




## MEDICAL FITNESS CERTIFICATE

This is to certify that Mrs./Manju spouse of Jagdish kumar of aged 48 .based on the examination, I certify that he is in good mental and physical health and is free from any physical defects such a deafness, colour blindness, and chronic or contagious diseases.

Signature of the candidate

Place: Sikar

Date 29/03/2024.

  
Dr. Himanshu Agarwal  
MD. GEN. Medicine  
RMC No. - 43718/27910  
G. H. R. C. - Sikar  
RMC No-43718/27910

G.H.R.C-Sikar

PT. Name	: Mrs. MANJU	Date/Time	: 09-03-2024 / 7:08PM
Age	: 48-0-0 Y/M/D	Sex	: Female
Reg No	: UHID193450	Mobile No	: 9772256045
Consultant	: DR. M ARIF <i>Dr Himanshu</i>	OPD No.	: 9
Department	: GENERAL MEDICINE	Dr.Room No	: 106
Dr. Reg No.	:	User Name	: MANISH
Category	: TPA	Address	: SIKAR

*BMI*

BP - <i>127/72</i>	H/O Diabetes:-	Presenting Complaints:-  <i>for medical checkup</i>
Pulse - <i>74</i>	H/O Drug Allergy:-	
Spo2 - <i>100+</i>	H/O HTN:-	
weight - <i>69</i>	H/O surgery:-	
Asthama:- <i>no</i>	LMP (For Female):-	

Current Medications:-

Provisional/Final Diagnosis:- *Height:- 152*

Systemic/local Examination:-

Rx:- *no active T/T needed*

  
**Dr. Himanshu Agarwal**  
 MD. GEN. Medicine  
 RMC No. - 45718/27910  
 G. H. R. C. - Sikar

Sign/Time

Review after.....days

On dated.....



# GURUKRIPA HOSPITAL RESEARCH CENTRE PVT.LTD.

Gurukripa Circle, Jyoti Nagar, Piprali Road, Sikar (Raj.) 332001

PH.: 01572-244548 Helpline :- +91-9571883826

email: gurukripahospitals@gmail.com | Website: www.gurukripahospitals.co.in



5021487

Name : Mrs. MANJU	Reg. No : OutSide	IPD/OPD : OPD
Age/Sex : 48 Y / F	Accession No. : 21240309018	Category : TPA
Consultant : SELF	Bill / IPD No. : 23-145702	



Registration No



Accession No

## COMPLETE BLOOD COUNT

Sample Collected: 09/03/2024 8:18AM

Report Gen At : 09/03/2024 6:15PM

Sample Type: WHOLE BLOOD

Test Name	Status	Results	Unit	Biological Reference Range
Hemoglobin (Hb%)	L	9.8	gm/dl	11-15
TLC.		6400	/CU MM	4,000-11,000
DLC				
Neutrophils	L	55	%	56-62
Lymphocytes		40	%	20-50
Eosinophils		03	%	1-6
Monocytes		02	%	0-5
Basophils		00	%	0-1
Red Cell Count (TRBC)		4.71	million/cumm	3.5-5.0
PCV/HCT	L	31.7	%	36-46
MCV	L	67.0	fl	80-95
MCH	L	20.7	pg	26.5-33.5
MCHC	L	30.7	g/dl	31.5-35.0
Platelet Count		2.90	Lakhs/cumm	1.50-4.50

marks :

## HAEMATOLOGY REPORT

Sample Collected: 09/03/2024 8:18AM

Report Gen At : 09/03/2024 6:12PM

Sample Type: ,

Test Name	Status	Results	Unit	Biological Reference Range
ESR	H	18	mm/1hr	0.0-15.0

Remarks :

*Swamy*  
**Dr. Pooja Agarwal**  
 MD (Pathologist)  
 Reg. No. 31402/16727  
 G. H. R. C., Sikar

*[Signature]*  
 TECHNOLOGIST

THIS REPORT IS NOT VALID FOR MEDICO-LEGAL PURPOSE



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email: gurukripahospitals@gmail.com | Website : www.gurukripahospitals.co.in



H-2021-0007

Name : Mrs. MANJU	Reg. No : OutSide	IPD/OPD : OPD
Age/Sex : 48 Y / F	Accession No. : 21240309918	Category : TPA
Consultant : SELF	Bill / IPD No. : 23-145702	

## BIOCHEMISTRY

Sample Collected: 09/03/2024 8:18AM

Report Gen At : 09/03/2024 6:11PM

Test Name	Status	Results	Unit	Biological Reference Range
BLOOD SUGAR (RANDOM)	L	68.0	mg/dl	70-140
BLOOD GLUCOSE P.G 2 hrs		117.0	mg/dl	70-140
LIPID PROFILE:				
TOTAL CHOLESTROL		188.5	mg/dl	0-200
TRIGLYCERIDES	H	<u>236.6</u>	mg/dl	0-150
HDL CHOLESTROL	L	29.9	mg/dl	40-88
LDL CHOLESTROL	H	111.28	mg/dl	25-60
VLDL CHOLESTROL		47.32	mg/dl	0-100

Remarks :

## LIVER FUNCTION TEST

Sample Collected: 09/03/2024 8:18AM

Report Gen At : 09/03/2024 6:11PM

Test Name	Status	Results	Unit	Biological Reference Range
SGOT (AST)		38.2	U/L	0-40
SGPT (ALT)		39.5	U/L	0-40
BILIRUBIN (TOTAL)		0.43	mg/dl	0.00-1.10
BILIRUBIN DIRECT		0.11	mg/dl	0.00-0.25
BILIRUBIN INDIRECT		0.32	mg/dl	0.00-1.10
TOTAL PROTEIN	L	5.97	g/dL	6.6-8.3
ALBUMIN		3.94	g/dl	3.5-5.0
GLOBULIN		2.03	g/dl	2.0-3.0
A/G RATIO		1.94		1.0-2.3
ALKALINE PHOSPHATASE		60.9	ICU/M	40-140

Remarks :

## RENAL FUNCTION TEST

**Dr. Pooja Agarwal**  
PATENT (Pathologist)

Reg. No. 31402/18727

G. H. R. C., Sikar

**TECHNOLOGIST**

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PH.: 01572-244548 Helpline :- +91-9571883826

email: gurukripahospitals@gmail.com | Website : www.gurukripahospitals.co.in



Name : Mrs. MANJU	Reg. No : OutSide	IPD/OPD : OPD
Age/Sex : 48 Y / F	Accession No. : 21240309018	Category : TPA
Consultant : SELF	Bill / IPD No. : 23-145702	

