

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	: Mr./Mrs./Ms. <b>SARIN JAMES</b>
2. Mark of Identification	: (Mole/Scar/any other (specify location)): <b>(R) side of face</b>
3. Age/Date of Birth	: <b>40, 28-05-1983</b> Gender: <b>F/M</b>
4. Photo ID Checked	: (Passport/Election Card/PAN Card/Driving Licence/Company ID)

**PHYSICAL DETAILS:**

a. Height <b>169</b> (cms)	b. Weight <b>92</b> (Kgs)	c. Girth of Abdomen <b>101</b> (cms)
d. Pulse Rate <b>80</b> (/Min)	e. Blood Pressure:	Systolic Diastolic
	1 <sup>st</sup> Reading	<b>110 80</b>
	2 <sup>nd</sup> Reading	<b>110 80</b>

**FAMILY HISTORY:**

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<b>70</b>	<b>Good</b>	
Mother	<b>68</b>	<b>Good</b>	
Brother(s)	<b>43</b>	<b>Good</b>	
Sister(s)	<b>45</b>	<b>Good</b>	

**HABITS & ADDICTIONS:** Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
<b>No</b>	<b>No</b>	<b>No</b>

**PERSONAL HISTORY**

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. **Y/N** ✓
- b. Have you undergone/been advised any surgical procedure? **Y/N** ✓
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? **Y/N** ✓
- d. Have you lost or gained weight in past 12 months? **Y/N** ✓

**Have you ever suffered from any of the following?**

- Psychological Disorders or any kind of disorders of the Nervous System? **Y/N** ✓
- Any disorders of Respiratory system? **Y/N** ✓
- Any Cardiac or Circulatory Disorders? **Y/N** ✓
- Enlarged glands or any form of Cancer/Tumour? **Y/N** ✓
- Any Musculoskeletal disorder? **Y/N** ✓
- Any disorder of Gastrointestinal System? **Y/N** ✓
- Unexplained recurrent or persistent fever, and/or weight loss **Y/N** ✓
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports **Y/N** ✓
- Are you presently taking medication of any kind? **Y/N** ✓

• Any disorders of Urinary System?

Y/N ✓

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

**FOR FEMALE CANDIDATES ONLY**

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N ✓

➤ Are there any points on which you suggest further information be obtained?

Y/N ✓

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

*Grade I fatty infiltration of liver. Gastro consult suggested*

➤ Do you think he/she is MEDICALLY FIT or UNFIT for employment.

*FIT*

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

*Sindhu George*

**Dr. SINDHU GEORGE**  
MBBS, MD (Biochemistry)  
Reg. No: 28380  
Consultant Biochemist

Seal of Medical Examiner :

Name & Seal of DDRC SRL Branch :

Date & Time :



**DDRC agilus Pathlabs Limited.**

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017

Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in



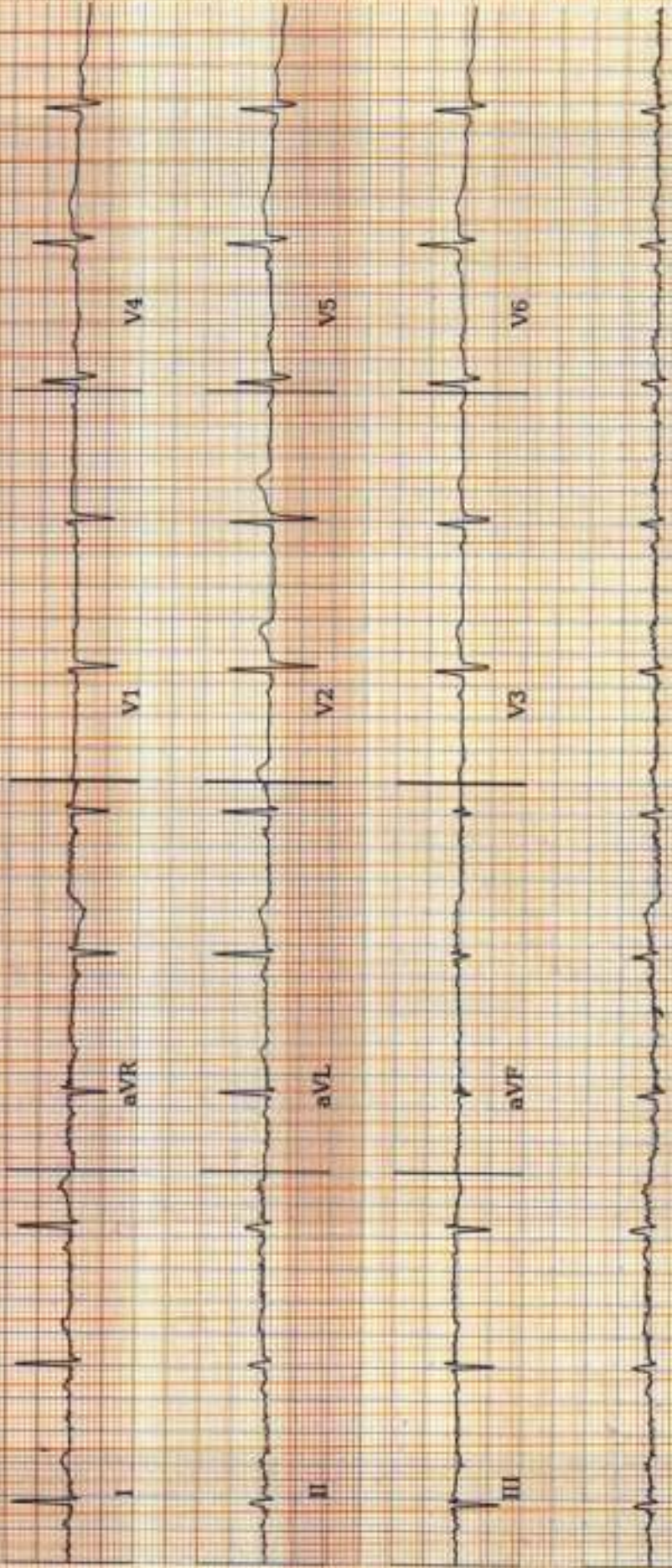
**DDRC Agilus thrissur**

eg WNC

Dr. PRAMOD. V. K.  
MD (Medicine), DM (Card)  
Reg. No: 27265  
Consultant Cardiologist  
THRISSUR  
KMC 1717 1999

