

Patient Name	: Mrs.SUMALATHA T	Collected	: 27/Jul/2024 08:01AM
Age/Gender	: 32 Y 11 M 27 D/F	Received	: 27/Jul/2024 10:05AM
UHID/MR No	: CMYS.0000061593	Reported	: 27/Jul/2024 12:31PM
Visit ID	: CMYSOPV127729	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 22S29806		

**DEPARTMENT OF HAEMATOLOGY**

**PERIPHERAL SMEAR , WHOLE BLOOD EDTA**



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Consultant Pathologist

SIN No:BED240196347



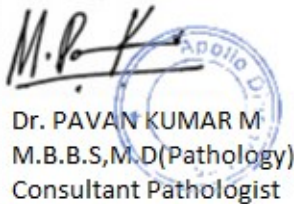
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
HAEMOGLOBIN	12.7	g/dL	12.5-15	Spectrophotometer
PCV	38.70	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.63	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	83.7	fL	83-101	Calculated
MCH	27.4	pg	27-32	Calculated
MCHC	32.8	g/dL	31.5-34.5	Calculated
R.D.W	12.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,760	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYtic COUNT (DLC)</b>				
NEUTROPHILS	41	%	40-80	Electrical Impedance
LYMPHOCYTES	38	%	20-40	Electrical Impedance
EOSINOPHILS	10	%	1-6	Electrical Impedance
MONOCYTES	10	%	2-10	Electrical Impedance
BASOPHILS	1	%	0-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	2771.6	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2568.8	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	676	Cells/cu.mm	20-500	Calculated
MONOCYTES	676	Cells/cu.mm	200-1000	Calculated
BASOPHILS	67.6	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.08		0.78- 3.53	Calculated
PLATELET COUNT	288000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	30	mm at the end of 1 hour	0-20	Modified Westergren
<b>PERIPHERAL SMEAR</b>				

R.B.C: Majority are normocytic normochromic.



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DEPARTMENT OF HAEMATOLOGY

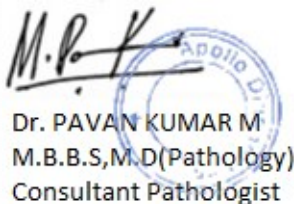
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

**W.B.C:** Are normal in number,morphology and increase in eosinophils.

**Platelets:** Adequate and are seen in singles and clumps.

**Hemoparasites:** Not seen.

**IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE WITH EOSINOPHILIA.**



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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



**Dr. PAVAN KUMAR M**  
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Patient Name : Mrs.SUMALATHA T	Collected : 27/Jul/2024 11:13AM
Age/Gender : 32 Y 11 M 27 D/F	Received : 27/Jul/2024 12:41PM
UHID/MR No : CMYS.0000061593	Reported : 27/Jul/2024 01:44PM
Visit ID : CMYSOPV127729	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	97	mg/dl	74-106	GOD, POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia


Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	136	mg/dl	70-140	GOD, POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



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Patient Name : Mrs.SUMALATHA T	Collected : 27/Jul/2024 08:01AM
Age/Gender : 32 Y 11 M 27 D/F	Received : 27/Jul/2024 01:19PM
UHID/MR No : CMYS.0000061593	Reported : 27/Jul/2024 03:04PM
Visit ID : CMYSOPV127729	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22S29806	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA</b>				
HBA1C, GLYCATED HEMOGLOBIN	6.0	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	126	mg/dL		Calculated

**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.

3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.

4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIPID PROFILE , SERUM</b>				
TOTAL CHOLESTEROL	155	mg/dl	0-200	CHOD
TRIGLYCERIDES	72	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	43	mg/dL	40-60	CHOD
NON-HDL CHOLESTEROL	112	mg/dL	<130	Calculated
LDL CHOLESTEROL	97.47	mg/dL	<100	Calculated
VLDL CHOLESTEROL	14.46	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.60		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.10		<0.11	Calculated

**Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIVER FUNCTION TEST (LFT) , SERUM</b>				
BILIRUBIN, TOTAL	0.55	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.20	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.35	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	31	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	23.0	U/l	0-31	IFCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	0.7		<1.15	Calculated
ALKALINE PHOSPHATASE	73.00	U/l	42-98	IFCC (AMP buffer)
PROTEIN, TOTAL	7.30	g/dl	6.4-8.3	Biuret
ALBUMIN	4.30	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.43		0.9-2.0	Calculated

**Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

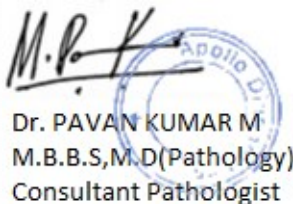
1. Hepatocellular Injury:

\*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.  
 \*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

\*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex. \*Bilirubin elevated- predominantly direct , To establish the hepatic origin correlation with elevated GGT helps.

