



HEALTH CHECK-UP SUMMARY

Race Course Road, Vadodara

Name:MR GAUTAM KUMAR	
SH No: 298235	Date:03 08 2024
Age: 38	Gender:MALE

ASSESSMENT:

- OVER WEIGHT(BMI:27.82)
- P/H/O GALL BLADDER STONE PRESENT,LEFT EAR TYMPANIC MENBRANE HOLE PRESENT
- C/O:HEART BURN,INCREASED WEIGHT SINCE 1 YEAR(4-5 KG),TIREDNESS,INCREASED APPETITE,FLATUS:YES
- O/E-B.P:120/90
- F/H/O:HYPERTENSION(MOITHER),DIABETES(MOTHER)
- CHEST DISCOMFORT:YES
- ENT:LEFT SIDE LARGE LP:PRESENT
- BORDERLINE LOW HB(12.7),LOW MCH(26.8),LOW MCHC(31.5),BORDERLINE HIGH(14.10),HIGH MPV(15.10)
- HIGH FBS(119),HIGH HBA1C(6.70)
- BORDERLINE HIGH CHOLESTEROL(213),BORDERLINE HIGH DIRECT LDL(140)
- LOW BLOOD UREA NITROGEN(8.41),LOW BLOOD UREA(18),LOW SERUM CREATININE(.60)
- URINE R/M:LOW SPECIFIC GRAVITY(1.010),BLOOD:PRESENT(+),ERYTHROCYTES(RBCS),PUS CELLS:30-4- /HPF
- ECG: LEFT AXIS,T INVERSION IN L3
- USG ABDOMEN AND PELVIS :MILD GENERALISED FATTY INFILTRATION OF LIVER

ADVISED:

- PLENTY OF LIQUIDS
- ANTI DIABETIC,LOW FAT & IRON RICH DIET
- AVOID OUT SIDE FOOD AND WATER
- REGULAR EXERCISE
- CORRECTION OF ANAEMIA AND WORK UP
- REGULAR BLOOD SUGAR MONITORING AND CONTROL
- REPEAT LIPID PROFILE AFTER 3 MONTH

- OPHTHALMOLOGIST ADVICE : FOLLOW ADVICE
- ENT ADVICE:FOLLOW ADVICE
- PHYSICIAN CONSULTATION

Sterling Addlife India Limited
Unit-Sterling Hospital Vadodara
Race Course Circle, (West)
VADODRA 390 007.

DR.JAY S PANDIT

Prevention & Rehabilitation Dept

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India





**HEALTH CHECK UP
MEDICAL EXAMINATION**

Name : Mr Gautam Kumar Employee ID : _____
Company Name : _____ Age : 38 Sex : M/F
Height : 176 cms. Weight : 86.2 Kgs BMI : 27.82 Blood Group : O+ve
Name of HO / Registrar taking History : Dr. Jay S. Pandit

Allergies : None Yes (If Yes, describe)

Drugs/Food/Latex/Dyes/Contrast/Other	Reaction
1.	
2.	
3.	

Chief Complaints :

C/O - Heart Burn.
Increased wt since 14-5 yrs.
- tiredness, H/O - gall bladder stone @

Physical Examination :

Vital Signs :

Temp : 98.6°F SPO₂ : 98 Pulse : 84 /min R/R : 18 /min B.P. : 120/90 mm Hg

Past History :

If Hypertension, since	If Diabetes, since
On Medication 1).....	On Medication 1).....
2).....	2).....
3).....	3).....
If Ischaemic Heart Disease since	Under Treatment Dr.
On Medication 1).....	If Tuberculosis, When
2).....	Any Other P/H
3).....
Under Treatment of Dr.	Any Other Medication
Any Intervention done
P/H of Operation	P/H of Hospitalization
Diagnosis :.....	Diagnosis : <u>Diverticul</u>
Name of Operation :.....	Year : <u>2012</u>
Year of Operation :.....	Duration :.....
Others	Blood Transfusion History : Yes <input checked="" type="checkbox"/> No
.....	Year :.....

