



भारत सरकार
GOVERNMENT OF INDIA



பி பி அஷ்வின்
B B Ashwin
பிறந்த நாள்/DOB: 09/11/1992
ஆண்/ MALE
Mobile No: 8980910121

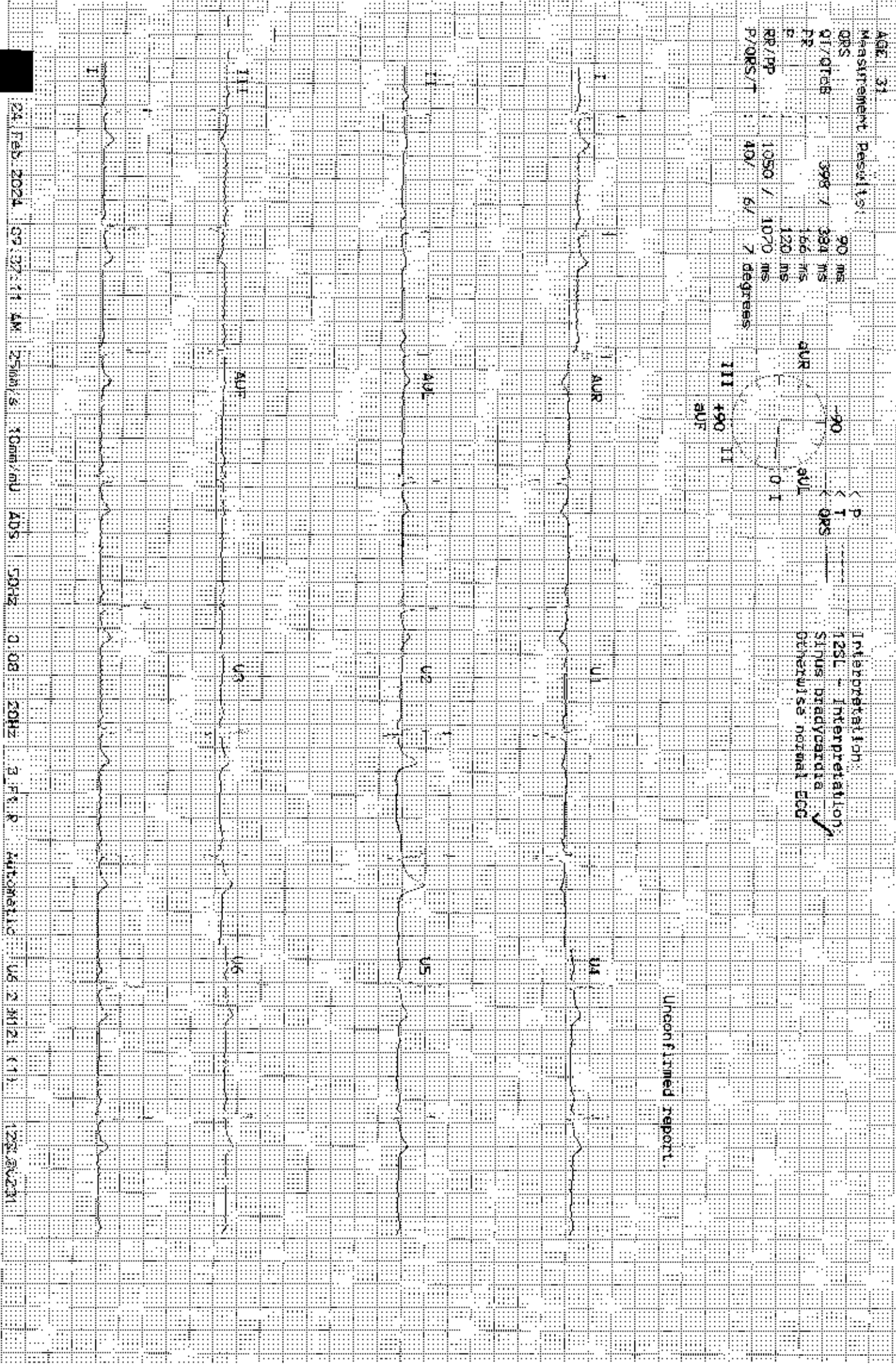


6342 8916 1145
VID : 9140 6470 6453 6163

எனது ஆதார், எனது அடையாளம்

Interpretation:
12SL - Interpretation
Sinus bradycardia ✓
Otherwise normal ECG

Unconfirmed report.