Sample Collected: 09/03/2024 8:18AM

Report Gen At : 09/03/2024 6:12PM

Sample Type :

Test Name	Status	Results	Unit	Biological Reference Range
<b>RENAL PROFILE</b>				
UREA		20.1	mg/dl	15-45
CREATININE	L	0.58	mg/dl	0.60-1.40
URIC ACID		4.55	mg/dl	2.5-6.0
SODIUM		140.2	mmol/L	133-150
POTASSIUM		4.12	mmol/L	3.5-5.5
CHLORIDE		99.7	mmol/L	95-110

Remarks :

## CYTOLOGY REPORT

Sample Collected: 09/03/2024 8:18AM

Report Gen At : 09/03/2024 6:15PM

Sample Type:

Test Name	Status	Results	Unit	Biological Reference Range
URINE SUGAR PP		NIL		-

Remarks :

## CLINICAL PATHOLOGY REPORT

Sample Collected: 09/03/2024 8:18AM

Report Gen At : 09/03/2024 6:14PM

Sample Type:

Test Name	Status	Results	Unit	Biological Reference Range
URINE SUGAR FASTING		NIL		-

Remarks :

Dr. Pooja Agarwal  
 (Pathologist)  
 Reg. No. 02/16727  
 G. H. R. C., Sikar

TECHNOLOGIST

THIS REPORT IS NOT VALID FOR MEDICO-LEGAL PURPOSE



Name	:Mrs.MANJU	Reg. No.	:OutSide	IPD/OPD Status	:OPD
Age/Sex	:48 Y/Female	Lab No.	:21240309018	consultant	:SELF
Ref. Dr.		Receipt no	: 23-145702	Location/Bed.No	:

Sample Collected at: 09/03/2024 6:45:59

Report Gen at: 09/03/2024 6:14:21 PM

AM6:45AM



Accession No

### CLINICAL PATHOLOGY REPORT



Registration No

#### Urine Routine Examination Report

Investigation	Result	Unit
COLOR	Pale Yellow	
APPEARANCE	CLEAR	
PH	7.0	
SPECIFIC GRAVITY	1.005	
ALBUMIN	NIL	
SUGAR	NIL	
RBC	NIL	
PUS CELLS	2-3	0-0/HPF
EPITHELIAL CELL	1-2	0-1/HPF
CASTS	NIL	0-1/HPF
CRYSTALS	NIL	0-0/HPF
BACTERIA	NIL	0-0/HPF
OTHER	NIL	0-0/HPF

*Dr. Pooja Agarwal*  
**Dr. Pooja Agarwal**  
 MD (Pathologist)  
 Reg. No. 31402/16727  
 G. H. R. C., Sikar

*[Signature]*  
**TECHNOLOGIST**

THIS REPORT IS NOT VALID FOR MEDICO-LEGAL PURPOSE



Name	:Mrs.MANJU	Reg. No.	:Outside	IPD/OPD Status	:OPD
Age/Sex	:48 Y/Female	Lab No.	:21240309018	consultant	:SELF
Ref. Dr.		Receipt no	: 23-145702	Location/Bed.No	:,

Sample Collected at: 09/03/2024 6:45:59

Report Gen at: 09/03/2024 6:11:32 PM

AMS:45AM



Accession No

### BIOCHEMISTRY



Registration No

#### HbA1C (GLYCOSYLATED Hb)

Test Value : 5.6 %  
 Estimated Average Glucose : 122.0 mg/dl

#### GUIDE VALAUE-

The following hemoglobin A1C range may be used for interpretation of result. However, factors such as duration of diabetes adherence to therapy and the age of patient should also be considered in assessing the degree of blood glucose control. These values are for nonpregnant individuals.

Hemoglobin A 1c (%)	Degree of glucose control
> 8	Action Suggested
7 - 8	Good Control
< 7	Goal
6-7	Near Normal Glycemia Z

Dr. Pooja Agarwal  
 MD (Pathologist)  
 Reg. No. 31402/16727  
 G. H. R. C., Sikar

TECHNOLOGIST



Name	:Mrs.MANJU	Reg. No.	:OutSide	IPO/OPD Status	:OPD
Age/Sex	:48 Y/Female	Lab No.	:21240309018	consultant	:SELF
Ref. Dr.		Receipt no	: 23-145702	Location/Bed.No	:

Sample Collected at: 09/03/2024 6:45:59

Report Gen at: 09/03/2024 9:15:09 PM

AM6:45AM



Accession No

### IMMUNOLOGY REPORT



Registration No

#### THYROID PROFILE

TRIIODOTHYRONINE ( T3 )	1.12	ng/ml	0.60 - 1.76
THYROXINE (T4)	11.36	ug/dl	4.62 - 15.15
THYROID STIMULATING HORMONE (TSH)	0.80	uIU/ml	0.38 - 5.33

Chemiluminescence

#### Interpretation:

**Note 1.** TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 8-10 pm . The variation is of the order of 50% hence time of the day has influence on the measured serum TSH concentrations.

**2.** Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals.

#### Clinical Use:

- Primary Hypothyroidism
- Hyperthyroidism
- Hypothalamic – Pituitary hypothyroidism
- Inappropriate TSH secretion
- Nonthyroidal illness
- Autoimmune thyroid disease
- Pregnancy associated thyroid disorders
- Thyroid dysfunction in infancy and early childhood

#### IN PREGNANCY REF RANGE of TSH

First trimester	0.60 - 3.4 mIU/mL
Second trimester	0.37 - 3.6 mIU/mL
Third trimester	0.38 - 4.0 mIU/mL

