

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. SINGH GYANENDRA VIKRAM
EC NO.	178138
DESIGNATION	CREDIT
PLACE OF WORK	AMETHI
BIRTHDATE	17-03-1989
PROPOSED DATE OF HEALTH CHECKUP	08-03-2024
BOOKING REFERENCE NO.	23M178138100091126E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **16-02-2024** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

  
Dr. J.P. SINGH  
M.D.(Medicine) FACP (USA)  
Director & Consultant Physician  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

भारत सरकार  
GOVERNMENT OF INDIA

जानेंद्रा विक्रम सिंह  
Gyanendra Vikram Singh  
जन्म तिथि/DOB: 17/03/1989  
पुरुष / MALE

9576 4392 3816

आधार-आम आदमी का अधिकार

भारतीय रिपब्लिक पहचान प्राधिकरण  
भारत सरकार, भारत


पता:  
S/O जगदीश प्रसाद सिंह,  
146, सराय खेमा, जमेठी,  
जमेठी,  
उत्तर प्रदेश - 227405

Address:  
S/O Jagdish Prasad Singh, 146,  
Saray Khema, Amethi, Amethi,  
Uttar Pradesh - 227405

9576 4392 3816


Aadhaar-Aam Admi ka Adhikar

Dr. J.P. SINGH  
M.D. (Medicine) FACP (USA)  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

 **Bank of Baroda**



नाम **गुनेन्द्र विक्रम सिंह**  
Name **Gyanendra Vikram Singh**  
कार्यकारी फुट नं.  
E.C. No. **178138**

  
उत्पादक अधिकारी  
Issuing Authority

  
धारक के हस्ताक्षर  
Signature of Holder



  
**Dr. J.P. SINGH**  
M.D.(Medicine) FACP (USA)  
Director & Consultant Physician  
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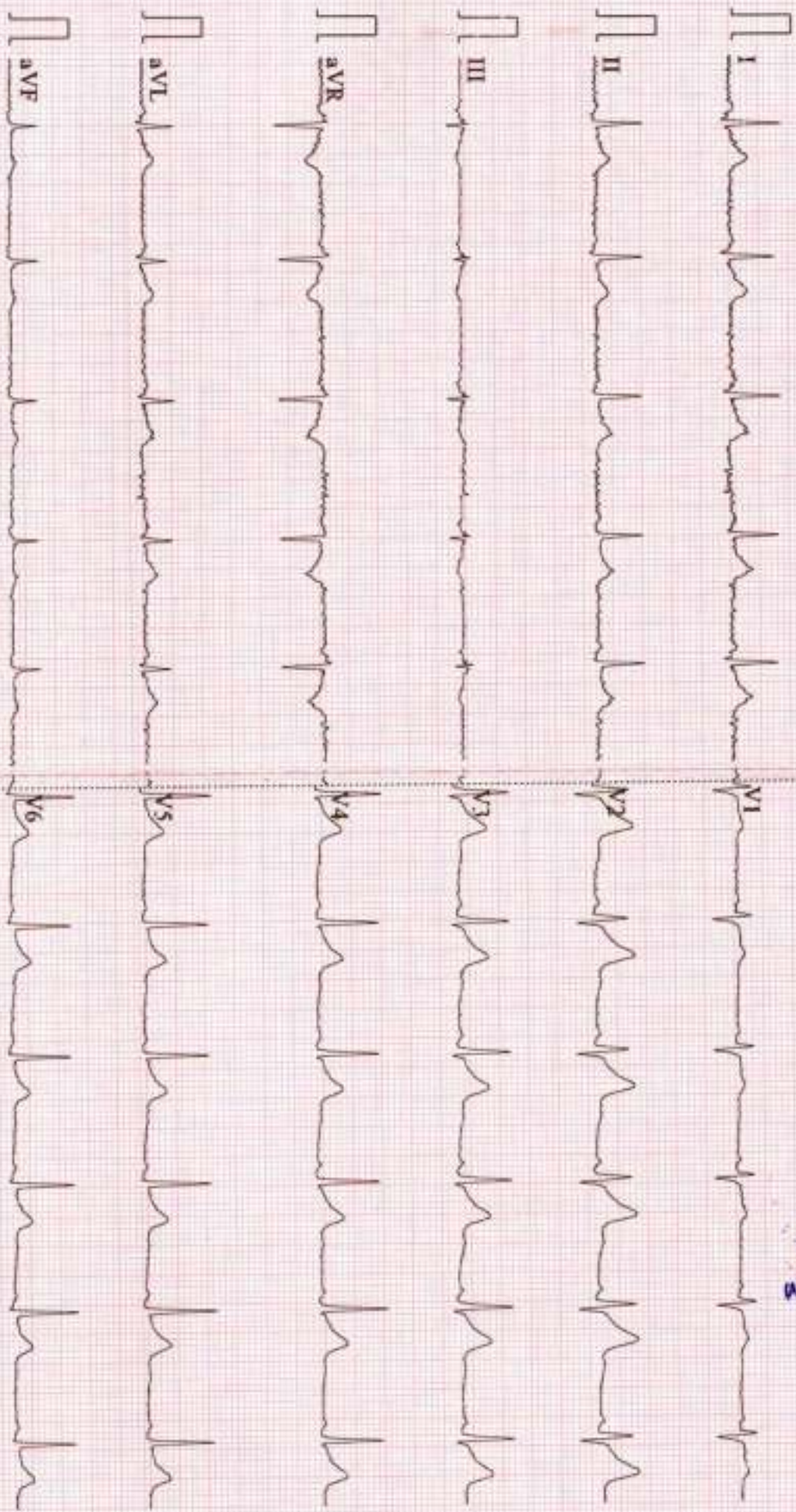
gyanendra  
Male 33Years  
Req. No. :

HR : 66 bpm  
P : 94 ms  
PR : 122 ms  
QRS : 82 ms  
QT/QTcBz : 398/417 ms  
P/QRS/T : 15/37/23 °  
RV5/SV1 : 1.14/2.03/66 mV

Diagnosis Information:  
Sinus rhythm  
Normal ECG

Report Confirmed by:

Dr. J.P. SINGH  
M.D. (Medicine) EACP (USA)  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt.Ltd.)



Report No.	: 1234	Bill No. / Day Sr.	: 08/03/2024
Patient Name	: Mr. Gyanendra Vikram Singh	Receiving Date	: 08/03/2024
Age(Y-M-D)	: 34 - 0 - 0	Reporting Date	: 08/03/2024
Sex	: Male		
Referred By	: Self		

X - RAY CHEST P.A.

TRACHEA - : Trachea in central,  
CARDIC SHADOW - : The cardiac size and silhouette is normal.  
ANGLES - : Both costophrenic angles are clear.  
PARRENCHYMA - : Both lung fields are clear & have normal volume bronchovascular pattern.  
C/ T RATIO - : Normal  
MEDIASTINUM - : No mediastinal shift is seen.  
DIAPHRAGM - : Both domes of the diaphragm are normal in position, outline & curvature.  
IMPRESSION - : NORMAL FINDING

JPK HOSPITAL

॥ सर्वे सन्तु निरामयः ॥

Dr. J.P. SINGH  
M.D.(Medicine) FACP (USA)  
Director & Consultant Physician  
(JPK Hospital & Trauma Center Pvt.Ltd.)

Associate Centre

**JPK CLINIC & DIAGNOSTICS**

Super Market, Sultanpur -228 001 (U.P.)

Ph.: 05362-241192, 9196008963 | www.jpkhospital.com



सर्वे सत्यं विजयते

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई. सी. जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट सिटी मार्ट मॉल, गल्ला मण्डी मोड़ जिला अस्पताल रोड- सुलतानपुर

Report No : 38,319  
 Patient Name : Mr. GYANENDRA  
 Age (Y-M-D) : 33 - 0 - 0  
 Sex : Male  
 Referred By : DHS



Bill No. / Day Sr.: 08-Mar-24 12  
 Receiving Date : 08-Mar-24 12  
 Reporting Date :

## ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

<b>LIVER</b>	: Liver is normal in size and echogenicity. No focal or diffuse mass lesion seen. No IHBD dilatation seen.
<b>GALL BLADDER</b>	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
<b>PV/CBD</b>	: Portal vein and CBD are normal in their course and calibre.
<b>PANCREAS</b>	: Pancreas is normal in size, contour & echotexture.
<b>SPLEEN.</b>	: Spleen is normal in size mm and echogenicity. No focal or diffuse mass lesion seen.
<b>KIDNEYS</b>	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen. No hydronephrosis is seen.
<b>URETER</b>	: B/L ureters are normally visualized.
<b>U.BLADDER</b>	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
<b>PROSTATE</b>	: Prostate is normal in size, shape & echo-texture. No mass lesion is seen.
<b>POST VOID</b>	: Not done.
<b>BOWEL</b>	: Gaseous Bowel loops are normal in calibre & wall thickness. No dilated loops are seen. No ascitis or fluid collection seen in abdominal cavity. No obvious lymphadenopathy noted.
<b>IMPRESSION</b>	: <b>NORMAL FINDINGS</b>

Dr. J. P. SINGH  
 M.D. (Medicine) FACP (USA)  
 Director & Consultant Physician  
 (JPK Hospitals & Trauma Center Pvt. Ltd.)

