

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. <u>NITHA</u>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)): <u>At Forearm</u>
3. Age/Date of Birth	:	<u>41</u> Gender: <u>F/M</u>
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height <u>152</u> (cms)	b. Weight <u>65</u> (Kgs)	c. Girth of Abdomen <u>88</u> (cms)
d. Pulse Rate <u>70</u> (Min)	e. Blood Pressure:	Systolic Diastolic
	1 st Reading	<u>110</u> <u>70</u>
	2 nd Reading	

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father			<u>63</u> <u>encephalitis</u>
Mother			<u>67</u> <u>DM</u>
Brother(s)	<u>63, 35</u>	<u>Good</u>	
Sister(s)	<u>63, 35</u>	<u>Good</u>	

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
<u>no</u>	<u>no</u>	<u>no</u>

PERSONAL HISTORY

- | | |
|---|---|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y/N | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y/N |
| b. Have you undergone/been advised any surgical procedure? Y/N | d. Have you lost or gained weight in past 12 months? Y/N |

Have you ever suffered from any of the following?

- | | |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? Y/N | • Any disorder of Gastrointestinal System? Y/N |
| • Any disorders of Respiratory system? Y/N | • Unexplained recurrent or persistent fever, and/or weight loss Y/N |
| • Any Cardiac or Circulatory Disorders? Y/N | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports Y/N |
| • Enlarged glands or any form of Cancer/Tumour? Y/N | • Are you presently taking medication of any kind? Y/N |
| • Any Musculoskeletal disorder? Y/N | |

- Any disorders of Urinary System? **Y/N**
- Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin **Y/N**

FOR FEMALE CANDIDATES ONLY

- a. Is there any history of diseases of breast/genital organs? **Y/N**
- b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports) **Y/N**
- c. Do you suspect any disease of Uterus, Cervix or Ovaries? **Y/N**
- d. Do you have any history of miscarriage/abortion or MTP **Y/N**
- e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc **Y/N**
- f. Are you now pregnant? If yes, how many months? **Y/N**

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

- Was the examinee co-operative? **Y/N**
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? **Y/N**
- Are there any points on which you suggest further information be obtained? **Y/N**
- Based on your clinical impression, please provide your suggestions and recommendations below;

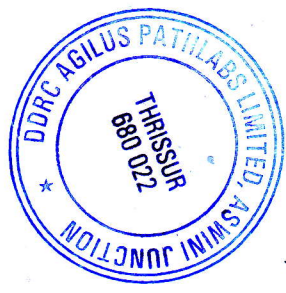
Nil particular

- Do you think he/she is **MEDICALLY FIT** or ~~UNFIT~~ for employment. **FIT**

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : *[Signature]*
 Seal of Medical Examiner : **Dr. A. M. ANTO IOFHS (Rtd.)
 B.Sc, MBBS; DIH (Cal), PGDHA
 Reg. No : 5667
 CONSULTANT
 DDRC AGILUS PATHLABS LIMITED
 THRISSUR - 680 022**
 Name & Seal of DDRC SRL Branch :
 Date & Time : *15-07-2014*



DDRC agilus Pathlabs Limited.

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017
 Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in