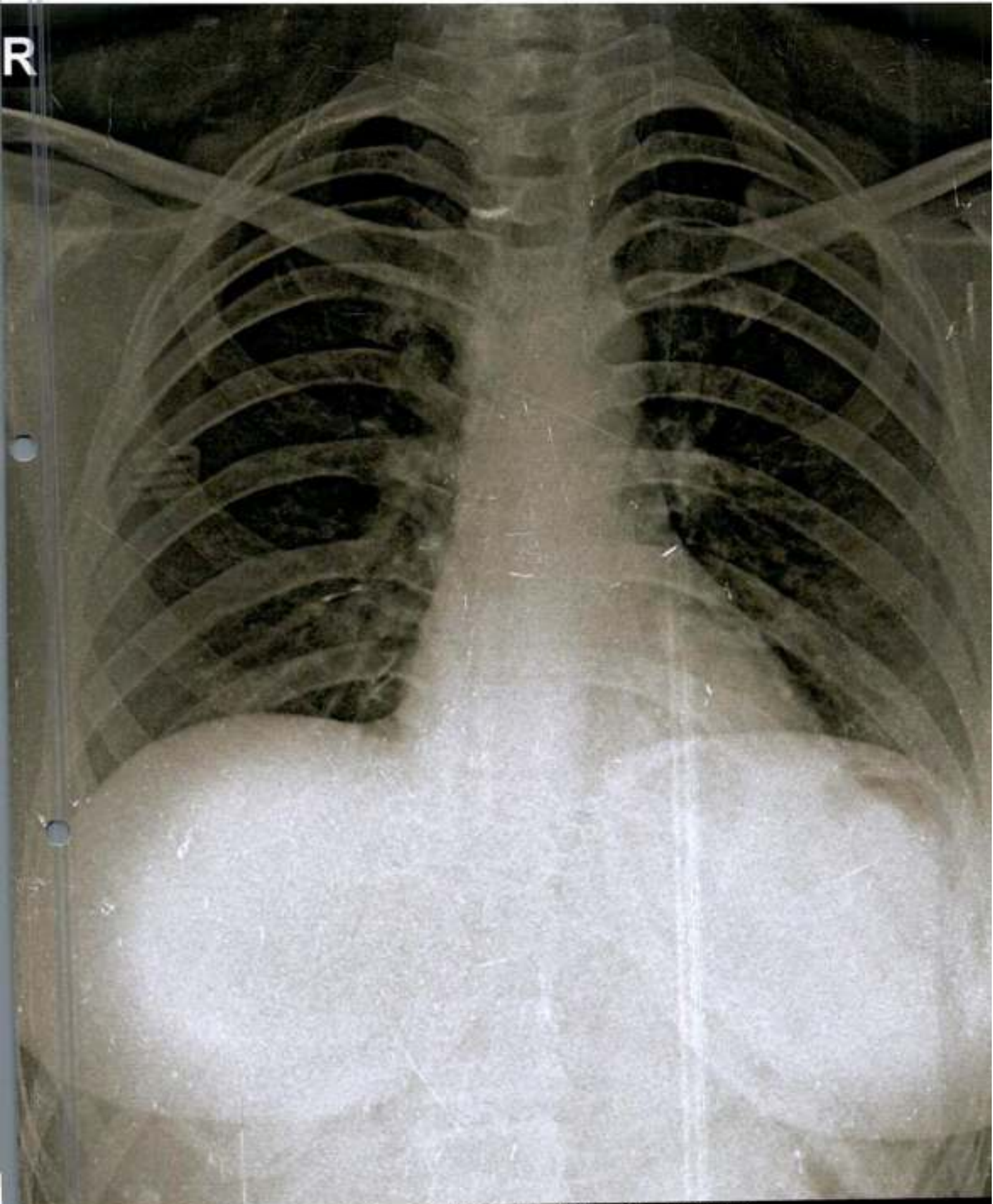
*Dr. Pooja*  
**Dr. Pooja Arwal**  
 MD (Pathologist)  
 Reg. No. 31402/16727  
 G. H. R. C., Sikar

*[Signature]*  
**TECHNOLOGIST**

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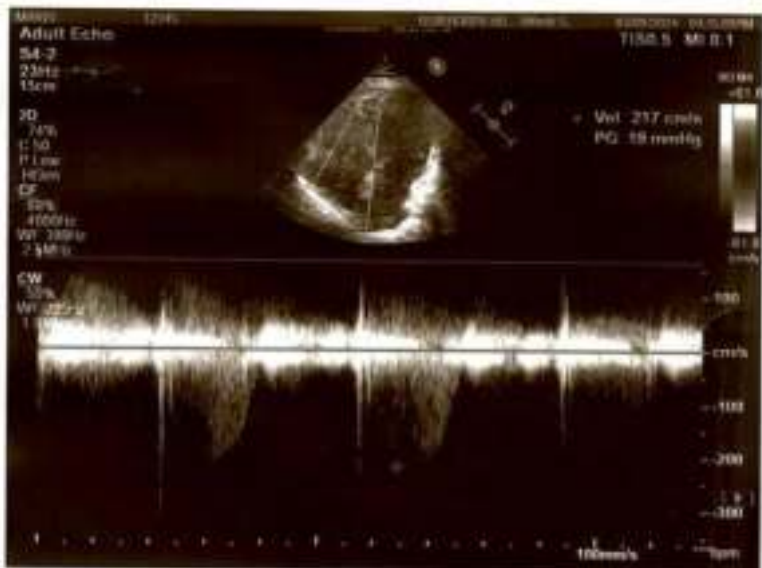


R



MANJU 264 F CHEST, PA 09-Mar-24 06:55 AM

GURUKRIPA HOSPITALS, SIKAR





H-2021-0867

**GURUKRIPA HOSPITALS RESEARCH CENTER PVT. LTD.**

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E-mail : gurukripahospitals@gmail.com, www.gurukripahospitals.co.in



PATIENT: - MANJU	AGE: 48 YRS.	UHID NO.
REF BY- DR.	SEX- F	DATE: - 9-Mar-24

**USG WHOLE ABDOMEN**

<b>LIVER</b>	Normal in size (~ 14.5 cm), shape & shows mildly bright echotexture. No focal lesion is seen. IHBR not dilated. Intra Hepatic portion of IVC is normal.
<b>PORTAL VEIN</b>	Normal.
<b>GB</b>	Partially distended with clear lumen & normal wall thickness. No abnormal radio opaque calculus is noted.
<b>CBD</b>	Normal.
<b>PANCREAS</b>	Normal in size, shape & echotexture. No focal lesion is seen. MPD is not dilated. No pancreatic calcification is noted.
<b>SPLEEN</b>	Normal in size, shape & echotexture. No focal lesion is seen. Splenic vein is normal.
<b>B/L KIDNEY</b>	Normal in size, shape, position and echotexture. PC system is not dilated. CM differentiation is normal.
<b>UB</b>	Lumen is echofree. Wall thickness is normal. B/L UVJ are clear. No calculus or any mass lesion seen in urinary bladder.
<b>UTERUS</b>	Bulky, measures ~ 12x6.6x8.5 cm. Multiple (>5) intramural & subserosal fibroids are seen causing distortion of uterine morphology, largest measuring ~ 38x38 mm at anterior wall. Endometrial thickness is normal ~ 6.7 mm.
<b>ADNEXA</b>	B/L ovaries are normal in size. No focal lesion is seen.

