4	40-130 U/L	Colorimetric
BLOOD UREA, Serum	17.9	12.8-42.8 mg/dl	Kinetic
BUN, Serum	8.4	6-20 mg/dl	Calculated
CREATININE, Serum	0.73	0.67-1.17 mg/dl	Enzymatic



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eGFR, Serum

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(ml/min/1.73sqm)

Normal or High: Above 90 Mild decrease: 60-89

Mild to moderate decrease: 45-

59

Moderate to severe decrease:30

-44

Severe decrease: 15-29 Kidney failure: <15

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation w.e.f 16-08-2023

URIC ACID, Serum 5.8

Absent

3.5-7.2 mg/dl

Enzymatic

Calculated

Urine Sugar (Fasting)
Urine Ketones (Fasting)

Absent

Absent

Absent

Urine Sugar (PP)
Urine Ketones (PP)

Absent

Absent Absent

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Makken

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **GLYCOSYLATED HEMOGLOBIN (HbA1c)**

**BIOLOGICAL REF RANGE PARAMETER RESULTS METHOD** 

**HPLC** Glycosylated Hemoglobin 7.7 Non-Diabetic Level: < 5.7 %

> Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

Estimated Average Glucose 174.3 mg/dl Calculated

(eAG), EDTA WB - CC

(HbA1c), EDTA WB - CC

### Intended use:

In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly

For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

## Clinical Significance:

HbA1c. Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.

The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

## Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

## Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE EXAMINATION OF FAECES

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE

**PHYSICAL EXAMINATION** 

ColourBrownBrownForm and ConsistencySemi SolidSemi SolidMucusAbsentAbsentBloodAbsentAbsent

**CHEMICAL EXAMINATION** 

Reaction (pH) Acidic (6.5) -

Occult Blood Absent Absent

**MICROSCOPIC EXAMINATION** 

Protozoa Absent Absent Flagellates Absent Absent Ciliates Absent Absent **Parasites** Absent Absent Macrophages Absent Absent Mucus Strands Absent Absent Fat Globules Absent Absent RBC/hpf Absent Absent WBC/hpf Absent Absent Yeast Cells Absent Absent **Undigested Particles** Present ++ Concentration Method (for ova) No ova detected Absent Reducing Substances Absent



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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	6.0	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	30	-	-
<b>CHEMICAL EXAMINATION</b>			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	0-1		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	3-4	Less than 20/hpf	
Others	-		

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein (1+ = 25 mg/dl, 2+ =75 mg/dl, 3+ = 150 mg/dl, 4+ = 500 mg/dl)
- Glucose(1+ = 50 mg/dl , 2+ =100 mg/dl , 3+ =300 mg/dl ,4+ =1000 mg/dl )
- Ketone (1+ =5 mg/dl , 2+ = 15 mg/dl , 3+= 50 mg/dl , 4+ = 150 mg/dl )

Reference: Pack inert

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
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Dr.TRUPTI SHETTY M. D. (PATH) Pathologist

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

PARAMETER RESULTS

ABO GROUP A

Rh TYPING POSITIVE

NOTE: Test performed by automated column agglutination technology (CAT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

#### Clinical significance:

ABO system is most important of all blood group in transfusion medicine

#### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

## Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
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## AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	240.8	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	174.6	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	39.6	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	201.2	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	166.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	35.2	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	6.1	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	4.2	0-3.5 Ratio	Calculated

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West  $^{***}$  End Of Report  $^{***}$ 



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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
Free T3, Serum	4.6	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	17.0	11.5-22.7 pmol/L	ECLIA
sensitiveTSH, Serum	4.49	0.35-5.5 microIU/ml mIU/ml	ECLIA



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#### Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

## Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
- can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

## Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

## Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

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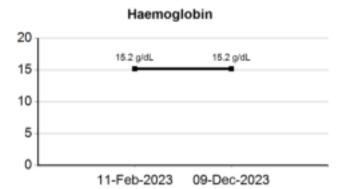
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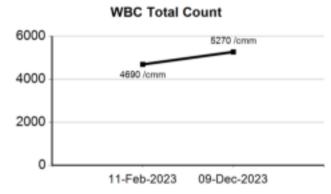
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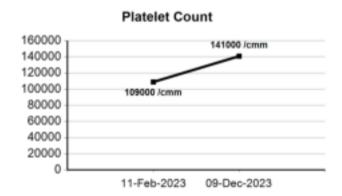
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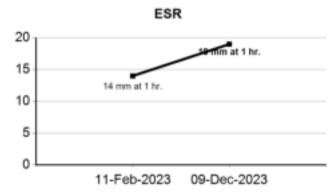