3. Synthetic function impairment:



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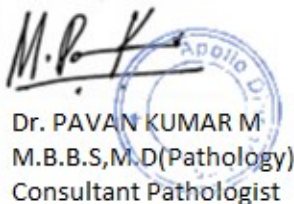
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\*Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.



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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM</b>				
CREATININE	0.65	mg/dL	0.51-1.04	Enzymatic colorimetric
UREA	14.62	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	<b>6.8</b>	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.80	mg/dL	2.6-6	Uricase
CALCIUM	9.60	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	4.03	mg/dl	2.7-4.5	Molybdate
SODIUM	140	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	102	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.30	g/dl	6.4-8.3	Biuret
ALBUMIN	4.30	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.43		0.9-2.0	Calculated



**Dr. PAVAN KUMAR M**  
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SIN No:SE04792842

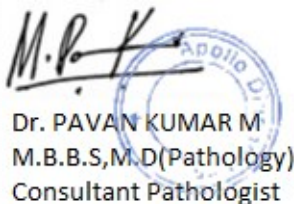


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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM</b>	12.00	U/l	0-38	IFCC



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b>				
TRI-IODOTHYRONINE (T3, TOTAL)	1.3	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	11.7	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	<b>8.385</b>	µIU/mL	0.38-5.33	CLIA

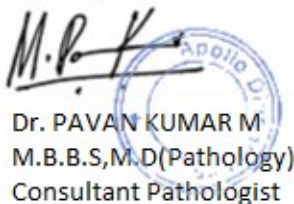
Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism

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SIN No:SPL24123705



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**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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Patient Name : Mrs.SUMALATHA T	Collected : 27/Jul/2024 08:01AM
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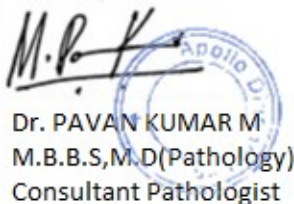
DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measurement
pH	7.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.005		1.002-1.030	Bromothymol Blue
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	2 - 4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY
OTHERS	NIL			MICROSCOPY

**Comment:**

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:UR2394195



Patient Name	: Mrs.SUMALATHA T	Collected	: 27/Jul/2024 08:01AM
Age/Gender	: 32 Y 11 M 27 D/F	Received	: 27/Jul/2024 10:26AM
UHID/MR No	: CMYS.0000061593	Reported	: 27/Jul/2024 11:40AM
Visit ID	: CMYSOPV127729	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 22S29806		

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:UR2394195



Patient Name : Mrs.SUMALATHA T	Collected : 27/Jul/2024 08:01AM
Age/Gender : 32 Y 11 M 27 D/F	Received : 27/Jul/2024 10:26AM
UHID/MR No : CMYS.0000061593	Reported : 27/Jul/2024 11:40AM
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Emp/Auth/TPA ID : 22S29806	

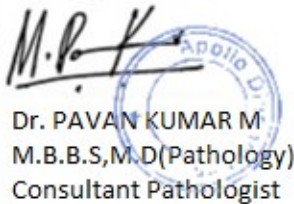
**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:UF011942





**Patient Name** : Mrs. SUMALATHA T

**Age/Gender** : 32 Y/F

**UHID/MR No.** : CMYS.0000061593

**OP Visit No** : CMYSOPV127729

**Sample Collected on** :

**Reported on** : 30-07-2024 13:36

**LRN#** : RAD2389138

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 22S29806

---

**DEPARTMENT OF RADIOLOGY**

---

**X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY .**

**Dr. CHETAN HOLEPPAGOL**  
**MBBS, DNB(RADIO DIAGNOSIS)**  
Radiology

<b>Patient Name</b>	: Mrs. SUMALATHA T	<b>Age/Gender</b>	: 32 Y/F
<b>UHID/MR No.</b>	: CMYS.0000061593	<b>OP Visit No</b>	: CMYSOPV127729
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 29-07-2024 13:41
<b>LRN#</b>	: RAD2389138	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: 22S29806		

## DEPARTMENT OF RADIOLOGY

### ULTRASOUND - WHOLE ABDOMEN

**LIVER:** It is normal in size and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is well distended and normal. No calculi seen.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal.