Family History : (Specify : F-Father, M-Mother, B-Brother, S-Sister)

(Pl. Circle whichever is applicable e.g. If Father has h/o 10 yrs then, Yes / No F/10 yrs)

Hypertension	Yes/No : <u>mother</u>	Asthma	Yes/No
Heart Disease	Yes/No	Stroke	Yes/No
Diabetes	Yes/No <u>(M)</u>	Arthritis/Gout	Yes/No
Tuberculosis	Yes/No	Cancer	Yes/No
Epilepsy	Yes/No	Other Chronic disease	Yes/No

Personal History :

Diet	<u>Vegetarian</u>	Smoking	Yes/No	since...../..... per day
Appetite	<u>increased Appetite</u>	Alcohol	Yes/No	since...../..... (freq.)
Sleep	<u>Regular</u>	Drugs	Yes/No	since...../..... (freq.)
Micturition	<u>Regular</u>	Tobacco	Yes/No	since...../..... (freq.)
Bowel Habits	<u>Regular</u>	Any other habit		

FOR FEMALES :

 Obstetric History : L.D.....
 Abortion :
 Others :

General Examination :
 Anemia Cyanosis Jaundice Generalized Lymphadenopathy Pedal oedema

General Examination :
Head : NSF

Injuries (Specify if any) :

Eyes : NSF

- Vision : Normal Blurred Double Colour Blind
- Pupils : Normal Abnormal
- Other : Inflammation Pain Itching Discharge No complaint

Remarks (if any) :

Ears : NSF

- Deaf Yes No • Pain Yes No • Discharge Yes No
- Dizziness Yes No left ear T.M. hole.

Nose : NSF

- Nosebleed Yes No • Congestion Yes No • Sinus problem Yes No

Mouth : NSF

- Lesion Yes No
- Dental Hygiene Good Poor Bleeding gums Yes No
- Sense of taste Yes No

Throat/Neck : NSF

- Swollen glands Yes No
- Stiffness Yes No
- Dysphagia Yes No

SYSTEMIC EXAMINATION
Neurological : NSF

- Headache Yes No
- Memory changes Yes No
- Dizziness Yes No
- Syncope Yes No
- Seizures Yes No
- Paralysis Yes No if yes R L
- Cooperative Yes No
- Anxiety Yes No
- Depression Yes No
- Suicidal attempt Yes No
- Any psychiatric illness No
- Oriented Yes No if disoriented, to Person Place Time
- Reaction: Brisk Sluggish No response
- LOC: Alert Confused Sedated
- Speech: Clear Slurred

Respiratory : NSF

- Lung sounds : A E B E clear
- Dyspnoea : None With activity At rest Lying down Retractions
- Cough : None Non-productive Productive - colour
- Hemoptysis: Yes No
- Night Sweats : Yes No
- Cyanosis : Yes No Where

Cardiovascular : NSF

- Chest discomfort Yes No Heartburn
- Oedema Yes No Location : Pitting Non-pitting

Extremities-Musculoskeletal : NSF

- Skin : Warm Cool Dry Firm Flaccid Colour
- Extremities : Tingling Yes No • Weakness Yes No Deformity Yes No
- Joints : Pain Yes No • Stiffness Yes No
- Uses : Walker Wheelchair None

Gastrointestinal : NSF

- Appetite Good Poor
- Nausea Yes No
- Vomiting Yes No
- Distension Yes No
- Heartburn Yes No
- Flatus Yes No
- Pain Yes No
- Rectal Bleeding Yes No
- Colostomy Yes No
- Ileostomy Yes No

Bowel

- Diarrhoea Constipation Incontinence Blood in stool None
- Pain Yes No Place
- Hemorrhoids Yes No
- Frequency of stool 2 times/day
- Interventions : None • Laxatives Yes No Type Frequency

Genitorurinary : NSF

 Colour of Urine Pale yellow Frequency 1 time/5-6hrs

 Pain Yes No Burning Yes No Itching Yes No
 Urgency Yes No Incontinence Yes No
 Nocturia Yes No Urostomy Yes No
 History of calculi Yes No History of UTI Yes No
 Foleys Catheter Yes No Date of Insertion _____

Reproductive : NA NSF

 LMP _____ Regular / Irregular _____
 Dysmenorrhea Yes No Amenorrhea Yes No if yes, Duration _____
 Menopausal Yes No if yes, Duration _____
 Vaginal discharge Yes No Itching Yes No

Breasts NA NSF

 Breast Feeding Yes No Lumps Yes No

Positive Finding & Advice

.....

.....

.....

.....

Sterling Addlife India Limited
 Unit-Sterling Hospital Vadodara
 Race Course Circle, (West)
 VADODARA - 390 007.