Dr. Amit Kumar  
 M.B.B.S. MS  
 Reg. No. 29176  
 Dr. Amit Kumar  
 (Sonologist.)



**Timings: 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.**

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.  
 If there is any doubt please repeat test free of cost. ( NOT FOR MEDICO LEGAL PURPOSE)

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www.jpkhospitals.com



Patient ID : JPKH-MRN-48684  
Name : Mr. GYANENDRA VIKRAM SINGH  
Age/Gender : 34Y/M  
Date/Time : 09-03-2024/09:39  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>BIO-CHEMISTRY</b>		
LRN-004119 <b>GGT</b>	<b>Gamma Glutamyl transferase (GGT)</b> 28.5 U/L	5-36 U/L (Female) 8-61 U/L (Male)
<b>Observation</b>		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:38		
LRN-004119 <b>PSA TOTAL</b>	<b>PSA Total</b> 1.02 ng/mL	<4.00 ng/mL
<b>Observation</b>		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:38		
LRN-004120 <b>Blood Urea Nitrogen (BUN)</b>	<b>Blood Urea Nitrogen (BUN)</b> 12.2 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
<b>Observation</b>		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:38		
LRN-004119 <b>Serum Creatinine</b>	<b>Serum Creatinine</b> 1.1 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
<b>Observation</b>		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:38		
LRN-004120 <b>Liver Function Test (LFT)</b>	<b>Liver Function Test (LFT)</b>	

*Rakesh*

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

This is an Electronically Generated Report. This report is based on the examination performed. The report may need to be correlated clinically as laboratory

### Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
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Name : Mr. GYANENDRA VIKRAM SINGH  
Age/Gender : 34Y/M  
Date/Time : 09-03-2024/09:39  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Bilirubin Total	0.58 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.22 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	0.36 mg/dL	0.0 - 0.8 mg/dL
SGOT	35.0 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	69.1 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	121.0 U/L	UPTO 125 U/L
Total Protein	7.32 g/dL	6.0 - 8.0 g/dL
Albumin	4.25 g/dL	3.5 - 5.2 g/dL
Globulin	3.07 g/dL	1.5 - 3.0 g/dL
A/G	1.72	1 - 2
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:38		
LRN-004119	<b>Fasting blood sugar</b> 90.0 mg/dL	70-110 mg/dl
Observation		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:38		
LRN-004121	<b>HbA1C</b> 5.2 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:38		
LRN-004119		

*Rakesh*

Rakesh Sharma  
Lab Technician

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Age/Gender : 34Y/M  
Date/Time : 09-03-2024/09:39  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Uric Acid	Uric Acid 4.86 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Observation		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:38		
LIPID-004120		
Total Cholesterol	Lipid Profile 216.4 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	148.2 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
HDL	50.2 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	87.2 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	29.4 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	4.31	( Less than 5.0 )
LDL/HDL	1.73	UPTO 3.5
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:38		

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
MBBS/DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

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Patient ID : JPKH-MRN-48684  
Name : Mr. GYANENDRA VIKRAM SINGH  
Age/Gender : 34Y/M  
Date/Time : 09-03-2024/09:39  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>HAEMATOLOGY</b>		
LRN-004118	<b>Blood grouping and Rh typing</b>	
<b>Blood Group</b>	O	
<b>RH Typing</b>	POSITIVE ( + )	
Observation		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:38		
<b>Complete Blood Count</b>		
LRN-004118		
<b>Haemoglobin</b>	15.6 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
<b>WBC Count</b>	8510	4000-11,000/cumm
<b>Differential Count</b>		
<b>Neutrophils</b>	60 %	40-75 %
<b>Lymphocytes</b>	33 %	20-45 %
<b>Eosinophils</b>	02 %	01-08 %
<b>Monocytes</b>	05 %	02-10 %
<b>Basophils</b>	00 %	00-01 %
<b>RBC Count</b>	4.90 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
<b>PCV</b>	46.8 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
<b>MCV</b>	95.4 fl	75-95 fl
<b>MCH</b>	31.7 pg	26-32 pg
<b>MCHC</b>	33.2 %	30-35%
<b>Platelet Count</b>	233000 cells/cumm	150000 - 400000 cells/cumm
<b>Mean Platelet Volume(MPV)</b>	10.8 fl	7.5-11.5 fl
<b>RDW-CV</b>	12.5 %	11-16 %
<b>RDW-SD</b>	44.9 %	35-56 %
Observation		
Sample Collection 09 Mar 2024 / 09:43		

*Rakesh*

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt Ltd)

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Patient ID : JPKH-MRN-48684  
Name : Mr. GYANENDRA VIKRAM SINGH  
Age/Gender : 34Y/M  
Date/Time : 09-03-2024/09:39  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

Result Approval 09 Mar 2024 / 13:38

LRN-004117

### Erythrocyte sedimentation Rate (ESR)

Erythrocyte sedimentation Rate (ESR)

06 mm/hr

Male : 0 - 10 mm/hr

Female : 0 - 20 mm/hr

Observation

Sample Collection 09 Mar 2024 / 09:43  
Result Approval 09 Mar 2024 / 13:38



*Rakesh*

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**  
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Patient ID : JPKH-MRN-48684  
Name : Mr. GYANENDRA VIKRAM SINGH  
Age/Gender : 34Y/M  
Date/Time : 09-03-2024/09:39  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>Clinical Pathology</b>		
<b>URINE-ROUTINE/MICROSCOPY</b>		
LRN-004122		
<b>PHYSICAL EXAMINATION</b>		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
<b>CHEMICAL EXAMINATION</b>		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.020	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
<b>MICROSCOPIC EXAMINATION</b>		
Epithelial Cells	1-2/HPF	
RBC	NIL	
Pus Cells	2-3/HPF	
Casts	NOT SEEN	
Crystals	NOT SEEN	
Observation		
Sample Collection 09 Mar 2024 / 09:43 Result Approval 09 Mar 2024 / 13:38		

JPK HOSPITAL  
॥ सर्वे भद्रं कर्णेभिः ॥

*Rakesh*

Rakesh Sharma  
Lab Technician

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Name : Mr. GYANENDRA VIKRAM SINGH  
Age/Gender : 34Y/M  
Date/Time : 09-03-2024/09:39  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

### CHEMILUMINESCENCE IMMUNOASSAY

#### Thyroid Function Test (T3, T4, TSH)

LRN-004123

T3	0.88 ng/mL	0.69-2.15
T4	69.2 ng/mL	52-127
TSH	3.47 $\mu$ IU/mL	21 weeks- 20 years: 0.7-6.4 $\mu$ IU/mL 21-54 years: 0.4 - 4.2 $\mu$ IU/mL 55- 87 years: 0.5 – 8.9 $\mu$ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 $\mu$ IU/mL 2nd Trimester: 0.46 – 2.95 $\mu$ IU/mL 3rd Trimester: 0.43 – 2.78 $\mu$ IU/mL

### Observation

Sample Collection 09 Mar 2024 / 09:43  
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— End of Report —



*Rakesh*

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI

MBBS, D.P. (D.N.B.)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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**JPK HOSPITAL AND TRAUMA CENTER PVT LTD.**