DDRC Agilus thrissur

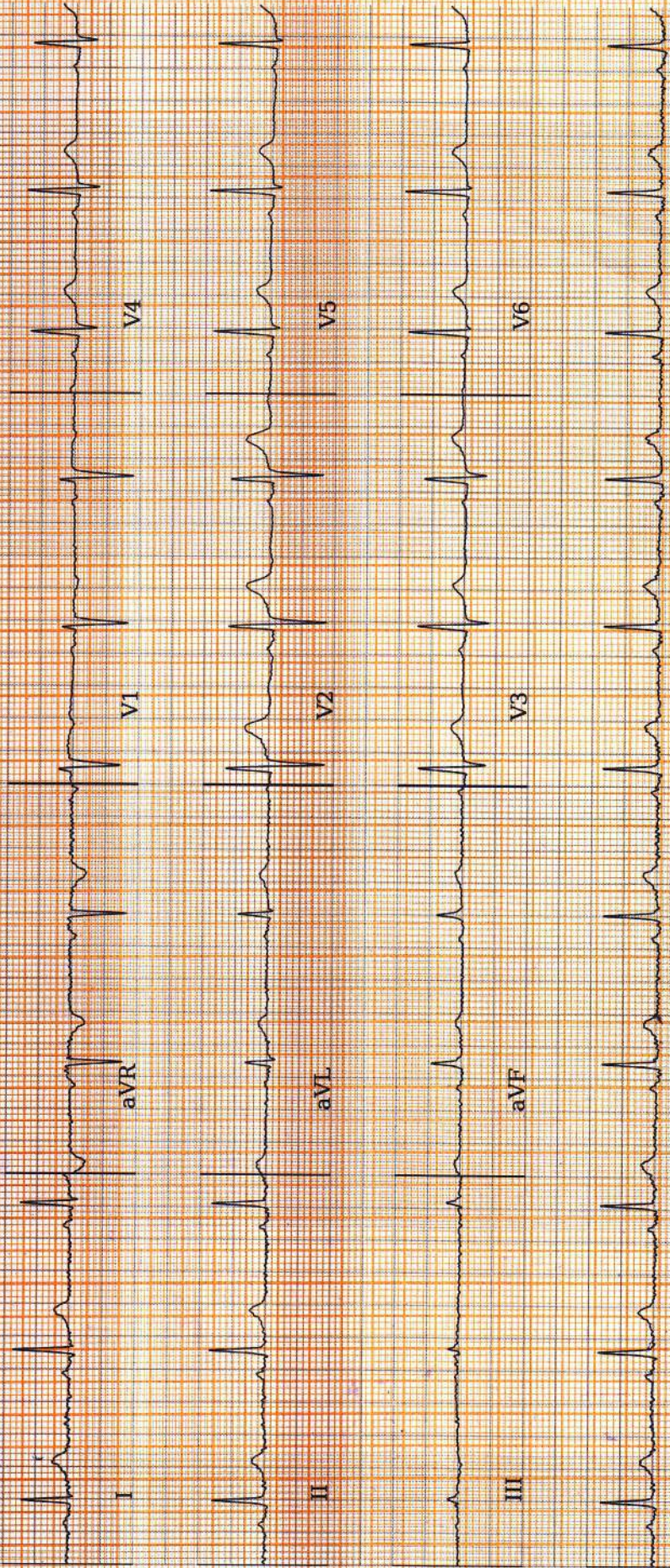
eg wvl

Age / Gender: 41/Female
Patient ID: 00
Patient Name: Nitha

Date and Time: 13th Jan 24 8:55 AM

Dr. PRAMOD. V. K
MD (Medicine), DM (Card)
Reg. No: 27265
Consultant Cardiologist

Consultant Cardiologist
Dr. PRAMOD. V. K
Reg. No: 27265



AR: 66bpm VR: 67bpm QRSD: 76ms QT: 360ms
25.0 mm/s 10.0 mm/mV 0-20HZ, 50HZ
QTcB: 380-42ms



