



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that Mr. R Lakshman Kumar aged, 52yr. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: **Bangalore**

Date: 13/09/2024

R Lakshman Kumar
BCMR 47093
Name & Signature of

Medical officer



Care Par Excellence
Jayanagar, Bangalore

Out Patient Record

NABH Patient Name No.1 : Mr.R LAKSHMAN KUMAR

UHID : UHJA24005478

Age / Sex : 52 Years / Male

OP NO/Reg Dt : OP240000007549 / 13-09-2024 08:26 AM

Father Name :

Department :

Spouse Name : K RAMRAJ

Referred By :

Address : LAT NO, 304 DS MAX SWASTH 2, 3RD FLOOR, PADUKAMANDIR, ROAD UTTARAHALLI, Bengaluru Urban,

Consultant : Dr.Preventive Health Check Up

KMC No. :

Complaints / Findings / Observations :

no. Co morbs.

BP- 180/90 mm/Hg

PR- 82. b/m

SpO₂- 97 %

Ht- 168 cm

Wt- 75.1 kg

Investigations:

↑ Liver enzymes.

Treatment / Care of Plan / Provisional Diagnosis :

Rx

Echo

Tab. Olmesartan 20mg

1 o o

Follow Up Advice :

3 mths.

Tab Rosuvastatin 10mg

o o o

Signature of the Doctor

UNITED HOSPITAL (A Unit of United Brothers Healthcare Services Private Limited)



Out Patient Record

NABH Patient Name : Mr.R LAKSHMAN KUMAR

UHID : UHJA24005478

Age / Sex : 52 Years / Male

OP NO/Reg Dt : OP240000007549 / 13-09-2024 08:26 AM

Father Name :

Department :

Spouse Name : K RAMRAJ

Referred By :

Address : LAT NO, 304 DS MAX SWASTH 2, 3RD FLOOR, PADUKAMANDIR, ROAD UTTARAHALLI, , Bengaluru Urban,

Consultant : Dr.Preventive Health Check Up

KMC No. :

Complaints / Findings / Observations :

Investigations:

Treatment / Care of Plan / Provisional Diagnosis :

Follow Up Advice :

UNITED HOSPITAL (A Unit of United Brothers Healthcare Services Private Limited)

Signature of the Doctor



NABH



No.1



DEPARTMENT OF RADIODIAGNOSIS

Name	R Lakshman Kumar	Date	13/09/24
Age	52 years	Hospital ID	UHJA24005478
Sex	Male	Ref.	Health check

RADIOGRAPH OF THE CHEST (PA - VIEW)

FINDINGS:

- Bilateral lung fields are normal.
- Bilateral costo-phrenic angles are normal.
- Cardia and mediastinal contours are normal.
- The bony thorax is grossly normal.

IMPRESSION:

- No radiographic abnormality.

Dr. Elluru Santosh Kumar
Consultant Radiologist

ID: 24005478

Name: MR LAKSHMAN

Birth date: / /

Sex: M cm kg

Indication:

Symptoms:

History:

Heart rate

R int

RS dur

T/QTc(E) int

/QRS/T axis

V5/SV1 amp

V5+SV1 amp

79 bpm

134 ms

90 ms

370/405 ms

52/69/50 *

2.12/0.90 mV

3.03 mV

10 mm/mV 25 mm/s Filter: H50 D 35 Hz

10 mm/mV

1100 Sinus rhythm
 4068 Nonspecific Twave abnormality [flat T or negative T (aVF, V5, V6)]
 0102 ARTIFACT PRESENT
 9130 ** border line ECG **

Unconfirmed Report
Reviewed by:



DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mr. R LAKSHMAN KUMAR	Order No	: 1000095926
UHID	: UHJ A24005478	Registered On	: 13/09/2024 08:26:32 AM
Age/Sex	: 52/Years Male	Collected On	: 13/09/2024 08:35:34 AM
Ward / Bed No	:	Reported On	: 13/09/2024 11:14:01 AM
Reference	: Dr. Preventive Health Check Up	Bill No	: OPBJ A240007581
Station	: At Hospital	Mobile No	: 9886003875
Payer Name	:	Report Status	: Final Report