Age / Gender: 40/Male  
Patient ID: 0  
Patient Name: James sarrin

Date and Time: 27th Jan 24 9:13 AM



tricog



P-R-T: 20° -14° 30°

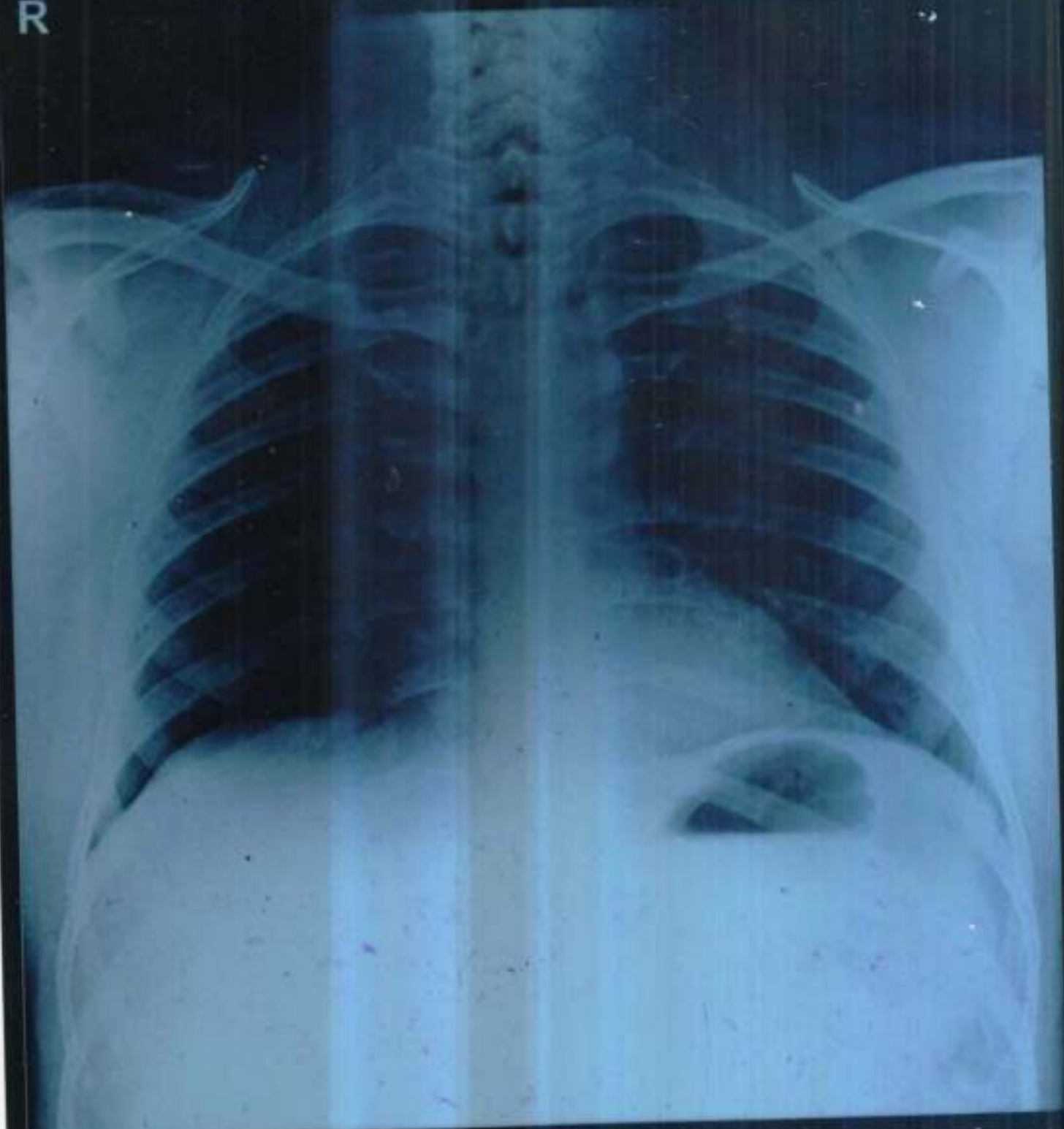
REPORTED BY



**ECG Within Normal Limits: Sinus Rhythm. Baseline artefacts. Please correlate clinically.**

Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other investigative and non-invasive tests and must be interpreted by a qualified physician.

R



SARIN P JAMES 40Y/M XA3447

CHEST PA 27-Jan-24 09:09 AM

DDRC AGILUS, THRISSUR. PH9446425900

**Name: SARIN P JAMES****Date: 27.01.2024****Age/Sex: 40 Y /MALE****CHEST X-RAY (PA View):**

Trachea is central.

Cardiac shadow appears normal in size and configuration.

Both lung fields are clear.

Bilateral costophrenic and cardiophrenic angles are clear.

No focal consolidation, effusion, pulmonary edema or pneumothorax.

Both hila appear normal.

Bony thorax and soft tissues are unremarkable.

**IMPRESSION:****➤ No significant abnormality detected.****DR. BHARATH CHANDRAN G.**  
**MBBS, MD-REG NO: 53107(TCMC)**  
**CONSULTANT RADIOLOGIST****Dr. BHARATH CHANDRAN G**  
**MBBS, MD**  
**CONSULTANT RADIOLOGIST**  
**Reg. No. : 53107 (TCMC)**

Patient Name: Mr SARIN P JAMES	Age: 40Y	Sex: Male
Ref. Consultant :	AC No:	Date: 27.01.2024
Clinical details: Health check up		

### USG ABDOMEN AND PELVIS

Liver measures 14.1cm, normal in size and mild fatty in echotexture. No focal lesions seen. PV and CBD are normal in course and calibre. No dilatation of intrahepatic biliary radicals seen. Subphrenic spaces are normal.

Gall bladder is distended and appears normal.

Spleen measures 10.5cm, normal in size and echotexture. No focal or diffuse lesions seen.

Pancreas head normal, body and tail is obscured.

Right kidney measures 9.9 x 4.6 cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Left kidney measures 10 x 5.6 cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Urinary bladder is distended. Wall appears normal. No calculus or mass seen.

Prostate measures 16cc, normal

No ascites. Upper para aortic area normal. No significant bowel wall thickening noted.

### IMPRESSION

➤ **Grade I fatty infiltration of liver.**

DR. BHARATH CHANDRAN G.  
 MBBS, MD-REG NO: 53107(TCMC)  
 CONSULTANT RADIOLOGIST

*Thanks for your referral. Ultrasound reports need not be fully accurate. It has to be correlated clinically and with relevant investigations.*

Dr. BHARATH CHANDRAN G  
 MBBS, MD  
 CONSULTANT RADIOLOGIST  
 Reg. No. : 53107 (TCMC)



To Mediawheel

I am not interested to take dental, optical  
test during my full body medical check up  
on 27 Jan 2024



Seem  
SHRIN P JAMES  
8567965114



भारत सरकार  
Government of India

Make Your Identity



Carlo P James  
DOB: 28/05/1983  
MALE

7915 1596 3369

मेरा आधार, मेरी पहचान

*James*  
85479145114



**PATIENT NAME : SARIN P JAMES**

**REF. DOCTOR : DR.SINDHU**

**CODE/NAME & ADDRESS :** CA00010147 -  
 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
 F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,  
 DELHI,  
 SOUTH DELHI 110030  
 8800465156

**ACCESSION NO :** **4177XA003447**  
**PATIENT ID :** SARIM2805834177  
**CLIENT PATIENT ID:**  
**ABHA NO :**

**AGE/SEX :** 40 Years Male  
**DRAWN :**  
**RECEIVED :** 27/01/2024 09:26:11  
**REPORTED :** 29/01/2024 11:37:30

Test Report Status	Final	Results	Biological Reference Interval	Units
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**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**

**TREADMILL TEST**

TREADMILL TEST COMPLETED

**DENTAL CHECK UP**

DENTAL CHECK UP NOT DONE

**OPHTHAL**

OPHTHAL NOT DONE

**PHYSICAL EXAMINATION**

PHYSICAL EXAMINATION COMPLETED

**JINCY P J**  
**RADIOGRAPHER**



View Details



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**PERFORMED AT :**

DDRC AGILUS PATHLABS LIMITED  
 Room A1, Ground Floor, Sitaram Tejal,  
 Opp.110KV Substation, Ashwini Junction  
 TRICHUR, 680022  
 KERALA, INDIA  
 Tel : 93334 93334  
 Email : customercare.ddrc@agilus.in



**Patient Ref. No. 66600007640889**

<b>PATIENT NAME : SARIN P JAMES</b>		<b>REF. DOCTOR : DR.SINDHU</b>	
<b>CODE/NAME &amp; ADDRESS : CA00010147 -</b> MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156		<b>ACCESSION NO : 4177XA003447</b>	<b>AGE/SEX : 40 Years Male</b>
		<b>PATIENT ID : SARIM2805834177</b>	<b>DRAWN :</b>
		<b>CLIENT PATIENT ID:</b>	<b>RECEIVED : 27/01/2024 09:26:11</b>
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**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**

**ECG WITH REPORT**

**REPORT**

COMPLETED

**USG ABDOMEN AND PELVIS**

**REPORT**

COMPLETED

**CHEST X-RAY WITH REPORT**

**REPORT**

COMPLETED

**HAEMATOLOGY**

**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**

**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	5.6	Normal	: 4.0 -	%
		5.6%.		
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	
		Glycemic control goal		
		More stringent goal : < 6.5 %.		
		General goal : < 7%.		
		Less stringent goal : < 8%.		
		Glycemic targets in CKD :-		
		If eGFR > 60 : < 7%.		
		If eGFR < 60 : 7 - 8.5%.		
MEAN PLASMA GLUCOSE	114.0	< 116.0		mg/dL

**DR. SINDHU GEORGE, MBBS, MD**  
(Reg No TCMC:28380)  
**QUALITY MANAGER**

**ASWATHY E S**  
**LAB TECHNOLOGIST**

**JINCY P J**  
**RADIOGRAPHER**



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**BLOOD COUNTS,EDTA WHOLE BLOOD**

HEMOGLOBIN	15.8	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	<b>5.56 High</b>	4.5 - 5.5	mil/ $\mu$ L
WHITE BLOOD CELL COUNT	5.99	4.0 - 10.0	thou/ $\mu$ L
PLATELET COUNT	326	150 - 410	thou/ $\mu$ L