P-R-T: 52° 31° 26°

ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

REPORTED BY

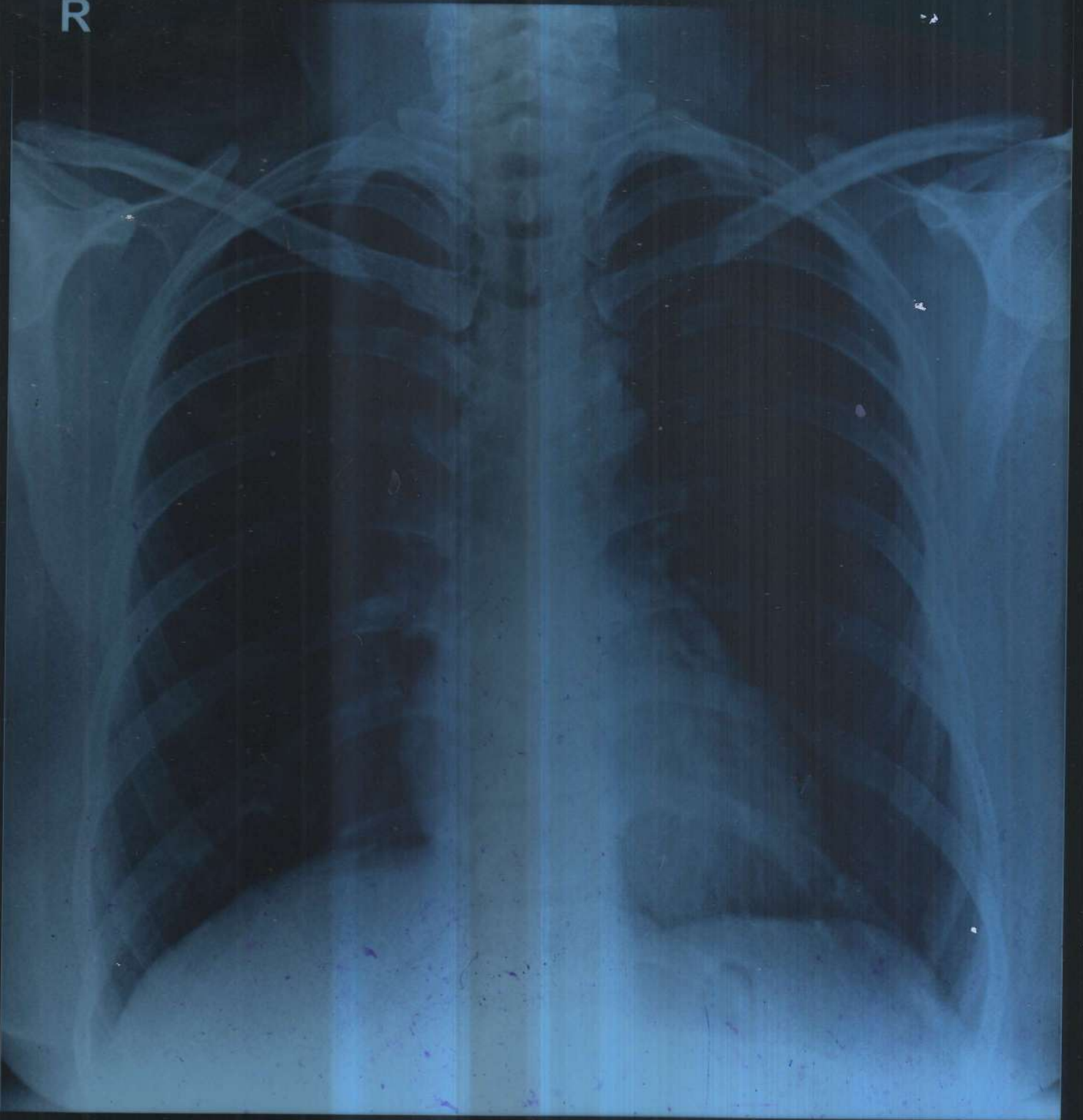


Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests and must be interpreted by a qualified physician.

KMC 95602

-DDRC SRL DIAGNOSTICS LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT-

R



NITHA A N 42Y/F XA1628

CHEST-PA 13-Jan-24 08:52 AM

DDRC AGILUS, THRISSUR. PH9446425900

Name: NITHA A N**Date: 13.01.2024****Age/Sex: 42Y /FEMALE**

Trachea is central.

Cardiac shadow appears normal in size and configuration.

Both lung fields are clear.

Bilateral costophrenic and cardiophrenic angles are clear.

No focal consolidation, effusion, pulmonary edema or pneumothorax.

Both hila appear normal.


Bony thorax and soft tissues are unremarkable.