Test Name	Result	Unit	Bio. Ref. Interval
<u>BIOCHEMISTRY</u>			
FASTING GLUCOSE (Method: Hexokinase)	109	mg/dL	ADA Guidelines < 100 mg/dl - Normal 100 to 125 mg/dl - Prediabetes ≥ 126 mg/dl - Diabetes
POST PRANDIAL GLUCOSE (Method: Hexokinase)	153	mg/dL	70-140
GLYCOSYLATED HAEMOGLOBIN (HBA1C)			Sample: Whole blood (EDTA)
HBA1C (Method: HPLC)	5.6	%	ADA Guidelines < 5.7% - Normal 5.7 to 6.4% - Prediabetes ≥ 6.5% - Diabetes
Estimated Average Glucose (eAG) (Method: Calculated)	114	mg/dL	
THYROID PROFILE (TOTAL T3, TOTAL T4 & TSH)			Sample: Serum
TOTAL T3 (Method: CLIA)	1.19	ng/mL	0.87-1.78
TOTAL T4 (Method: CLIA)	10.28	ng/dL	5.1-14.1
THYROID STIMULATING HORMONE (TSH) (Method: CLIA: Ultra-sensitive)	3.51	μIU/mL	0.34-5.60
LIPID PROFILE			Sample: Serum
TOTAL CHOLESTEROL (Method: CHOD-POD)	236	mg/dL	ATP III Guidelines < 200 - Desirable 200-239 - Borderline high ≥ 240 - High
TRIGLYCERIDES (Method: Enzymatic GPO-POD)	134	mg/dL	< 150 - Normal 150-199 - Borderline High 200-499 - High ≥ 500 - Very High
HDL CHOLESTEROL (Method: ENZYMATIC METHOD)	49.4	mg/dL	< 40 - Low ≥ 60 - High

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. R LAKSHMAN KUMAR	Order No : 1000095926
UHID : UHJ A24005478	Registered On : 13/09/2024 08:26:32 AM
Age/Sex : 52/Years Male	Collected On : 13/09/2024 08:35:34 AM
Ward / Bed No :	Reported On : 13/09/2024 11:14:01 AM
Reference : Dr. Preventive Health Check Up	Bill No : OPBJ A240007581
Station : At Hospital	Mobile No : 9886003875
Payer Name :	Report Status : Final Report

Test Name	Result	Unit	Bio. Ref. Interval
LDL CHOLESTEROL (Method: Calculated)	159.80	mg/dL	<100 - Optimal 100-129 - Near or above optimal 130-159 - Borderline high 160-189 - High ≥190 - Very high
VLDL CHOLESTEROL (Method: Calculated)	26.80	mg/dL	< 30
TOTAL CHOLESTEROL : HDL RATIO (Method: Calculated)	4.78		Low Risk: 3.3 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0
LDL/HDL CHOLESTEROL RATIO (Method: Calculated)	3.23		< 2.5 Optimal
NON HDL CHOLESTEROL (Method: Calculated)	186.60	mg/dL	< 130
LIVER FUNCTION TEST			Sample: Serum
TOTAL BILIRUBIN (Method:Dichlorophenyl Diazotization)	0.97	mg/dL	0.3-1.2
DIRECT BILIRUBIN (Method:Dichlorophenyl Diazotization)	0.19	mg/dL	0.0-0.2
INDIRECT BILIRUBIN (Method: Calculated)	0.78	mg/dL	0.2-1.0
TOTAL PROTEIN (Method:BIURET)	7.6	g/dL	6.6-8.3
ALBUMIN (Method:BCG)	4.40	g/dL	3.5-5.2
GLOBULIN (Method: Calculated)	3.20	g/dL	2.3-3.5
AG RATIO (Method: Calculated)	1.38		2:1
SERUM SGOT (Method:IFCC without P5P)	60	U/L	< 50
SERUM SGPT (Method:IFCC without P5P)	87	U/L	< 50

