



PID NO. : CIA0644

Name : AYUSH DHARMENDRA MAHATO

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Sep-2024 / 9:14 am

Coll Date

11-Sep-2024 / 9:19 am

Report Date

11-Sep-2024 / 2:27 pm

## REPORT

### BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum, Method- IFCC without/with PDP)	22.48	U/L	0 - 41
Bilirubin (Total) (Serum, Method-Diazo- End point)	1.1	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.26	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.84	mg/dl	0.0 - 0.90
Serum Creatinine (Serum, Method- Kinetic Jaffe's)	1.05	mg/dl	0.62 - 1.17

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



PID NO. : CIA0644

Name : AYUSH DHARMENDRA MAHATO

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Sep-2024 / 9:14 am

Coll Date

11-Sep-2024 / 9:19 am

Report Date

11-Sep-2024 / 2:27 pm

## REPORT

### Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	9.49	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	1.05	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	<b>9.04</b>		10 - 20.1
Urea (Serum, Method-Urease)	20.32	mg/dl	16.6 - 48.5

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



PID NO. : CIA0644  
Name : AYUSH DHARMENDRA MAHATO  
Sex / Age : Male / 24 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :  
Sample Collected At :  
Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076  
Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date  
11-Sep-2024 / 9:14 am  
Coll Date  
11-Sep-2024 / 9:19 am  
Report Date  
11-Sep-2024 / 2:27 pm

## REPORT

### BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	94.93	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	83.30	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispac CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



PID NO. : CIA0644

Name : AYUSH DHARMENDRA MAHATO

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Sep-2024 / 9:14 am

Coll Date

11-Sep-2024 / 9:19 am

Report Date

11-Sep-2024 / 2:27 pm

## REPORT

### BLOOD GLUCOSE

Test

Result

Units

BIOLOGICAL REFERENCE INTERVAL

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680

*Proudly... Caring For You*

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



PID NO. : CIA0644

Name : AYUSH DHARMENDRA MAHATO

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Sep-2024 / 9:14 am

Coll Date

11-Sep-2024 / 9:19 am

Report Date

11-Sep-2024 / 2:27 pm

## REPORT

### Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"B"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.  
Sample: Whole Blood (EDTA)

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



PID NO. : CIA0644

Name : AYUSH DHARMENDRA MAHATO

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Sep-2024 / 9:14 am

Coll Date

11-Sep-2024 / 9:19 am

Report Date

11-Sep-2024 / 2:27 pm

## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	13.6	gm/dl	13.0 - 17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	5.01	million / cumm	4.5 - 5.5
HCT	41	%	40 - 50
MCV	<b>81.7</b>	fL	83 - 101
MCH	27	pg	27 - 32
MCHC	33.1	gm / dl	31.5 - 34.5
RDW (CV)	13.4	%	11.6 - 14.0
Total W.B.C. Count	6470	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	55	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	02	%	1 - 6

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



PID NO. : CIA0644

Name : AYUSH DHARMENDRA MAHATO

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Sep-2024 / 9:14 am

Coll Date

11-Sep-2024 / 9:19 am

Report Date

11-Sep-2024 / 2:27 pm

## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	226000	/cumm	150000 - 410000

#### MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



PID NO. : CIA0644

Name : AYUSH DHARMENDRA MAHATO

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Sep-2024 / 9:14 am

Coll Date

11-Sep-2024 / 9:19 am

Report Date

11-Sep-2024 / 2:27 pm

## REPORT

### Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	20	mm at 1hr	0 - 15

Method: Westergren.  
Sample: Whole Blood (EDTA)

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
MMC Reg No.2006031680





PID NO. : CIA0644

Name : AYUSH DHARMENDRA MAHATO

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Sep-2024 / 9:14 am

Coll Date

11-Sep-2024 / 9:19 am

Report Date

11-Sep-2024 / 2:27 pm

## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.0		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



PID NO. : CIA0644

Name : AYUSH DHARMENDRA MAHATO

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Sep-2024 / 9:14 am

Coll Date

11-Sep-2024 / 9:19 am

Report Date

11-Sep-2024 / 2:27 pm

## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination : Visual Strip Method.