**RIGHT KIDNEY:** It measures 9.8x4.0cm with parenchymal thickness of 1.6cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 10.4x5.0cm with parenchymal thickness of 1.6cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No calculi seen.

**UTERUS:** It is anteverted and measures 9.9x3.8x4.6 cm with ET= 10.8mm. It is normal in size, outline and echotexture. No mass lesion.

**Rt. OVARY:** It measures 3.6x1.6 cm. It is normal. No mass lesion seen.

**Lt. OVARY:** It measures 2.9x1.9 cm and shows a simple cyst measuring 3.1x2.9 cm.

**OTHERS:** No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

#### **IMPRESSION:**

- **GRADE I FATTY LIVER.**
- **LEFT OVARIAN SIMPLE CYST.**

**Dr. Chetan H, DNB**  
Consultant

**Dr. CHETAN HOLEPPAGOL**  
**MBBS, DNB(RADIO DIAGNOSIS)**  
Radiology

<b>Patient's Name : Mrs Sumalatha T</b>	<b>Age &amp; Sex: 47Yrs /Female</b>
<b>Date : 27.07.2024</b>	<b>UHID No: 61610</b>

## 2D ECHOCARDIOGRAPHY STUDY

### Impression:

- Normal chamber volumes
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 60 %
- No clots. No pericardial effusion

### Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal.

#### **Apollo Health and Lifestyle Limited**

(CIN: U65110TG2000PLC115819)  
Regd Office: 1, 10-6D 62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016  
Ph: No: (040) 4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

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Bangalore: Basavanagudi, Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |  
Koramangala | Sarjapur Road, Mysore: VV Mohalla  
Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient's Name : Mrs Sumalatha T	Age & Sex: 32Yrs /Female
Date : 27.07.2024	UHID No: 61593

Measurements

AO : 2.6 cm  
LA : 3.6 cm

RV : 2.0 cm  
LVIDd : 4.3 cm  
LVIDs : 2.9 cm  
IVSd : 0.8 cm  
IVSs : 1.11 cm  
PWd : 0.9 cm  
PWs : 1.20 cm

EF : 60 %  
FS : 30 %

Doppler

MV	TV	AV	PV
E: 0.55 m/s	E --- m/s	V max 1.27 m/s	V max 1.06 m/s
A: 0.40 m/s	A --- m/s		
MR Nil	TR Nil	AR Nil	PR Nil

*for* **Dr. GURU PRASAD. B. V, MBBS, PGDCC**  
**CONSULTANT – NON-INVASIVE CARDIOLOGY**

**Apollo Health and Lifestyle Limited**

REGD. OFFICE: 110, 112, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

PH. No: 4944 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

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Kumaragangala | Marajpet Road, Mysore (VV Mohalla)

Online appointments: www.apollohills.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

Name : Mrs. SUMALATHA T

Age: 32 Y

Sex: F

UHID:CMYS.0000061593



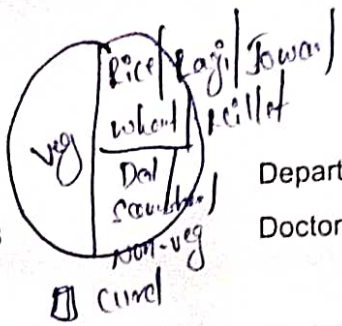
OP Number:CMYSOPV127729

Bill No :CMYS-OCR-23737

Date : 27.07.2024 07:55

Address : MYSORE  
Plan : ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN  
INDIA OP AGREEMENT

