



Summary

Hope ICU Hospital Jabalpur MP
1505 Wright Town Jabalpur
222623/SWATI NIGAM 51 Yrs./Female 69 Kg/152 Cms
Date: 15-Mar-2024 11:04:18 AM

Ref. By : DR SANJAY KHANNA
Medication :
Objective :

Protocol : BRUCE
History :

| Stage | StageTime (MM:SS) | PhaseTime (MM:SS) | Speed (MPH) | Grade (%) | METs | H.R. (bpm) | B.P. (mmHg) | R.P.P. (bpm) | PVC | Comments |
|----------|----------------------|----------------------|----------------|--------------|------|---------------|----------------|-----------------|-----|----------|
| Supine | | | | | 1.0 | 67 | 140/80 | 93 | - | |
| Standing | | | | | 1.0 | 69 | 140/80 | 96 | - | |
| HV | | | | | 1.0 | 68 | 140/80 | 95 | - | |
| ExStart | | | | | 1.0 | 68 | 140/80 | 95 | - | |
| Stage 1 | 3:00 | 3:01 | 1.7 | 10.0 | 4.7 | 114 | 150/80 | 171 | - | |
| Stage 2 | 3:00 | 6:01 | 2.5 | 12.0 | 7.1 | 142 | 160/80 | 227 | - | |
| PeakEx | 0:11 | 6:12 | 3.4 | 14.0 | 7.3 | 145 | 160/80 | 232 | - | |
| Recovery | 1:00 | | 0.0 | 0.0 | 1.2 | 100 | 160/80 | 160 | - | |
| Recovery | 2:00 | | 0.0 | 0.0 | 1.0 | 83 | 150/80 | 124 | - | |
| Recovery | 3:00 | | 0.0 | 0.0 | 1.0 | 81 | 140/80 | 113 | - | |

STL 0.5 mm/Div
2R



Findings :

Exercise Time :06:12
Max HR Attained :145 bpm 86% of Max Predictable HR 169
Max BP : 160/80(mmHg)
Max WorkLoad attained :7.3(Fair Effort Tolerance)

Stress test is normal for exercise induced ischemic heart disease.

DR. SANJAY KHANNA
MBBS, MD
REG. NO.- 6776
HOPE ICU HOSPITAL, JABALPUR

Advice/Comments:



12 Lead + Median

222523/SWATI NIGAM HR: 81 bpm
51 Yrs/Female METS: 1.0
69 Kg/152 Cms BP: 140/80
Date: 15-Mar-2024 11:04:18 AM

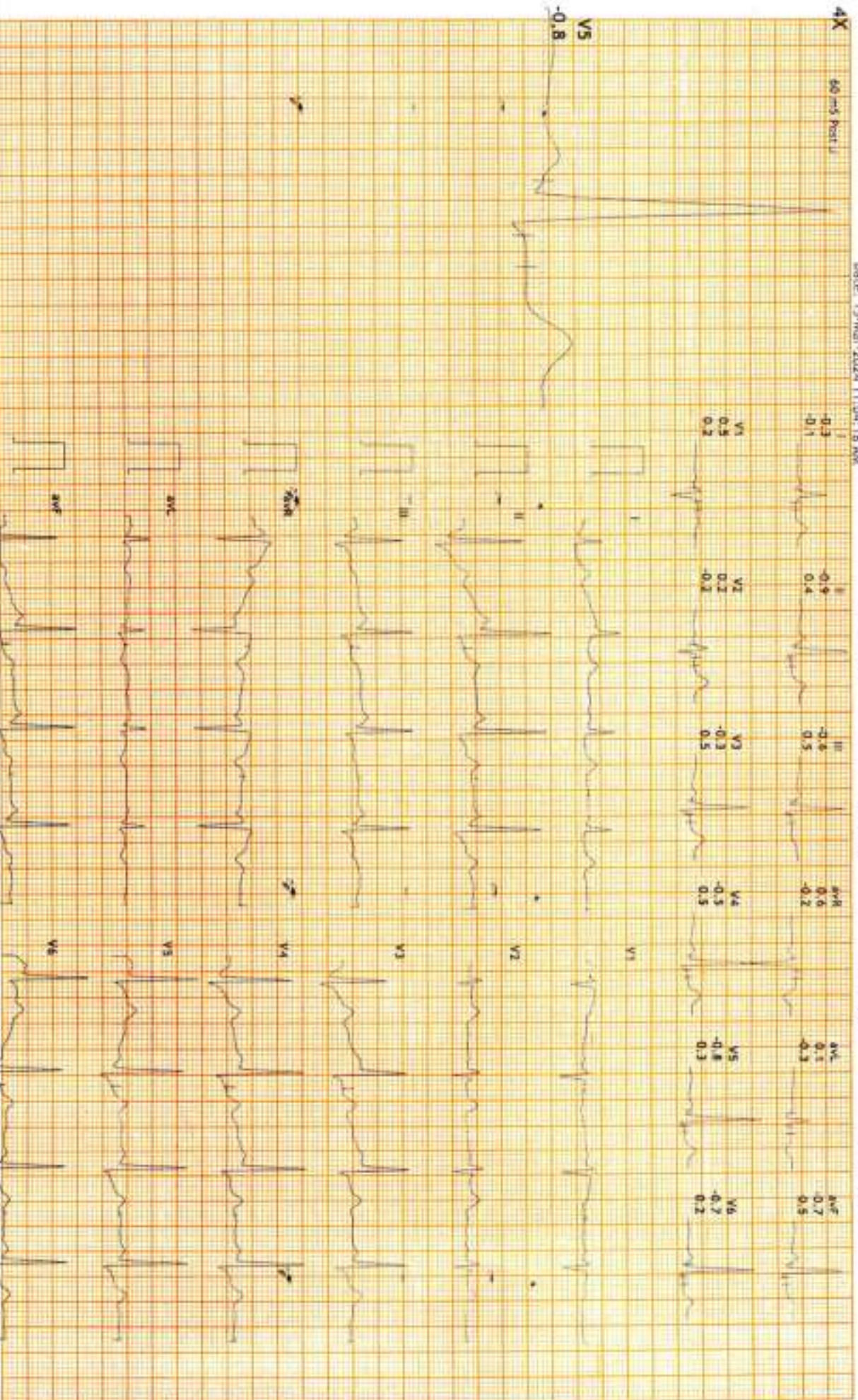
MPHR: 47% of 159
Speed: 0.0 mph
Grade: 0.0%