IMPRESSION:

- **No significant abnormality detected.**



Dr. ALPHA MARIA ABRAHAM
DMRD, DNB
CONSULTANT RADIOLOGIST
Reg.No: 52753 (TCMC)


DR. ALPHA MARIA ABRAHAM
DMRD, DNB-REG NO:52753
CONSULTANT RADIOLOGIST



VISION CERTIFICATE

This is to certify that.....MITHA A-M.....21/11/24.....has been
examined and results are as follows

	Right Eye	Left Eye
Distant Vision	: 6/12 \pm +1.25 6/6 with class 6/6	6/12 \pm +1.25 6/6 with class 6/6
Near vision	: NB (Add +1.00 DS)	• NB (ADD +1.00 DS)
IOP(Intra ocular pressure)	: 18 mm of Hg (CWL)	17 mm of Hg
Anterior segment	: Normal.	Normal
Fundus	: Normal	normal.
Squint	: nil	nil.
Colour Vision	: Normal	Normal.

Doctor's Signature Shalms

Place : THRISSUR
Date : 13/11/2024.



Dr. SHALOSNOVA
M.B.B.S, MS OPHTHALMOLOGY
REG.NO: 35904
OPHTHALMOLOGY CONSULTANT

Patient Name: MRS. NITHA A N	Age: 41 Y	Sex: Female
Ref. Consultant :	AC No:	Date: 13.01.2024
Clinical details: Health check up		

USG ABDOMEN AND PELVIS

Liver measures 13.2 cm, normal in size and echotexture. No focal lesions seen. PV and CBD are normal in course and calibre. No dilatation of intrahepatic biliary radicals seen. Subphrenic spaces are normal.

Gall bladder is distended and appears normal.

Spleen measures 10.5 cm, normal in size and echotexture. No focal or diffuse lesions seen.

Pancreas (head & body) is normal in size and echotexture. No focal lesions seen. No duct dilatation or calcification seen. Tail is obscured.

Right kidney measures 9 x 1.4 (PT) cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Left kidney measures 10.1 x 1.3 (PT) cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Urinary bladder is distended. Wall appears normal. No calculus or mass seen.

Uterus is anteverted and measures 6.8 x 3.8 x 5.9 cm, normal in size and echotexture. No focal myometrial lesions. Endometrial thickness 3 mm. **IUCD insitu.**

Right ovary measures 3.6x 1.9 cm. Left ovary measures 3.7 x 1.7 cm. Both ovaries are normal in size and echotexture.

No adnexal mass seen. No free fluid noted in POD.

No ascites. Upper para aortic area normal

No significant bowel wall thickening noted.

IMPRESSION

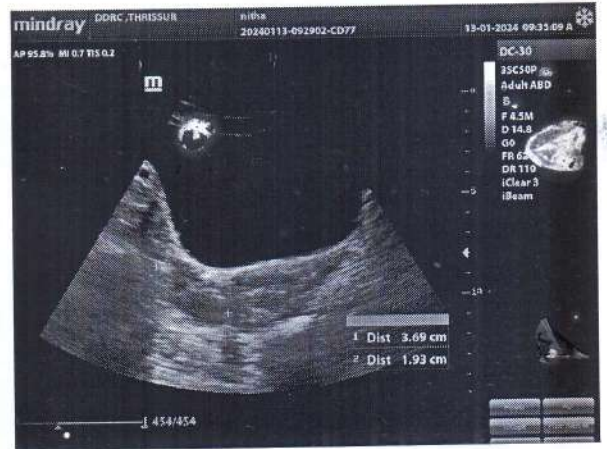
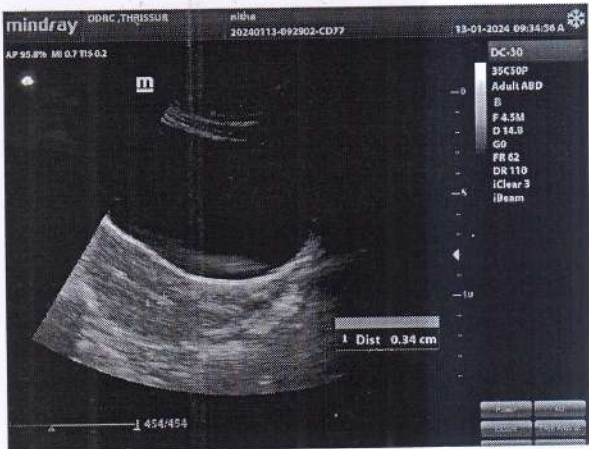
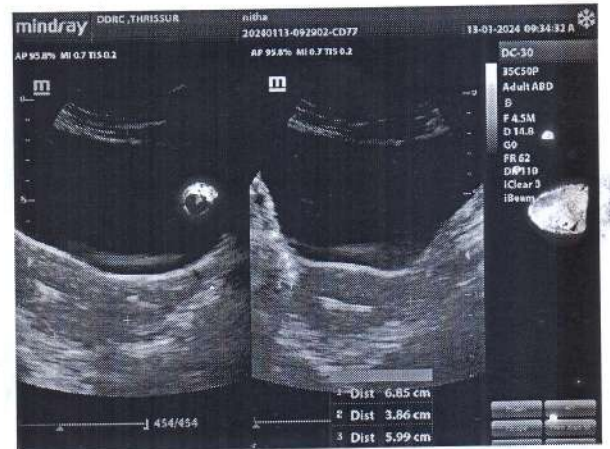
➤ **No significant abnormalities detected in the present study.**