- No ascites or lymphadenopathy seen.

**IMPRESSION:** Fatty liver (Gr. - I).  
Bulky uterus with multiple intramural & subserosal fibroids.

Dr. Yemika Dhayal  
Reg. No. 14872/2018  
G.H.R.  
*[Signature]*  
**DR. YEMIKA DHAYAL**  
**MD RADIO DIAGNOSIS**



बेटी बचाओ-बेटी पढ़ाओ

पूर्ण लिंग परीक्षण करवाना जघन्य अपराध है इसकी शिकायत टोल फ्री नम्बर 104/108 पर की जा सकती है।

Form B is over Leaf.





Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	JRPP	PVC	Comments
Supine	00:19	0:19	00.0	00.0	01.0	110	67%	130/70	000	00	
Standing	00:41	0:22	00.0	00.0	01.0	112	68%	130/70	000	00	
HV	01:04	0:23	00.0	00.0	01.0	115	70%	130/70	000	00	
Warm Up	01:25	0:21	00.0	00.0	01.0	109	66%	130/70	000	00	
ExStart	02:25	1:00	01.0	00.0	01.0	122	74%	130/70	000	00	
BRUCE Stage 1	05:25	3:00	01.7	10.0	04.7	152	83%	130/70	197	00	
BRUCE Stage 2	08:25	3:00	02.5	12.0	07.1	183	112%	140/75	256	00	
PeakEx	09:50	1:25	03.4	14.0	08.6	193	118%	140/75	270	00	
Recovery	10:50	1:00	01.1	00.0	01.2	176	107%	130/70	228	00	
Recovery	11:50	2:00	00.0	00.0	01.0	138	84%	130/70	179	00	
Recovery	12:10	2:20	00.0	00.0	01.0	129	79%	130/70	167	00	

**FINDINGS :**

Exercise Time : 07:25  
 Max HR Attained : 193 bpm 118% of Target 164  
 Max BP Attained : 140/75  
 Max Workload Attained : 8.6 Fair response to induced stress  
 Test End Reasons : Test Complete, Heart Rate Achieved

**REPORT :**

*TTT is negative for inducible myocardial ischemia.*

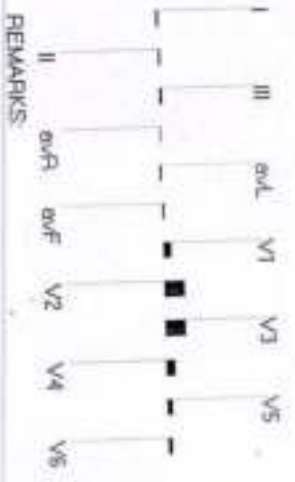
**DR. J. K. SONI**  
 DM CARDIOLOGY  
 REG. NO. 27757/23597

12345703 (334) / MRS. MANJU / 49 Yrs / F / 165 Cms / 69 Kg / HR : 112

Date: 09-Mar-2024 05:04:36 PM METS: 1.0/ 112 bpm 68% of THR BP: / - mmHg Combined Medicns/ BLC ON/ Notch ON HF 0.05 Hz/LF 35 Hz

4X 80 ms Post J

EXTime: 00:00 0.0 mph, 0.0%  
25 mm/sec 1.0 Cm/mV



REMARKS:



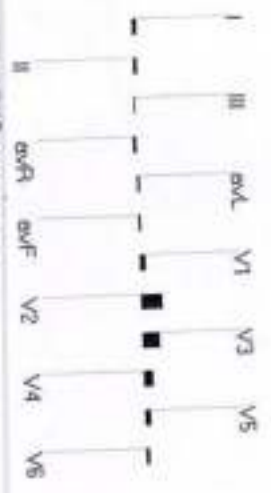
12345703 (334) / MRS MANJU / 49 Yrs / F / 165 Cms / 69 Kg / HR : 110

Date: 09-Mar-2024 05:04:36 PM

METS: 1.0/110 bpm 67% of THR BP: 110/70 mmHg Combined Meds/BLK Oxy/Nach Oxy/HF 0.05 HELF 35 Hz

EXTime: 00:00 0.0 mph 0.0%  
25 mm/Sec 1.0 Cm/mV

4X 80 ml Post J



REMARKS

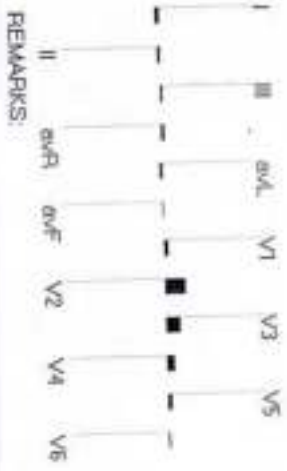
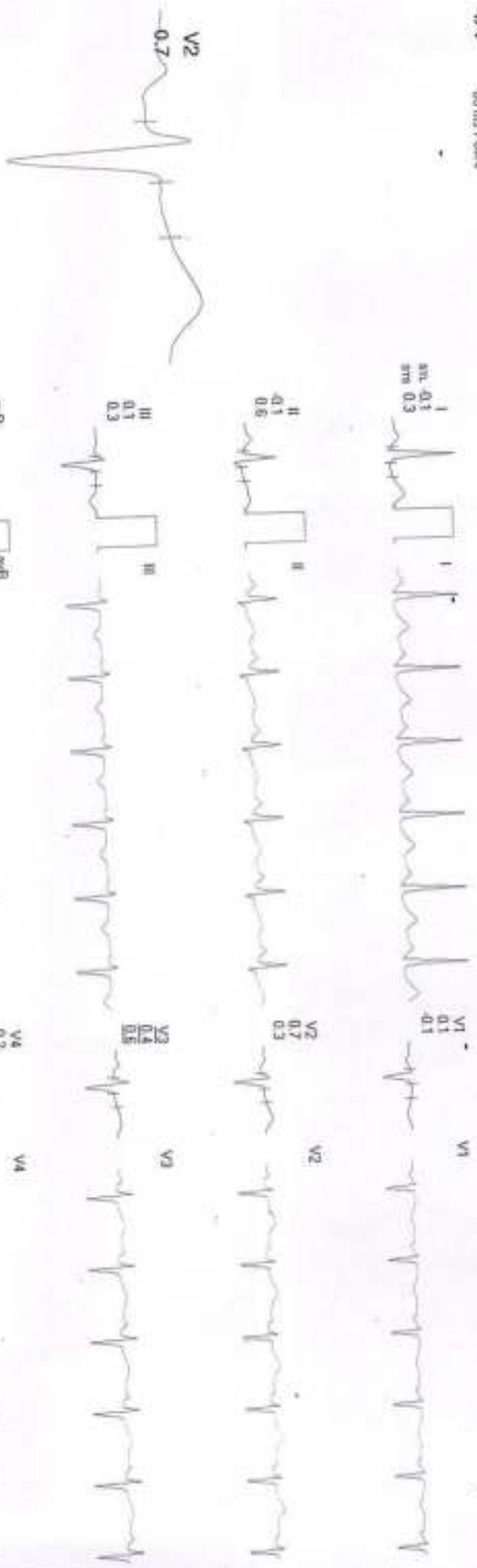
12345703 (234) / MRS. MANU / 49Yrs / F / 165 Cms / 69 Kg / HR : 115