**RBC AND PLATELET INDICES**

HEMATOCRIT	48.8	40 - 50	%
MEAN CORPUSCULAR VOL	87.7	83 - 101	fL
MEAN CORPUSCULAR HGB.	28.5	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	32.4	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	13.0	11.6 - 14.0	%
MENTZER INDEX	15.8		
MEAN PLATELET VOLUME	8.1	6.8 - 10.9	fL

**WBC DIFFERENTIAL COUNT**

SEGMENTED NEUTROPHILS	52	40 - 80	%
LYMPHOCYTES	40	20 - 40	%
MONOCYTES	05	2 - 10	%
EOSINOPHILS	03	1 - 6	%
BASOPHILS	00	< 1 - 2	%
ABSOLUTE NEUTROPHIL COUNT	3.11	2.0 - 7.0	thou/ $\mu$ L
ABSOLUTE LYMPHOCYTE COUNT	2.40	1 - 3	thou/ $\mu$ L
ABSOLUTE MONOCYTE COUNT	0.30	0.20 - 1.00	thou/ $\mu$ L
ABSOLUTE EOSINOPHIL COUNT	0.18	0.02 - 0.50	thou/ $\mu$ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.2		

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**SREEDEVI MP**  
**LAB TECHNOLOGIST**



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<b>ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD</b>			
SEDIMENTATION RATE (ESR)	11	0 - 14	mm at 1 hr
<b>SUGAR URINE - POST PRANDIAL</b>			
SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED	
<b>SUGAR URINE - FASTING</b>			
SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED	

### IMMUNOHAEMATOLOGY

#### MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

#### ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE B  
RH TYPE POSITIVE

<b>Interpretation(s)</b>

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

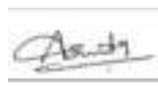
Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

### BIO CHEMISTRY



**DR. SINDHU GEORGE, MBBS, MD**  
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QUALITY MANAGER



**ASWATHY E S**  
LAB TECHNOLOGIST

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**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**

**BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN	16	Adult(<60 yrs) : 6 to 20	mg/dL
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**BUN/CREAT RATIO**

BUN/CREAT RATIO	17.0		
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**CREATININE, SERUM**

CREATININE	0.94	18 - 60 yrs : 0.9 - 1.3	mg/dL
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**GLUCOSE, POST-PRANDIAL, PLASMA**

GLUCOSE, POST-PRANDIAL, PLASMA	94	Diabetes Mellitus : > or = 200. Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.	mg/dL
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**GLUCOSE FASTING,FLUORIDE PLASMA**

FBS (FASTING BLOOD SUGAR)	108	Diabetes Mellitus : > or = 126. Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.	mg/dL
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**LIVER FUNCTION TEST WITH GGT**

BILIRUBIN, TOTAL	0.32	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.17	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.15	0.00 - 1.00	mg/dL

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TOTAL PROTEIN		6.9	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8 g/dL
ALBUMIN		4.8	20-60yrs : 3.5 - 5.2 g/dL
GLOBULIN		2.1	2.0 - 4.1 g/dL
ALBUMIN/GLOBULIN RATIO		<b>2.3 High</b>	1.0 - 2.0 RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		16	Adults : < 40 U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)		32	Adults : < 45 U/L
ALKALINE PHOSPHATASE		98	Adult(<60yrs) : 40 - 130 U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)		26	Adult (male) : < 60 U/L

**TOTAL PROTEIN, SERUM**

TOTAL PROTEIN	6.9	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
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**URIC ACID, SERUM**

URIC ACID	<b>7.9 High</b>	Adults : 3.4-7	mg/dL
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**BIOCHEMISTRY - LIPID**

**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**

**LIPID PROFILE, SERUM**

CHOLESTEROL	136	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	74	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	43	General range : 40-60	mg/dL

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LDL CHOLESTEROL, DIRECT		92 Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL		93 Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO		14.8 <b>3.2 Low</b> 3.30 - 4.40	mg/dL
LDL/HDL RATIO		2.1 0.5 - 3.0	

**SPECIALISED CHEMISTRY - HORMONE**

**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**

**THYROID PANEL, SERUM**

T3	117.35	20-50 yrs : 60-181	ng/dL
T4	8.70	3.2 - 12.6	µg/dl
TSH 3RD GENERATION	2.400	18-49 yrs : 0.4-4.2	µIU/mL

**SPECIALISED CHEMISTRY - TUMOR MARKER**

**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**

**PROSTATE SPECIFIC ANTIGEN, SERUM**

PROSTATE SPECIFIC ANTIGEN	1.180	Age Specific :- <49yrs : <2.5 50-59yrs : <3.5 60-69yrs : <4.5	ng/mL
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**DR. SINDHU GEORGE, MBBS, MD**  
(Reg No TCMC:28380)  
**QUALITY MANAGER**

**ANU CHANDRAN P**  
**DEPUTY QUALITY MANAGER**



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**REF. DOCTOR : DR.SINDHU**

**CODE/NAME & ADDRESS :** CA00010147 -  
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,  
DELHI,  
SOUTH DELHI 110030  
8800465156

**ACCESSION NO :** 4177XA003447  
**PATIENT ID :** SARIM2805834177  
**CLIENT PATIENT ID:**  
**ABHA NO :**

**AGE/SEX :** 40 Years Male  
**DRAWN :**  
**RECEIVED :** 27/01/2024 09:26:11  
**REPORTED :** 29/01/2024 11:37:30

Test Report Status	Final	Results	Units
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>70yrs : <6.5

**CLINICAL PATH - URINALYSIS**

**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**

**PHYSICAL EXAMINATION, URINE**

COLOR	PALE YELLOW
APPEARANCE	CLEAR

**CHEMICAL EXAMINATION, URINE**

PH	5.0	4.7 - 7.5
SPECIFIC GRAVITY	1.030	1.003 - 1.035
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	2-3	0-5	/HPF
EPITHELIAL CELLS	0-1	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	

**DR. SINDHU GEORGE, MBBS, MD**  
(Reg No TCMC:28380)  
**QUALITY MANAGER**

**ANU CHANDRAN P**  
**DEPUTY QUALITY MANAGER**

**SREEDEVI MP**  
**LAB TECHNOLOGIST**



View Details



View Report

**PERFORMED AT :**

DDRC AGILUS PATHLABS LIMITED  
Room A1, Ground Floor, Sitaram Tejal,  
Opp.110KV Substation, Ashwini Junction  
TRICHUR, 680022  
KERALA, INDIA  
Tel : 93334 93334  
Email : customercare.ddrc@agilus.in



**Patient Ref. No. 66600007640889**

PATIENT NAME : SARIN P JAMES

REF. DOCTOR : DR.SINDHU

CODE/NAME & ADDRESS : CA00010147 -  
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,  
DELHI,  
SOUTH DELHI 110030  
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Test Report Status **Final** Results Units



SREEDEVI MP  
LAB TECHNOLOGIST



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Tel : 93334 93334  
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Patient Ref. No. 66600007640889

# DDRC Agilus Thrissur

**SARIN JAMES (40 M)**

**HR: 83 bpm**

Bruce Protocol

ID: 7092

Date: 27-01-2024

Exec Time: 0:00:00

Stage Time: 00:21

STLead(mV) STISlope(mV/s)

Stage: Supine

Speed: 0 kmph

Grade: 0%

THR: 153 bpm

BP: 110/80 mmHg

STLead(mV) STISlope(mV/s)