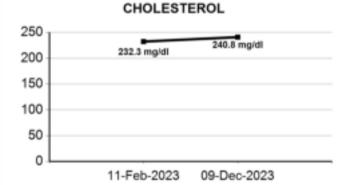
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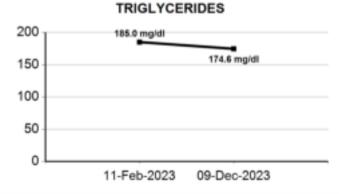














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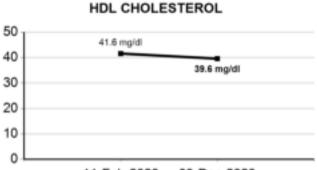
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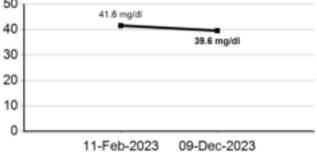


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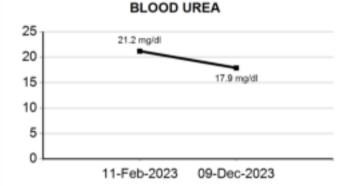
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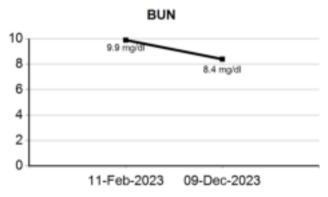
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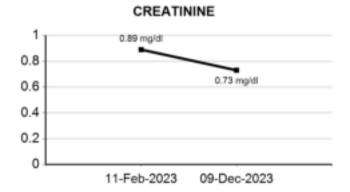


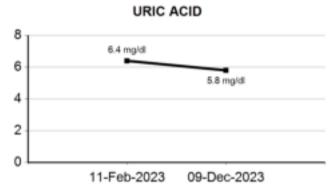














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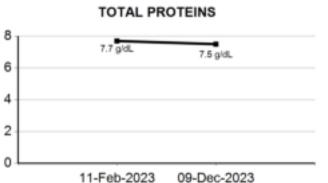
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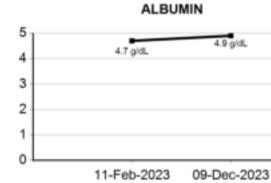


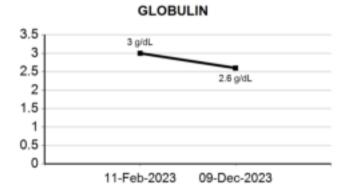
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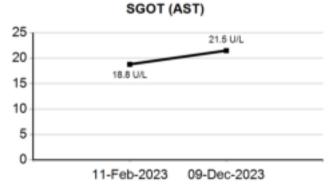
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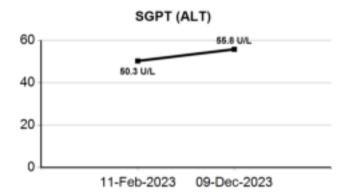
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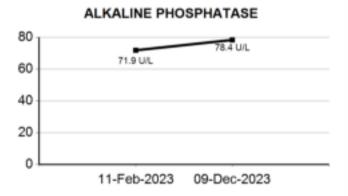














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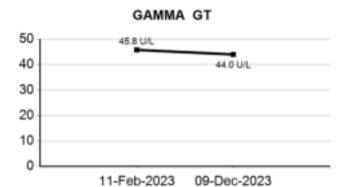
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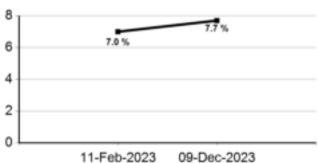
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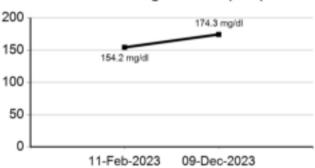




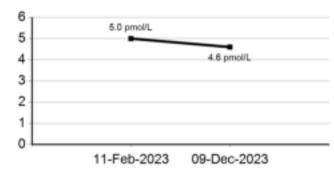
## Glycosylated Hemoglobin (HbA1c)