Sign and Stamp of Medical Officer

Sterling Hospital
 Racecourse Road

EMERGENCY HELPLINE

 992 444 9972
 0265 - 61 44 111

Sterling Hospital
 Bhayli

EMERGENCY HELPLINE

 908 1000 557
 0265 - 61 23 333



OPHTHALMIC CHECK-UP

SIGNIFICANT HISTORY:

PAST HISTORY:

Refractive Error:

Any Surgery:

Color Blind:

Diabetes:

Hypertension:

Any Treatment:

Handwritten notes and arrows in the history section.

EXAMINATION OF EYES:

Right Eye:

Left Eye:

Distant Vision without Glasses:

Handwritten: 9/6

Handwritten: 9/12

Distant Vision with Glasses:

Handwritten: 1

Handwritten: 1

Near Vision without Glasses:

Handwritten: 3

Handwritten: 3

Near Vision with Glasses:

Handwritten: 1

Handwritten: 1

Intraocular Pressure:

Handwritten: 9

Handwritten: 9

Anterior Segment:

Handwritten: 9

Handwritten: 9

Fundus:

Handwritten: 9

Handwritten: 9

PRESCRIPTION OF GLASSES:

	RIGHT			LEFT		
	Sphere	Cylinder	Axis	Sphere	Cylinder	Axis
Distant	-	-	-	-	-	-
Near	-	-	-	-	-	-

Type of glass:

ADVICE:

Handwritten signature
Sterling Addlife India Limited
Unit-Sterling Hospital Vadodara
Race Course Circle, (West)
VADODARA - 390 007.

DR MAYA PATEL
(OPHTHALMOLOGIST)





EAR, NOSE & THROAT CHECK-UP

COMPLAINTS:

do (1) For Decou Hearing
x3 yrs

EXAMINATION OF EARS:

Local Examination:

(RP) nfo

Tympanic Membrane:

(RP) Tympanic membrane - Intact
(LP) side - Large cp (+)

EXAMINATION OF NOSE:

Local Examination:

- nfo

THROAT & LARYNX:

- nfo

LARYNGOSCOPIC EXAMINATION:

AL

- pure Tone Audiometry

7cs OIOMIC - DCA 1Hes/x (+)

DR. NAVNIT MAKWANA
ENT SURGEON

Sterling Addlife India Limited
Unit-Sterling Hospital Vadodara
Race Course Circle, (West)
VADODARA - 390 007.

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara - 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Gautam Kumar . Sex/Age : Male / 38 Y 24-Mar-1986 Ref. Id : 298235 / 2804139 Ref. By : Dr. RMO , STERLING...	Lab Id : 082407500267 Registration on : 03-Aug-2024 09:36 Collected at : SAWPL Collected on : 03-Aug-2024 12:40 Sample Type : Fluoride	Pt. Type : Sterling Hospital Vadodara Health Checkup Location : Main BNo./ Approved on : 03-Aug-2024 15:08 Status : Interim Printed On : 05-Aug-2024 09:18 Process At : 75 – Sterling Hospital, Race course (Vadodar

Test	Result	Unit	Biological Ref. Interval
Post-breakfast Blood Glucose <small>GOD-POD</small>	122	mg/dL	70 - 140
Post-breakfast Urine Glucose <small>GOD-POD</small>	Absent		Absent
Post Breakfast Urine Ketone <small>Nitroprusside</small>	Absent		Absent



Dr. C. Shrinivasan..
 M.D (Pathology) [G-18341]
 Consultant Pathologist


Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007. tests marked with # are referred tests
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.





Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mr. Gautam Kumar .	Lab Id	: 082407500267	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 38 Y 24-Mar-1986	Registration on	: 03-Aug-2024 09:36	Location	: Main BNo./
Ref. Id	: 298235 / 2804139	Collected at	: SAWPL	Approved on	: 03-Aug-2024 12:32 Status : Interim
Ref. By	: Dr. RMO . STERLING...	Collected on	: 03-Aug-2024 09:55	Printed On	: 05-Aug-2024 09:18
		Sample Type	: Whole blood	Process At	: 75 - Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
Complete Blood Count

Test	Method	Result	Unit	Biological Ref. Interval
Hemoglobin	Colorimetric	L 12.7	g/dL	13.0 - 16.5
RBC Count	Electrical impedance	4.72	million/cmm	4.5 - 5.5
Hematocrit	Calculated	40.1	%	40 - 49
MCV	Derived	85.0	fL	83 - 101
MCH	Calculated	L 26.8	pg	27.1 - 32.5
MCHC	Calculated	L 31.5	g/dL	32.5 - 36.7
RDW CV	Calculated	H 14.10	%	11.6 - 14