**Health Check up Booking Confirmed Request(bobS4928),Package Code-PKG10000366,
Beneficiary Code-295027**

1 message

Mediwheel <wellness@mediwheel.in>
To: shreenidhinkg31@gmail.com
Cc: customercare@mediwheel.in

Mon, Feb 5, 2024 at 4:55 PM



Mediwheel
...Your wellness partner

011-41195959

Dear **Shreenidhi nkg**,

We are pleased to confirm your health checkup booking request with the following details.

Booking Date : 10-01-2024
Hospital Package Name : Mediwheel Full Body Annual Plus
Patient Package Name : Mediwheel Full Body Health Checkup Male Below 40
Name of Diagnostic/Hospital : Apollo Clinic
Address of Diagnostic/Hospital- : Apollo Clinic, Door No 11, 4, Sivaprakasam St, opposite to Brilliant Tutorial, Pondy Bazaar, Parthasarathi Puram, T Nagar - 600017
City : Chennai
State :
Pincode : 600017
Appointment Date : 24-02-2024
Confirmation Status : Booking Confirmed
Preferred Time : 8:00am-9:00am
Booking Status : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
BB ashwin	31 year	Male

Note - Please note to not pay any amount .

Instructions to undergo Health Check:

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

- Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- It is advisable not to undergo any Health Check during menstrual cycle.

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of MR. ASHWIN B.B 31/M on 26/2/24.

After reviewing the medical history and on clinical examination it has been found that He / She is

	Tick
<ul style="list-style-type: none"> Medically Fit 	<input type="checkbox"/>
<ul style="list-style-type: none"> Fit with restrictions / recommendations <p>Though following restrictions have been revealed, in my opinion, these are not Impediments to the job.</p> <ol style="list-style-type: none"> <u>SYSTEMIC HYPERTENSION</u> <u>HBA_{1c} - 5.8%</u> <u>TGOL-237, TGL-293, LCL-138</u> <u>FATTY LIVER GRADE A</u> <p>However the employee should follow the advice/medication that has been Communicated to him/her. <u>Low fat low salt diabetic diet</u></p> <p>Review after <u>40 minutes brisk walking everyday</u> <u>To do thyroid function tests and review.</u></p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> Currently Unfit. Review afterrecommended 	<input type="checkbox"/>
<ul style="list-style-type: none"> Unfit 	<input type="checkbox"/>

Dr. S. Anusha 96386
 Medical Director
 The Apollo Clinic (Specialty Medicine)
 Reg. No. 96386

This certificate is not meant for medico-legal purposes

Physical Examination			
Name <u>Mr / Mrs / Miss</u>		ASHWIN B.B	
Age / Gender		Male / Female	DATE OF CHECK UP
HEIGHT	180 cm	Cms	
WEIGHT	103.1 kg	Kgs	
BLOOD PRESSURE (If above 140/90 need 3 readings)	1) 150/90 mmHg	mmHg	
	2) 160/100		
	3) 160/90		
BMI	31.8		
WAIST	109		
HIP	112		
WAIST HIP RATIO	0.97	Min	
RESPIRATORY RATE	18	Min	
PULSE	62		
CHEST	INSPIRATION	Ins:	Cms
	EXPIRATION	Exp:	Cms

OPHTHAL EXAMINATION					COLOUR VISION	
VISION	FAR VISION RIGHT	FAR VISION LEFT	NEAR VISION RIGHT	NEAR VISION LEFT	RIGHT	LEFT
WITHOUT GLASS						
WITH GLASS						
REMARKS IF ANY						

APOLLO CLINIC

CONSENT FORM

Patient Name Mr. Ashwin BB Age 31 yrs / M.
UHID Number 205720 company Name Arcotemi

I Mr. Ashwin B.B Employee of Arcotemi
(Company) Want to inform you that I am not interested in getting Today T.M.T not done
Tests done which is apart of my routine health check package. BP high

And I claim the above statement in my full consciousness.

Patient Signature B.B. Ashwin Date 24/2/24

APOLLO MEDICAL CENTER
Door No. 11/6, Sidanthesam Street, T.Nagar,
Chennai - 600017.
Ph No: 024-24341066 / 24335315 / 16/18/19

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC046089) Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | Email ID: enquiry@apollohospitals.com

APOLLO CLINICS NETWORK TAMILNADU

Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Velasaravakkam | Velachery)

TO BOOK AN APPOINTMENT

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies
History

no specific ENT complaints

OE: Ear
Nose
Throat } *NAD*

APOLLO MEDICAL CENTER
Door No - 11/4, Sivaprakasam Street, T.Nagar,
Chennai - 600017.
Ph No 044-24341066 / 24335315 / 16/18/19

S. Meenakshi

Follow up date:

Doctor Signature & Stamp

Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.