Date: 09-Mar-2024 05:04:36 PM

METS: 1.0/ 115 bpm 70% of THR BP: / - mmHg Combined Medians/ BLOC ON/ Noth ON/ HF 0.05 Hz/LF 35 Hz

4X 80 ms Post J

EXTime: 00:00 0.0 mph 0.0%  
25 mm/Sec 1.0 Cm/mV



REMARKS:



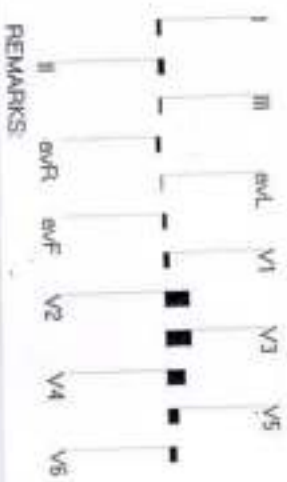
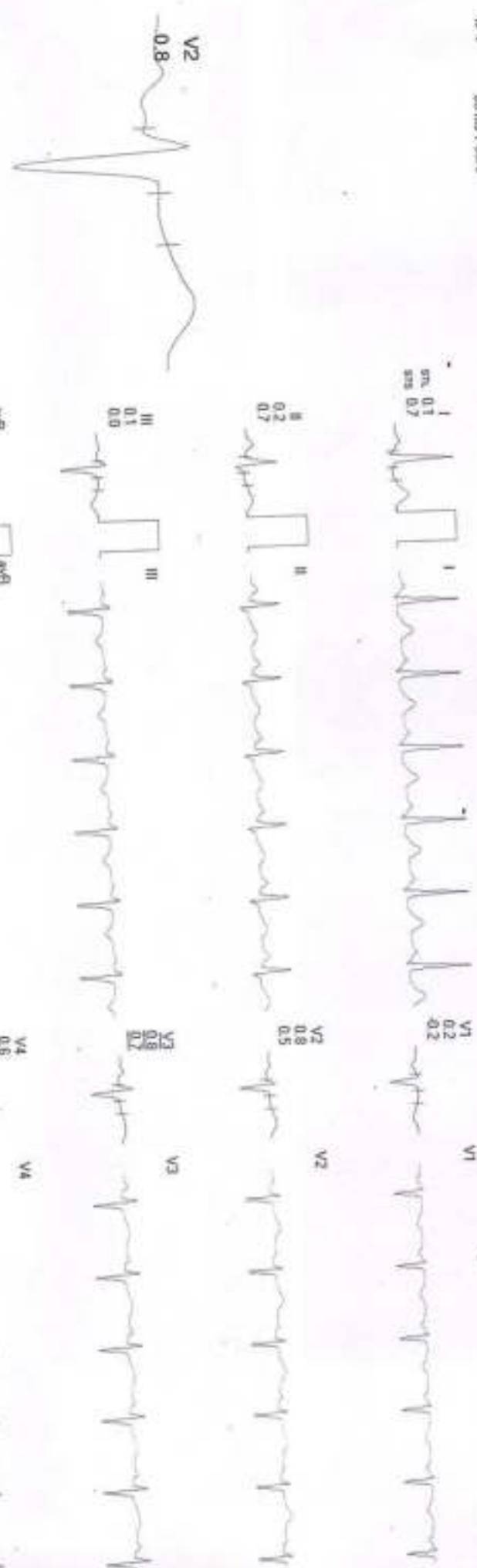
12345703 (334) / MRS. MANJU / 43 Yrs / F / 165 Cms / 69 Kg / HR : 109

Date: 09-Mar-2024 05:04:36 PM

METS: 1.07/109 bpm 66% of THR BP: — / — mmHg Combined Medicine/ BLC On/Noch On/HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph 0.0%  
25 mm/Sec 1.0 Cm/mV

4X 60 mm Paper



REMARKS

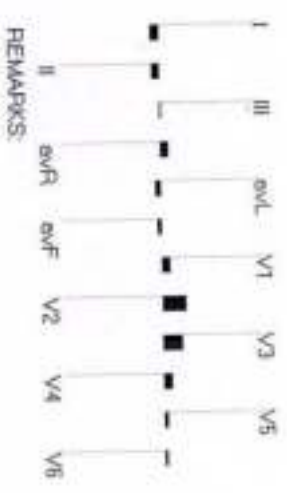
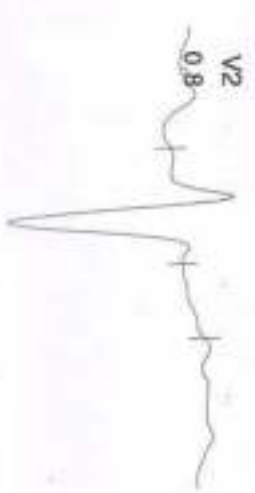
12345703 (334) / MRS MANU / 49 Yrs / F / 165 Cms / 69 Kg / HR : 122

Date: 09-Mar-2024 05:04:36 PM

METS: 1.0 / 122 bpm 74% of THR BP: — / — mmHg Combined Median/ BLC Ovg Nocth Ovg HF 0.05 H/L/F 35 Hz