Total WBC and Differential Count

WBC count	Method	Result	Unit	Biological Ref. Interval
WBC count	SF Cube cell analysis	5320	/cmm	4000 - 10000

Differential Count	Method	Result	Unit	Biological Ref. Interval	Absolute Count	Unit	Biological Ref. Interval
Neutrophils	Microscopic	51	%	40 - 80	2713	/cmm	2000 - 6700
Lymphocytes	Microscopic	42	%	20 - 40	2234	/cmm	1000 - 3000
Eosinophils	Microscopic	01	%	1 - 6	53	/cmm	20 - 500
Monocytes	Microscopic	06	%	2 - 10	319	/cmm	200 - 1000
Basophils	Microscopic	00	%	0 - 2	0	/cmm	0 - 100

Platelet Count

Platelet Count	Electrical impedance	157000	/cmm	150000 - 410000
MPV	Calculated	15.10	fL	7.5 - 10.3

Platelets Morphology Platelets are adequate on Smear



Dr. C. Shrinivasan..
M.D (Pathology) [G-18341]
Consultant Pathologist

This is an Electronically Authenticated Report.

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Gautam Kumar .	Lab Id : 082407500267	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Male / 38 Y 24-Mar-1986	Registration on : 03-Aug-2024 09:36	Location : Main BNo./
Ref. Id : 298235 / 2804139	Collected at : SAWPL	Approved on : 03-Aug-2024 12:32 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 03-Aug-2024 09:55	Printed On : 05-Aug-2024 09:18
	Sample Type : Whole blood	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Erythrocytes Sedimentation Rate			
ESR <small>Capillary photometry</small>	14	mm/1hr	0 - 14

Differential Count
Absolute Count


Dr. C. Shrinivasan..
 M.D (Pathology) [G-18341]
 Consultant Pathologist

This is an Electronically Authenticated Report.





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Gautam Kumar .	Lab Id : 082407500267	Pt. Type : Sterling Hospital Vadodara Health Checkup Main
Sex/Age : Male / 38 Y 24-Mar-1986	Registration on : 03-Aug-2024 09:36	Location : BNo./
Ref. Id : 298235 / 2804139	Collected at : SAWPL	Approved on : 03-Aug-2024 12:20 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 03-Aug-2024 09:55	Printed On : 05-Aug-2024 09:18
	Sample Type : Whole blood	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
Blood Group

Test	Result	Unit	Biological Ref. Interval
ABO Type <i>Tube Agglutination</i>	"O"		
Rh (D) Type	Positive		



Dr. C. Shrinivasan..
 M.D (Pathology) [G-18341]
 Consultant Pathologist

This is an Electronically Authenticated Report.





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Gautam Kumar .	Lab Id : 082407500267	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Male / 38 Y 24-Mar-1986	Registration on : 03-Aug-2024 09:36	Location : Main BNo./
Ref. Id : 298235 / 2804139	Collected at : SAWPL	Approved on : 03-Aug-2024 15:08 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 03-Aug-2024 09:55	Printed On : 05-Aug-2024 09:18
	Sample Type : Serum, Urine	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS

Test	Result	Unit	Biological Ref. Interval
Fasting Blood Glucose <small>GOD-POD</small> Rechecked	H 119.0	mg/dL	74 - 100
Fasting Urine Glucose <small>GOD-POD</small>	Absent		Absent
Fasting Urine Ketone <small>Nitroprusside</small>	Absent		Absent

	Fasting Blood Glucose*	Postprandial Blood Glucose #	Random Blood Glucose
Normal	< 100 mg/dL	< 140 mg/dL	< 140 mg/dL
Prediabetic	100 – 125 mg/dL	140 – 199 mg/dL	140 – 199 mg/dL
Diabetic	>/=126 mg/dL	>/= 200 mg/dl	>/= 200 mg/dl

* Fasting is defined as no caloric intake for more than 8 hours

The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.

Criteria for Diagnosis of Diabetes:

1. Fasting blood glucose (FPG) \geq 126 mg/dL
2. Two-hour blood glucose (2-h OGTT) = 200 mg/dL
3. HbA1c values (A1c) \geq 6.5%
4. Random plasma glucose \geq 200 mg/dL

(With symptoms of hyperglycemia or hyperglycemic crisis)

In the absence of unequivocal hyperglycemia, diagnosis of DM using A1C, FPG or 2-h OGTT requires two abnormal test results from the same sample or in two separate samples.