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324	
1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	2D ECHO → P	
3	LIVER FUNCTION TEST (LFT)	
4	GLUCOSE, FASTING	
5	HEMOGRAM + PERIPHERAL SMEAR	
6	GYNACOLOGY CONSULTATION → P	
7	DIET CONSULTATION → P	
8	COMPLETE URINE EXAMINATION	71.4
9	URINE GLUCOSE (POST PRANDIAL)	157
10	PERIPHERAL SMEAR	100/70
11	ECG	
12	LBC PAP TEST - PAPSURE	
13	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
14	DENTAL CONSULTATION	
15	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	
16	URINE GLUCOSE (FASTING)	
17	HbA1c, GLYCATED HEMOGLOBIN	
18	X-RAY CHEST PA	
19	ENT CONSULTATION → P	
20	FITNESS BY GENERAL PHYSICIAN → P	
21	BLOOD GROUP ABO AND RH FACTOR	
22	LIPID PROFILE	
23	BODY MASS INDEX (BMI)	
24	OPTICAL BY GENERAL PHYSICIAN	
25	ULTRASOUND - WHOLE ABDOMEN	
26	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	



Date : 27-07-2024  
MR NO : CMYS.0000061593

Department : GENERAL Dietetics  
Doctor : Madhura. B.P

Name : Mrs. SUMALATHA T

Registration No :  
Qualification : M.Sc Nutrition & Dietetics  
PhD\*

Age/ Gender : 32 Y / Female

Consultation Timing: 07:54

IRCO - 53/19

Height : 157	Weight : 71.4	BMI : 29 kg/m <sup>2</sup>	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination / Allergies History

ESK - 30  
HBA1c - 6.0%  
TSH - 8.385

Clinical Diagnosis & Management Plan

- Δ<sup>sis</sup> - Grade I fatty liver. Left ovarian cyst
- Advised low fat, low calorie diet with fiber rich foods.
- Avoid cruciferous vegetables like cabbage, cauliflower, broccoli, spinach, soy and its products.
- Regular physical exercise is compulsory.
- Dietary guide client is given.
- \*Avoid ~~fruits~~ <sup>vegetables</sup> like potato, sweet potato, Yam & Arbi.
- \*Avoid ~~fruits~~ like mango, sapota, Jack fruits, westard apple & big banana.

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Madhura. B.P  
27/7/2024

Date : 27-07-2024  
MR NO : CMYS.0000061593

Department : GENERAL  
Doctor :

Name : Mrs. SUMALATHA T

Registration No : H. Manjunath

Age/ Gender : 32 Y / Female

Qualification : MS 10007

Consultation Timing: 07:54

Height : 157	Weight : 71.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Come for regular health checkup

Anxiety

OCC: EON Bilateral 9m. @

Note - nasal mucosa @

oral cavity & explore - slight  
inflammation

neck @

As suggested please be relaxed & rest

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

**CERTIFICATE OF MEDICAL FITNESS**

This is to certify that I have conducted the clinical examination

of Mrs Sumanatha J on 27/07/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>Medically Fit</li> </ul>	✓
<ul style="list-style-type: none"> <li>Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> <li>Unfit</li> </ul>	

Dr. [Signature]  
Medical Officer  
The Apollo Clinic, Mysore.

**Apollo Health and Lifestyle Limited**

Regd. Office: UAS 1107G2000PLC115819  
Regd. Office: 1 10 60 E2, Ashoka Nagar, Mysore  
Ph: No: 0824 4004 7777 Fax No: 4004 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

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Kalyan Nagar | Sarjapur Road | Mysore (VV Michalla)

Online appointments: www.apolloclinic.com

*This certificate is not meant for medical/legal purposes*

**Apollo Clinic**  
# 23, 1st Floor  
Kalidasanagar, Mysore  
Ph: 0824 4004 500 7788



Date : 27-07-2024  
 MR NO : CMYS.0000061593

Department : GENERAL  
 Doctor : D. Umesh HB

Name : Mrs. SUMALATHA T

Registration No : 67084

Age/ Gender : 32 Y / Female

Qualification : MDS - MD

Consultation Timing: 07:54

Height: 157	Weight: 71.4	BMI:	Waist Circum:
Temp:	Pulse: 70/1	Resp: 20/1	B.P: 100/70

General Examination /  
 Allergies History

Clinical Diagnosis & Management Plan

C/S  
 R/S  
 P/S / 10/10  
 HBAAC  
 G-2

Adv

Regular exercise / NT sedentary

T. ALI - D, 60k - 10  
 Once a week

T. Hcas 200 107 - 10

T. Rantanna plus - 15  
 210

13  
 Tm  
 15/11  
 USS of Neck  
 FNA

Follow up date :