Hope ICU Hospital Jabalpur MP
1505 Wright Town Jabalpur

Raw ECG
BRUCE
11.0-100/Hz

Ex Time 06:12
BLC :On
Notch :On

Recovery(3:00)
10.0 mm/mV
25 mm/Sec.





12 Lead + Median

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2222623/SWATI NIGAM HR: 83 bpm
51 Yrs/Female METS: 1.0
69 Kg/152 Cms BP: 150/80

AP-R: 49% of 189
Speed: 0.0 mph
Grade: 0.0%

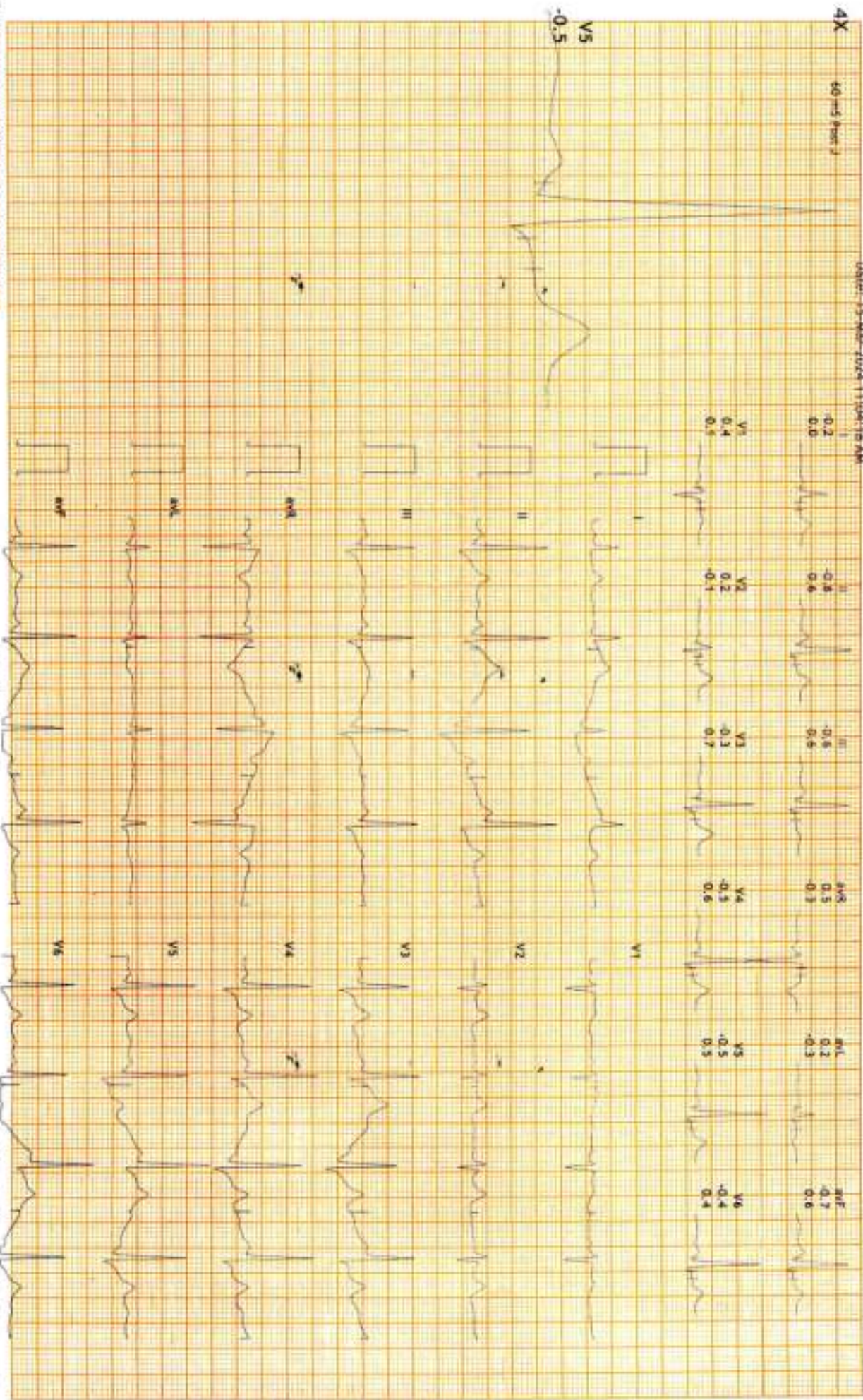
Raw ECG
BRUCE
11.0-100/Hz

Ex Time 06:12
BLC: On
Norch: On

Recovery(2:00)
10.0 mm/mv
25 mm/Sec.