References:

1. American diabetes association. Standards of medical care in diabetes 2024
2. National Library of Medicine – National Institute of Health (USA) – Diabetes Mellitus
3. World Health Organization – Factsheet on Diabetes – Prevention and treatment


Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
 Consultant Pathologist

This is an Electronically Authenticated Report.

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com





Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mr. Gautam Kumar .	Lab Id	: 082407500267	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 38 Y 24-Mar-1986	Registration on	: 03-Aug-2024 09:36	Location	: Main BNo./
Ref. Id	: 298235 / 2804139	Collected at	: SAWPL	Approved on	: 03-Aug-2024 15:08 Status : Interim
Ref. By	: Dr. RMO . STERLING...	Collected on	: 03-Aug-2024 09:55	Printed On	: 05-Aug-2024 09:18
		Sample Type	: Whole blood	Process At	: 75 – Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
HbA1c (Glycosylated Hemoglobin) by HPLC

Test	Result	Unit	Biological Ref. Interval
HbA1c	H 6.70	%	For Screening: Diabetes: $\geq 6.5\%$; Pre-Diabetes: 5.7 - 6.4%; Non-Diabetes: $< 5.7\%$
Mean Blood Glucose	145.59	mg/dL	For Diabetic Patient: Poor Control : $> 7.0\%$; Good Control : 6.0-7.0%

Description:

- Total haemoglobin A1 c is continuously synthesized in the red blood cell through its 120 days life span. The concentration of HBA1c in the cell reflects the average blood glucose concentration it encounters.
- The level of HBA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.
- The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.
- It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

HbA1c assay Interferences:

Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c (HbF) or differences in their glycation from that of HbA (HbS).

Reference: American diabetes association. Standards of medical care in diabetes 2024


Dr. C. Shrinivasan..

M.D (Pathology)(G-18341)

Consultant Pathologist

This is an Electronically Authenticated Report.

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

Page 6 of 10



Download Accuris App

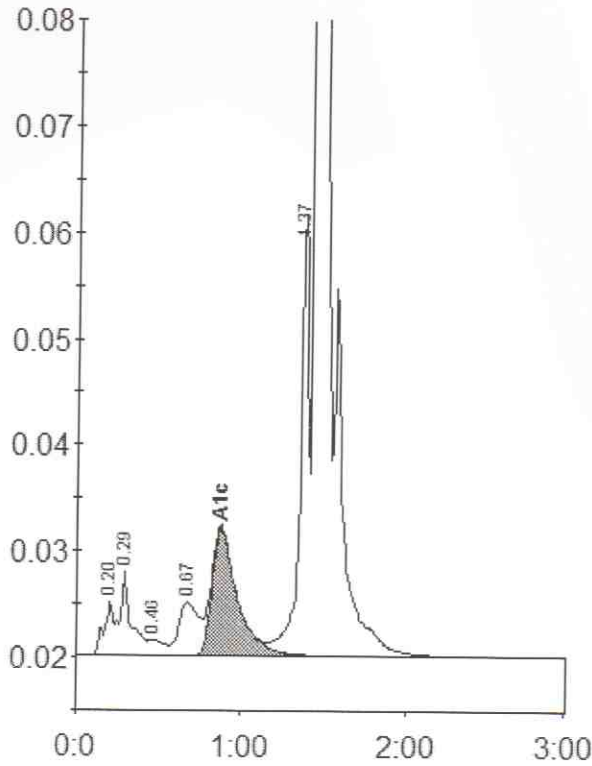




Patient report

Sterling HOSPITALS

DATE: 03/08/2024
 TIME: 01:00 PM
 S/N: #DJ8G550303 Software version: 4.30-2
 Sample ID: 082407500267
 Injection date: 03/08/2024 01:00 PM
 Injection #: 10 Method: HbA1c
 Rack #: --- Rack position: 10



Peak table - ID: 082407500267

Peak	R.time	Height	Area	Area %
A1a	0.20	5016	24824	1.0
A1b	0.29	8098	32888	1.4
F	0.46	1396	9122	0.4
LA1c/CHb-1	0.67	4954	42084	1.7
A1c	0.87	12021	127371	6.7
P3	1.37	41581	146076	6.1
A0	1.44	729518	2027809	84.1
Total Area:	2410173			