*D. Umesh HB*  
 Doctor Signature

**Apollo Clinic**  
 # 23, 1st Floor,  
 Kalidasa Road, Mysore - 07  
 Ph : 0821-4006040/41

Date : 27-07-2024  
MR NO : CMYS.0000061593

Department : GENERAL  
Doctor : Dr. Jyothishree

Name : Mrs. SUMALATHA T

Registration No :

Age/ Gender : 32 Y / Female

Qualification :

Consultation Timing: 07:54

Height : 157	Weight : 71.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

O/G

~~71~~ Dental Caries  
Adv - Restoration  
Caries  
Adv - Oral Hygiene

Jyothishree

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

<b>Patient Name: Mrs Sumalatha T</b>	<b>Date : 27.07.2024</b>	<b>Referring Doctor: Dr. Self</b>
<b>Age / Sex: 35Yrs/Female</b>	<b>UHID No : 61593</b>	<b>Location : OP</b>
<b>ULTRASONOGRAPHY- ABDOMEN &amp; PELVIS</b>		

**LIVER:** It is normal in size and is increased in echotexture. No focal lesions seen. IHR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is well distended and normal. No calculi seen.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal.

**RIGHT KIDNEY:** It measures 9.8x4.0cm with parenchymal thickness of 1.6cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 10.4x5.0cm with parenchymal thickness of 1.6cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No calculi seen.

**UTERUS:** It is anteverted and measures 9.9x3.8x4.6 cm with ET= 10.8mm. It is normal in size, outline and echotexture. No mass lesion.

**Rt. OVARY:** It measures 3.6x1.6 cm. It is normal. No mass lesion seen.

**Lt. OVARY:** It measures 2.9x1.9 cm and shows a simple cyst measuring 3.1x2.9 cm.

**OTHERS:** No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

**IMPRESSION:**

- **GRADE I FATTY LIVER.**
- **LEFT OVARIAN SIMPLE CYST.**

**Dr. Chetan H, DNB**  
Consultant Radiologist.

**Apollo Health and Lifestyle Limited**

ICR# URS110TG2000PLC115R19  
Regd. Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016  
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Koramangala | Sarajpet Road | Mysore: VV Mahalle  
Online appointments: www.apolloh.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

Patient ID:	61593	Patient Name:	MRS SUMALATHA T 32Y
Age:		Sex:	F
Accession Number:		Modality:	CR
Referring Physician:		Study:	CHEST
Study Date:	27-Jul-2024		

**X-RAY CHEST PA**

Both lung fields and hila are normal .  
 No obvious active pleuro-parenchymal lesion seen .  
 Both costophrenic and cardiophrenic angles are clear .  
 Both diaphragms are normal in position and contour .  
 Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY .**

Dr. CHETAN HOLEPPAGOL  
 MBBS. DNB(RADIO DIAGNOSIS)



Date: 27-Jul-2024 16:47:22

**Apollo Health and Lifestyle Limited**

CIN: U85110TG2000PLC115814  
 Regd Office: 110/60/62 Anika Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016  
 Ph. No: 080 444 7777 Fax No: 444 7744 Email ID: enquiry@apollohl.com | www.apollohl.com

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 Koramangala | Sarajolu Road, Mysore: (VV Mahalla)

Online appointments: www.apolloclinics.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

# Apollo Clinic

## CONSENT FORM

Patient Name: Ms Sumalatha. T Age: 32 y.  
 UHID Number: ..... Company Name: Arcofemi

I  Mr/Mrs/Ms Sumalatha. T Employee of Arcofemi  
 (Company) Want to inform you that I am not interested in getting IBC

Tests done which is a part of my routine health check package.

And I claim the above statement in my full consciousness.