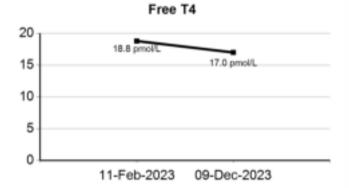


Estimated Average Glucose (eAG)



## Free T3







Name : MR.APRATIM BHOWMIK

Age / Gender : 35 Years / Male

Consulting Dr. :

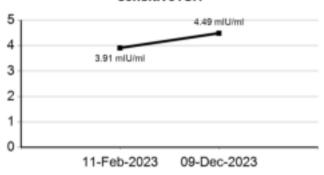
Reg. Location : Malad West (Main Centre)



Use a QR Code Scanner Application To Scan the Code

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## sensitiveTSH





Apratin Bhownik



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Name

: Mr . APRATIM BHOWMIK

VID

: 2334320533

Ref By

: Arcofemi Healthcare Limited

Reg Date

: 09-Dec-2023 08:55

Age/Gender

: 35 Years

Regn Centre

: Malad West (Main Centre)

History and Complaints:Nill

Nil

**EXAMINATION FINDINGS:** 

Height (cms):

Temp (0c):

Blood Pressure (mm/hg):

169

Afebrile

110/80

Normal

Weight (kg):

Skin:

Normal

81

Nails:

Normal.

Lymph Node:

Not Palpable

Systems

Pulse:

Cardiovascular: Normal

Respiratory: Genitourinary:

Normal Normal.

GI System:

Normal

CNS:

IMPRESSION:

ADVICE:

Kigh Jugars Dychpidemie Lifertyle modification: Needs By for DM and dychipidemie

# CHIEF COMPLAINTS:

1) Hypertension: No IHD No 3) Arrhythmia No 4) Diabetes Mellitus No 5) Tuberculosis No 6) Asthama No Pulmonary Disease No 8) Thyroid/ Endocrine disorders

No 9) Nervous disorders No 10) Gl system No 11) Genital urinary disorder

No 12) Rheumatic joint diseases or symptoms No 13) Blood disease or disorder No 14) Cancer/lump growth/cyst No

15) Congenital disease No 16) Surgeries No 17) Musculoskeletal System

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Name

: Mr , APRATIM BHOWMIK

VID

: 2334320533

Ref By

: Arcofemi Healthcare Limited

Reg Date

: 09-Dec-2023 08:55

Age/Gender

: 35 Years

Regn Centre

: Malad West (Main Centre)

# PERSONAL HISTORY:

1) Alcohol

No

2) Smoking

No

3) Diet

Non-Veg

4) Medication

No

DR. SONALI HONRAO MD (G.MED) CONSULTING PHYSICIAN REG NO.2001/04/1882

SUBURBAN DMGMOSTICS (INDIA) PVT. LTD. 102-104, Bhoomi Castle, Opp. Goregeon Spevis Club, Link Rosd, Maled (W), Mumbai - 400 054. Dr.Sonali Honrao MD physician Sr. Manager-Medical Services (Cardiology)



Date: 09/12/23 CID: 283 4320533
Name: Apratr m. Bhownik Sex/Age: 35/4/M

CID: 233 4320533

EYE CHECK UP

Chief complaints:

Systemic Diseases:

Past history:

DV-125-6/24 NV-RE-N/6 LE-6/18 LE-N/6

Aided Vision:

Refraction:

(Right Eye)

(Left Eye)

	712777				, VIRGORIAN INC.	75		
	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance	_		_	_				
Near	_			-			_	

Colour Vision: Normal / Abnormal

Remark:

SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD.

102-104 Bildomi Castle, Opp. Governor Spr As Club, Link Road, Malad (W), Mumbel - 400 064.