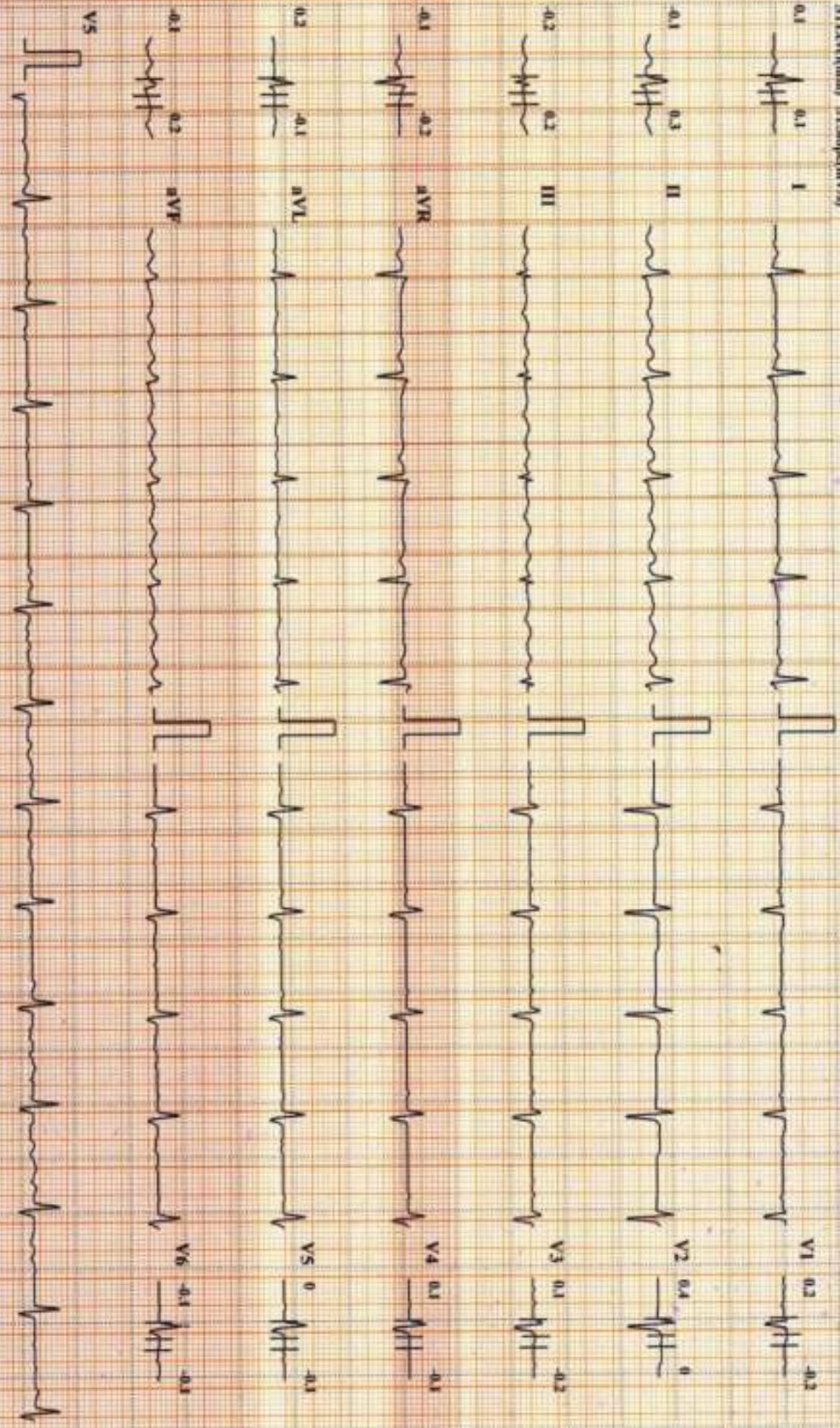


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Main Filter ON

ISO = X -60 ms, J = R, K = 60 ms, Posk J = J + 80 ms

Schiller CardioTR CS-10 Version:1.5

# DDRC Agilus Thrissur

**SARIN JAMES (40 M)**

**HR: 107 bpm**

Bruce Protocol  
STLead(mn) STSlope(mV/s)

ID: 7092  
Stage: Standing

Date: 27-01-2024  
Speed: 0 kmph

Exec Time : 0:00:00  
Grade: 0%

Stage Time: 00:41  
THR: 153 bpm

BP: 110/80 mmHg  
STLead(mn) STSlope(mV/s)

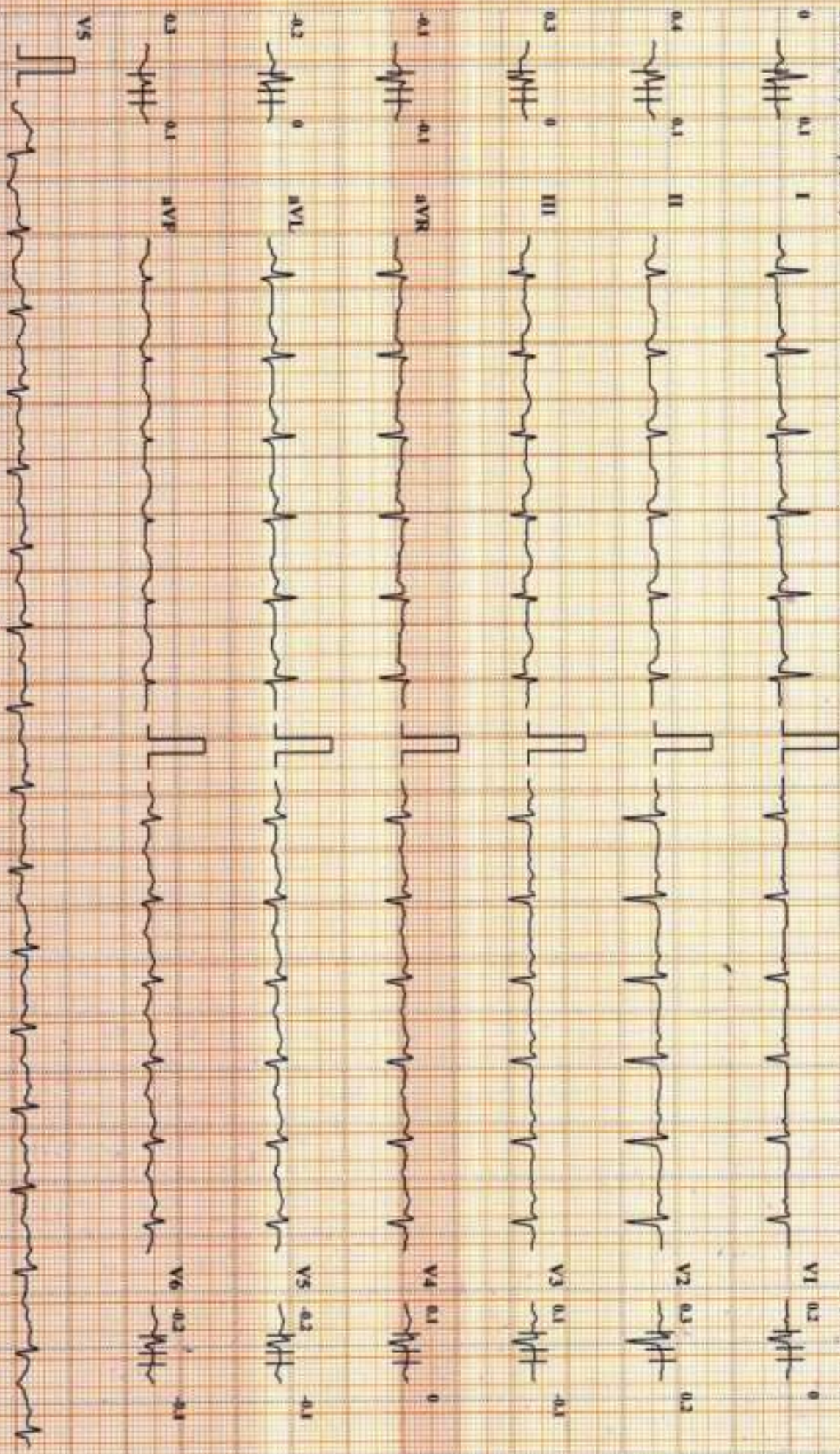


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Main Filter: ON

180 + R - 60 ms, J - R + 60 ms, Post J = J + 80 ms

Linked Median  
Schiller CardioVet CS-10 Version 3.5

# DDRC Agilus Thrissur

**SARIN JAMES (40 M)**

**HR: 110 bpm**

Brucet Protocol ID: 7092 Date: 27-01-2024 Exec Time: 0:00:00 Stage Time: 00:13 BP: 110/80 mmHg

STLevel(mV) STSlope(mV/s) Stage: Pre Test Speed: 1.6 kmph Grade: 0% THR: 153 bpm STLevel(mV) STSlope(mV/s)

