



PID NO. : CIA0995

Name : SANDHYA BAPPAL

Sex / Age : Female / 21 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

16-Sep-2024 / 9:18 am

Coll Date

16-Sep-2024 / 9:23 am

Report Date

16-Sep-2024 / 3:15 pm

## REPORT

### BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum, Method- IFCC without/with PDP)	9.26	U/L	0 - 33
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.25	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.11	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.14	mg/dl	0.0 - 0.90
Serum Creatinine (Serum, Method- Kinetic Jaffe's)	0.69	mg/dl	0.5 - 0.95

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



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16-Sep-2024 / 3:14 pm

## REPORT

### Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	8.4	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.69	mg / dL	0.5 - 0.95 mg/dl
BUN/Creatinine Ratio Calculated	<b>7.99</b>		10 - 20.1
Urea (Serum, Method-Urease)	18	mg/dl	16.6 - 48.5

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
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Pathologist  
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16-Sep-2024 / 3:15 pm

## REPORT

### BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	85.96	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	97	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

PRIYA PANDEY  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



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16-Sep-2024 / 9:23 am

Report Date

16-Sep-2024 / 3:16 pm

## REPORT

### BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----

PRIYA PANDEY  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
MMC Reg No.2006031680

*Proudly... Caring For You*

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



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16-Sep-2024 / 3:13 pm

## REPORT

### Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"O"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.  
Sample: Whole Blood (EDTA)

----- End of Report -----

Pritam Dhanawade  
Lab Technician

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**Pathologist**  
MMC Reg No.2006031680



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## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	10.9	gm/dl	12.0 - 15
<u>RED BLOOD CELLS</u>			
R.B.C. Count	4.45	million / cumm	3.8- 4.8
HCT	34.3	%	35-48
MCV	77.2	fL	83 - 101
MCH	24.5	pg	27 - 32
MCHC	31.7	gm / dl	31.5 - 34.5
RDW (CV)	14.7	%	11.6- 14.0
Total W.B.C. Count	7090	/cu.mm.	4000-10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	55	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	02	%	1 - 6

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### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	244000	/cumm	150000 - 410000

#### MORPHOLOGY

RBC Morphology Mild Anisocytosis with Microcytic and Hypochromic Cells.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
MMC Reg No.2006031680



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## REPORT

### Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	40	mm at 1hr	0 - 20

Method: Westergren.  
Sample: Whole Blood (EDTA)

----- End of Report -----

Pritam Dhanawade  
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**Pathologist**  
MMC Reg No.2006031680





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## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

Pritam Dhanawade  
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16-Sep-2024 / 3:15 pm

## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 5 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
MMC Reg No.2006031680



# SEA BIRD MEDICARE CENTRE

## MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	16 sep 2024.		
NAME	Sandhya R. Bappal		
AGE	21	GENDER	female
HEIGHT (CM)	160 cm	WEIGHT (KG)	63 kg
B.P.	110/80 mmHg.		
ECG	WNL		
X Ray	MAD.		
Vision Checkup	Color Vision:	Normal	
	Far Vision Ratio:	6/6 - Uncorrected	
	Near Vision Ratio:	N5 - Uncorrected	
Present Ailments	Nil.		
Details of Past ailments (If Any)	Nil.		
Comments / Advice:	<ul style="list-style-type: none"><li>• Low haemoglobin (s/o iron def-anaemia)</li><li>• ↑ ESR. Repeat ESR x 10 days</li><li>• Recommend to review with MD physician</li></ul>		

*H Mistry*

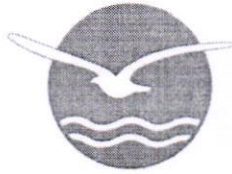
Signature with Stamp of Medical Examiner

**DR. HAVOVEE MISTRY KAPADIA MBBS, FCPS**  
APPROVED BY DG SHIP INS(CO)  
CONSULTANT IN MARINE MEDICINE & AVIATION MEDICINE  
REG NO. MMC-80174  
A-101-102, HERITAGE PLAZA, TELI CROSS LANE  
ANDHERI EAST, MUMBAI-400 069.  
SEA BIRD MEDICARE CENTRE

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069

Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



# SEA BIRD MEDICARE CENTRE

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of  
Sandhya R Bappal on 16/09/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>Medically Fit</li> </ul>	
<ul style="list-style-type: none"> <li>Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>i/v/o low haemoglobin &amp; high ESR recommend to review with MD physician</u></p> <p>2. _____</p> <p>3. _____</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	✓
<ul style="list-style-type: none"> <li>Currently Unfit. Review after _____ recommended</li> </ul>	
<ul style="list-style-type: none"> <li>Unfit</li> </ul>	