Patient Signature: Ms Sumalatha. T Date: 27/07/24

**Apollo Clinic**  
 # 23, 1st Floor,  
 Kalidasa Road, Mysore - 02  
 Ph : 0821-4006040/41

ID: 61593

27-07-2024 09:54:01 AM

MRS SUMALATHA T

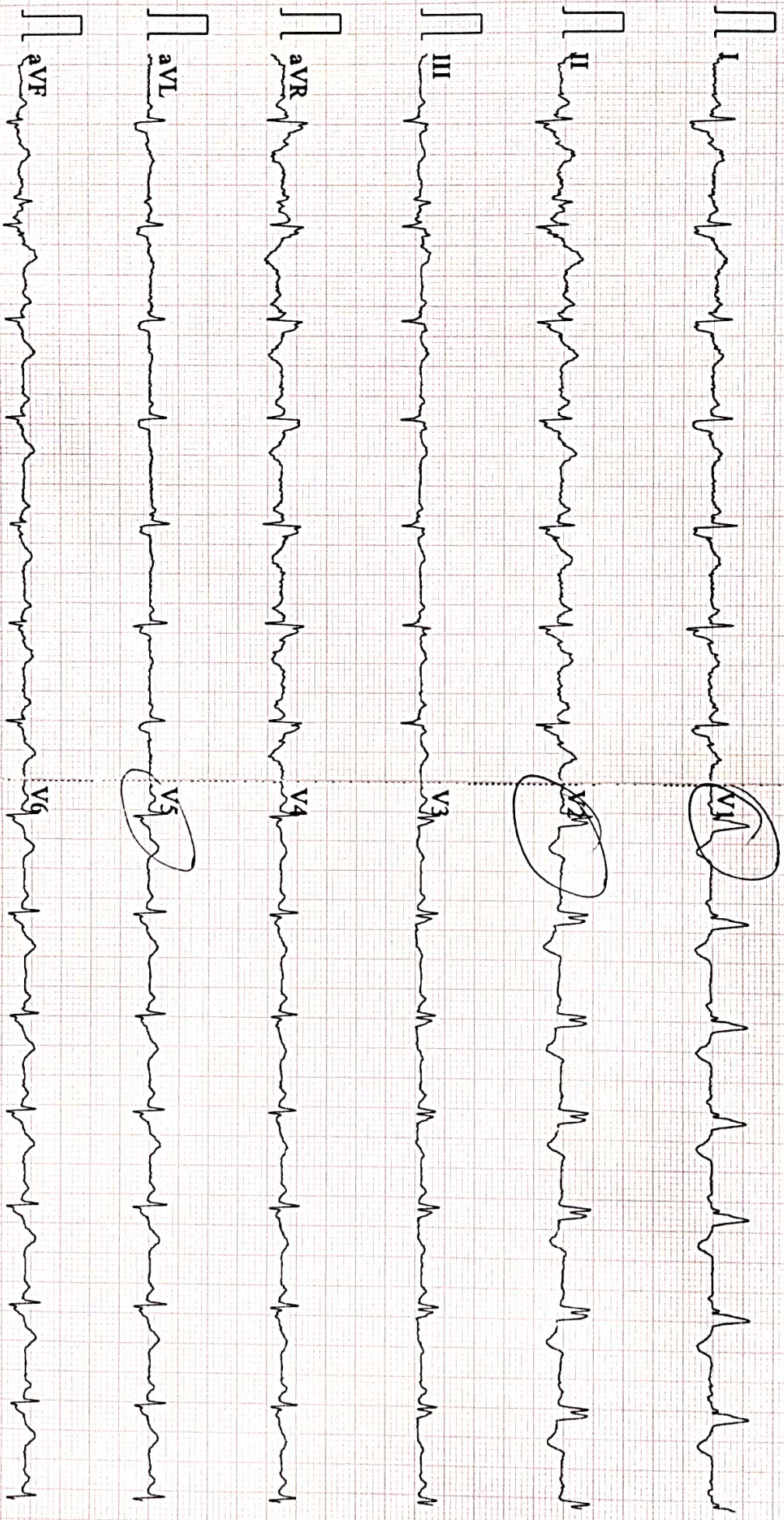
Female 32Years

157cm 71kg 100/70 mmHg

Diagnosis Information:

**Apollo Clinic**  
# 23, 1st Floor,  
Kallidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Unconfirmed Report.



0.5~45Hz AC50 25mm/s 10mm/mV 2\*5.0s 87 CARDIART

D V1.43 Glasgow V28.60 APOLLO CLINIC MYSURU

Date : 27-07-2024  
MR NO : CMYS.0000061593

Department : GENERAL [Gyn]  
Doctor :

Name : Mrs. SUMALATHA T

Registration No :

Age/ Gender : 32 Y / Female

Qualification :

Consultation Timing: 07:54

Height : 157	Weight : 71.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

PH → ACS.

mf → regular mles.

PH - DM +  
hypertension.