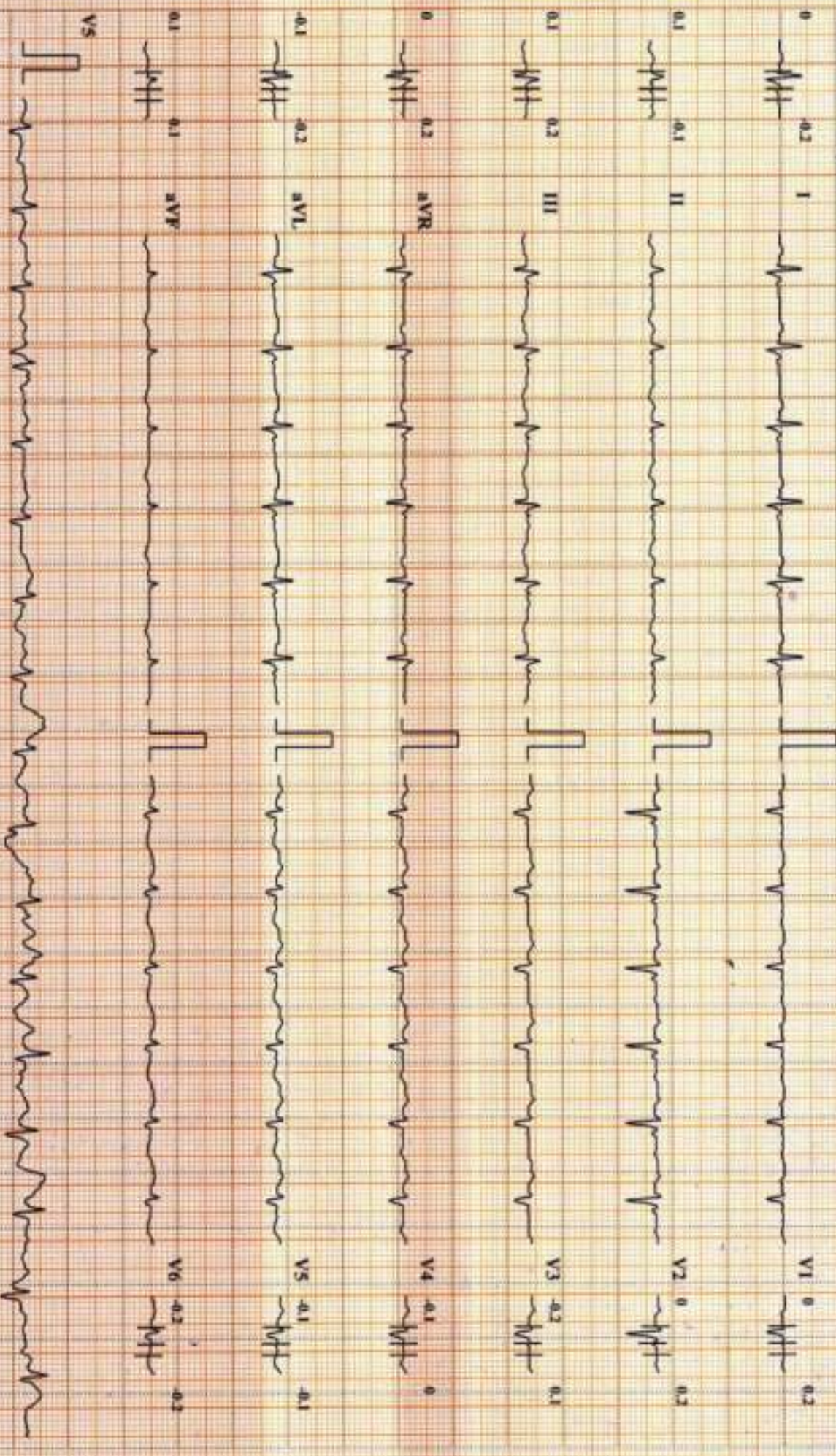


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Main Filter: ON 150 = R - 50 ml J = R + 50 ml Pos J = J + 80 ms Scatter Cardwell CS-10 VESALUX'S Limited Median

# DDRC Agilus Thrissur

**SARIN JAMES (40 M)**

**HR: 126 bpm**

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

ID: 7092  
Stage: 1

Date: 27-01-2024  
Speed: 2.7 kmph

Exec Time : 0:03:00  
Grade: 10%

Stage Time: 03:00  
THR: 153 bpm

BP: 116/83 mmHg  
STLevel(mm) STSlope(mV/s)

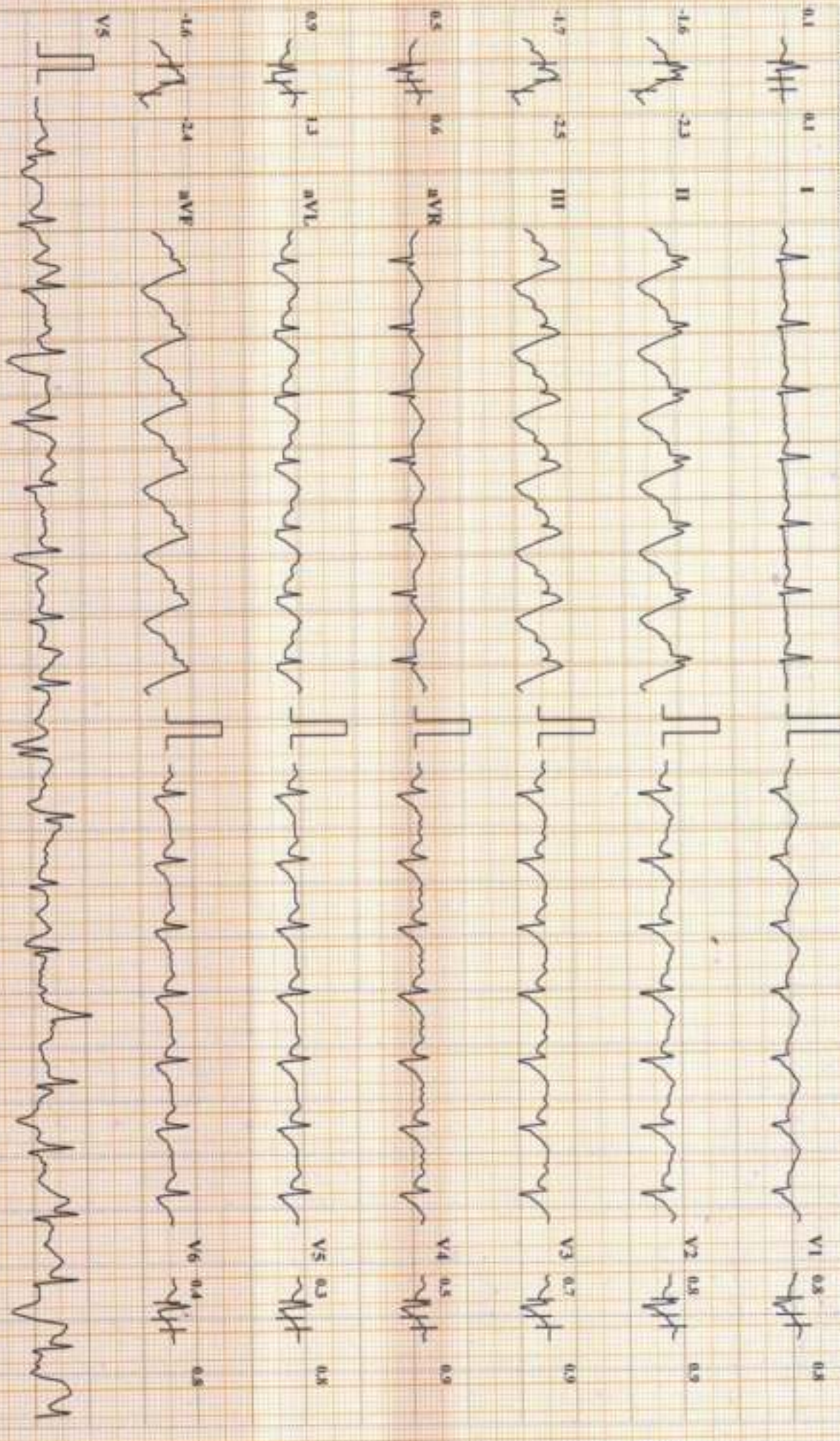


Chart Speed: 25 mm/sec    Amplitude: 10mm/mV    Filter: 35 Hz    Mains Filter: ON    ISO - R - 60 mm, I + R + 60 mm, Pwd I - I + 80 mm    Schiller CardioWILL CS-10 Version: 3.5    Linked Median

# DDRC Agilus Thrissur

**SARIN JAMES (40 M)**

**HR: 140 bpm**

Bruce Protocol  
STLevel(mV) STSlope(mV/s)