**GYANENDRA VIKRAM SINGH / 34 Yrs / M / 172 Cms / 88 Kg / HR : 84**

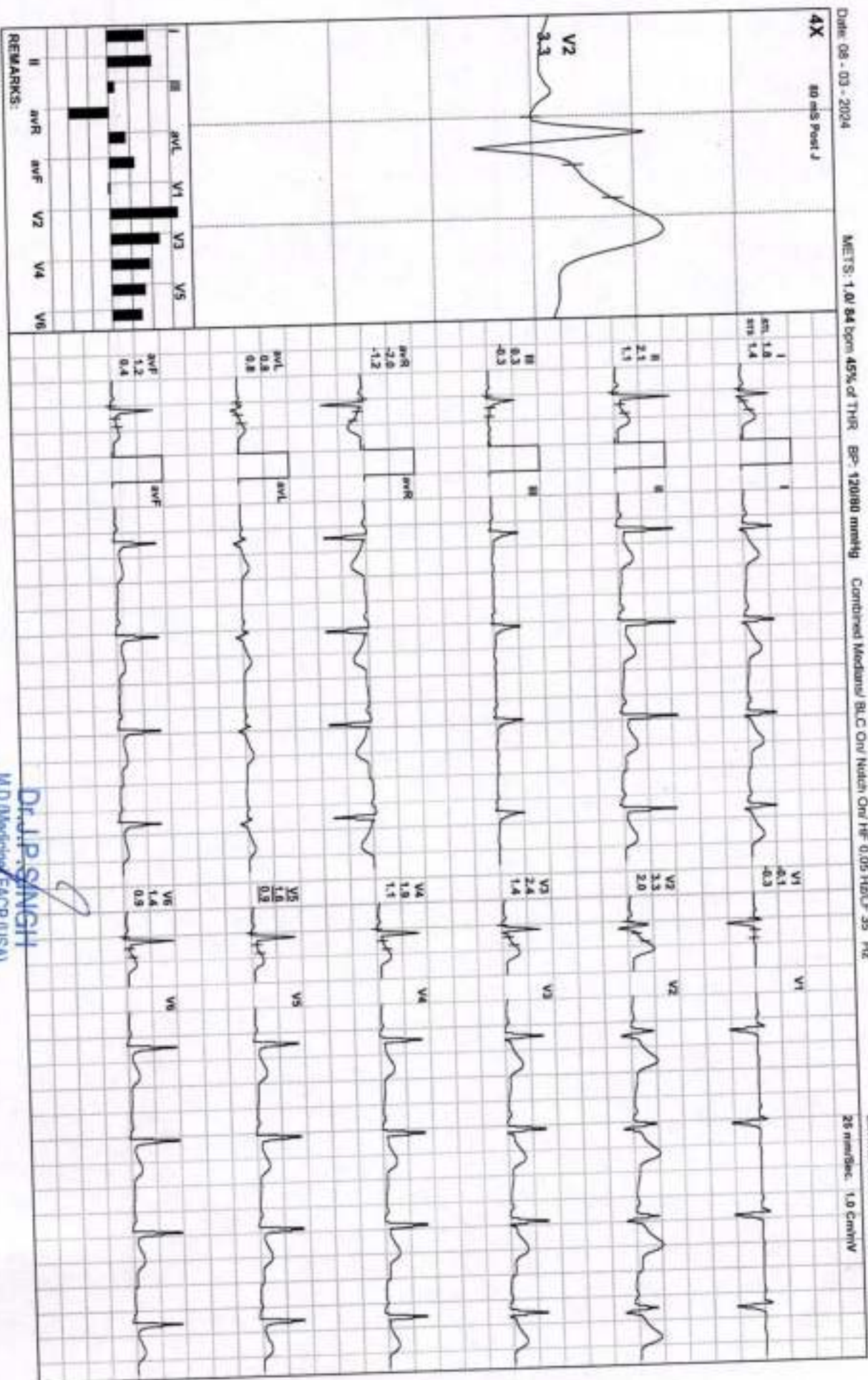
Date: 08 - 03 - 2024

METS: 1.0/ 84 bpm 45% of THR BP: 120/80 mmHg Combined Medium/ BLC On/ Natch On/ HF 0.05 HOLF 35 Hz

**BRUCE:Supine(0:16)**



ExTime: 00:00 0.0 mch. 0.0%  
25 mm/sec. 1.0 cm/mV



**Dr. J.P. SINGH**

M.D. Medicine / FACP (USA)  
Director & Consultant Physician  
(JPK Hospital & Trauma Center Pvt.Ltd.)

# JPK HOSPITAL AND TRAUMA CENTER PVT LTD.

BRUCE: Standing(0:05)



GYANENDRA VIKRAM SINGH / 34 Yrs / M / 172 Cms / 88 Kg / HR : 84

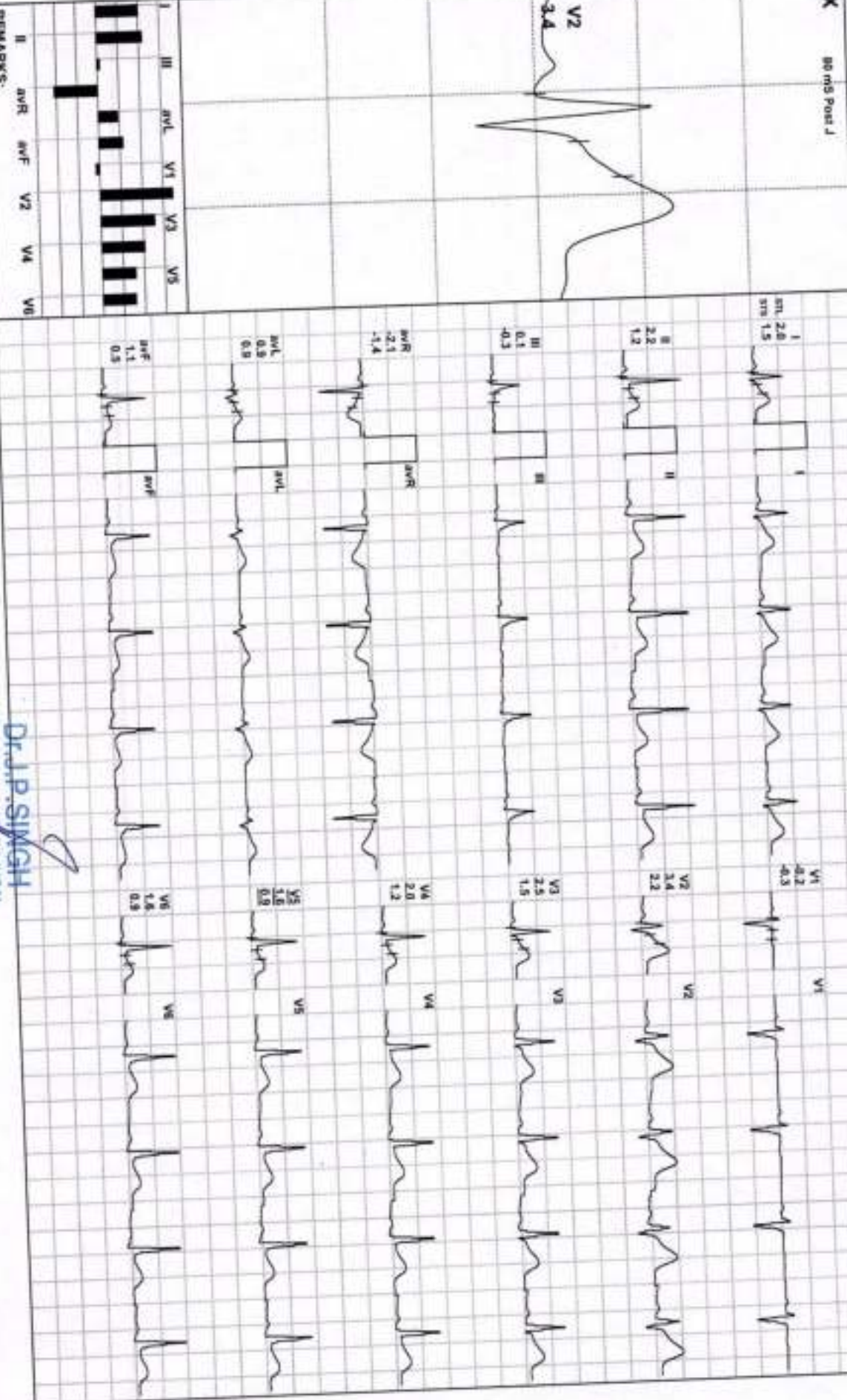
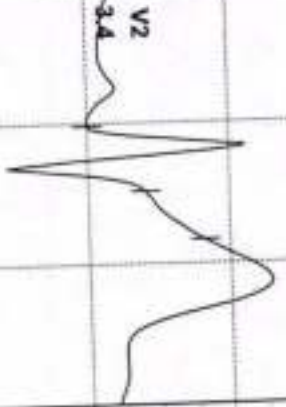
Date: 08 - 03 - 2024

MEETS: 1.0/ 84 bpm 45% of THR BP- 120/80 mmHg Combined Medians/ BLC ON/ Natch ON/ Hf 0.05 HDLPF 35 Hz

EXTRIN: 00:00 0.0 mph. 0.0%

25 mm/sec. 1.5 Cm/mV

4X 80 ms Post J



REMARKS:

**Dr. J.P. SINGH**

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Director & Consultant Physician

(JPK Hospital & Trauma Center Pvt.Ltd.)