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. R LAKSHMAN KUMAR	Order No : 1000095926
UHID : UHJ A24005478	Registered On : 13/09/2024 08:26:32 AM
Age/Sex : 52/Years Male	Collected On : 13/09/2024 08:35:34 AM
Ward / Bed No :	Reported On : 13/09/2024 11:14:01 AM
Reference : Dr. Preventive Health Check Up	Bill No : OPBJ A240007581
Station : At Hospital	Mobile No : 9886003875
Payer Name :	Report Status : Final Report

Test Name	Result	Unit	Bio. Ref. Interval
ALKALINE PHOSPHATASE, SERUM (Method:PNPP AMP Buffer)	54	U/L	50-116
GGT (Method:IFCC)	89	U/L	< 55
RENAL FUNCTION TEST			
UREA (Method:Urease GLDH - Kinetic)	23.6	mg/dL	17-43
CREATININE (Method:Modified Jaffe, Kinetic)	0.96	mg/dL	0.9-1.3
ELECTROLYTES			
SODIUM (Method:ION SELECTIVE ELECTRODE)	133.8	mmol/L	136-145
POTASSIUM (Method:ION SELECTIVE ELECTRODE)	4.72	mmol/L	3.5-5.1
CHLORIDE (Method:ION SELECTIVE ELECTRODE)	99.9	mmol/L	98-107
BLOOD UREA NITROGEN(BUN) (Method:Urease GLDH - Kinetic)	11	mg/dL	7.93-20.07

Sample: Serum



Dr. Shobha Emmanuel
MBBS, M.D(Pathology)
CONSULTANT PATHOLOGIST
KMC:66136

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. R LAKSHMAN KUMAR	Order No : 1000095926
UHID : UHJ A24005478	Registered On : 13/09/2024 08:26:32 AM
Age/Sex : 52/Years Male	Collected On : 13/09/2024 08:35:34 AM
Ward / Bed No :	Reported On : 13/09/2024 11:14:01 AM
Reference : Dr. Preventive Health Check Up	Bill No : OPBJ A240007581
Station : At Hospital	Mobile No : 9886003875
Payer Name :	Report Status : Final Report

Test Name	Result	Unit	Bio. Ref. Interval
-----------	--------	------	--------------------

HAEMATOLOGY
COMPLETE BLOOD COUNT(CBC)

Sample: Whole blood (EDTA)

HAEMOGLOBIN (Method:Photometric Measurement: Oxyhemoglobin method)	15.63	g/dL	13.5-17.5
PACKED CELL VOLUME/HEMATOCRIT (PCV/HCT) (Method: Calculated)	48.7	%	42-52
TOTAL WBC COUNT (TLC) (Method:Coulter Principle)	5760	Cells/Cum	4000-11000
DIFFERENTIAL COUNT			
NEUTROPHILS (Method:Optical/Impedance)	57.91	%	40-75
LYMPHOCYTES (Method:Optical/Impedance)	31.03	%	20-45
EOSINOPHILS (Method:Optical/Impedance)	1.57	%	0-6
MONOCYTES (Method:Optical/Impedance)	9.26	%	2-10
BASOPHILS (Method:Optical/Impedance)	0.23	%	0-2
RED BLOOD CORPUSCLES(RBC) (Method:Coulter Principle)	5.21	million/cum	4.5-5.9
MCV (Method:Derived from RBC Histogram)	93.4	fL	78-100
MCH (Method: Calculated)	30.0	pg	27-31
MCHC (Method: Calculated)	32.1	g/dL	31-37
RDW - CV (Method: Calculated)	14.6	%	11.5-14.5
PLATELET COUNT (Method:Electrical Impedance)	2.81	Lakhs/Cum	1.5-4.5