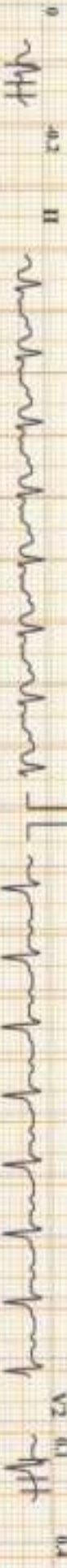
ID: 7092  
Stage: 2

Date: 27-01-2024  
Speed: 4 kmph

Exec Time: 0:06:00  
Grade: 12%

Stage Time: 03:00  
THR: 153 bpm

BP: 122/85 mmHg  
STLevel(mV) STSlope(mV/s)



# DDRC Agilus Thrissur

**SARIN JAMES (40 M)**

**HR: 155 bpm**

Bruce Protocol  
STL (di/min) STSlope (mV/s)

ID: 7092  
Stage: Peak Exercise  
Speed: 5.5 kmph

Date: 27-01-2024  
Exec Time: 0:07:47  
Grade: 14%

Stage Time: 01:47  
THR: 153 bpm

HR: 127/87 mmHg  
STL (di/min) STSlope (mV/s)

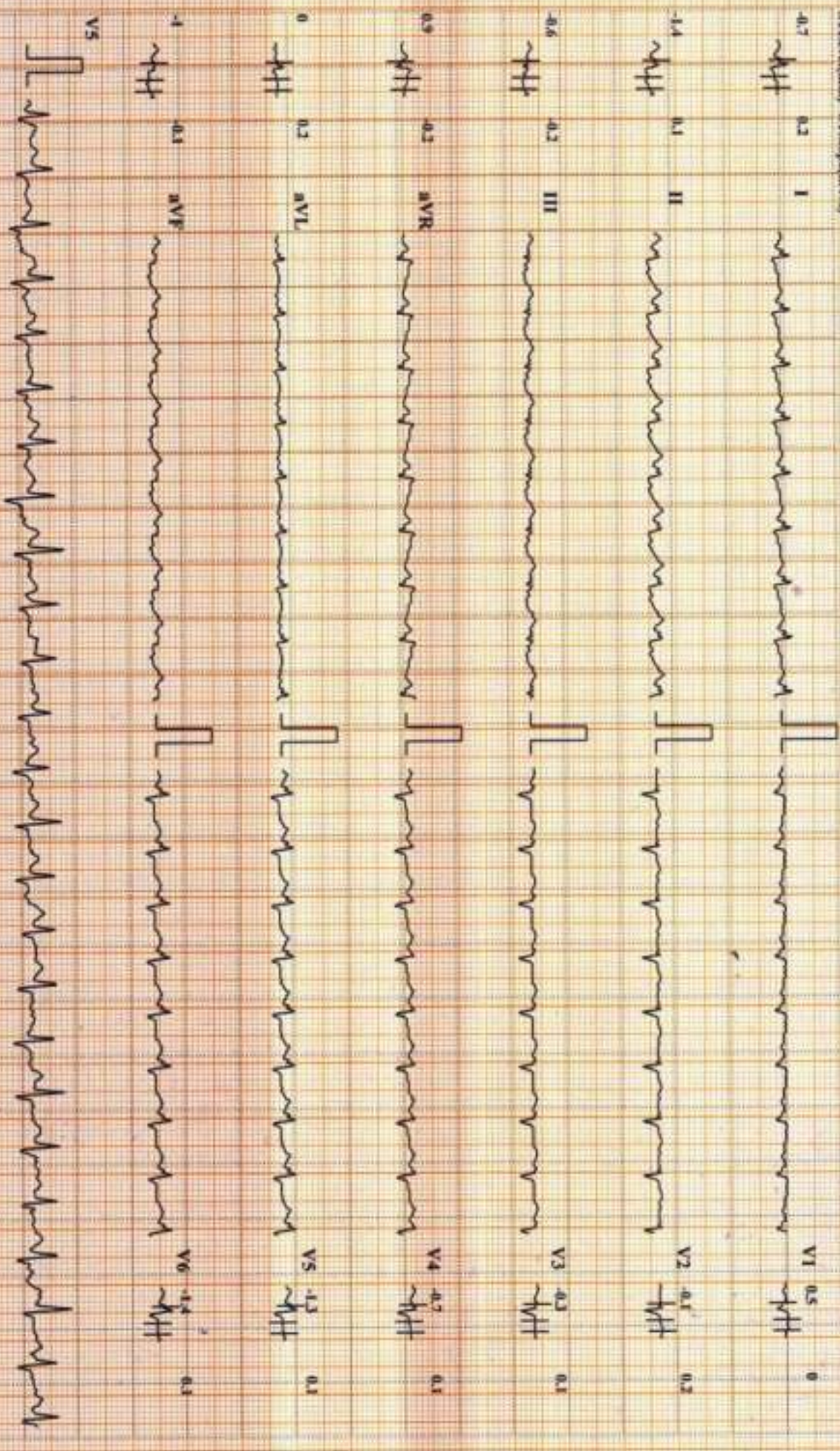


Chart Speed: 25 mm/sec    Amplitude: 10mm/mV    Filter: 35 Hz    Mains Filter: ON    ISO + R - 60 ms, J - R + 60 ms, P/QRS + J + 80 ms    Linked Medium    Schiller CardView CS-10 Version 3.5



# DDRC Agilus Thrissur

**SARIN JAMES (40 M)**

**HR: 111 bpm**

Bruce Protocol

ID: 7092

Date: 27-01-2024

Exec Time: 0:09:47

Stage Time: 02:00

BP: 123/85 mmHg

STLevel(mm) STSlope(mV/s)

Stage: Recovery 1

Speed: 0 kmph

Grade: 0%

THR: 153 bpm

STLevel(mm) STSlope(mV/s)