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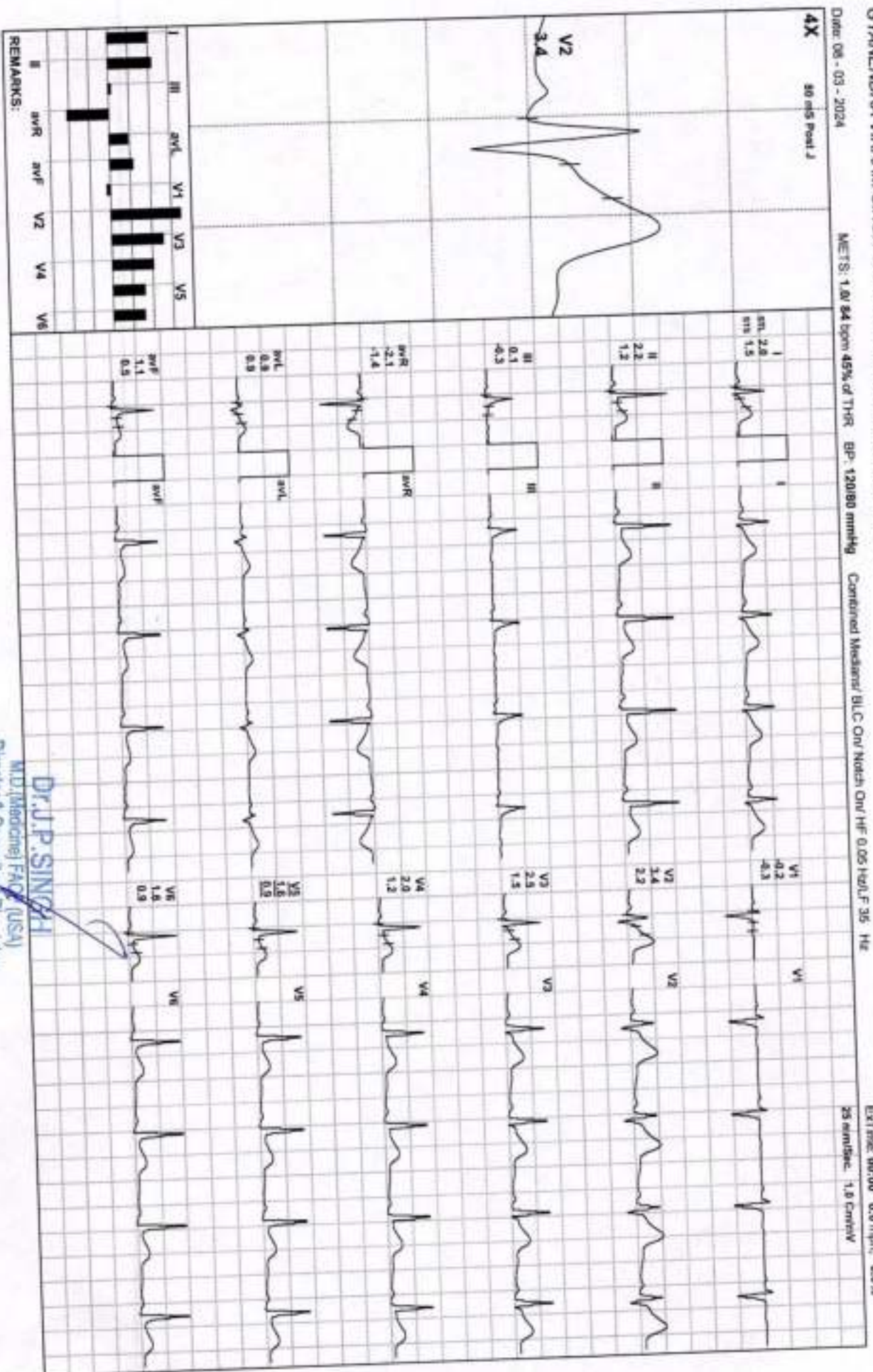
**GYANENDRA VIKRAM SINGH / 34 Yrs / M / 172 Cms / 88 Kg / HR : 84**

Date: 06 - 03 - 2024

NETS: 1.8/ 84 born 45% of THR BP: 120/80 mmHg Combined Medians/ BLC Onr Natch Onr HF 0.05 Hz/L/F 35 Hz

EXTRAC: 00:00 0.0 mph, 0.0%

BRUCE:HV(0:05)



REMARKS:

**Dr. J.P. SINGH**

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 (JPK Hospital & Trauma Center Pvt.Ltd.)

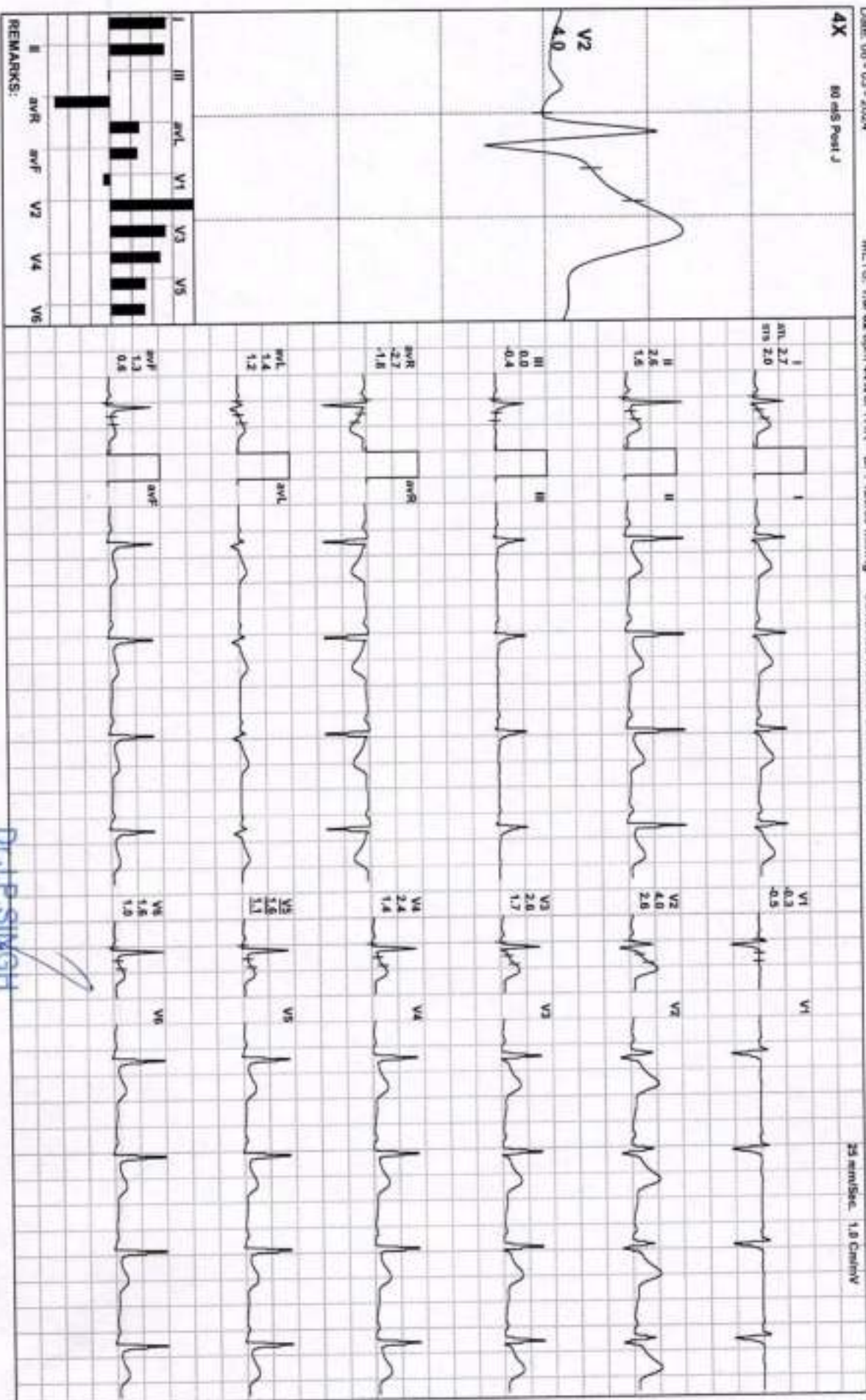




Date: 08 - 03 - 2024

MEETS: 1.0/ 82 bpm 44% of THIR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 30 Hz