ORAL EXAMINATION FORM



Date: 24/2/24

Patient ID: 205720 MHC

Patient Name: Ashwin Age: 31 Sex: Male Female

Chief Complaint:

Medical History: nil

Drug Allergy: nil

Medication currently taken by the Guest: nil

Initial Screenign Findings: St⁺, Ca⁺

Dental Caries: nil

Missing Teeth: nil

Impacted Teeth: nil

Attrition / Abrasion: nil

Bleeding: Grade-I

Pockets / Recession: nil

Calculus / Stains: St⁺, Cat

Mobility: nil

Restored Teeth: nil

Non - restorable Teeth for extraction /
Root Stumps: nil

Malocclusion: nil

Others: nil

Advice:- Scaling.

Doctor
Name & Signature: Rahul
Rahul

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Chennai - 600017.
Ph No 044-24341066 / 24335315 / 16/18/19

OPHTHALMOLOGY



Name: MR. ASHWIN BB	Date: 24/02/24
Age: 31 year	UHID No: CTNA.0000205120
Sex: <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	

OPHTHAL FITNESS CERTIFICATE

	RE	LE
DV-UCVA :	6/6	6/6
DV-BCVA :	-	-
NEAR VISION :	N6	N6
ANTERIOR SEGMENT :	ND	ND
IOP :	Ⓝ	Ⓝ
FIELDS OF VISION :	Ⓝ	Ⓝ
EOM :		
COLOUR VISION :	Ⓝ	Ⓝ
FUNDUS :		
IMPRESSION :		

ADVICE : **Nil - patients normal visual activity**

APOLLO HOSPITAL CENTER
Door No 11/4, Sivaprasadam Street, T.Nagar,
Chennai - 600017.
Ph No 044-24341086 / 24335315 / 15/1B/19

Established Patient: No

Vitals

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
24-02-2024 15:46	Beats/min	150/90 mmHg	Rate/min	F	180 cms	103.1 Kgs	%	%	Years	31.82	cms	cms	cms		AHLL04091

Established Patient: No

Vitals

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
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Established Patient: No

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24-02-2024 15:46	Beats/min	150/90 mmHg	Rate/min	F	180 cms	103.1 Kgs	%	%	Years	31.82	cms	cms	cms		AHLL04091

Name: Mr. ASHWIN B B
Age/Gender: 31 Y/M
Address: CHENNAI
Location: CHENNAI, TAMIL NADU
Doctor:
Department: GENERAL
Rate Plan: T NAGAR_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. MEENAKSHI S

MR No: CTNA.0000205720
Visit ID: CTNAOPV194190
Visit Date: 24-02-2024 08:27
Discharge Date:
Referred By: SELF

Doctor's Signature

Patient Name : Mr. ASHWIN B B Age : 31 Y/M
UHID : CTNA.0000205720 OP Visit No : CTNAOPV194190
Reported By: : Dr. ARUNA BABBURI Conducted Date : 24-02-2024 16:16
Referred By : SELF

ECG REPORT

Impression:

SINUS BRADYCARDIA

----- END OF THE REPORT -----



Dr. ARUNA BABBURI

Name: Mr. ASHWIN B B
Age/Gender: 31 Y/M
Address: CHENNAI
Location: CHENNAI, TAMIL NADU
Doctor:
Department: GENERAL
Rate Plan: T NAGAR_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. REKHA SANJAY

MR No: CTNA.0000205720
Visit ID: CTNAOPV194190
Visit Date: 24-02-2024 08:27
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Doctor's Signature

Name: Mr. ASHWIN B B
Age/Gender: 31 Y/M
Address: CHENNAI
Location: CHENNAI, TAMIL NADU
Doctor:
Department: GENERAL
Rate Plan: T NAGAR_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. ANUSHA SRIDHAR

MR No: CTNA.0000205720
Visit ID: CTNAOPV194190
Visit Date: 24-02-2024 08:27
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PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Doctor's Signature

Name: Mr. ASHWIN B B
Age/Gender: 31 Y/M
Address: CHENNAI
Location: CHENNAI, TAMIL NADU
Doctor:
Department: GENERAL
Rate Plan: T NAGAR_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. ANUSHA SRIDHAR

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HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Doctor's Signature

Patient Name	: Mr. ASHWIN B B	Age/Gender	: 31 Y/M
UHID/MR No.	: CTNA.0000205720	OP Visit No	: CTNAOPV194190
Sample Collected on	:	Reported on	: 24-02-2024 16:36
LRN#	: RAD2246356	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 181076		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver shows increase in echogenicity suggestive of fatty changes.