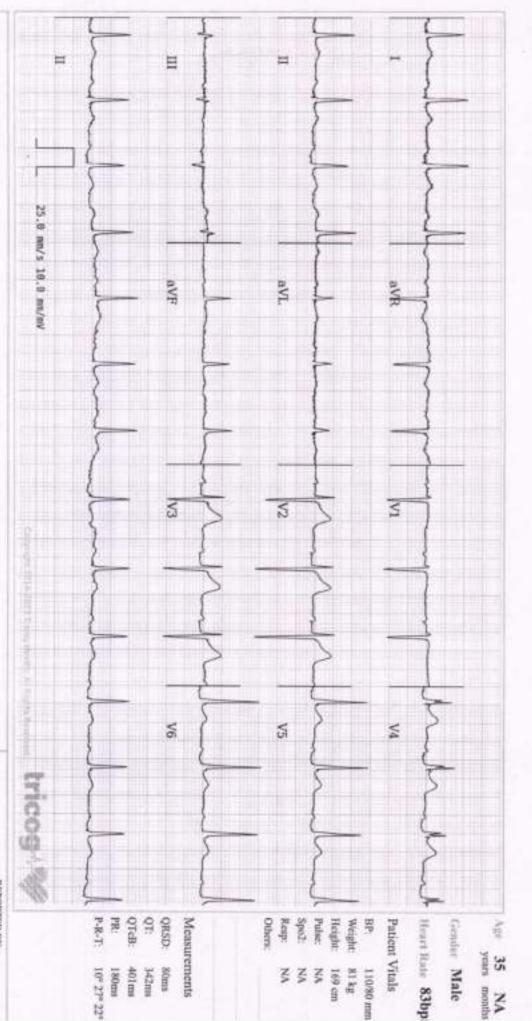
# SUBURBAN DIAGNOSTICS - MALAD WEST

BNIALS WRIHANNEH-SHILDER SEICHBA

Patient ID: Patient Name: APRATIM BHOWMIK 2334320533

Date and Time: 9th Dec 23 10:11 AM

Z



169 cm Hy 18 110/80 mm

ECG Within Normal Limits: Early repolarization with an ascending ST segment, Sinus Rhythm. Please correlate clinically.

DR SONALI HONRAD MD (General Medicae) Physician 2001/04/1862 Sant. REPORTED BY

> 10" 27" 22" 180ms

34200 80ms

Exactlement 1) Analysis on this regist in based on ECG ships and dipold by used as an object to divoral belong physicism. 2) Pureod visits one or descript by the elements and not derived histories ECG.



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Use a QR Code Scanner

: 09-Dec-2023 / 17:28

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Reg. Date : 09-Dec-2023

# X-RAY CHEST PA VIEW

Reported

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

: 2334320533

: 35 Years/Male

: Mr APRATIM BHOWMIK

: Malad West Main Centre

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

## IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

Kindly correlate clinically.

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. X-ray is known to have inter-observer variations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests further / follow-up imaging may be needed in some case for confirmation of findings. Please interpret accordingly.

End of Report-

DR. Akash Chhari MBBS, MD, Radio-Diagnosis Mumbai MMC REG NO - 2011/08/2862

Click here to view images http://3.111.232.119/iRISViewer/NeoradViewer?AccessionNo=2023120908561573



CID

: 2334320533

Name

: Mr APRATIM BHOWMIK

Age / Sex

Reg. Location

: 35 Years/Male

Ref. Dr

.

: Malad West Main Centre

Reg. Date

: 09-Dec-2023

Reported

: 09-Dec-2023 / 11:00

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# USG WHOLE ABDOMEN

LIVER: The liver is normal in size, shape and smooth margins. It shows diffuse bright parenchymal echo pattern suggest fatty liver. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

GALL BLADDER: The gall bladder is physiologically distended and appears normal. No evidence of gall stones or mass lesions seen

<u>PANCREAS</u>: The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion.

KIDNEYS: Both the kidneys are normal in size shape and echotexture.
No evidence of any calculus, hydronephrosis or mass lesion seen.
Right kidney measures 9.7 xx 5.3 cm.
Left kidney measures 9.5 x 4.9cm.

REGD: OFFICE: Suburban Diagnostics Bridial Pvc. Ltd., Aston, 2° Place, Sundervan Complex, Above Mercedes Shor

SPLEEN: The spleen is normal in size and echotexture. No evidence of focal lesion is noted.
There is no evidence of any lymphadenopathy or ascites.

URINARY BLADDER: The urinary bladder is well distended and reveal no intraluminal abnormality.

PROSTATE: The prostate is normal in size and echotexure.

## IMPRESSION:

Fatty liver.

No other significant abnormality is seen.