4X 60 mm Paper

V5 -0.5





12 Lead + Median

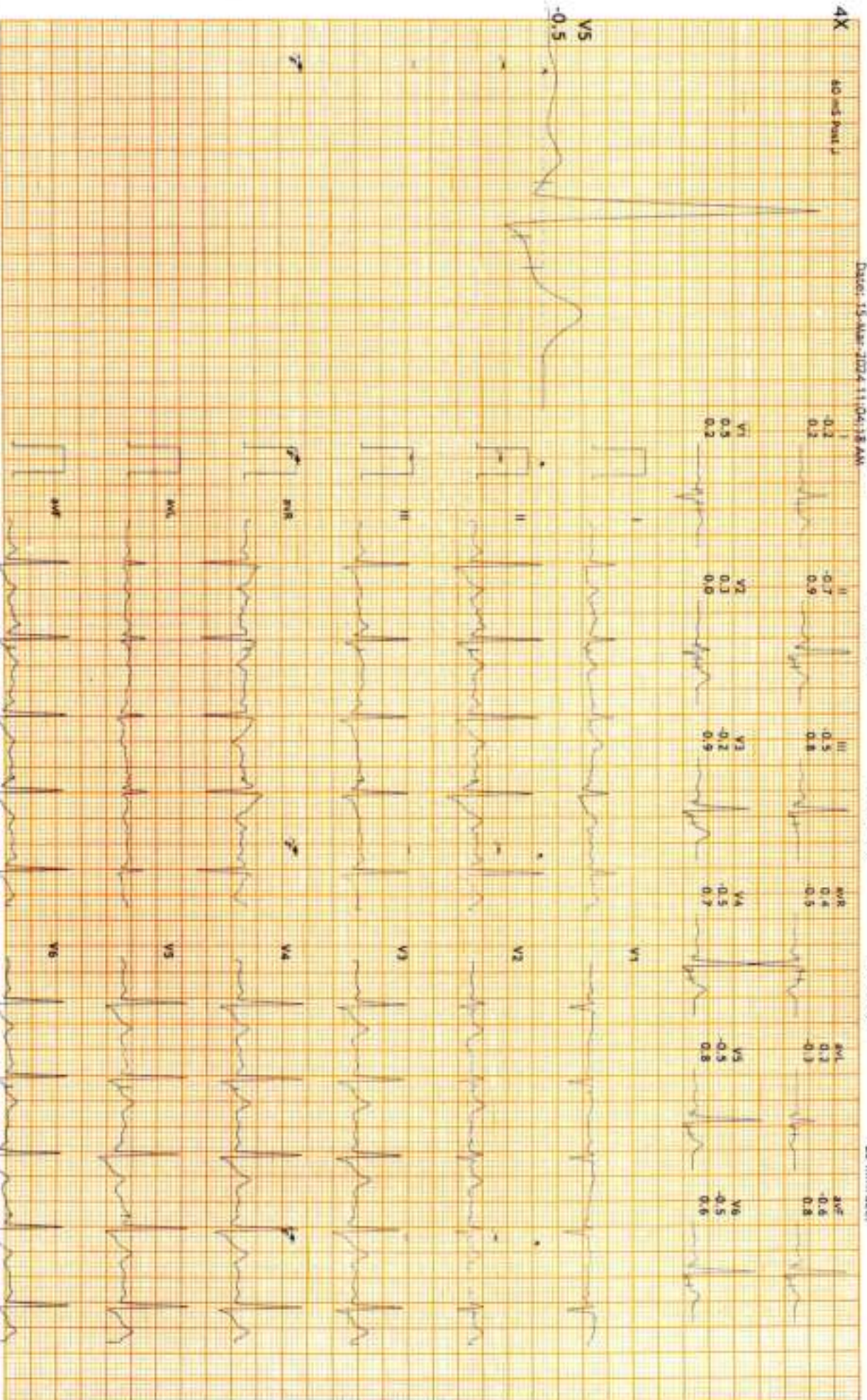
2222623/SWATI NICAW HR: 100 bpm
51 Yrs/Female METS: 1.2
69 Kg/152 Cms BP: 160/80
Date: 15-Mar-2024 11:04:18 AM

MPHR:59% of 166
Speed: 0.0 mph
Grade: 0.0%

Hope ICU Hospital Jabalpur MP
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Raw ECG
BRUCE
1.0-100Hz
Ex Time 06:12
BLC :On
Notch :On

Recovery(1:00)
10.0 mm/mV
25 mm/Sec.



Med: Sanjay Khanna/ Dr. Pushpraj Patel

From: 2024-03-15 11:04:18 AM

Dr. Sanjay Khanna/ Dr. Pushpraj Patel



12 Lead + Median

Hope ICU Hospital Jabalpur MP
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2222623/SWAT: NIGAM HR: 145 bpm
51 Yrs/Female METS: 7.3
69 Kg/152 Cms BP: 160/80