DR. ALPHA MARIA ABRAHAM
 DMRD, DNB-REG NO: 52753
 CONSULTANT RADIOLOGIST

Thanks for your referral. Ultrasound reports need not be fully accurate. It has to be correlated clinically and with relevant investigations.

Dr. ALPHA MARIA ABRAHAM
 DMRD, DNB
 CONSULTANT RADIOLOGIST
 Reg.No: 52753 (TCMC)



Patient Name: MRS. NITHA A N	Age: 41 Y	Sex: Female
Ref. Consultant:	No:	Date: 13.01.2024
Clinical details: Health check up		

USG RIGHT BREAST**Fibroglandular tissue normal in echotexture.**

No evidence of any solid/cystic lesions.

Subareolar region appears normal.

No evidence of duct dilatation seen.

Few benign looking lymph nodes noted in right axilla.**USG LEFT BREAST****Fibroglandular tissue normal in echotexture.**

No evidence of any solid/cystic lesions.

Subareolar region appears normal.

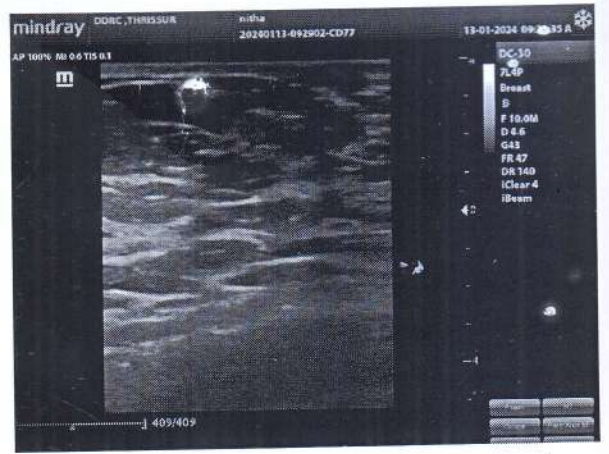
No evidence of duct dilatation seen.

Few benign looking lymph nodes noted in left axilla.**IMPRESSION****➤ No significant abnormalities noted in the present study**

DR. ALPHA MARIA ABRAHAM
 DMRD, DNB-REG NO: 52753
 CONSULTANT RADIOLOGIST

Thanks for your referral. Ultrasound reports need not be fully accurate. It has to be correlated clinically and with relevant investigations.

Dr. ALPHA MARIA ABRAHAM
 DMRD, DNB
 CONSULTANT RADIOLOGIST
 Reg.No: 52753 (TCMC)



രാജ്യ സർക്കാർ
GOVERNMENT OF INDIA



നിതാ എ എൻ
Nitha A N
ജനന വർഷം / Year of Birth : 1982
സ്ത്രീ / Female



7431 3491 3801

ആധാർ - സാധാരണക്കാരന്റെ അവകാശം

Nitha A N
7431 3491 3801



PATIENT NAME : NITHA A N

REF. DOCTOR : DR.A M ANTO

CODE/NAME & ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156	ACCESSION NO : 4177XA001628	AGE/SEX : 42 Years Female
	PATIENT ID : NITHM1301824177	DRAWN :
	CLIENT PATIENT ID:	RECEIVED : 13/01/2024 11:11:47
	ABHA NO :	REPORTED : 15/01/2024 14:39:27

