

Dr. Vimmi Goel  
MBBS, MD (Internal Medicine)  
Sr. Consultant Non Invasive Cardiology  
Reg. No: MMC- 2014/01/0113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052

**KIMS-KINGSWAY  
HOSPITALS**

Name: Mr. Rajsatna Sukhdev Date: 7/3/24

Age: 44y Sex: M Weight: 69.7 kg Height: 166.4 inc BMI: 25.2

BP: 123/85 mmHg Pulse: 76/m bpm RBS: \_\_\_\_\_ mg/dl  
SpO2: 98%

44/M

- Prediabetes (A1c - 6.4)
- LDL - 111
- No additions
- F1H - Neg for DM

O/E

JVP°

Cv  
Lg  
P/A | N.

Adv.

Diet, walking

Rpr. FBS }  
PMBS } after 3 mths  
HbA1c }  
FLP }

  
**DR. VIMMI GOEL**  
Sr. Consultant Non Invasive Cardiology  
Reg. No: MMC- 2014/01/0113

Name: Mr. Rajratna Sukhdene Date: 07/03/24

Age: 44 yrs. Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

Routine dental checkup.

O/E:- Root piece  $\bar{c}$  18

Partially impacted  $\bar{c}$  38, 48.

Supernumerary teeth in relation to  $\frac{54}{|}$

Stains +

Calculus +

Advice:- OPG

Extraction  $\bar{c}$  18, 38, 48

Complete oral prophylaxis.

Dr. Megha.

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>RAJRATNA BHAUDAS SUKHDEVE</b> 44Y(S) 0M(S) 0D(S)M UMR2324039684 9730739847	<b>CONSULT DATE</b> 07-03-2024 <b>CONSULT ID</b> OPC2324122092 <b>CONSULT TYPE</b> <b>VISIT TYPE</b> NORMAL <b>TRANSACTION TYPE</b> CASH	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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**VITALS**

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :  
 - °F - /min - %RA - /10 - cms

Weight : BMI :  
 - kgs -

**CHIEF COMPLAINTS**

ROUTINE CHECK UP

**MEDICATION PRESCRIBED**

#	Medicine	Route	Dose	Frequency	When	Duration
1	MAXIMOIST 10ML DROPS	Eye	1-1-1-1	Every Day	NA	2 months
Instructions : BOTH EYES Composition : D-PANTHENOYL SODIUM-HYALURONIC ACID MS						

**NOTES**

**GLASS PRESCRIPTION :-**  
**DISTANCE VISION**

EYE	SPH	CYL	AXIS	VISION
-----	-----	-----	------	--------

RIGHT EYE	00	-1.50	180	6/6
-----------	----	-------	-----	-----

LEFT EYE	00	-0.50	05	6/6
----------	----	-------	----	-----

**NEAR ADDITION**

RIGHT EYE	+1.50D	MS
-----------	--------	----

LEFT EYE	+1.50D	MS
----------	--------	----

**REMARK- CONT. WITH OLD GLASSES**



**Dr. Ashish Prakashchandra Kamble**  
MBBS,MS, FVRS,FICO  
Consultant

Printed On :07-03-2024 11:40:05



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mr. RAJRATNA BHAUDAS SUKHDEVE      **Age / Gender** : 44 Y(s)/Male  
**Bill No/ UMR No** : BIL2324082968/UMR2324039684      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 07-Mar-24 09:23 am      **Report Date** : 07-Mar-24 11:03 am

**HAEMOGRAM**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.8	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		43.7	40.0 - 50.0 %	Calculated
RBC Count		<b>5.62</b>	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		<b>78</b>	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		<b>26.4</b>	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.9	31.5 - 35.0 g/l	Calculated
RDW		<b>15.3</b>	11.5 - 14.0 %	Calculated
Platelet count		351	150 - 450 $10^3$ /cumm	Impedance
WBC Count		7000	4000 - 11000 cells/cumm	Impedance
<b><u>DIFFERENTIAL COUNT</u></b>				
Neutrophils		56.4	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		36.8	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		3.9	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		2.9	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3948	2000 - 7000 /cumm	Calculated