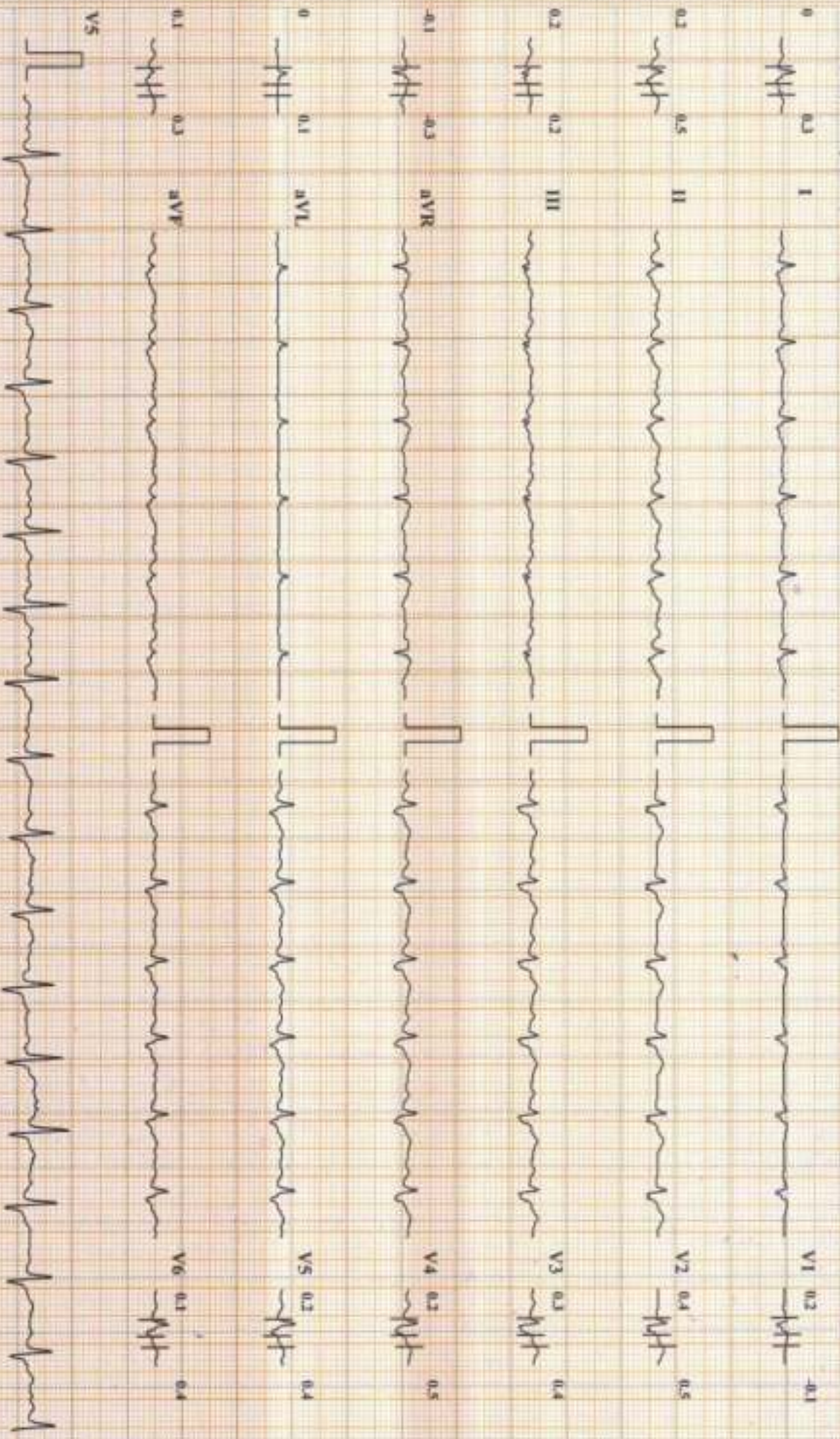


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz

Main Filter: ON

ISO = R : 60 ms, T = R : 60 ms, Pw = J + 30 ms

Linked Medium

# DDRC Agilus Thrissur

**SARIN JAMES (40 M)**

ID: 7092

Date: 27-01-2024

Exec Time : 0:11:47

Stage Time: 02:00

HR: 104 bpm

Bruce Protocol

Stage: Recovery 2

Speed: 0 kmph

Grade: 0%

THR: 153 bpm

BP: 116/82 mmHg

ST1(crd(mn)) ST5(slope(V/s))

ST1(crd(mn)) ST5(slope(V/s))

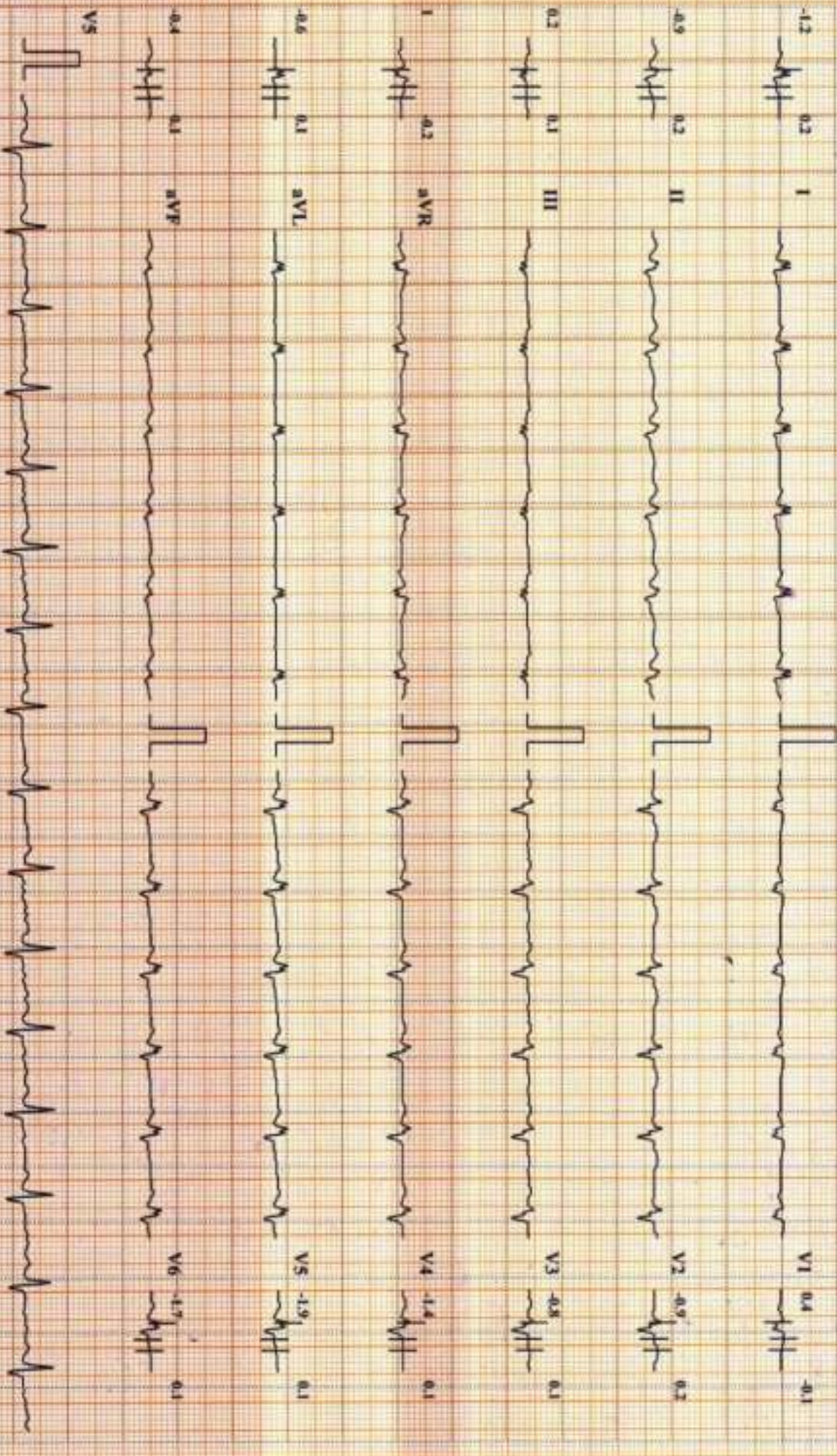


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz

Main Filter: ON

ISO - R - 50 ms, J - R + 60 ms, Post J - J + 80 ms

Linked Median

# DDRC Agilus Thrissur

**SARIN JAMES (40 M)**

**HR: 96 bpm**

Bruce Protocol

ID: 7092

Date: 27-01-2024

Exec Time: 0:13:47

Stage Time: 02:00

HR: 110/80 mmHg

STL:ref(mn) STS:spet(mV/s)

Stage: Recovery/3

Speed: 0 kmph

Grade: 0%

THR: 155 bpm

STL:ref(mn) STS:spet(mV/s)