EXTIME: 00:00 0.0 mph 0.0%  
25 mm/Sec. 1.8 Cm/IV



REMARKS:

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**GYANENDRA VIKRAM SINGH / 34 Yrs / M / 172 Cms / 88 Kg / HR : 82**

Date: 08 - 03 - 2024

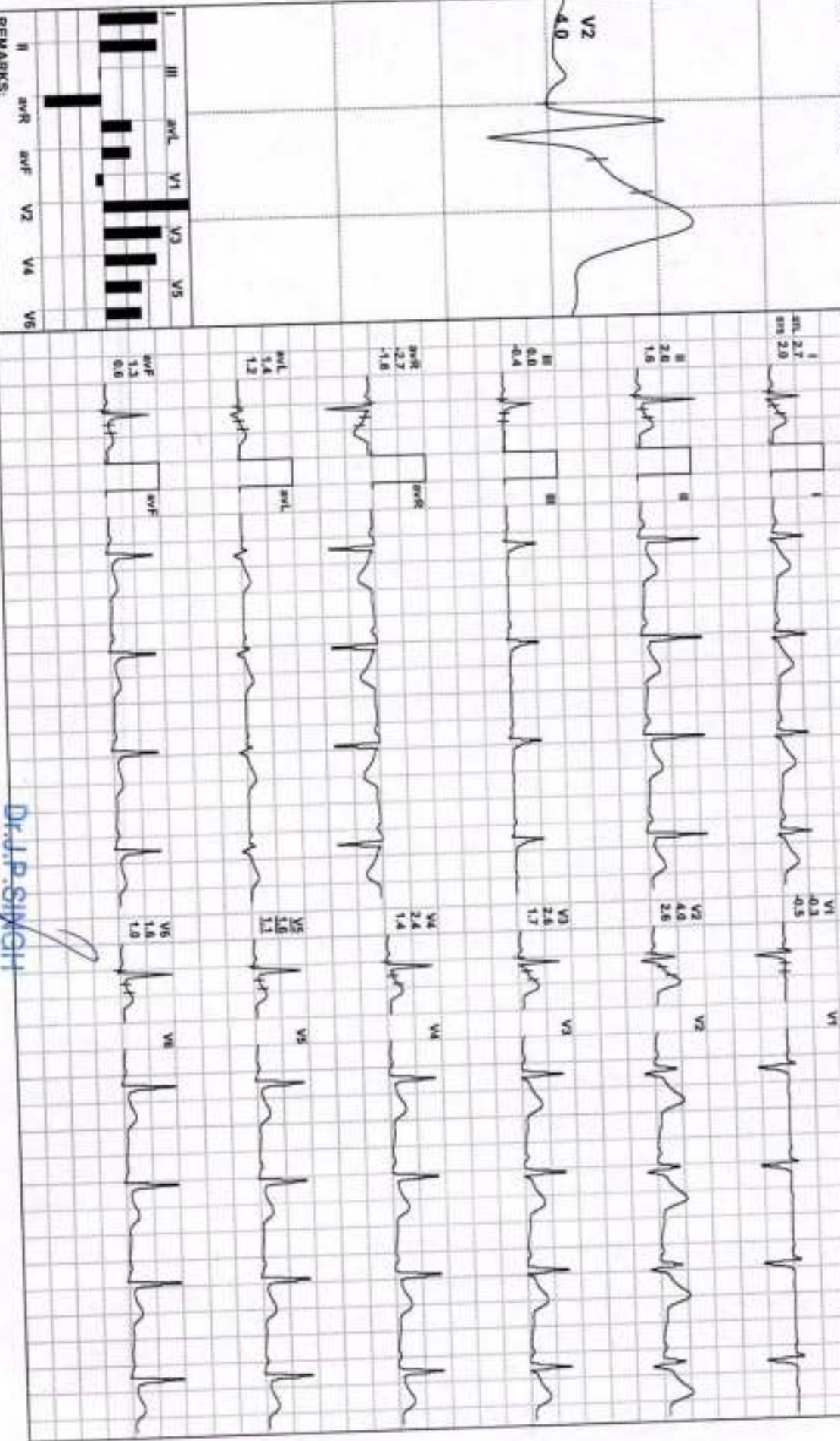
METS: 1.0/ 82 bpm 44% of THR BP: 120/80 mmHg Combined Medians: BLC OVI Natch OVI HF 0.05 H2O/LF 35 Hz

ExTime: 00:00 0.0 mpm 0.0%  
25 mm/Sec. 1.0 Cm/Div

ExStart



4X 50 mS Post J



REMARKS:

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**BRUCE: Stage 1 (3:00)**



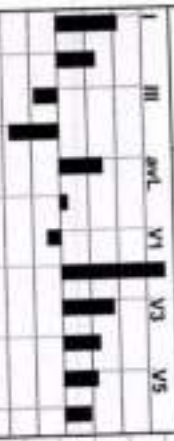
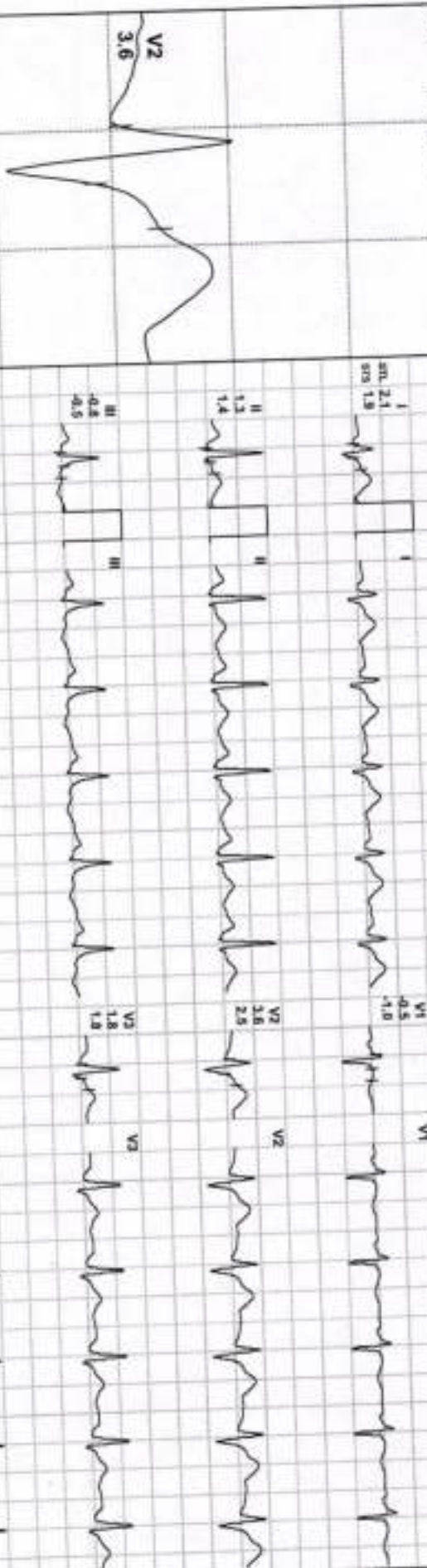
**GYANENDRA VIKRAM SINGH / 34 Yrs / M / 172 Cms / 88 Kg / HR : 102**