Intra and extra hepatic biliary passages are not dilated.

Gall bladder appears normal with no evidence of calculus.

Wall thickness appear normal.

Pancreas and spleen appear normal. Spleen measures 10.8 cms.

Portal and splenic veins appear normal.

No evidence of ascites or lymphadenopathy. Diaphragmatic movements are satisfactory.

There is no evidence of sub diaphragmatic pathology or pleural effusion.

Retroperitoneum is obscured by bowel gas.

Right kidney measures 9.1 cms.

Left kidney measures 10.5 cms.

Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

Prostate measures 3.2 x 2.9 x 2.4 cms (volume 12 cc) and shows normal echopattern.

Seminal vesicles appear normal.

Bladder is normal in contour. Both iliac fossae appear normal.

IMPRESSION:

Fatty Liver (Grade II).

Patient Name : Mr. ASHWIN B B

Age/Gender : 31 Y/M



Dr. RASHEED ARAFATH HIDAYATHULLAH
MBBS, DNB (RD)
Radiology

Patient Name : Mr. ASHWIN B B

Age/Gender : 31 Y/M

UHID/MR No. : CTNA.0000205720

OP Visit No : CTNAOPV194190

Sample Collected on :

Reported on : 26-02-2024 12:57

LRN# : RAD2246356

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 181076

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

Normal study.



Dr. RASHEED ARAFATH HIDAYATHULLAH
MBBS, DNB (RD)
Radiology

Patient Name : Mr.ASHWIN B B	Collected : 24/Feb/2024 08:37AM
Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 12:10PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 01:37PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI MEDICAL FULL BODY ANNUAL BLOOD TEST THE BANINDIA EXHIBIT

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

METHODOLOGY	: Microscopic.
RBC MORPHOLOGY	: Predominantly normocytic normochromic RBC's noted.
WBC MORPHOLOGY	: Normal in number, morphology and distribution. No abnormal cells seen.
PLATELETS	: Adequate in number.
PARASITES	: No haemoparasites seen.
IMPRESSION	: Normocytic normochromic blood picture.
NOTE/ COMMENT	: Please correlate clinically.



Dr THILAGA
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED240047765

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.



This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115B19)
Regd. Office: 1-10-80/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 940-4904 7777, Fax No: 4904 7744

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D No.36, F - Block, 2nd Avenue, Anna Nagar East, Chennai-600 102.
Phone - 044 26224504 / 85

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www.apolloclinic.com

APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | **Andhra Pradesh: Vizag** (Seethamma Peta) | **Karnataka: Bangalore** (Banwanagudi | Bellandur | Electronics City | Frazer Town | Hill Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | **Mysore** (VV Mohalla) | **Tamil Nadu: Chennai** (Anna Nagar | Kotturpuram | Moggappair | T Nagar | Velasavakkam | Velachery) | **Maharashtra: Pune** (Aundh | Nigdi Pradhikaran | Viman Nagar | Warananer) | **Uttar Pradesh: Ghazalbad** (Indrapuram) | **Gujarat: Ahmedabad** (Satellite) | **Punjab: Amritsar** (Court Road) | **Haryana: Faridabad** (Railway Station Road)

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	14.2	g/dL	13-17	Spectrophotometer
PCV	40.80	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.71	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	86.7	fL	83-101	Calculated
MCH	30.1	pg	27-32	Calculated
MCHC	34.7	g/dL	31.5-34.5	Calculated
R.D.W	12.7	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,800	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	63.8	%	40-80	Electrical Impedance
LYMPHOCYTES	25.9	%	20-40	Electrical Impedance
EOSINOPHILS	2.9	%	1-6	Electrical Impedance
MONOCYTES	6.6	%	2-10	Electrical Impedance
BASOPHILS	0.8	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4976.4	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2020.2	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	226.2	Cells/cu.mm	20-500	Calculated
MONOCYTES	514.8	Cells/cu.mm	200-1000	Calculated
BASOPHILS	62.4	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	2.46		0.78- 3.53	Calculated
PLATELET COUNT	275000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	14	mm/hour	0-15	Capillary photometry
PERIPHERAL SMEAR				

METHODOLOGY : Microscopic.



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Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 12:10PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 01:37PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

RBC MORPHOLOGY	: Predominantly normocytic normochromic RBC's noted.
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PLATELETS	: Adequate in number.
PARASITES	: No haemoparasites seen.
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NOTE/ COMMENT	: Please correlate clinically.