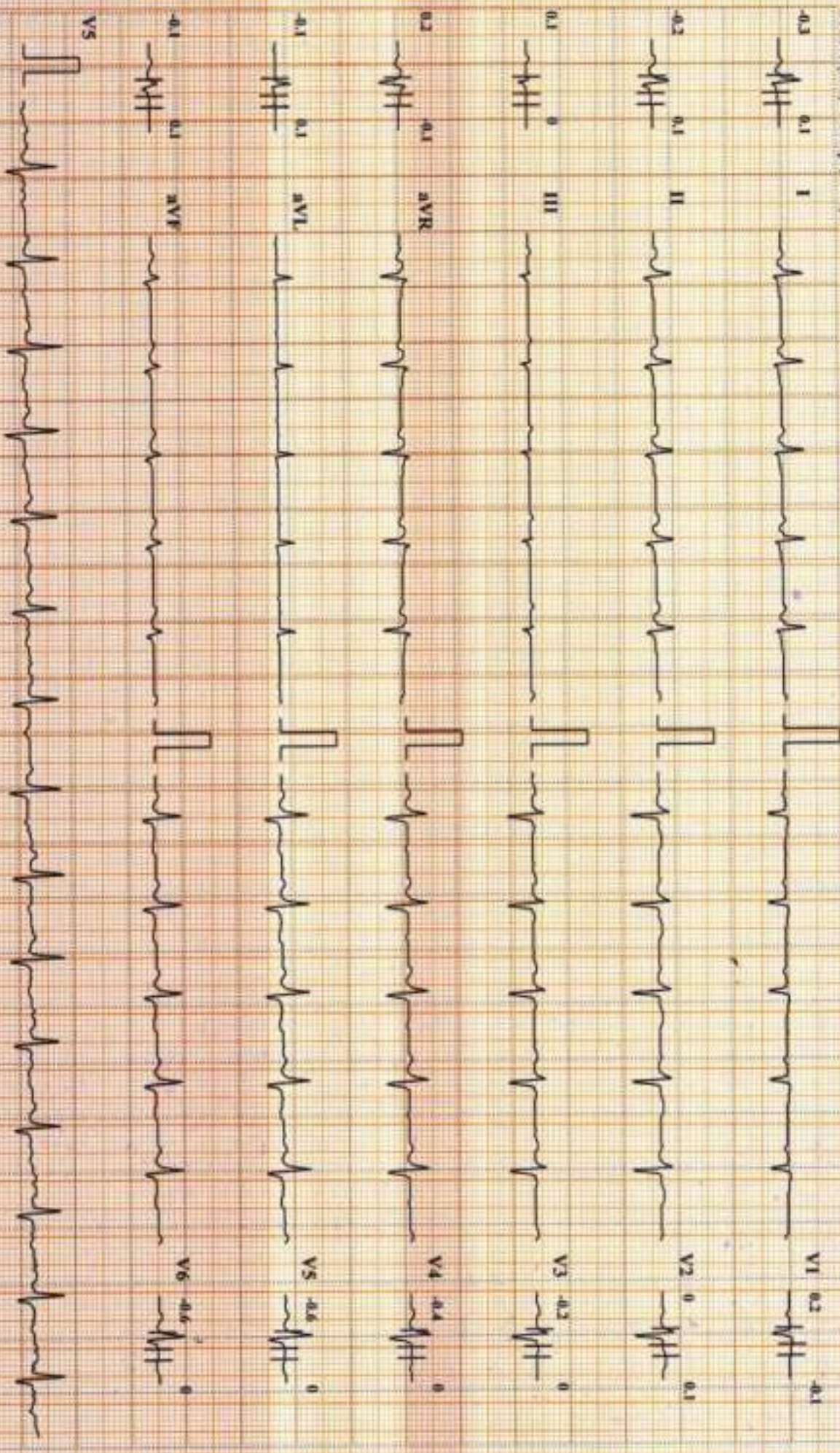


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Main Filter: ON

ESQ = R + R, J = R + 60 ms, PQRST = J + 80 ms

Software: Cardflow CS-10 Version: 3.5  
Linked Median

# DDRC Agilus Thrissur

**SARIN JAMES (40 M)**

**HR: 96 bpm**

Brace Protocol  
STLead(mn) STSlope(mV/s)  
ID: 7092  
Stage: Recovery-4  
Date: 27-01-2024  
Speed: 0 kmph  
Exec Time: 0:13:50  
Grade: 0%  
Stage Time: 00:03  
THR: 153 bpm  
BP: 110/80 mmHg  
STLead(mn) STSlope(mV/s)

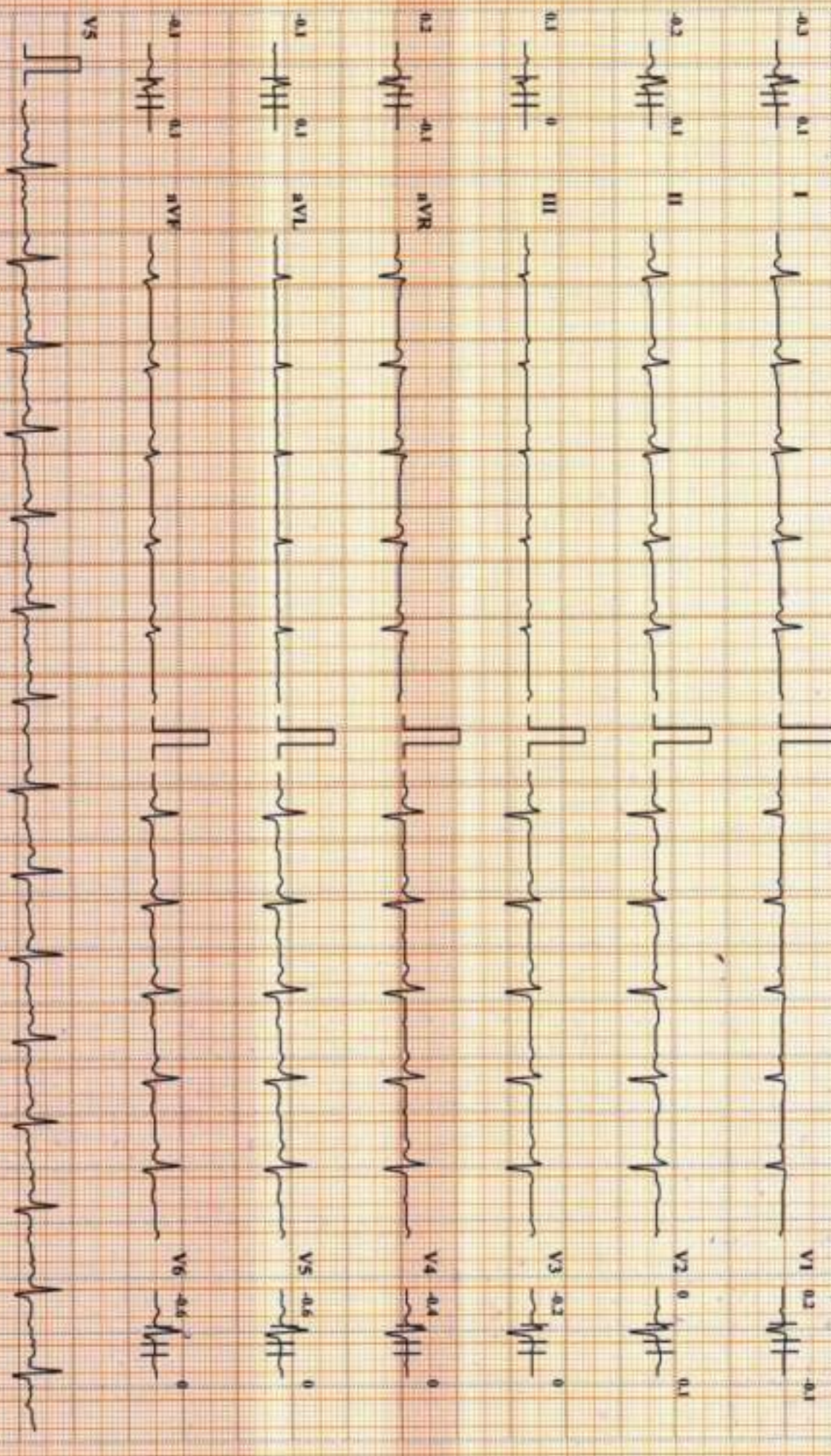


Chart Speed: 25 mm/sec  
Amplitude: 10mm/mV  
Filter: 35 Hz  
Main Filter: ON  
ISO - R - 60 ms, J - R - 60 ms, PwL J - R - 7 + 100 ms  
Schiller CardioVital CS-10 Version 3.5  
Linked Mediant

## DDRC Agilus Thrissur

**Name:** SARIN JAMES **Date:** 27-01-2024 **Time:** 11:53  
**Age:** 40 **Gender:** M **Height:** 169 cms **Weight:** 92 Kg **ID:** 7092  
**Clinical History:**  
**Medications:**

**Test Details:**  
**Protocol:** Bruce **Predicted Max HR:** 180 **Target HR:** 153 (85% of Pr. MHR)  
**Exercise Time:** 0:07:47 **Achieved Max HR:** 155 (86% of Pr. MHR)  
**Max BP:** 127/87 **Max BP x HR:** 19685 **Max Mets:** 8.7  
**Test Termination Criteria:**


**Protocol Details:**

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:21	1	0	0	83	110/80	9130	0.4 V2	0.3 II
Standing	00:41	1	0	0	107	110/80	11770	0.4 II	0.2 V2
PreTest	00:13	1	1.6	0	110	110/80	12100	-0.2 V3	-0.2 I
Stage: 1	03:00	4.7	2.7	10	126	116/83	14616	-1.7 III	-2.5 III
Stage: 2	03:00	7	4	12	140	122/85	17080	-0.6 V6	-0.4 III
Peak Exercise	01:47	8.7	5.5	14	155	127/87	19685	-1.4 II	0.2 I
Recovery1	02:00	1	0	0	111	123/85	13653	0.4 V2	0.5 II
Recovery2	02:00	1	0	0	104	116/82	12064	-1.9 V5	0.2 I
Recovery3	02:00	1	0	0	96	110/80	10560	-0.6 V5	0.1 I
Recovery4	00:03	1	0	0	96	110/80	10560	-0.6 V5	0.1 I

**Interpretation**

Exercised upto 7 minutes 47 sec  
 No angina  
 No arrhythmias No ST depression  
 TMT negative for inducible ischemia

Ref. Doctor: --- **Doctor:** ---


  
**Dr. PRAKASH V. R.**  
 MD (Medicine), DM (Card)  
 Reg. No: 72265  
 Consultant Cardiologist  
 DDRC AGILUS PATHLABS LIMITED, THRISSUR  
 Phone: 0477 224150