Concentration:	%
A1c	6.7



Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007,
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Gautam Kumar .	Lab Id : 082407500267	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Male / 38 Y 24-Mar-1986	Registration on : 03-Aug-2024 09:36	Location : Main
Ref. Id : 298235 / 2804139	Collected at : SAWPL	Location : BNo./
Ref. By : Dr. RMO . STERLING...	Collected on : 03-Aug-2024 09:55	Approved on : 03-Aug-2024 11:20 Status : Interim
	Sample Type : Serum	Printed On : 05-Aug-2024 09:18
		Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
Lipid Profile

Test	Result	Unit	Biological Ref. Interval
Cholesterol <i>Cholesterol oxidase – Peroxidase</i>	H 213.0	mg/dL	Desirable : <200 Borderline High : 200-239 High : >240
Triglyceride <i>Ezymatic (Lipase/GK/GPo/POD)</i>	130.0	mg/dL	Normal : <150 Borderline : 150-199 High : 200-499 Very High : >500
HDL Cholesterol <i>PTA/MgCl₂</i>	48.0	mg/dL	Low: <40.0 High: >60.0
Direct LDL <i>Direct measured</i>	H 140.00	mg/dL	Optimal: <100 Near to above Optimal: 100–129 Borderline High: 130-159 High: 160–189 Very High: =190
VLDL <i>Calculated</i>	26.00	mg/dL	15 - 35
CHOL/HDL Ratio <i>Calculated</i>	4.4		Up to 5.0
dLDL/HDL Ratio <i>Calculated</i>	2.9		Up to 3.5


Dr. C. Shrinivasan..

M.D (Pathology)(G-18341)

Consultant Pathologist

This is an Electronically Authenticated Report.

Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests

Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

Page 8 of 10



Download Accuris App





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Gautam Kumar .	Lab Id : 082407500267	Pt. Type : Sterling Hospital Vadodara Health Checkup Main
Sex/Age : Male / 38 Y 24-Mar-1986	Registration on : 03-Aug-2024 09:36	Location : BNo./
Ref. Id : 298235 / 2804139	Collected at : SAWPL	Approved on : 03-Aug-2024 11:20 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 03-Aug-2024 09:55	Printed On : 05-Aug-2024 09:18
	Sample Type : Serum	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS

Test	Result	Unit	Biological Ref. Interval
Uric Acid <i>Uricase</i>	6.40	mg/dL	3.5 - 8.5
Blood Urea Nitrogen <i>Calculated</i>	L 8.41	mg/dL	9.0 - 20.0
Urea <i>Urease, Colorimetric</i>	L 18.0	mg/dL	19.3 - 43.0
Creatinine, serum <i>Creatinine Amidohydrolase</i>	L 0.60	mg/dL	0.66 - 1.25
BUN Creatinine Ratio <i>Calculated</i>	14.02		
Urea Creatinine Ratio <i>Calculated</i>	30.00		


Dr. C. Shrinivasan..

M.D (Pathology) [G-18341]

Consultant Pathologist

This is an Electronically Authenticated Report.

Page 9 of 10

Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007. Tests marked with # are referred tests

Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App





Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mr. Gautam Kumar .	Lab Id	: 082407500267	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 38 Y 24-Mar-1986	Registration on	: 03-Aug-2024 09:36	Location	: Main BNo./
Ref. Id	: 298235 / 2804139	Collected at	: SAWPL	Approved on	: 03-Aug-2024 12:32 Status : Interim
Ref. By	: Dr. RMO . STERLING...	Collected on	: 03-Aug-2024 09:55	Printed On	: 05-Aug-2024 09:18
		Sample Type	: Urine	Process At	: 75 – Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
URINE ROUTINE EXAMINATION

Test	Result	Unit	Biological Ref. Interval
Physical & Chemical (Dip strip) examination			
Colour	Pale Yellow		Pale Yellow
pH <i>Double indicator</i>	6.0		5.5 - 7.0
Specific Gravity <i>Polyelectrolyte based reaction</i>	L 1.010		1.015 - 1.025
Protein <i>Protein error of indicators</i>	Absent		Absent
Glucose <i>GOD-POD</i>	Absent		Absent
Ketone <i>Nitroprusside</i>	Absent		Absent
Blood <i>Peroxidase like reaction</i>	Present (+)		Absent
Bilirubin <i>Diazo reaction</i>	Absent		Absent
Leucocytes <i>Esterase reaction</i>	Absent		Absent
Nitrite <i>p-arsanilic acid to diazonium compound</i>	Absent		Absent
Microscopic Examination			
Erythrocytes (RBCs)	6-8	/hpf	0 - 2
Pus Cells	30-40	/hpf	0 - 5
Epithelial Cells	Occasional	/hpf	
Crystals	Absent		Absent
Casts	Absent		Absent
Bacteria	Absent		Absent
Amorphous Material	Absent		Absent
Yeast	Absent		Absent

----- End Of Report -----


Dr. C. Shrinivasan..