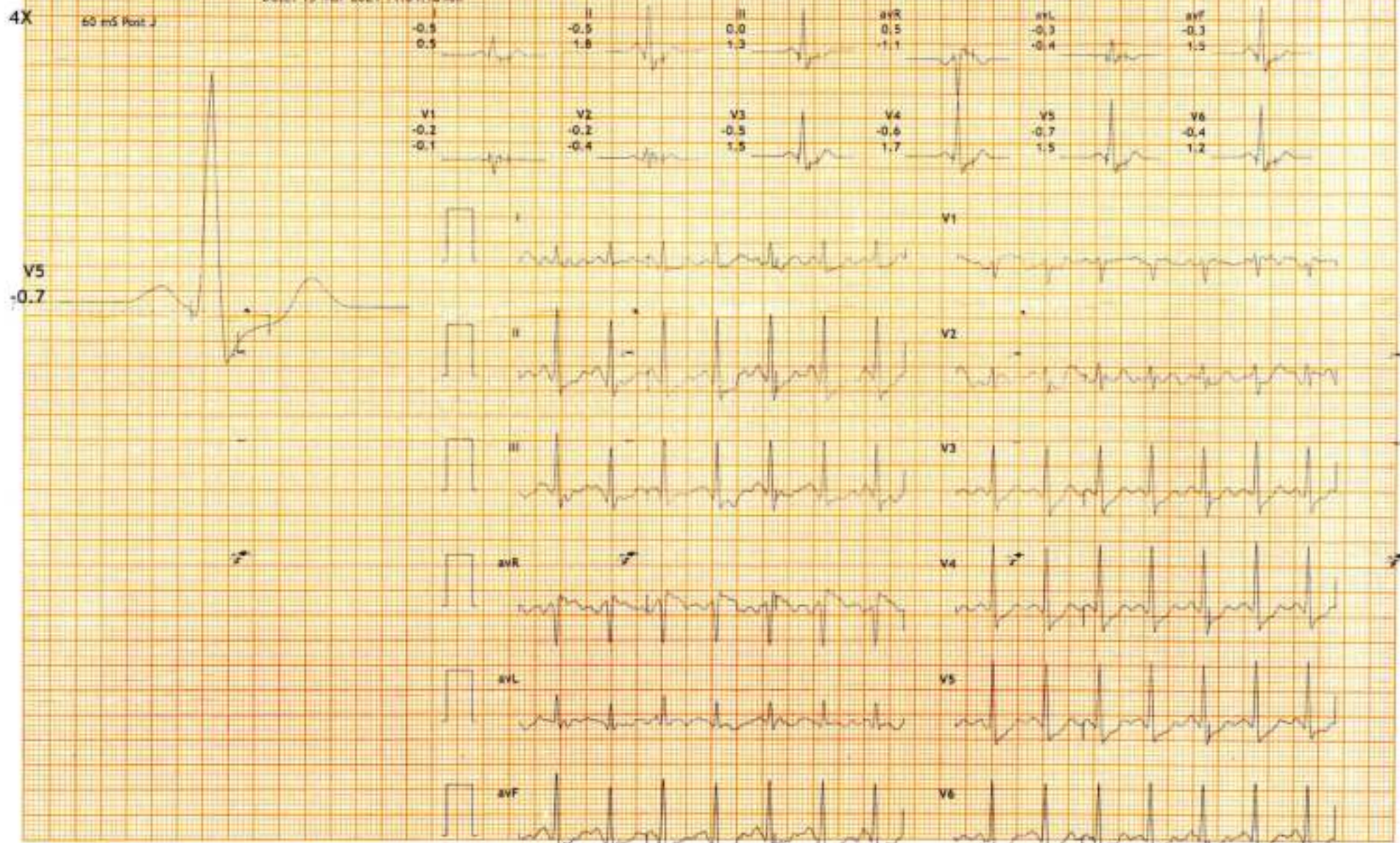
MPIR: 85% of 169
Speed: 3.4 mph
Grade: 14.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 06:11
BLC :On
Notch :On

BRUCE: PeakEx(0:11)
10.0 mm/mV
25 mm/Sec.

Date: 15-Mar-2024 11:04:18 AM





12 Lead + Median

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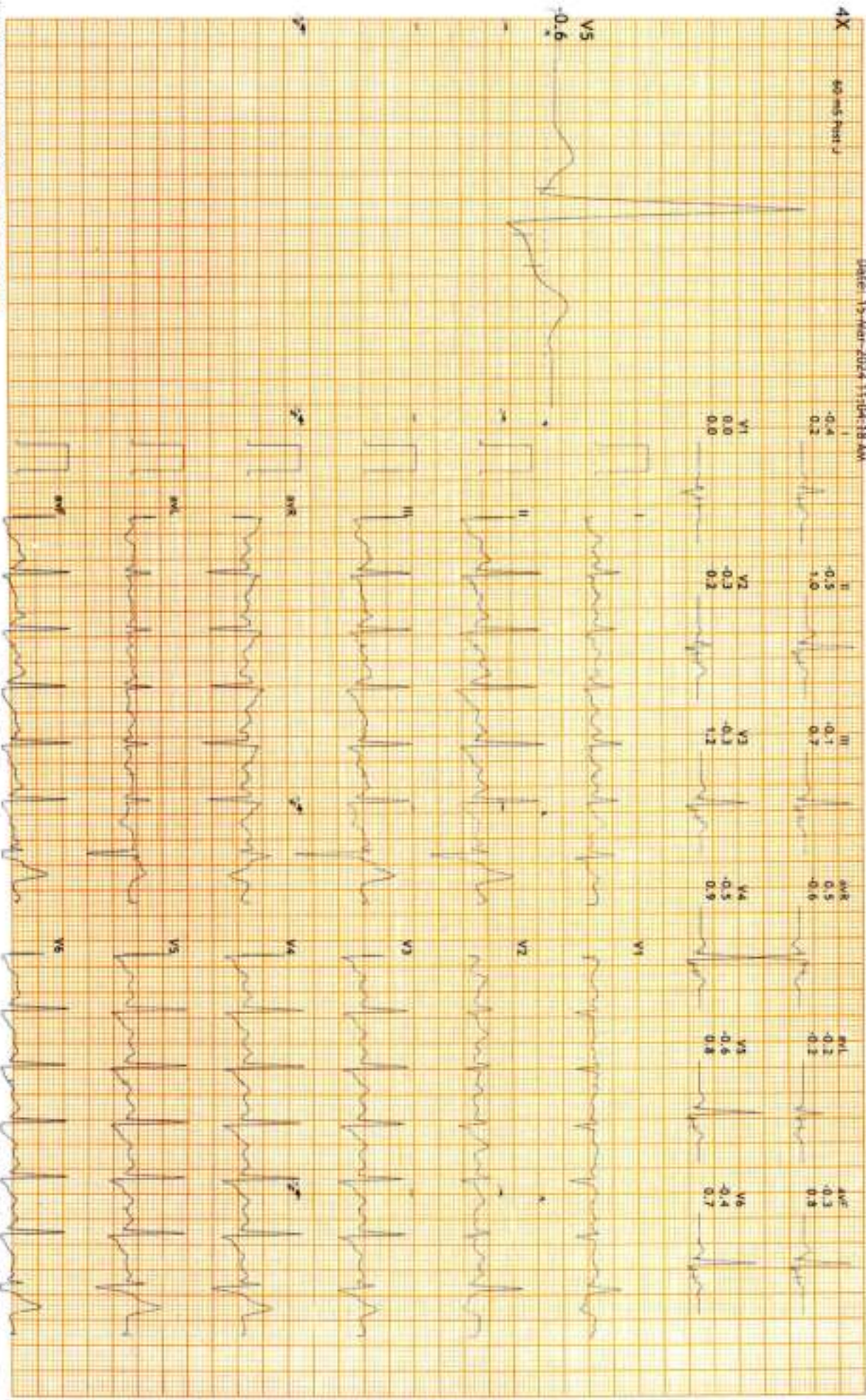
2222623/SWATI NIGAM HR: 142 bpm
51 Yrs/Female METS: 7.1
69 Kg/152 Cms BP: 160/80
Date: 15-Mar-2024 11:04:18 AM