3 to 4 days / 30 days. Ump → 5/7/24.

scan - hr I fatty liver

left ovarian simple cyst

Adv: regular walk / yoga.  
avoid sunb rods.  
low ch / low fat diet

↓

follow up of the ovarian cyst.

↓

pelvic scan i full bladder.

21/11/24.

*Dr. R. R. Rani*

Follow up date :

Doctor Signature  
**Apollo Clinic**  
# 23, 1st Floor,  
Kalldasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 27-07-2024  
MR NO : CMYS.0000061593

Department : GENERAL  
Doctor :

Name : Mrs. SUMALATHA T

Registration No :

Age/ Gender : 32 Y / Female

Qualification :

Consultation Timing: 07:54

Height : 157	Weight : 71.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Distance

OP  
=

OS  
=

6/6

6/6

Near

Nc

Nc

Colour vision

Normal

Normal

Follow up date :

Doctor Signature

*Naresh*

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41



Name: Mrs. SUMALATHA T  
Age/Gender: 33 Y/F  
Address: MYSORE  
Location: MYSORE, KARNATAKA  
Doctor:  
Department: GENERAL  
Rate Plan: MYSORE\_16052024  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. SUJATHA T R

MR No: CMYS.0000061593  
Visit ID: CMYSOPV127729  
Visit Date: 27-07-2024 07:54  
Discharge Date:  
Referred By: SELF

## HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

### Chief Complaints

COMPLAINTS:::: For Corporate Health Checkup,

## SYSTEMIC REVIEW

### \*\*Weight

--->: Stable,

Number of kgs: 78.2,

## HT-HISTORY

### Past Medical History

PAST MEDICAL HISTORY: Nil Significant,

\*\*Cancer: nil,

## PHYSICAL EXAMINATION

## SYSTEMIC EXAMINATION

## IMPRESSION

## RECOMMENDATION

### Fitness Report

Fitness.: YES,

Fitness: fit,

## DISCLAIMER

Disclaimer: The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,

### Doctor's Signature

## Your appointment is confirmed

noreply@apolloclinics.info <noreply@apolloclinics.info>

Thu 25-07-2024 14:47

To:kirankumar.tr@bankofbaroda.co.in <kirankumar.tr@bankofbaroda.co.in>

Cc:Mysore Apolloclinic <mysore@apolloclinic.com>;Yogeesh KV <mkt.mysore@apolloclinic.com>;Syamsunder M <syamsunder.m@apollohl.com>



**Dear Sumalatha T,**

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **KALIDASA RAOD clinic** on **2024-07-27** at **08:30-08:45**.

Payment Mode	
Corporate Name	<b>ARCOFEMI HEALTHCARE LIMITED</b>
Agreement Name	<b>[ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT]</b>
Package Name	<b>[ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324]</b>

**"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."**

**Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.**

**Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.**

### **Instructions to be followed for a health check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.
3. Please bring all your medical prescriptions and previous health medical records with you.
4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any health check during menstrual cycle.

**For further assistance, please call us on our Help Line #: 1860 500 7788.**

**Clinic Address: 23, KALIDASA ROAD, VV MOHLLA, MYSORE.**

**Contact No: (0821) 400 6040 - 41.**

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards,  
Apollo Clinic

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ಭಾರತ ಸರ್ಕಾರ  
Unique Identification Authority of India  
Government of India

ನೋಂದಾವಣೆ ಕ್ರಮ ಸಂಖ್ಯೆ / Enrollment No.: 0821/83321/42489

To  
ಟಿ ಸುಮಲತ  
T Sumalatha  
D/O: T Thippeswamy  
#835/10 Main Road  
Near Durgambika High School Saraswathi Nagara  
Nituvalli  
Davanagere  
Nittuvalli  
Davanagere Davangere  
Karnataka 577004  
9845480356

06/01/2016

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ನಿಮ್ಮ ಆಧಾರ್ ಸಂಖ್ಯೆ / Your Aadhaar No. :

**8126 7666 4417**

ಆಧಾರ್ - ಶ್ರೀಸಾಮಾನ್ಯನ ಅಧಿಕಾರ



ಭಾರತ ಸರ್ಕಾರ

 Government of India

 ಟಿ ಸುಮಲತ  
T Sumalatha  
ಜನ್ಮ ದಿನಾಂಕ / DOB : 31/07/1991  
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