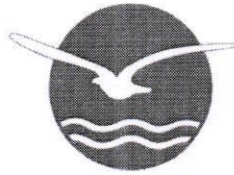
Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/ peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



# SEA BIRD MEDICARE CENTRE

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of

Ayulha . D. Mahata on 11-7-24

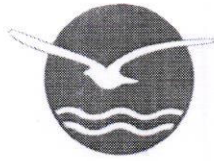
After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit. Review after _____ recommended</li> </ul>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	<input type="checkbox"/>

Dr. MUKUL ARTE MBBS, DNB  
 Regn. No: 44293 (MMC)  
 Approved By DG Shipping (GOI)  
 Consultant In Marine Medicine & Aviation Medicine  
 A-101-102, Heritage Plaza, Teli Cross Lane,  
 Andheri East, Mumbai-400 069  
 SEA BIRD MEDICARE CENTRE

Dr. \_\_\_\_\_  
 Medical Officer

*This certificate is not meant for medico-legal purposes*



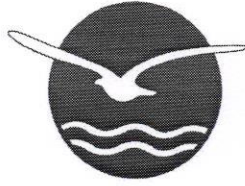
# SEA BIRD MEDICARE CENTRE

## MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	11/9/2024		
NAME	Ayush J. Mahato		
AGE	24 years	GENDER	Male
HEIGHT (CM)	166 cm	WEIGHT (KG)	46 kg
B.P.	110/70 mmHg		
ECG	normal		
X Ray	NAD		
Vision Checkup	Color Vision:	Normal	
	Far Vision Ratio:	6/6 } Unaided	
	Near Vision Ratio:	N5 }	
Present Ailments	Nil		
Details of Past ailments (If Any)	nil		
Comments / Advice:	FIT		

DR. MUKUL ARTE MBBS, DNB  
Regn. No: 44293 (MTC)  
Approved By DG Shipping (CC)  
Consultant in Marine Medicine & Aviation Medicine  
A-101-102, Heritage Plaza, Teli Cross Lane,  
Andheri East, Mumbai-400 069  
SEA BIRD MEDICARE CENTRE

Signature with Stamp of Medical Examiner



# SEA BIRD MEDICARE CENTRE

Report ID : **ADMM11910397**  
Patient Name : **Mr. AYUSH DHARMENDRA MAHATO**  
Rank :  
Ref By : **DR. MUKUL ARTE**  
Reg. : **11-Sep-2024**  
Report Date : **11-Sep-2024**  
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Age/Sex : **24 Year / Male**

## CHEST X RAY REPORT

X-Ray No : 7731

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

### **Impression :**

**Normal Chest X-Ray.**

  
Dr. Jacob  
Mathew MD

**Proudly... Caring For You**

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

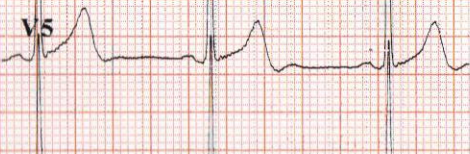
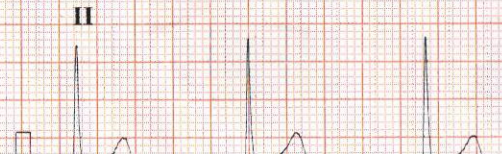
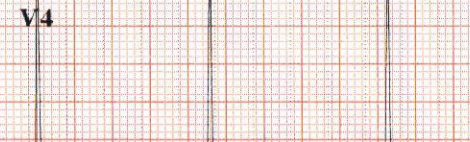
Kochi: 0484- 2322022 / 4032022

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)



10mm/mV 0.67~25Hz AC50

08-06-2005 07:27:08



### E. C. G. REPORT

RATE 87/min Q. WAVE N

RHYTHM Regular QRS COMPLEX N

VOLTAGE N ST. SEGMENT is. e. c. p. r. i. e

P. WAVE N T. WAVE \_\_\_\_\_

PR. INTERVAL N

REMARKS normal

**Dr. MUKUL ARTE** MBBS, DNB  
Regn. No: 44293 (MMC)  
Approved By DG Shipping (GO)  
Consultant in Marine Medicine & Aviation Medicine  
A-101-102, Heritage Plaza, Telli Cross Lane,  
Andheri East, Mumbai-400 069  
SEA BIRD MEDICARE CENTRE

### ELECTROCARDIOGRAPHIC REPORT



**SEA BIRD**  
MEDICARE CENTRE

NAME Ayush Mahato

AGE 24 yrs DATE 11/9/2024

- A-101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai - 400069.  
Tel.: 022-4603 2704 / 81046 06813
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 4000  
Tel.: 2570 4157 / 2570 1053