MPHR: 66% of 169
Speed: 2.5 mm/s
Grade: 12.0%

Raw ECG
BRUCE
17.0-100.0Hz

Ex Time 06:00
BLC : On
Notch : On

BRUCE: Stage 2(3:00)
10.0 mm/mv
25 mm/Sec.





12 Lead + Median

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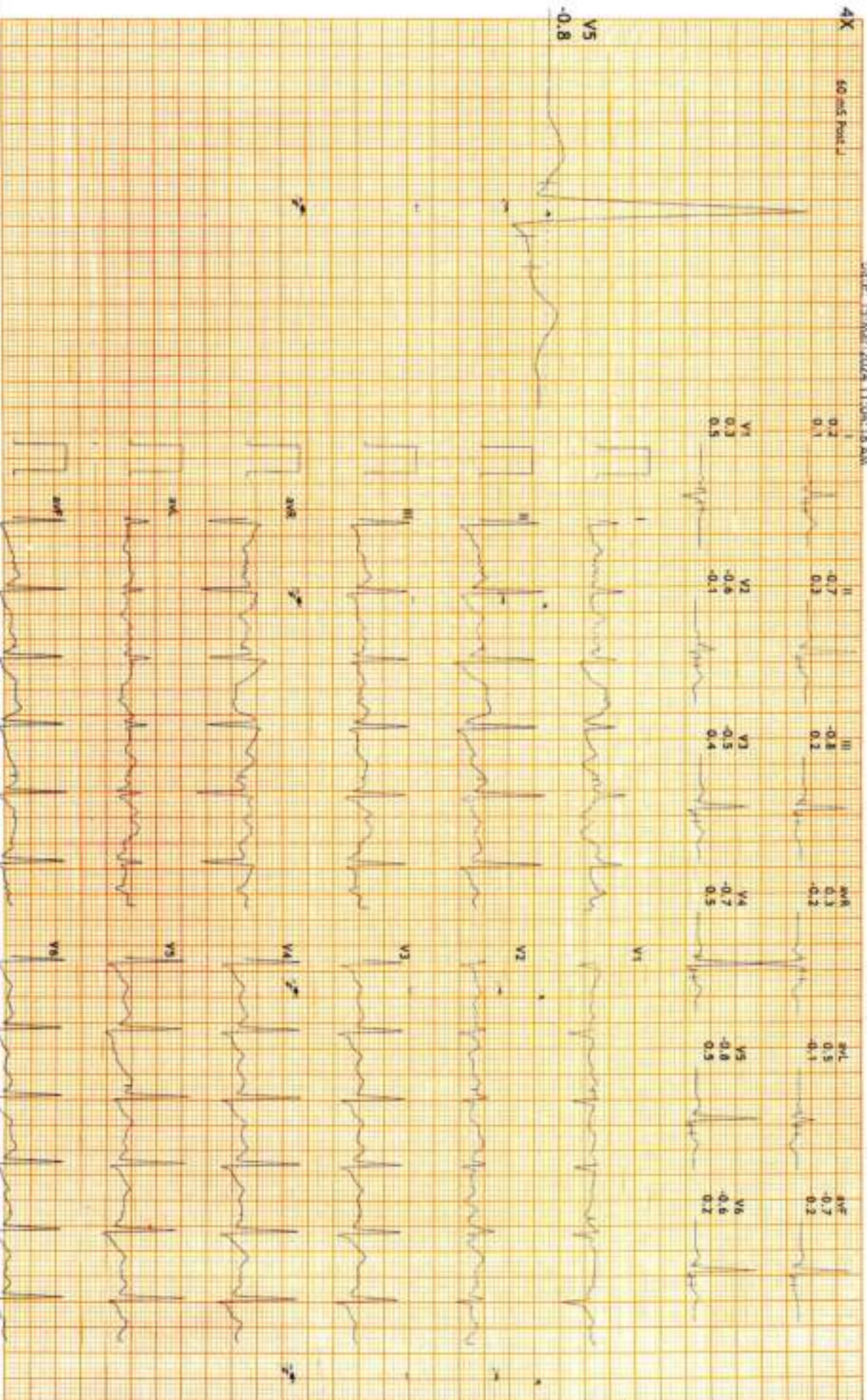
2222623/SWATI NIGAM HR: 114 bpm
51 Yrs/Female METS: 4.7
69 Kg/152 Cms BP: 150/80
Date: 15-Mar-2024 11:06:18 AM

MP-6:67% of 169
Speed: 1.7 mph
Grade: 10.0%

Rev ECG :
BRUCE
11.0-100µV

Ex Time 03:00
SIC : 0h
Nostch : 0h

BRUCE: Stage 1 (3:00)
10.0 mm/mV
25 mm/Sec.