 M.D (Pathology) [G-18341]
Consultant Pathologist

Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests
Ph: 0265-6144210

 pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.

Page 10 of 10



Download Accuris App

Great
Place
To
Work

Certified

MAR 2024 - MAR 2025
INDIA



Race Course Road, Vadodara

Report Date: 03 Aug 2024 - 11:09 AM

Patient Id : RCR-298235

Patient Name : GAUTAM KUMAR

Age : 38Y 4M 10D

Sex : Male

Ref. Doctor : DR. RMO . STERLING

Study Date : 03 Aug 2024 - 10:57 AM

X-RAY CHEST PA VIEW

Both lung fields show prominent broncho-vascular markings.
Cardiac size appears within normal limit.
Trachea and mediastinal soft tissue shadow appear unremarkable.
Bilateral C.P. angles and both domes of diaphragm appear normal.
Field of vision under vision appears normal.

CONCLUSION:

No significant chest abnormality detected.

Dr. Shilpi Gupta MD
Sr. Consultant Radiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West,
Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India



03-08-2024 11:53:20 AM

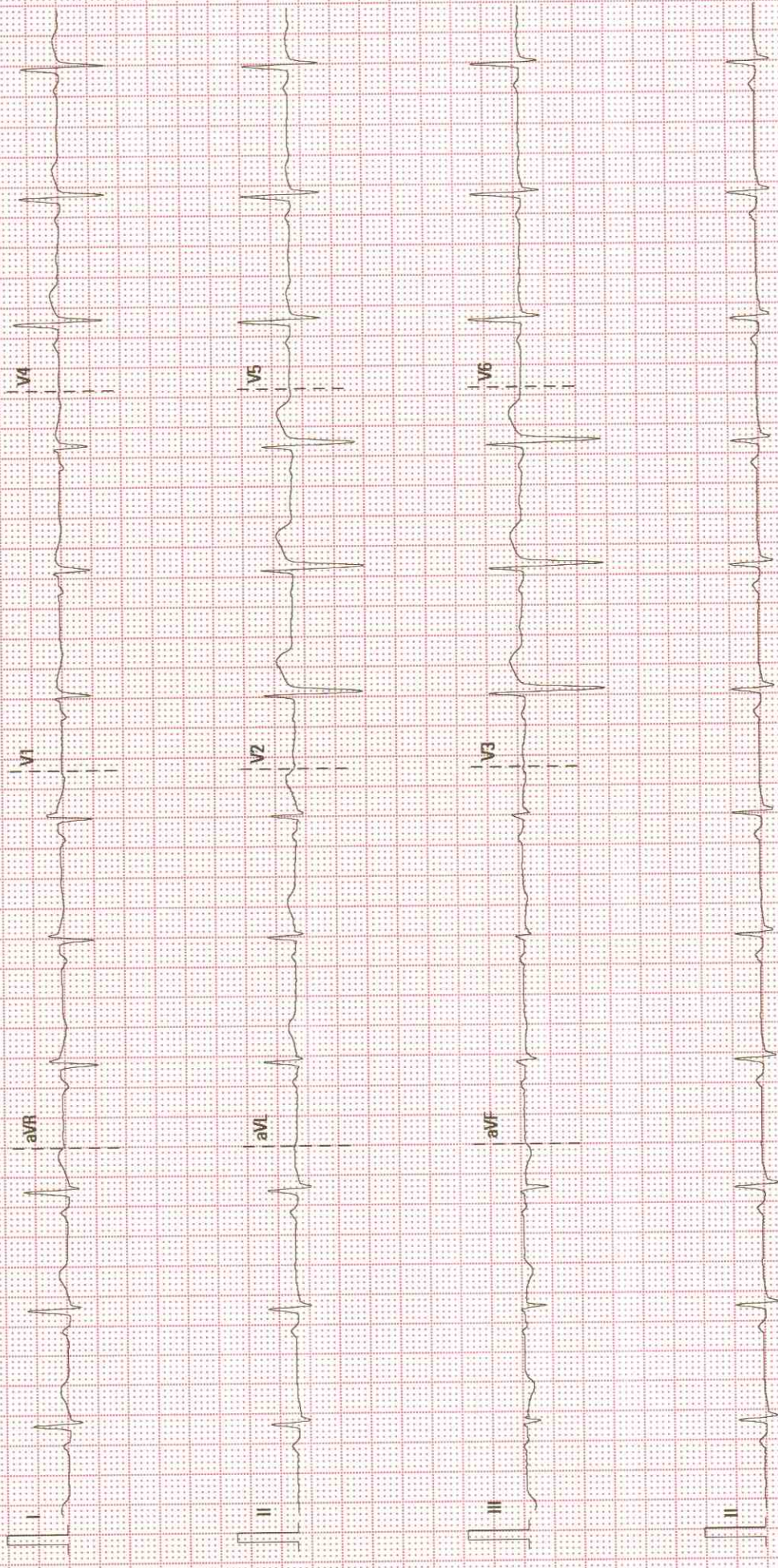
ID: 2024080311533034
Name: MR GAUTAM KUMAR
Age: 36 Years
Gender: Male