-- End of Report---

Dr. Sunil Bhutka

Dani 1

DMRD DNB

MMC REG NO:2011051101

## SUBURBAN DIAGNOSTICS

Station

Malad West

Telephone:

# EXERCISE STRESS TEST REPORT

Patient Name: APRATIM, BHOWMIK

Patient ID: 2334320533

Height: 169 cm Weight: 81 kg

Study Date: 09.12.2023

Test Type: --

Protocol: BRUCE

DOB: 01.05.1988

Age: 35yrs Gender: Male Race: Asian

Referring Physician: -

Attending Physician: DR SONALI HONRAO

Technician: --

Medications:

Medical History:

n

Reason for Exercise Test:

\*\*

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE STANDING HYPERV.	00:16 00:14 00:14	0.00 0.00 0.00	0.00 0.00 0.00	100 97 97	110/80 110/80	
EXERCISE	WARM-UP STAGE 1 STAGE 2	00:07 03:00 03:00	1.00 1.70 2.50	0.00 10.00 12.00	99 125 141	120/80 130/80	
RECOVERY	STAGE 4	03:00 00:21 03:07	3.40 4.20 0.00	14.00 16.00 0.00	157 171 120	140/80	

The patient exercised according to the BRUCE for 9:21 min:s, achieving a work level of Max. METS: 11.20. The resting heart rate of 100 bpm rose to a maximal heart rate of 173 bpm. This value represents 93 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

## Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none. Arrhythmias: none. ST Changes: none.

Overall impression: Normal stress test.