**CLINICAL DIAGNOSTIC LABORATORY**  
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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2576	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		273	20 - 500 /cumm	Calculated
Absolute Monocyte Count		203	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<b><u>PERIPHERAL SMEAR</u></b>				
RBC		Microcytosis + (Few), Hypochromia + (Few), Anisocytosis + (Few).		Light microscopy
WBC		As Above		
Platelets		Adequate		
<b>E S R</b>		05	0 - 15 mm/hr	Automated Westergren's Method
<b>*** End Of Report ***</b>				

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. RAJRATNA BHAUDAS SUKHDEVE      **Age / Gender** : 44 Y(s)/Male  
**Bill No/ UMR No** : BIL2324082968/UMR2324039684      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 07-Mar-24 09:22 am      **Report Date** : 07-Mar-24 11:45 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	106	< 100 mg/dl	GOD/POD,Colorimetric
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>				
HbA1c		6.4	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD**

**CONSULTANT PATHOLOGIST**

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Phone: +91 0712 6789100

CIN: U74999MH2015PTC300510



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. RAJRATNA BHAUDAS SUKHDEVE    **Age / Gender** : 44 Y(s)/Male  
**Bill No/ UMR No** : BIL2324082968/UMR2324039684    **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 07-Mar-24 11:58 am    **Report Date** : 07-Mar-24 01:15 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	127	< 140 mg/dl	GOD/POD, Colorimetric

**Interpretation:**

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,  
Fasting  $\geq$  126 mg/dl  
Random/2Hrs. OGTT  $\geq$  200 mg/dl  
Impaired Fasting = 100-125 mg/dl  
Impaired Glucose Tolerance = 140-199 mg/dl

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. RAJRATNA BHAUDAS SUKHDEVE	<b>Age / Gender</b> : 44 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2324082968/UMR2324039684	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 07-Mar-24 09:23 am	<b>Report Date</b> : 07-Mar-24 11:45 am

**LIPID PROFILE**

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	164	Enzymatic(CHE/CHO/POD)
Triglycerides		87	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		<b>33</b>	Phosphotungstic acid/mgd-Enzymatic (microslide)
LDL Cholesterol Direct		<b>111.56</b>	Enzymatic
VLDL Cholesterol		17	Calculated
Tot Chol/HDL Ratio		5	Calculation

Initiate therapeutic	Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		>190, optional at 160-189

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss.

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**Dr. VAIDEHEE NAIK, MBBS,MD  
CONSULTANT PATHOLOGIST**





**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. RAJRATNA BHAUDAS SUKHDEVE    **Age / Gender** : 44 Y(s)/Male  
**Bill No/ UMR No** : BIL2324082968/UMR2324039684    **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 07-Mar-24 09:23 am    **Report Date** : 07-Mar-24 11:45 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<b>THYROID PROFILE</b>				
<b>T3</b>	Serum	1.47	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
<b>Free T4</b>		1.17	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
<b>TSH</b>		3.04	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence
<b>PSA (Total)</b>		0.529	< 4 ng/ml	Enhanced chemiluminescence

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. RAJRATNA BHAUDAS SUKHDEVE	<b>Age / Gender</b> : 44 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2324082968/UMR2324039684	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 07-Mar-24 09:23 am	<b>Report Date</b> : 07-Mar-24 11:45 am

**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.39	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.23	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.16	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		63	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		24	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		26	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.86	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.70	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.16	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.49		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. RAJRATNA BHAUDAS SUKHDEVE	<b>Age /Gender</b> : 44 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2324082968/UMR2324039684	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 07-Mar-24 09:23 am	<b>Report Date</b> : 07-Mar-24 11:45 am

**RFT**

<b>Parameter</b>	<b>Specimen</b>	<b>Result Values</b>	<b>Biological Reference</b>	<b>Method</b>
Blood Urea	Serum	17	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.88	0.66 - 1.25 mg/dl	Enzymatic ( creatinine amidohydrolase)
GFR		108.7	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		142	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.04	3.5 - 5.1 mmol/L	Direct ion selective electrode

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mr. RAJRATNA BHAUDAS SUKHDEVE    **Age / Gender** : 44 Y(s)/Male  
**Bill No/ UMR No** : BIL2324082968/UMR2324039684    **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 07-Mar-24 09:32 am    **Report Date** : 07-Mar-24 12:18 pm