12 Lead + Median

2222623/SWAMI NIGAM
51 Yrs/Female
69 Kg/152 Cms

HR: 68 bpm
METFS: 1.0
BP: 140/80

MPHR-40% of 169
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0 * 100)/Hz

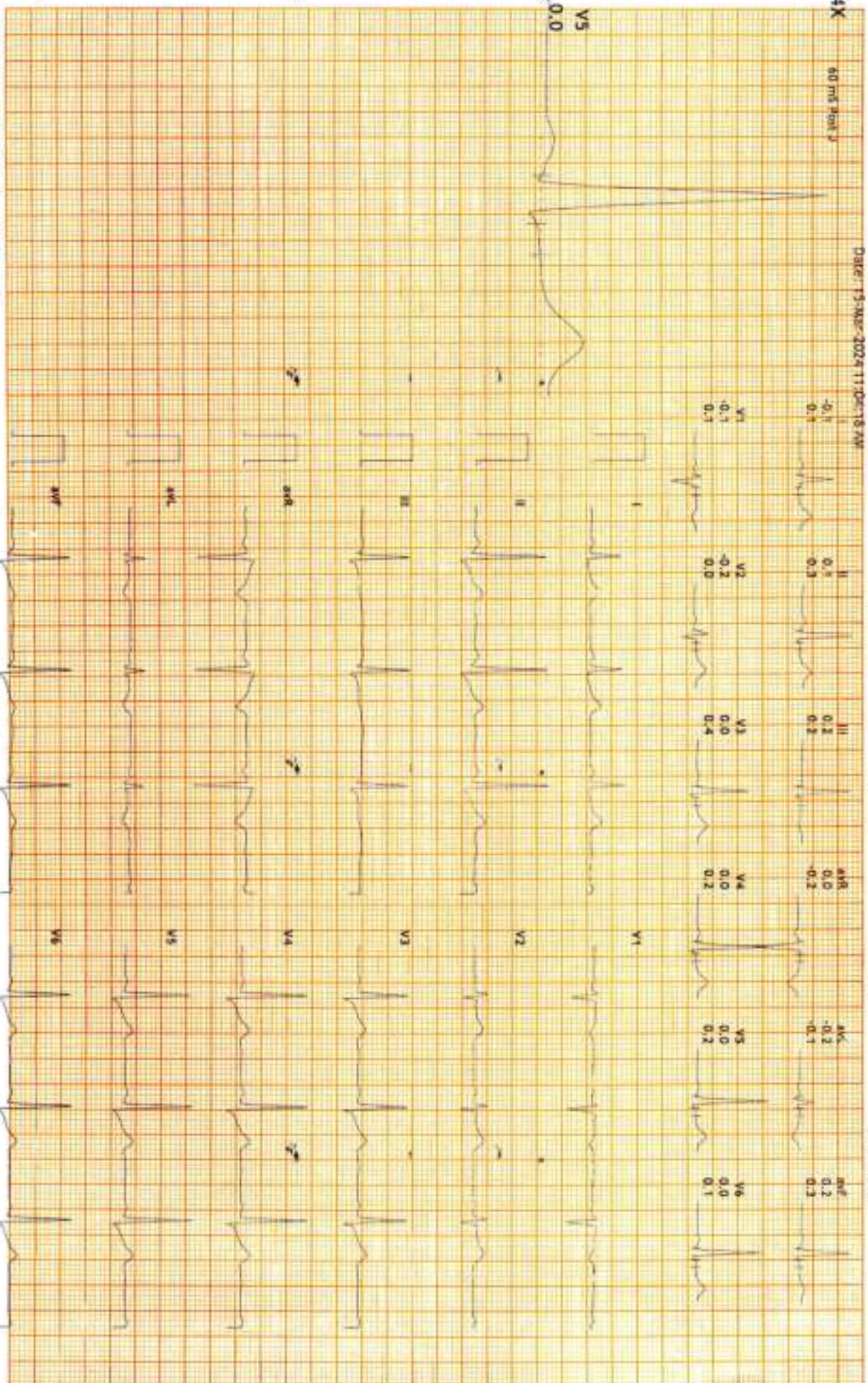
Ex Time 09:40
RLC :On
Nechr : On

EXStart
10.0 mm/mv
25 mm/Sec.