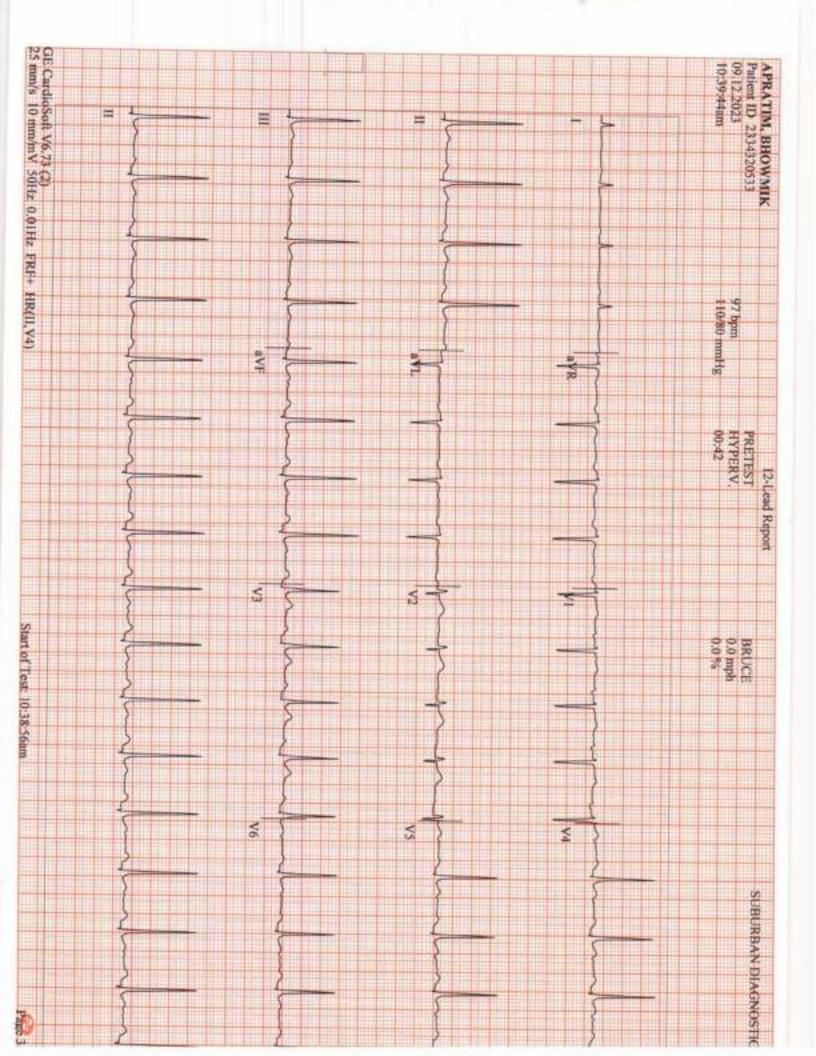
## Conclusions

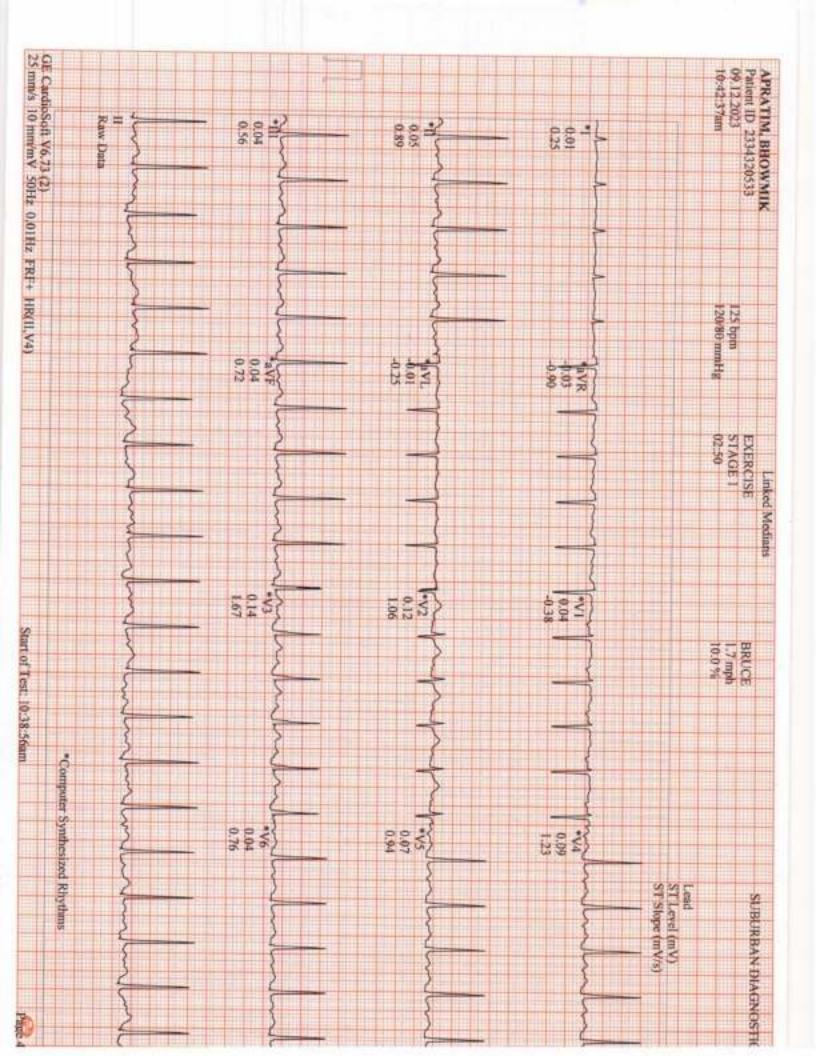
Good effort tolerance. No Significant ST- T changes as compared to baseline. No chest pain / arrythmia noted. Stress test is negative for inducible ischemia.