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<b><u>PHYSICAL EXAMINATION</u></b>			
Volume	Urine	40 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<b><u>CHEMICAL EXAMINATION</u></b>			
Reaction (pH)		7	4.6 - 8.0 Indicators
Specific gravity		1.015	1.005 - 1.025 ion concentration
Urine Protein		Negative	Negative protein error of pH indicator
Sugar		Negative	Negative GOD/POD
Bilirubin		Negative	Negative Diazonium
Ketone Bodies		Negative	Negative Legal's est Principle
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal Ehrlich's Reaction
<b><u>MICROSCOPIC EXAMINATION</u></b>			
Epithelial Cells		0-1	0 - 4 /hpf Manual
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. RAJRATNA BHAUDAS SUKHDEVE	<b>Age /Gender</b> : 44 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2324082968/UMR2324039684	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 07-Mar-24 09:32 am	<b>Report Date</b> : 07-Mar-24 12:18 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF IMMUNO HAEMATOLOGY**

**Patient Name** : Mr. RAJRATNA BHAUDAS SUKHDEVE      **Age / Gender** : 44 Y(s)/Male  
**Bill No/ UMR No** : BIL2324082968/UMR2324039684      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 07-Mar-24 09:23 am      **Report Date** : 07-Mar-24 11:48 am

**BLOOD GROUPING AND RH**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	* O *	Gel Card Method
Rh (D) Typing.		* Positive *(+Ve)	
		*** End Of Report ***	

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**

## DEPARTMENT OF RADIOLOGY &amp; IMAGING SCIENCE

NAME	RAJRATNA BHAUDAS SUKHDEVE	STUDY DATE	07-03-2024 10:38:39
AGE/SEX	44Y 1D / M	HOSPITAL NO.	UMR2324039684
ACCESSION NO.	BR.2324082968-17	MODALITY	DX
REPORTED ON	07-03-2024 11:16	REFERRED BY	Dr. Vimmi Goel

**X-RAY CHEST PA VIEW**

Both the lung fields are clear.

Heart and Aorta are normal.

Bilateral shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION:**

No pleuro-parenchymal abnormality seen.



Dr. R. KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

**NB:** This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

PATIENT NAME:	MR. RAJRATNA SUKHDEVE	AGE /SEX:	44 YRS/MALE
UMR NO:	2324039684	BILL NO:	2324082968
REFERRED BY	DR. VIMMI GOEL	DATE	07/03/2024

**USG ABDOMEN AND PELVIS**

LIVER is normal in size and echotexture.

No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.

PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.

Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:**

No significant visceral abnormality seen.

Suggest clinical correlation / further evaluation.



**DR. R.R. KHANDELWAL**  
SENIOR CONSULTANT  
MD RADIO DIAGNOSIS [MMC-55870]

**DR. JUHI MESHAM**  
JUNIOR RESIDENT

Report prepared by Manjusha Dhole (MT)



Kingsway Hospitals  
44 Kingsway, Mohan Nagar,  
Near Kasturchand Park, Nagpur

Station  
Telephone

## EXERCISE STRESS TEST REPORT

Patient Name: Mr Rajratna, Sukhdeva  
Patient ID: 039684  
Height:  
Weight:  
Study Date: 07.03.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

DOB: 13.08.1979  
Age: 44yrs  
Gender: Male  
Race: Indian  
Referring Physician: Mediwheel HCU  
Attending Physician: Dr. Vimmi Goel  
Technician: --

### Medications:

### Medical History:

Nil

### Reason for Exercise Test:

Screening for CAD

### Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:10	0.00	0.00	78	120/80	
	HYPERV.	00:02	0.00	0.00	77		
EXERCISE	WARM-UP	00:15	1.00	0.00	78	120/80	
	STAGE 1	03:00	1.70	10.00	100	120/80	
	STAGE 2	03:00	2.50	12.00	129	120/80	
RECOVERY	STAGE 3	02:55	3.40	14.00	173	130/80	
		01:00	0.00	0.00	126		
		02:00	0.00	0.00	100	120/80	
		00:35	0.00	0.00		120/80	

The patient exercised according to the BRUCE for 8:54 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 78 bpm rose to a maximal heart rate of 173 bpm. This value represents 98 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: Insignificant ST-T changes seen.