**Date: 08 - 03 - 2024**

**METS: 4.71 102 bpm 95% of THR BP: 122/84 mmHg Combined Meds/ B/C On Natch On HF 0.06 HULF 25 Hz**

**EXTIME: 03:00 1.7 mph, 10.0%**  
**25 mm/sec 1.0 cm/mV**

**4X 88 ms Post J**



**REMARKS:**

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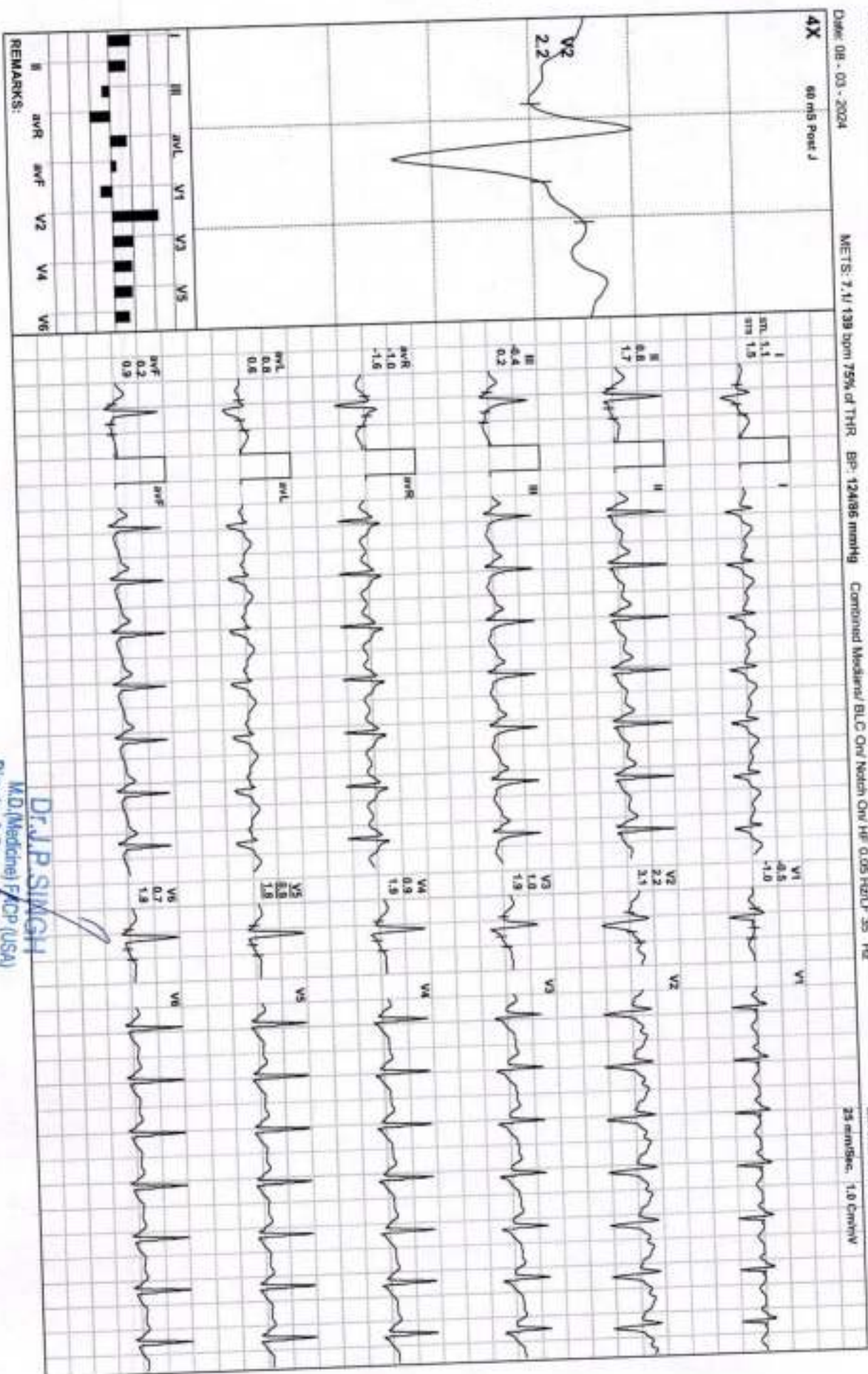
**GYANENDRA VIKRAM SINGH / 34 Yrs / M / 172 Cms / 88 Kg / HR : 139**

Date: 08 - 03 - 2024

MEETS: 7.11 139 bpm 75% of THR BP: 124/86 mmHg Combined Mediana/ BLC Qw Netha Qw HE 0.05 HDLF 35 Hz

EXTIME: 06:00 2.5 mph, 12.0%  
35 min/Sec, 1.0 Cm/Div

**BRUCE: Stage 2(3:00)**



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**GYANENDRA VIKRAM SINGH / 34 Yrs / M / 172 Cms / 88 Kg / HR : 176**

**BRUCE: Stage 3(3:00)**

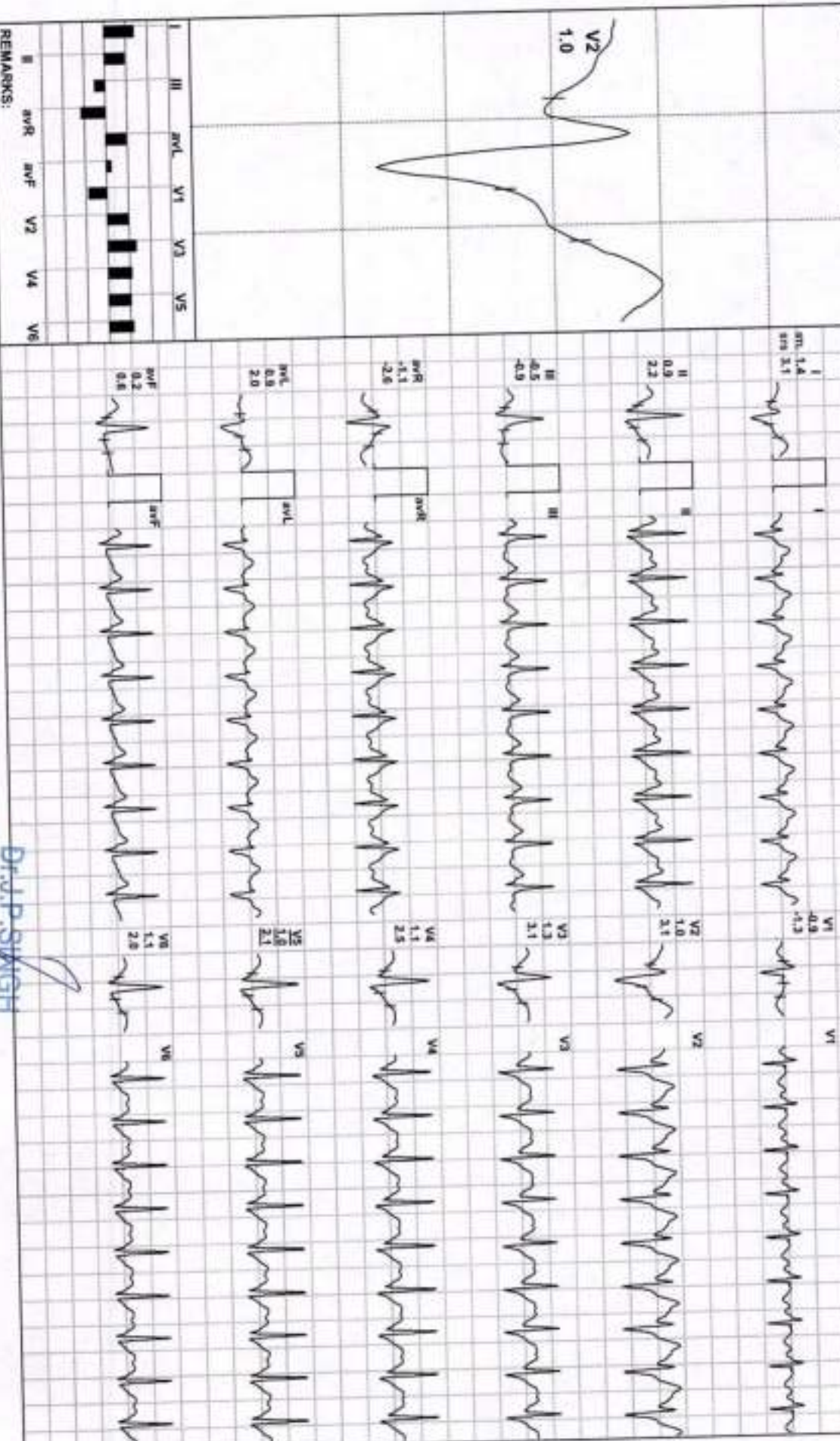


Date: 06 - 03 - 2024

METS: 10.2/ 176 bpm 95% of THR BP: 126/88 mmHg Combined Medians/ BLC OMI/ Netchi OMI/ HF 0.05 HR/LF 35 Hz