Test Report Status	Preliminary	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHECKUP ABOVE 40(F)TMT	RESULT PENDING
TREADMILL TEST	RESULT PENDING
DENTAL CHECK UP	RESULT PENDING
OPHTHAL	
OPHTHAL	ATTACHED
PHYSICAL EXAMINATION	
PHYSICAL EXAMINATION	COMPLETED

JINCY P J
RADIOGRAPHER



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 Email : customercare.ddrc@agilus.in

Patient Ref. No. 66600007477206

PATIENT NAME : NITHA A N		REF. DOCTOR : DR.A M ANTO	
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MEDIWHEEL HEALTH CHECKUP ABOVE 40(F)TMT

ECG WITH REPORT

REPORT
COMPLETED

MAMMOGRAPHY -BOTH

REPORT
COMPLETED

USG ABDOMEN AND PELVIS

REPORT
COMPLETED

CHEST X-RAY WITH REPORT

REPORT
COMPLETED

HAEMATOLOGY

MEDIWHEEL HEALTH CHECKUP ABOVE 40(F)TMT

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

HBA1C	5.9	Normal	: 4.0 -	%
			5.6%.	
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	
		Glycemic control goal		
		More stringent goal	: < 6.5 %.	
		General goal	: < 7%.	

SYALMA P THOMAS
LAB TECHNOLOGIST

DR. SINDHU GEORGE, MBBS, MD
(Reg No TCMC:28380)
QUALITY MANAGER

JINCY P J
RADIOGRAPHER



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Less stringent goal : < 8%.

Glycemic targets in CKD :-
 If eGFR > 60 : < 7%.
 If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE **122.6 High** < 116.0 mg/dL

BLOOD COUNTS,EDTA WHOLE BLOOD

HEMOGLOBIN	11.7 Low	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	4.60	4.5 - 5.5	mil/ μ L
WHITE BLOOD CELL COUNT	8.12	4.0 - 10.0	thou/ μ L
PLATELET COUNT	441 High	150 - 410	thou/ μ L

Comments

RECHECKED

RBC AND PLATELET INDICES

HEMATOCRIT	36.5 Low	40 - 50	%
MEAN CORPUSCULAR VOL	79.4 Low	83 - 101	fL
MEAN CORPUSCULAR HGB.	25.5 Low	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	32.2	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	15.2 High	11.6 - 14.0	%
MENTZER INDEX	17.3		
MEAN PLATELET VOLUME	7.2	6.8 - 10.9	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	63	40 - 80	%
LYMPHOCYTES	30	20 - 40	%
MONOCYTES	03	2 - 10	%

SYALMA P THOMAS
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(Reg No TCMC:28380)
QUALITY MANAGER

AISWARYA JOSEPH
LAB TECHNOLOGIST



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EOSINOPHILS		04	1 - 6 %
BASOPHILS		00	< 1 - 2 %
ABSOLUTE NEUTROPHIL COUNT		5.12	2.0 - 7.0 thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT		2.44	1 - 3 thou/ μ L
ABSOLUTE MONOCYTE COUNT		0.24	0.20 - 1.00 thou/ μ L
ABSOLUTE EOSINOPHIL COUNT		0.32	0.02 - 0.50 thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)		2.2	

ERYTHROCYTE SEDIMENTATION RATE (ESR),EDTA BLOOD

SEDIMENTATION RATE (ESR) **25 High** 0 - 14 mm at 1 hr

SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL NOT DETECTED NOT DETECTED

SUGAR URINE - FASTING

SUGAR URINE - FASTING NOT DETECTED NOT DETECTED

IMMUNOHAEMATOLOGY

MEDIWHEEL HEALTH CHECKUP ABOVE 40(F)TMT

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE B
 RH TYPE POSITIVE

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Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

BIO CHEMISTRY**MEDIWHEEL HEALTH CHECKUP ABOVE 40(F)TMT****BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN	5	Adult(<60 yrs) : 6 to 20	mg/dL
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BUN/CREAT RATIO