Date: 15-Mar-2024 11:02:18 AM

4X 60 ms P/ea J

V5
0.0



SHYAMALAVI EVIDENCE@RMR 442 5823379

Print Date: 15-Mar-2024

Dr Sanjay Khanna/ Dr.Pushpraj Patel



12 Lead + Median

2222623/SWART NIGAM HR: 68 bpm
51 Yrs/Female METS: 1.0
69 kg/152 Cms BP: 140/80

WP: 84% of 169
Speed: 0.0 m/s
Grade: 0.0%

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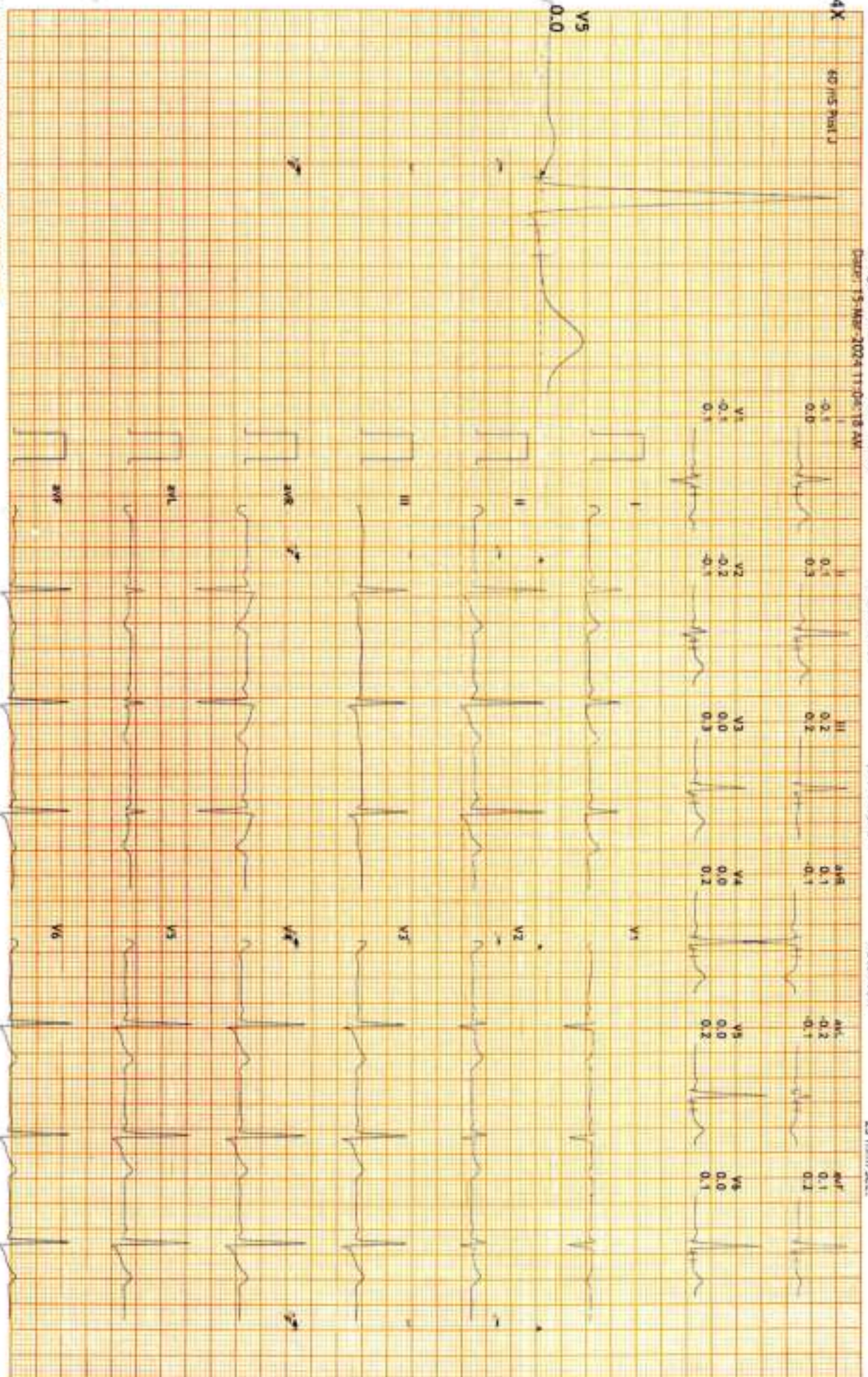
Raw ECG
SRUCE
11.0-100/Hz

Ex Time 00:35
BLC : On
Notch : On

HV
10.0 mm/mV
25 mm/Sec.

4X 60 mm Print J

V5 0.0





12 Lead + Median

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2222623/SWATI NICAW HR: 69 bpm
51 Yrs/Female METS: 1.0
69 Kg/152 Cms BP: 140/80

APHR: 40% of 169
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time: 00:34
BLC : On
Notch : On