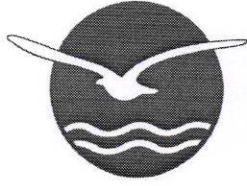
Dr. H.M. Mistry

**DR. HAVOVEE MISTRY KAPADIA MBBS, FCPS**  
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 SEA BIRD MEDICARE CENTRE

*This certificate is not meant for medical/legal purposes*

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# SEA BIRD MEDICARE CENTRE

Report ID : **SRBM169123247**  
Patient Name : **Ms. SANDHYA RAMLU BAPPAL**  
Rank :  
Ref By : **DR. MUKUL ARTE**

Reg. : **16-Sep-2024**  
Report Date : **16-Sep-2024**  
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Age/Sex : **21 Year / Female**

## CHEST X RAY REPORT

X-Ray No : 7927

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

### **Impression :**

**Normal Chest X-Ray.**

  
Dr. Jacob  
Mathew MD

**Proudly... Caring For You**

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704  
Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)



भारत सरकार  
Government of India



Issue Date: 01/04/2013



संध्या रमलु बप्पल  
Sandhya Ramlu Bappal  
जन्म तारीख/DOB: 02/11/2002  
महिला/ FEMALE

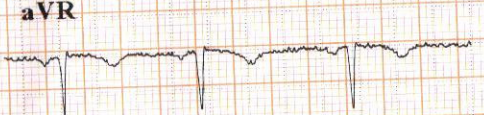
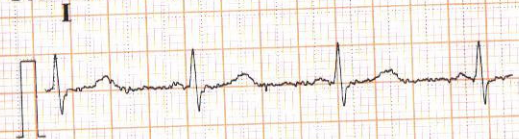
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VID : 9138 3820 8268 0761

माझे आधार, माझी ओळख

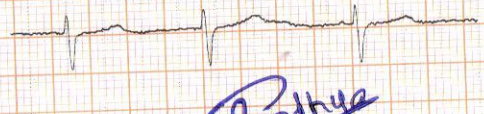
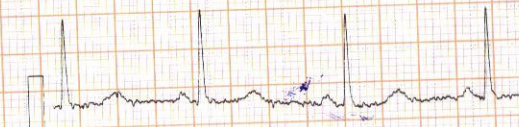
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08-06-2005 09:41:46



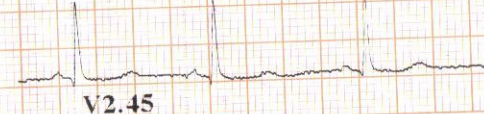
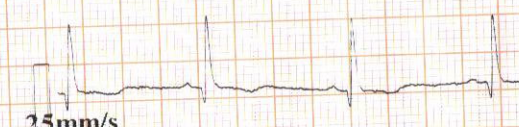
II

aVL



III

aVF



25mm/s

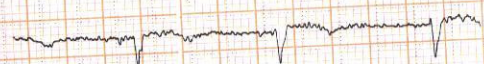
V2.45

PROMPTCARE

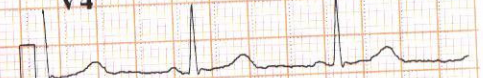
*Sandhya*

10mm/mV 0.67~25Hz AC50

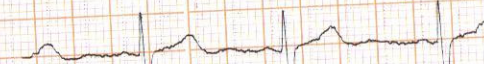
V1



V4



V2



V5



V3



V6



25mm/s

75

PROMPTCARE

*Sandhya*

### E. C. G. REPORT

RATE 74/min Q. WAVE N  
RHYTHM regular QRS COMPLEX isoelectric  
VOLTAGE N ST. SEGMENT N  
P. WAVE N T. WAVE N  
PR. INTERVAL N

**DR. HAVOVEE MISTRY KAPADIA MBBS, FCPS**

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SEA BIRD MEDICARE CENTRE

*mistry*

### ELECTROCARDIOGRAPHIC REPORT



**SEA BIRD**  
MEDICARE CENTRE

NAME Sandhya Bhappal  
AGE 21 DATE 10/09/24

- A-101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai - 400069.  
Tel.: 022-4603 2704 / 81046 06813
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076.  
Tel.: 2570 4157 / 2570 1053