4X 80 s5 Post J

ExTime 00:00 1.0 mph 0.0%  
25 sec/5 sec 1.0 Cms/W





12345703 (334) / MRS. MANU / 49 Yrs / F / 165 Gms / 69 Kg / HR : 152

Date: 09-Mar-2024 05:04:36 PM

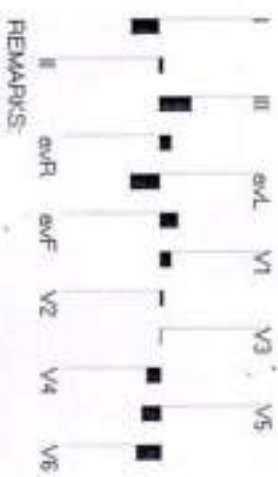
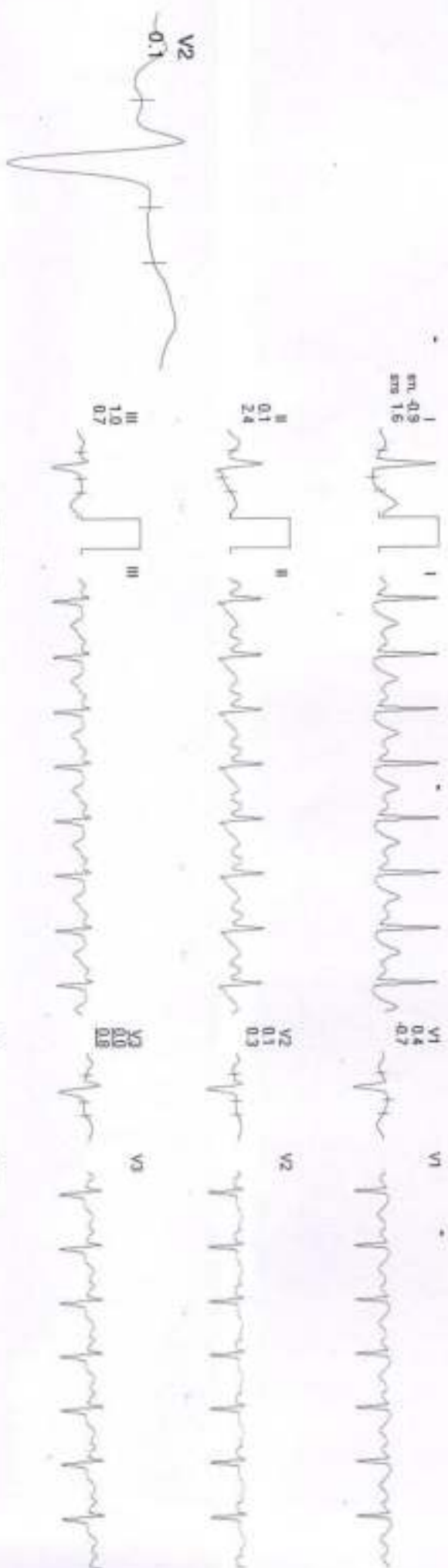
METS: 4.7 / 152 bpm 93% of THR BP: 130/70 mmHg

Combined Meds/BLC ON/Noch ON/HR: 0.05 Hz/LF: 35 Hz

ExtTime: 03:00 1.7 mph, 10.0%

4X 60 mS Power J

25 em/Sec 1.0 Cm/div



REMARKS:

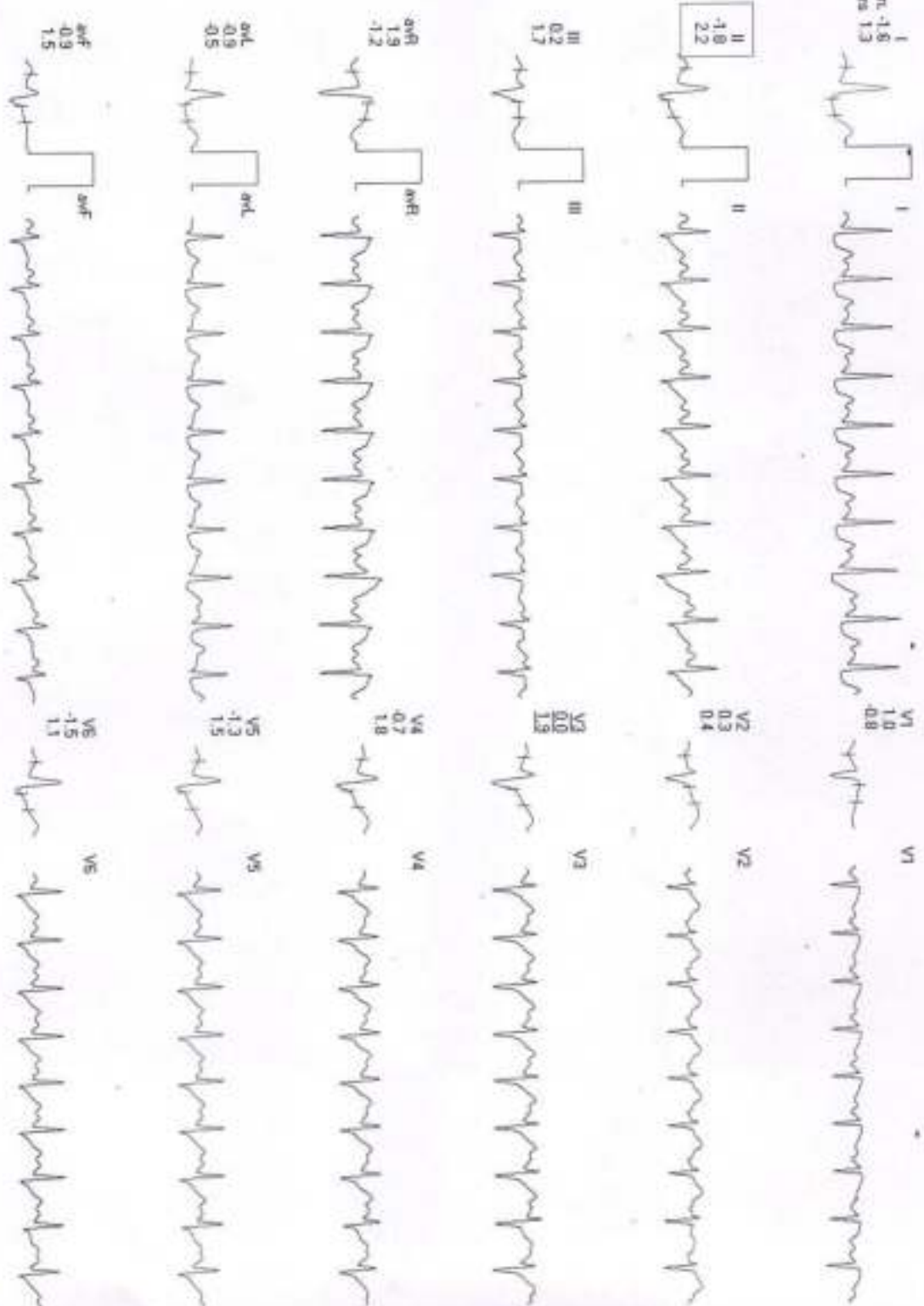
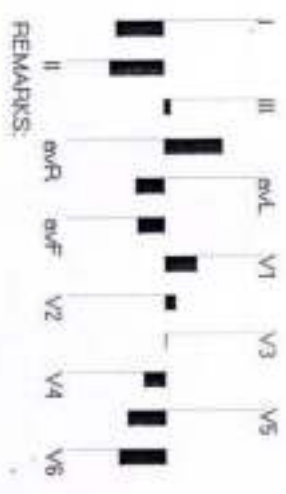
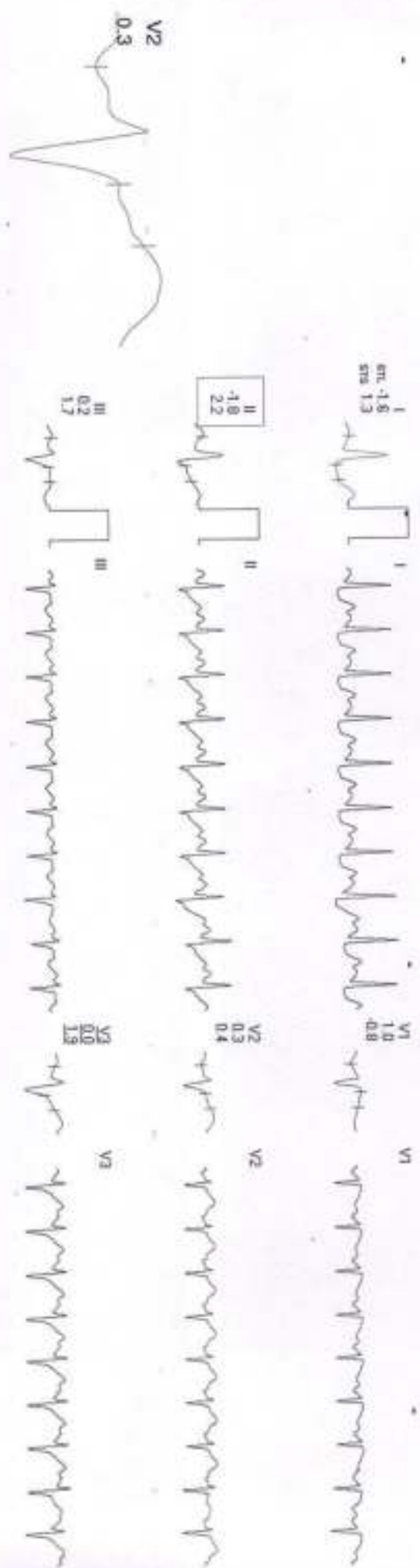