Vent: Rist
PR Interval: 158 ms
QRS Duration: 92 ms
QT/QTc Interval: 364/387 ms
P/QRS/T Axes: 26/-37/-16 deg
QTc: Hodges

Sinus rhythm
Inferior T wave abnormality is not specific
Borderline ECG

Unconfirmed Diagnosis

Left ax TBLS





2D ECHOCARDIOGRAPHY REPORT



Race Course Road, Vadodara

Name: Mr. GAUTAM KUMAR
Age: 38 Years
Sex: M
Date: 03-Aug-2024

Ref By: HCP
Study: 2D Echo

M-MODE:

IVS	10mm	LVDD	46mm
PW	11mm	LVDS	24mm
LA	37mm	LV EF	60 %

DOPPLER STUDY:

MITRAL	E 1.24 A 0.49
AORTIC	1.28
TRICUSPID	N
PULMONARY	N

CONCLUSION :

- NORMAL SIZED CHAMBERS
- NORMAL LV SYSTOLIC FUNCTION LVEF 60 %
- NO RWMA AT REST
- NO DIASTOLIC DYSFUNCTION
- NORMAL RV SIZE AND FUNCTION
- ALL VALVES ARE NORMAL
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- NORMAL IVC

Dr. KAUSHIK TRIVEDI MD
Consultant interventional Cardiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India

SonoDoc 91-20-25443913





Patient Id	: RCR-298235	Patient Name	: GAUTAM KUMAR
Age	: 38Y 4M 10D	Sex	: Male
Ref. Doctor	: DR.RMO.STERLING	Study Date	: 03 Aug 2024 - 09:27 AM

SONOGRAPHY OF WHOLE ABDOMEN: -

LIVER: Liver appears normal in size and shows bright parenchymal echoes, Grade I. No evidence of focal lesion seen. No evidence of dilated IHBR is seen. Intrahepatic portal radicals appear normal. Portal vein is normal in caliber measuring 12.6 mm at porta & shows hepatopetal blood flow.

GALL BLADDER: Gall bladder is partially distended. No definite evidence of calculus or changes of cholecystitis are seen. CBD appears normal. **Adv: Review in proper fasting if clinically indicated.**

PANCREAS: Pancreas is partially visualized and visualized portion is normal in size & shows normal parenchymal echoes.

SPLEEN: Spleen is normal in size & shows normal parenchymal echoes. No evidence of focal or diffuse lesion is seen.

BOTH KIDNEYS: Both kidneys are normal in size, shape, position and contour. Cortical thickness & echo appear normal. No evidence of renal calculus, hydronephrosis or mass lesion is seen on either side.

Right kidney measures 10.9 x 4.4 cm

Left kidney measures 10.8 x 5.3 cm

No evidence of suprarenal mass lesion is seen on either side.

URINARY BLADDER: Bladder is partially distended and appears unremarkable.

PROSTATE: Prostate appears normal in size and shows normal echotexture. No evidence of solid or cystic lesion. Prostatic volume measures approx. 17.0 cc.

No evidence of ascites, lymphadenopathy is seen.

Mild gaseous distention of bowel loops is seen.

CONCLUSION:

- Mild generalized fatty infiltration of liver.
- No other significant abnormality detected.

Dr. Shilpi Gupta MD
Sr. Consultant Radiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78 | www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121 | Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India