BUN/CREAT RATIO	7.5		
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CREATININE, SERUM

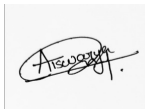
CREATININE	0.66	18 - 60 yrs : 0.9 - 1.3	mg/dL
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GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA	114	Diabetes Mellitus : > or = 200. Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.	mg/dL
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LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL	0.26	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.13	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.13	0.00 - 1.00	mg/dL



AISWARYA JOSEPH
LAB TECHNOLOGIST



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QUALITY MANAGER

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TOTAL PROTEIN	6.7	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	4.6	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	2.1	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	2.2 High	1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	12	Adults : < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	9	Adults : < 45	U/L
ALKALINE PHOSPHATASE	114	Adult(<60yrs) : 40 - 130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	17	Adult (male) : < 60	U/L

TOTAL PROTEIN, SERUM

TOTAL PROTEIN	6.7	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
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URIC ACID, SERUM

URIC ACID	4.1	Adults : 3.4-7	mg/dL
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GLUCOSE FASTING,FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR)	98	Diabetes Mellitus : > or = 126. Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.	mg/dL
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BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP ABOVE 40(F)TMT

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Test Report Status	Preliminary	Results	Units
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LIPID PROFILE, SERUM

CHOLESTEROL	187	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	143	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	48	General range : 40-60	mg/dL
LDL CHOLESTEROL, DIRECT	128	Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	139 High	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN	28.6	< or = 30.0	mg/dL
CHOL/HDL RATIO	3.9	3.30 - 4.40	
LDL/HDL RATIO	2.7	0.5 - 3.0	

HISTOPATHOLOGY**MEDIWHEEL HEALTH CHECKUP ABOVE 40(F)TMT** RESULT PENDING**CYTOLOGY - CS (PAP SMEAR)** RESULT PENDING**SPECIALISED CHEMISTRY - HORMONE****MEDIWHEEL HEALTH CHECKUP ABOVE 40(F)TMT****THYROID PANEL, SERUM**

T3	96.88	20-50 yrs : 60-181	ng/dL
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AISWARYA JOSEPH
LAB TECHNOLOGIST

DR. SINDHU GEORGE, MBBS, MD
(Reg No TCMC:28380)
QUALITY MANAGER

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Room A1, Ground Floor, Sitaram Tejal,
Opp.110KV Substation, Ashwini Junction
TRICHUR, 680022
KERALA, INDIA
Tel : 93334 93334
Email : customercare.ddrc@agilus.in

Patient Ref. No. 66600007477206

PATIENT NAME : NITHA A N

REF. DOCTOR : DR.A M ANTO

CODE/NAME & ADDRESS : CA00010147 -
 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
 F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,
 DELHI,
 SOUTH DELHI 110030
 8800465156

ACCESSION NO : **4177XA001628**
PATIENT ID : NITHM1301824177
CLIENT PATIENT ID:
ABHA NO :

AGE/SEX : 42 Years Female
DRAWN :
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T4		6.80	3.2 - 12.6 µg/dl
TSH 3RD GENERATION		3.160	18-49 yrs : 0.4-4.2 µIU/mL

CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHECKUP ABOVE 40(F)TMT

PHYSICAL EXAMINATION, URINE

COLOR PALE YELLOW
 APPEARANCE CLEAR

CHEMICAL EXAMINATION, URINE

PH	5.0	4.7 - 7.5
SPECIFIC GRAVITY	1.005	1.003 - 1.035
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	1-2	0-5	/HPF
EPITHELIAL CELLS	2-3	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	

AISWARYA JOSEPH
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QUALITY MANAGER

SYALMA P THOMAS
LAB TECHNOLOGIST



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CODE/NAME & ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156	ACCESSION NO : 4177XA001628 PATIENT ID : NITHM1301824177 CLIENT PATIENT ID: ABHA NO :	AGE/SEX : 42 Years Female DRAWN : RECEIVED : 13/01/2024 11:11:47 REPORTED : 15/01/2024 14:39:27
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