Overall impression: Normal stress test.

### Conclusions:

TMT is negative for inducible ischemia.

Insignificant ST-T changes seen.

Dr. VIMMI GOEL  
MBBS, MD  
Sr. Consultant-Non Invasive Cardiology  
Reg.No.: 2014/01/0113

PBC DEPT.

Rate 71 . Sinus rhythm.....normal P axis, V-rate 50-99  
 PR 170 . Abnormal R-wave progression, early transition.....QRS area>0 in V2  
 QRS 91 . Baseline wander in lead(s) I

QT 391  
 QTc 425

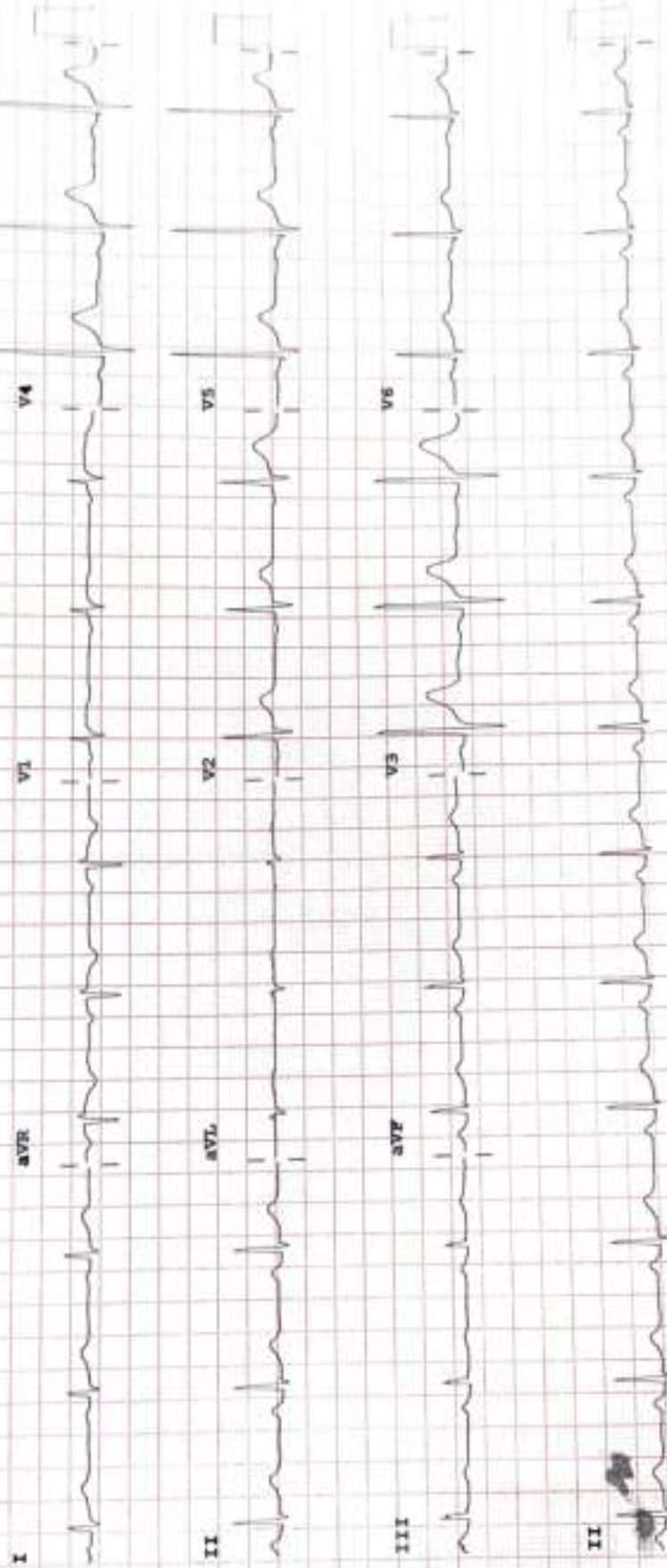
--AXIS--

P 72  
 QRS 63  
 T 55

12 Lead; Standard Placement

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

L: Lab: 10 mm/mV

Chest: 10.0 mm/mV

F 50- 0.50-150 Hz W

100B CL

P?

DHIIIDS