12345703 (334) / MRS. MANU / 47yrs / F / 165 Cms / 69 Kg / HR : 183

Date: 09-Mar-2024 05:04:36 PM METS: 7.1/183 bpm 112% of THR BP: 140/75 mmHg Combined Medians/BLG On/Notch On/HF 0.05 Hz/LF 35 Hz

4X 60 mS Post J

ExTime 06:00 2.5 mph 12.0%  
Z/min/Sec 1.0 Cal/Min

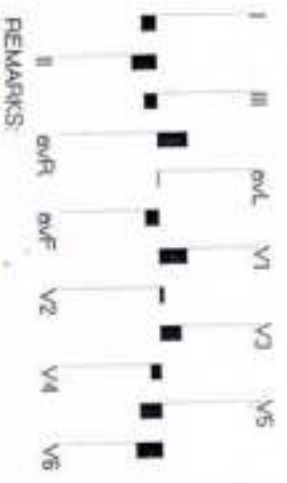
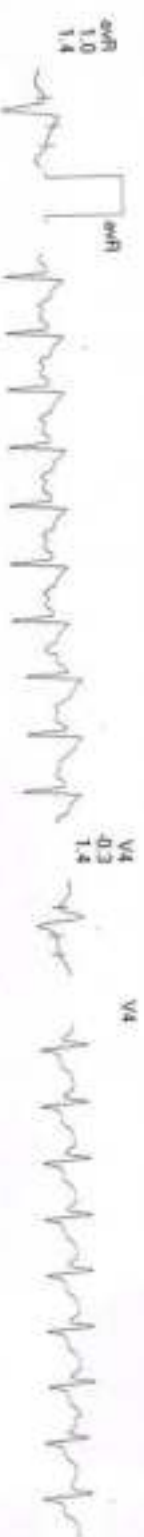
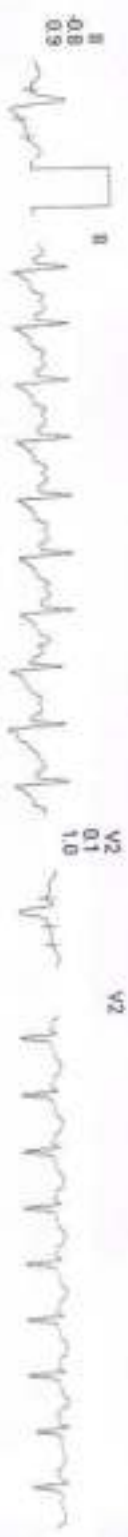
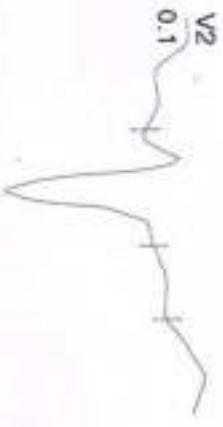


12345703 (334) / MRS. MANJU / 49 Yrs / F / 165 Cms / 69 Kg / HR : 193

Date: 09-Mar-2024 05:04:36 PM METS: 8.6/ 193 bpm 118% of THR BP: 140/75 mmHg Combined Medication/ BLC On/ Natch On/ Hc 0.05 Hg/LF 35 Hz

4X 60 ms Post J

EXTime: 07:25 3.4 mph 14.0%  
25 mm/Sec 1.0 Cm/mV



REMARKS:

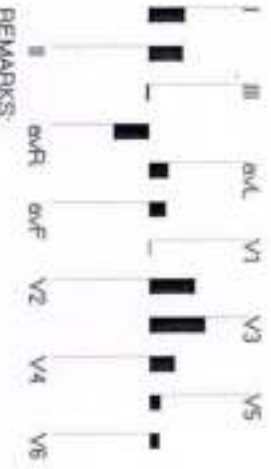


12345703 (334) / MRS.MANJU / 49 Yrs / F / 165 Cms / 69 Kg / HR : 176

Date: 09-Mar-2024 05:04:36 PM METS: 1.2/176 bpm 107% of THR BP: 130/70 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/AF 35 Hz