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. R LAKSHMAN KUMAR	Order No : 1000095926
UHID : UHJ A24005478	Registered On : 13/09/2024 08:26:32 AM
Age/Sex : 52/Years Male	Collected On : 13/09/2024 08:35:34 AM
Ward / Bed No :	Reported On : 13/09/2024 11:14:01 AM
Reference : Dr. Preventive Health Check Up	Bill No : OPBJ A240007581
Station : At Hospital	Mobile No : 9886003875
Payer Name :	Report Status : Final Report

Test Name	Result	Unit	Bio. Ref. Interval
MEAN PLATELET VOLUME(MPV) (Method:Derived from PLT Histogram)	7.74	fl	9-13
PLATELET DISTRIBUTION WIDTH (PDW) (Method: Calculated)	19.6	fl	9-19
ERYTHROCYTE SEDIMENTATION RATE(ESR) (Method:Modified Westergren Method)	15	mm/hour	1-20
BLOOD GROUPING & RH TYPING			Sample: Whole blood (EDTA)
ABO Group (Method:Agglutination Method)	O		
Rh Factor (Method:Agglutination Method)	Positive		

Interpretation Notes

Note: Both forward and reverse grouping performed



Dr. Shobha Emmanuel
MBBS, M.D(Pathology)
CONSULTANT PATHOLOGIST
KMC:66136

DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mr. R LAKSHMAN KUMAR	Order No	: 1000095926
UHID	: UHJ A24005478	Registered On	: 13/09/2024 08:26:32 AM
Age/Sex	: 52/Years Male	Collected On	: 13/09/2024 08:35:34 AM
Ward / Bed No	:	Reported On	: 13/09/2024 11:14:01 AM
Reference	: Dr. Preventive Health Check Up	Bill No	: OPBJ A240007581
Station	: At Hospital	Mobile No	: 9886003875
Payer Name	:	Report Status	: Final Report

Test Name	Result	Unit	Bio. Ref. Interval
-----------	--------	------	--------------------

CLINICAL PATHOLOGY
URINE EXAMINATION, ROUTINE

Sample: Urine

PHYSICAL EXAMINATION

VOLUME	15	mL	
COLOUR	Colorless		
APPEARANCE	Clear		
PH	6.0		5.0-8.0
SPECIFIC GRAVITY	1.005		1.005-1.030

CHEMICAL EXAMINATION

PROTEIN (Method:Protein Error of pH Indicator)	Absent		Absent
GLUCOSE (Method:GOD-POD)	Absent		Absent
KETONE BODIES (Method:Nitroprusside method/ Rothera's test)	Absent		Absent
BILIRUBIN (Method:DIAZO/FOUCHET'S TEST)	Negative		Negative
BILE SALT (Method:Hay's sulfur test)	Absent		Absent
NITRITE (Method:Griess method)	Negative		Negative
UROBILINOGEN (Method:Azo coupling method)	Normal		
LEUKOCYTE ESTERASE (Method:Leukocyte Esterase activity)	Negative		Negative
BLOOD (Method:Peroxidase Reaction)	Negative		Negative

MICROSCOPIC EXAMINATION


DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mr. R LAKSHMAN KUMAR	Order No	: 1000095926
UHID	: UHJ A24005478	Registered On	: 13/09/2024 08:26:32 AM
Age/Sex	: 52/Years Male	Collected On	: 13/09/2024 08:35:34 AM
Ward / Bed No	:	Reported On	: 13/09/2024 11:14:01 AM
Reference	: Dr. Preventive Health Check Up	Bill No	: OPBJ A240007581
Station	: At Hospital	Mobile No	: 9886003875
Payer Name	:	Report Status	: Final Report

Test Name	Result	Unit	Bio. Ref. Interval
EPITHELIAL CELLS	0-2	/HPF	0-5
PUS CELLS	2-4	/HPF	0-5
RBCs	Nil	/HPF	0-2
CASTS	Nil	/LPF	
CRYSTALS	Nil		
OTHERS	Nil		

Verified By
Rashmita

---End of Report---



Dr. Shobha Emmanuel
MBBS, M.D(Pathology)
CONSULTANT PATHOLOGIST
KMC:66136