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Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 12:10PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 02:46PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	A			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

PLEASE NOTE THIS SAMPLE HAS BEEN TESTED ONLY FOR ABO MAJOR GROUPING AND ANTI D ONLY



Dr THILAGA
M.B.B.S.,M.D(Pathology)
Consultant Pathologist

SIN No:BED240047765

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This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)
Regd. Office: 1-10-86/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
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Patient Name : Mr.ASHWIN B B	Collected : 24/Feb/2024 01:06PM
Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 04:02PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 04:58PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	83	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	102	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



DR. R. SRIVATSAN
M.D.(Biochemistry)



SIN No:PLP1423569

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Patient Name : Mr.ASHWIN B B	Collected : 24/Feb/2024 08:37AM
Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 12:09PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 01:27PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	5.8	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	120	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



DR. R. SRIVATSAN
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SIN No:EDT240021324

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Patient Name : Mr.ASHWIN B B	Collected : 24/Feb/2024 08:37AM
Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 12:37PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 02:38PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324


Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	237	mg/dL	<200	CHO-POD
TRIGLYCERIDES	293	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	40	mg/dL	40-60	Enzymatic Inhibition
NON-HDL CHOLESTEROL	197	mg/dL	<130	Calculated
LDL CHOLESTEROL	138.4	mg/dL	<100	Calculated
VLDL CHOLESTEROL	58.6	mg/dL	<30	Calculated
CHOL / HDL RATIO	5.93		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dL. When Triglycerides are more than 400 mg/dL LDL cholesterol is a direct measurement.



DR. R. SRIVATSAN
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Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.67	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.11	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.56	mg/dL	0.0-1.1	CALCULATED
ALANINE AMINOTRANSFERASE (ALT/SGPT)	55	U/L	<50	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	32.0	U/L	<50	IFCC
ALKALINE PHOSPHATASE	52.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.10	g/dL	6.6-8.3	Biuret
ALBUMIN	4.30	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.80	g/dL	2.0-3.5	Calculated
A/G RATIO	1.54		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:


- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



DR. R. SRIVATSAN
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Patient Name : Mr.ASHWIN B B	Collected : 24/Feb/2024 08:37AM
Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 12:37PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 02:38PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.79	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	16.00	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	7.5	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.70	mg/dL	3.5–7.2	Uricase PAP
CALCIUM	9.00	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	4.20	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	141	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.7	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	104	mmol/L	101–109	ISE (Indirect)



DR.R.SRIVATSAN
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Patient Name : Mr.ASHWIN B B	Collected : 24/Feb/2024 08:37AM
Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 12:37PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 02:35PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	39.00	U/L	<55	IFCC



DR. R. SRIVATSAN
M.D.(Biochemistry)



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Patient Name : Mr.ASHWIN B B	Collected : 24/Feb/2024 08:37AM
Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 12:43PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 03:45PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324


Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-iodothyronine (T3, TOTAL)	0.762	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	10.67	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	2.070	µIU/mL	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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M.D.(Biochemistry)



SIN No:SPL24031383

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Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | **Andhra Pradesh: Vizag** (Seethamma Peta) | **Karnataka: Bangalore** (Binwanaguri) | Bellandur | Electronics City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road | **Mysore** (VV Mohalla) | **Tamil Nadu: Chennai** (Annam Nagar | Kotturpuram | Moggappair | T Nagar | Velamavakkam | Velachery) | **Maharashtra: Pune** (Auridh | Nigdi Pradhikaran) | Viman Nagar | **Warananasi** | **Uttar Pradesh: Ghazabad** (Indrapuram) | **Gujarat: Ahmedabad** (Satellite) | **Punjab: Amritsar** (Court Road) | **Haryana: Faridabad** (Railway Station Road)

Patient Name : Mr.ASHWIN B B	Collected : 24/Feb/2024 08:37AM
Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 12:43PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 03:45PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324



DR. R. SRIVATSAN
M.D.(Biochemistry)



SIN No:SPL24031383

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)
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Patient Name : Mr.ASHWIN B B	Collected : 24/Feb/2024 08:37AM
Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 12:39PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 01:15PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.005		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2-4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



Dr THILAGA
M.B.B.S.,M.D(Pathology)
Consultant Pathologist

SIN No:UR2289904

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.



This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115B19)
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Patient Name : Mr.ASHWIN B B	Collected : 24/Feb/2024 08:37AM
Age/Gender : 31 Y 3 M 15 D/M	Received : 24/Feb/2024 12:40PM
UHID/MR No : CTNA.0000205720	Reported : 24/Feb/2024 01:07PM
Visit ID : CTNAOPV194190	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 181076	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

***** End Of Report *****



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SIN No:UF010698

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.



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