4X 60 ms Ppd. J

ExTime: 07:25 1.1 mph, 0.0%  
25 mm/Sec 1.0 Cm/Div



REMARKS:

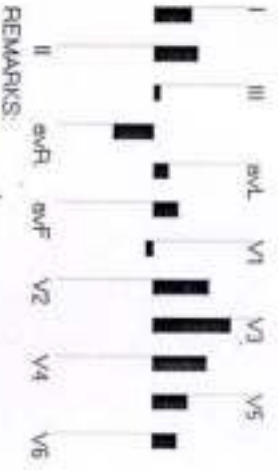
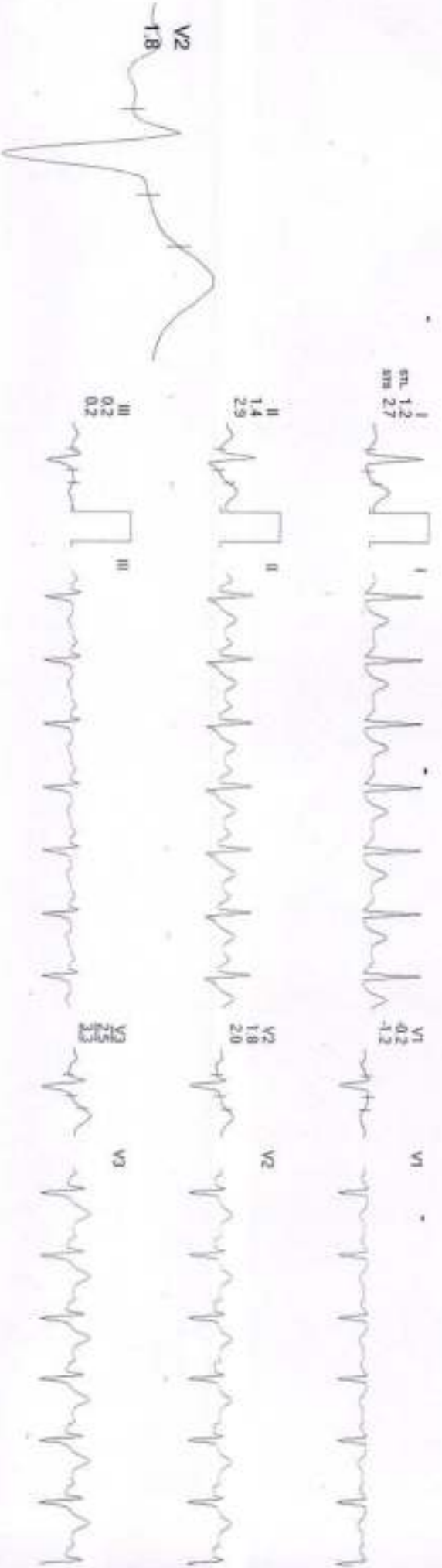


12345703 (334) / MRS.MANUJU 49 Yrs / F / 165 Cms / 69 Kg / HR : 138

Date: 09-Mar-2024 05:04:36 PM METS: 1.0/138 bpm 84% of THR BP: 130/70 mmHg Combined Meds/SLC/On/Noch/On/HF 0.05 Hz/LF 35 Hz

EXTime: 07:25 0.0 mph 0.0%  
25 mm/Sec 1.0 Crd/Av

4X 60 ms Post J



REMARKS:



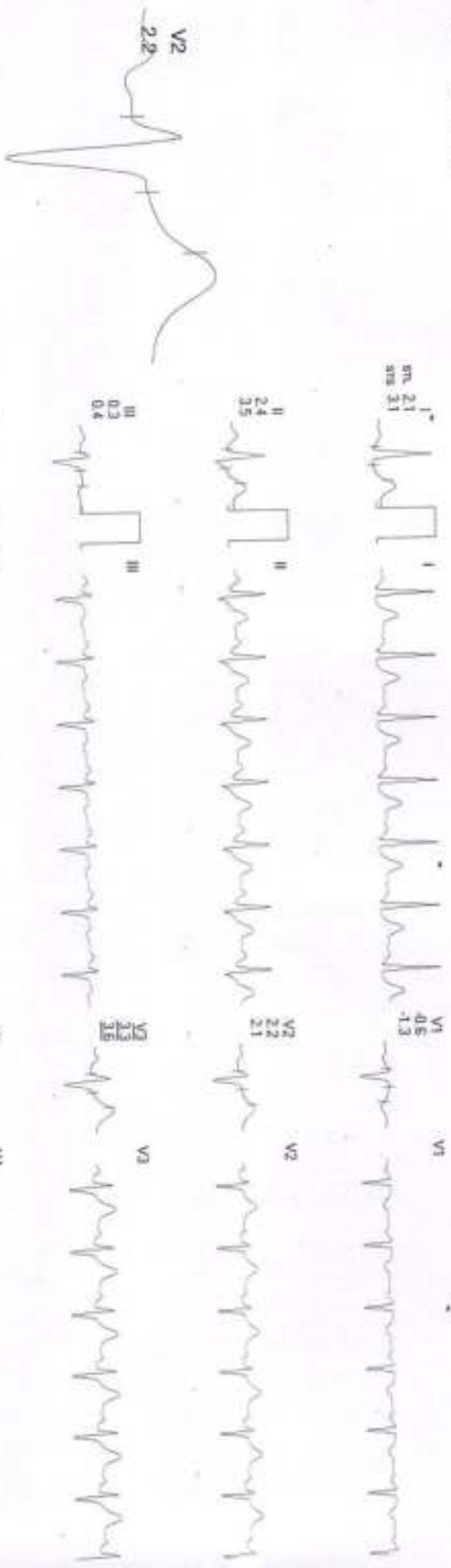
72345703 (G34) / MRS. MANJU / 49 Yrs / F / 165 Cms / 69 Kg / HR : 129

Date: 09-Mar-2024 05:04:36 PM

METS: 1.0/129 bpm 79% of TMR BP: 130/70 mmHg Combined Meds/BLK On/Notch On/HF: 0.05 Hz/LF: 35 Hz

ExTmr: 07:25 0.0 mph, 0.0%  
25 mm/Sec 1.0 Cm/mV

4X 80 ms Pwd J





 **राजस्थान सरकार**  
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**पता:**  
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**मंजू**  
Manju  
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**मेरा आधार, मेरी पहचान**