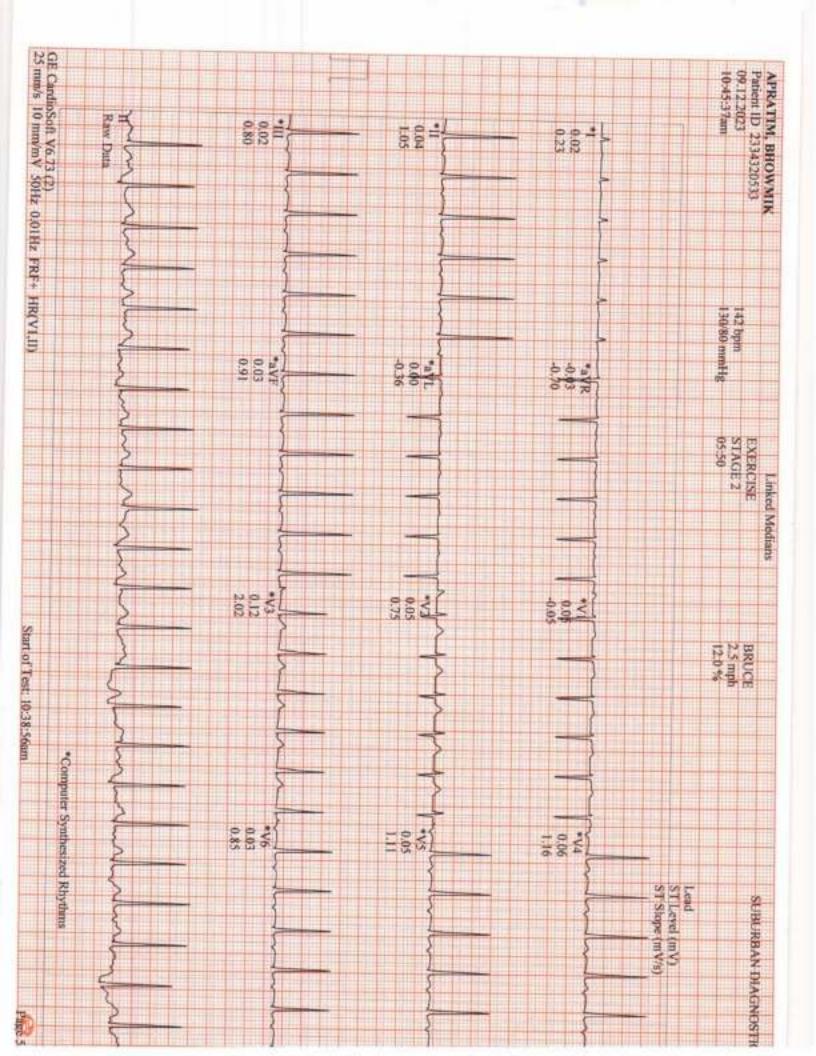
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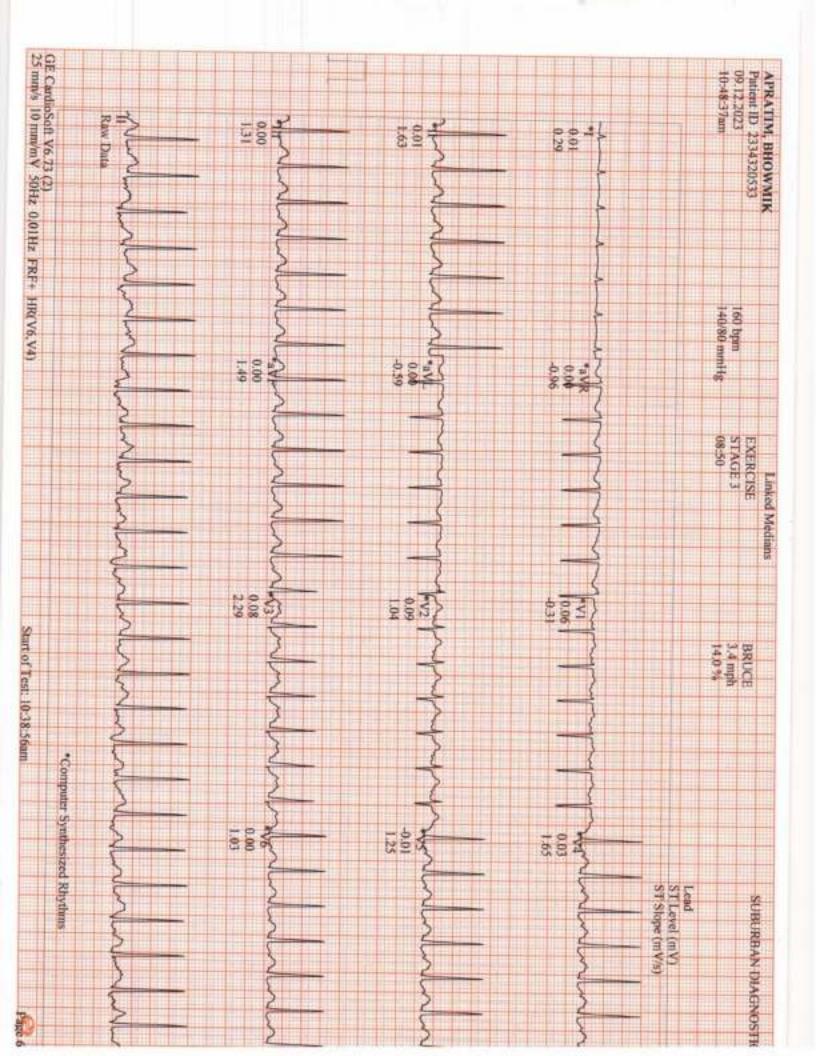
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