EXTIME 09:00 3.4 mph 14.0%

4X 60 min Post J



REMARKS:

**Dr. P. Singh**  
 M.D. (Medicine) / ACP (USA)  
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GYANENDRA VIKRAM SINGH / 34 Yrs / M / 172 Cms / 88 Kg / HR : 179

**PeaKEX**

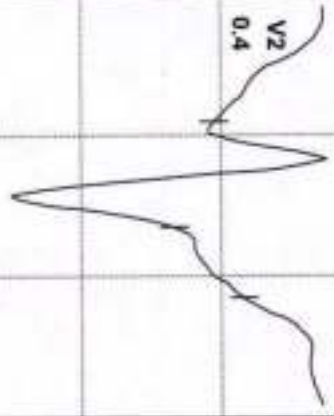
Date: 08 - 03 - 2024

MEETS: 10.3V 179 bpm 96% of THQR BP: 126/88 mmHg Combined Medians/ B.C. Div Noct Div HF 0.05 HOUTL 35 Hz

EXTIME: 09:06 1.0 mpa 0.0%

**4X** 60 ms Post J

25 mm/Sec, 1.5 Cm/IV



REMARKS:

**Dr. J.P. SINGH**

M.D.(Medicine) F.C.P. (USA)  
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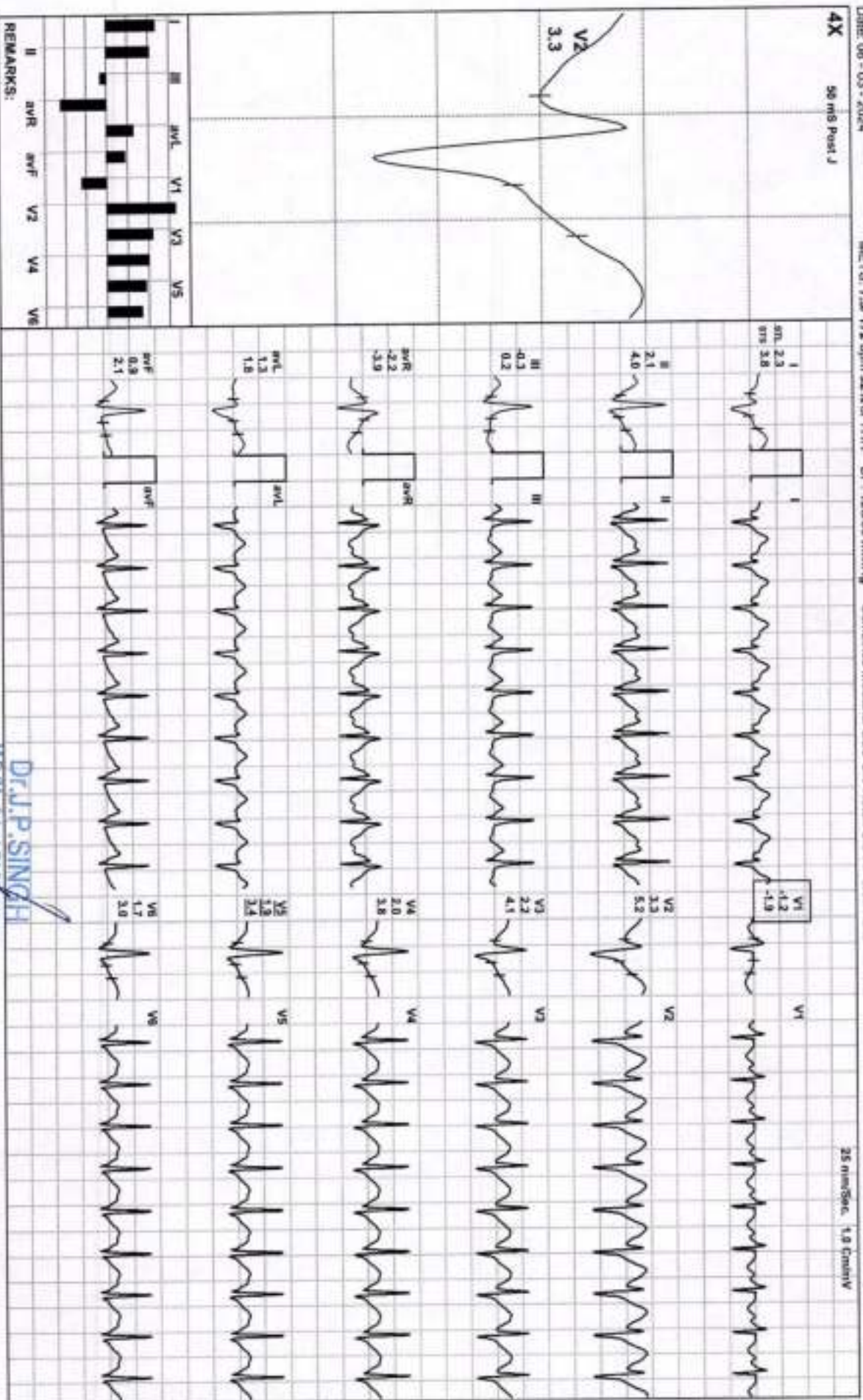


Date: 06 - 03 - 2024

MEETS: 7.29 172 bpm 92% of THIR BP: 126/88 mmHg Combined Medicine/ BLC On/ Natch On/ HF 0.05 H2LF 35 Hz

EXTime: 09:05 1.0 mph, 0.6%

25 minSec, 1.9 Cm/min



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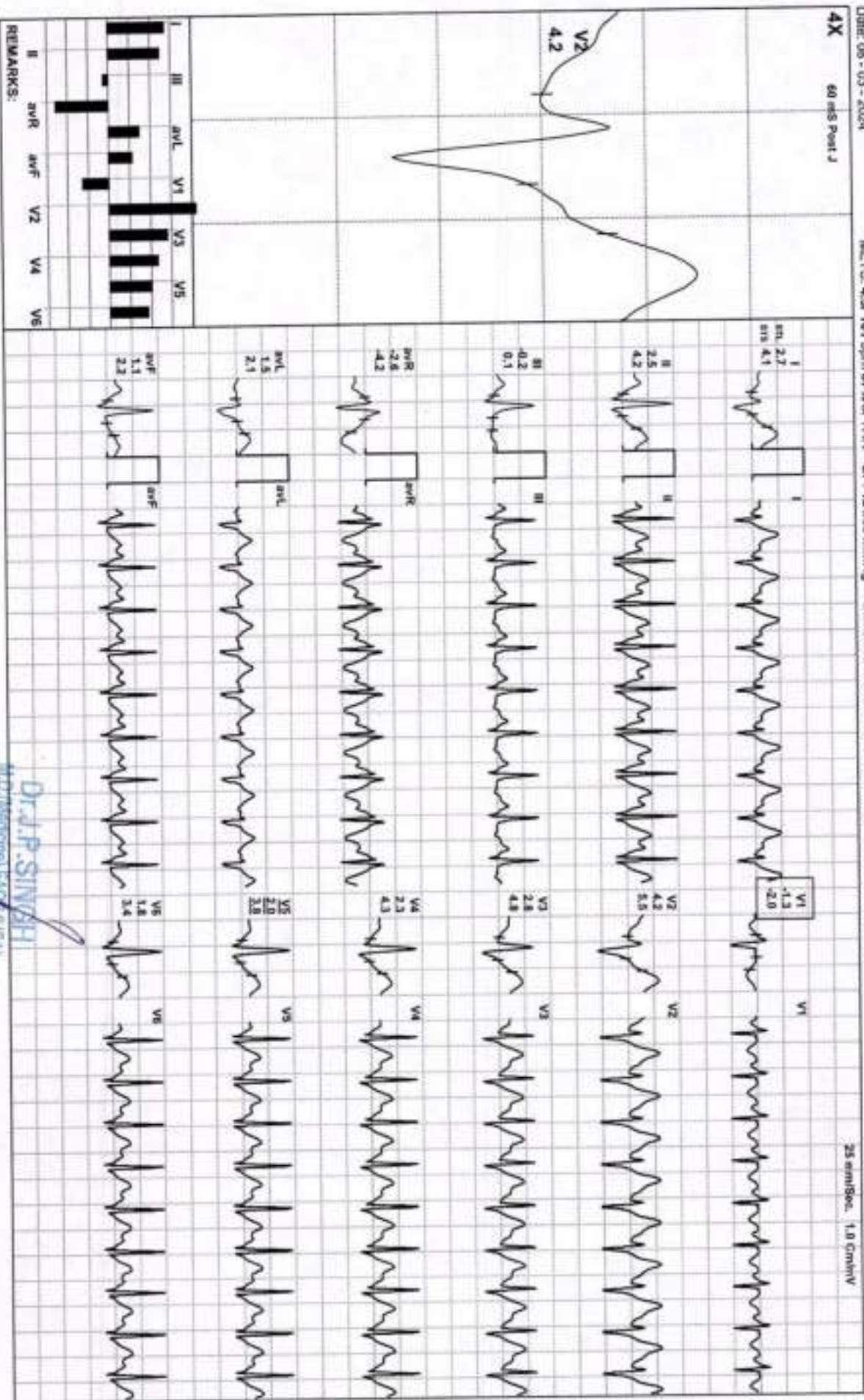
Date: 08 - 03 - 2024

METS: 4.3/ 161 bpm 87% of THR BP: 124/85 mmHg Contained Meds/nil On/ Natch On/ HF 0.05 HOLF 35 Hz

EXTIME: 09:05 1.0 mpr, 0.0%

25 em/Sec, 1.0 Cm/IV

4X 60 mS Post J



REMARKS:

Dr. J.P. SINGH  
 M.D. (Anesthesiology), FRCR (USA)  
 Director & Consultant Physician  
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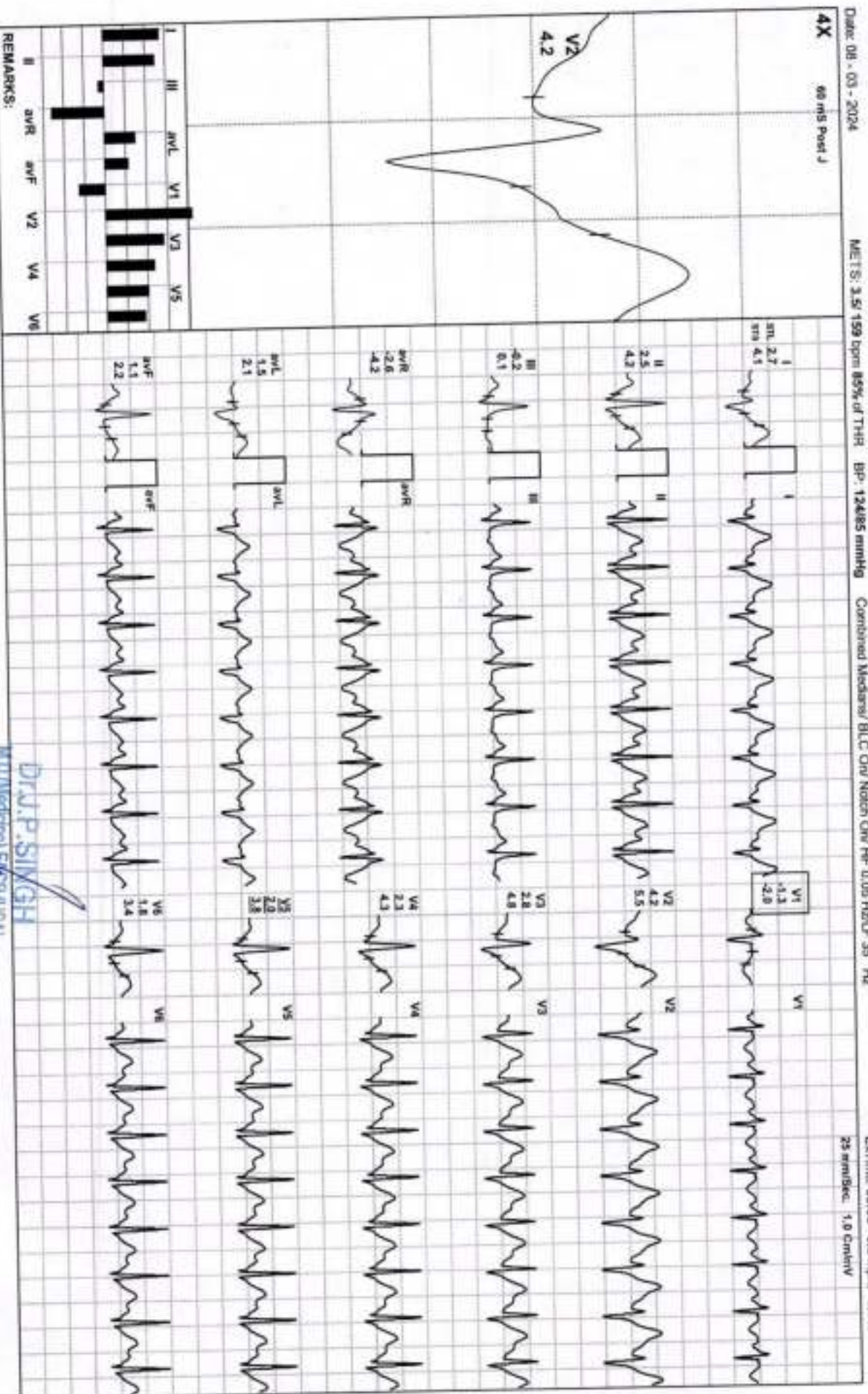
**GYANENDRA VIKRAM SINGH / 34 Yrs / M / 172 Cms / 88 Kg / HR : 159**

Date: 08 - 03 - 2024

NETS: 3.5/ 159 bpm 85% of THH BP: 124/85 mmHg Combined Medians/ BLC On Natch On/ HF 0.05 Hz/LF 35 Hz

ExtTime: 09:05 0.0 mph, 0.0%  
25 mm/sec, 1.0 cm/mV

Recovery(1:07)



**DR. P. SINGH**

MD (Medicine) FCCP (USA)

Director & Consultant Physician  
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**JPK HOSPITAL AND TRAUMA CENTER PVT LTD.**  
**TATYANAGAR CHAURAH SULTANPUR Email:**

**GYANENDRA VIKRAM SINGH / 34 Yrs / M / 172 Cms / 88 Kg**  
 Date: 08 - 03 - 2024 Technician : nisha yadav Examined By: DR J P SINGH  
 Noncardiac/Pain Angina Non-Hypercholesterolemia/Non-Diabetic/Negative Estrogen/Non-Athlete

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:16	0:16	00.0	00.0	01.0	084	45 %	120/80	100	00	
Standing	00:21	0:05	00.0	00.0	01.0	084	45 %	120/80	100	00	
HV	00:25	0:04	00.0	00.0	01.0	084	45 %	120/80	100	00	
Warm Up	00:30	0:05	00.0	00.0	01.0	082	44 %	120/80	098	00	
ExStart	00:37	0:07	00.0	00.0	01.0	082	44 %	120/80	098	00	
BRUCE Stage 1	03:37	3:00	01.7	10.0	04.7	102	55 %	122/84	124	00	
BRUCE Stage 2	06:37	3:00	02.5	12.0	07.1	139	75 %	124/86	172	00	
BRUCE Stage 3	09:37	3:00	03.4	14.0	10.2	176	95 %	126/88	221	00	
PeakEx	09:42	0:05	01.0	00.0	10.3	179	96 %	126/88	225	00	
Recovery	10:12	0:30	01.0	00.0	07.3	172	92 %	126/88	216	00	
Recovery	10:42	1:00	01.0	00.0	04.3	161	87 %	124/85	199	00	
Recovery	10:49	1:07	00.0	00.0	03.5	159	85 %	124/85	197	00	

**FINDINGS :**

Exercise Time : 09:05  
 Max HR Attained : 179 bpm 96% of Target 186  
 Max BP Attained : 126/88 (mm/Hg)  
 Max Workload Attained : 10.3 Good response to induced stress  
 Max ST Dep Lead & Avg ST Value: V1 & -1.4 mm in PeakEx  
 Test End Reasons : Test Complete

**REPORT :**

TEST OBJECTIVE : ROUTINE CHECK UP  
 ACTIVITY : VERY ACTIVE

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OTHER INVESTIGATION	:	NO
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

  
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