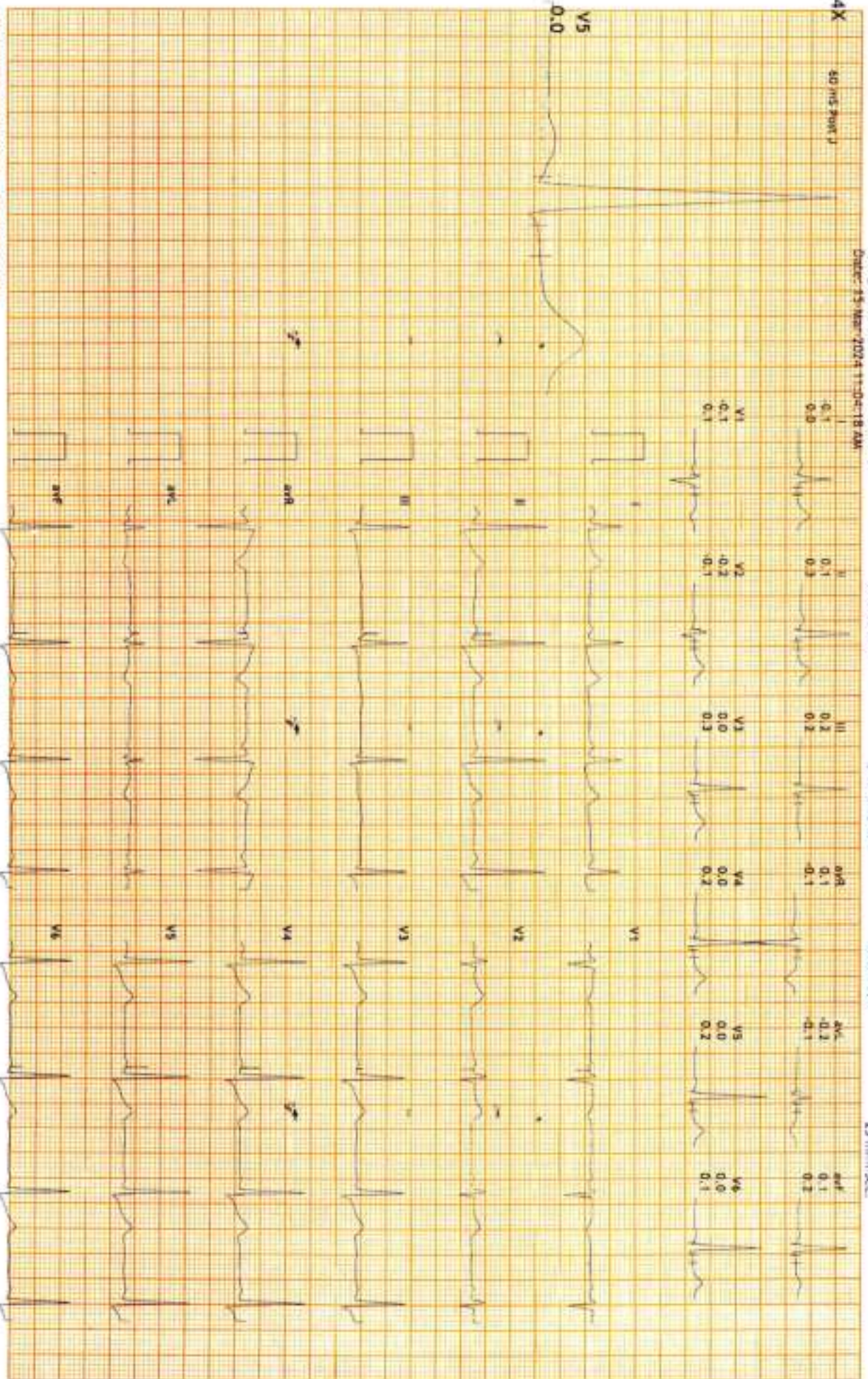
Standing
10.0 mm/mV
25 mm/Sec

Date: 15-Mar-2024 11:30:18 AM

4X 60 ms per J

V5

0.0





12 Lead + Median

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2222623/SWAT NIGAM HR: 67 bpm
51 Yrs/Female METS: 1.0
69 Kg/152 Cms BP: 140/80

WPH: 39% of 169
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
11.0-100/Hz

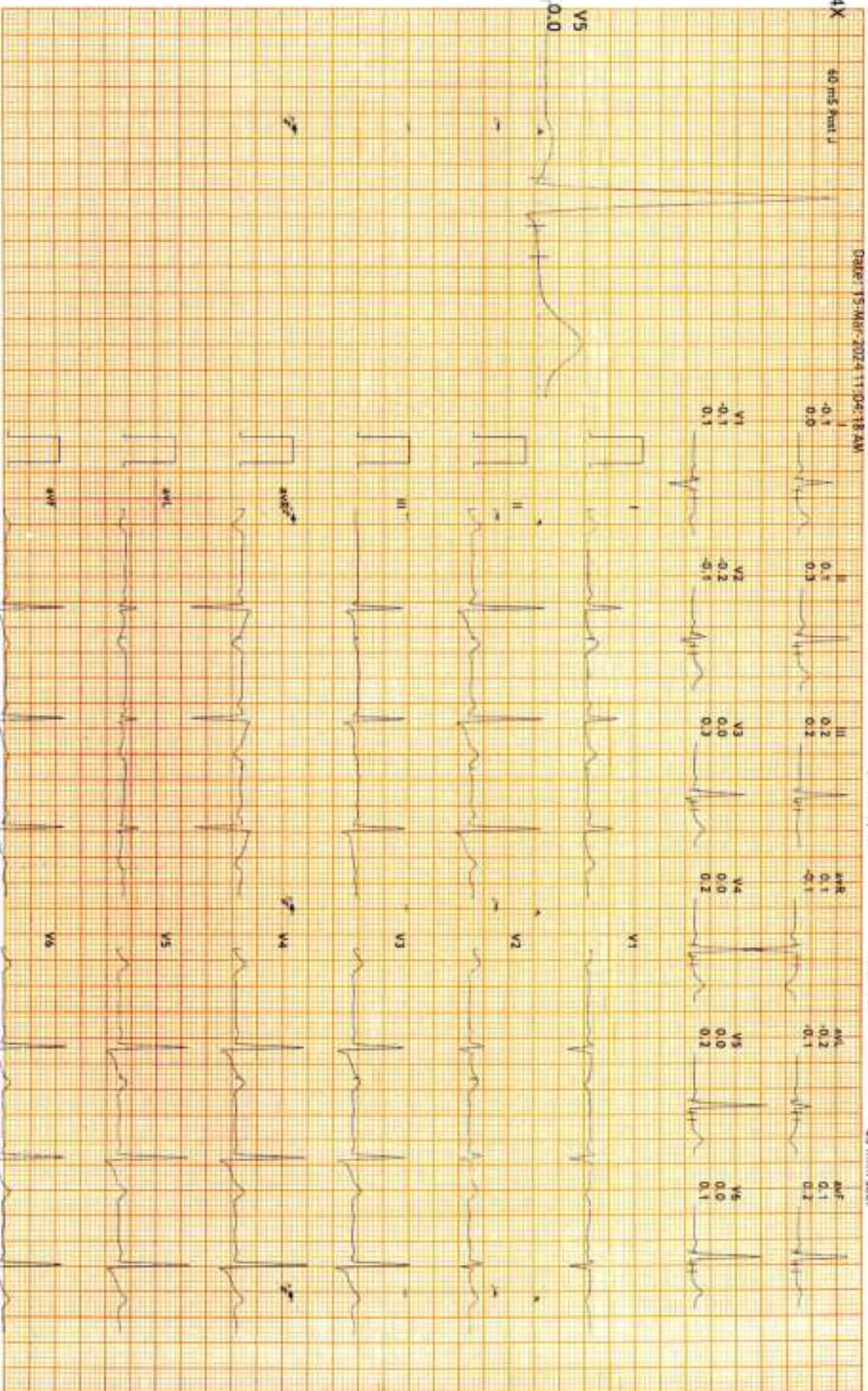
Ex Time: 00:30
BLC :On
Notch :On

Supine
10.0 mm/mV
25 mm/Sec.

Date: 15-MAR-2024 11:04:18 AM

4X 60 ms Peak 1

V5
0.0



SN:VMM 612709056814841 642352379

Dr Sanjay Khanna/ Dr.Pushpraj Patel

HOPE ICU & ADVANCED CRITICAL CARE HOSPITAL

1505, Wright Town, Near Keshav Kuti & Chanchala Bai College, JABALPUR- 482002 (M.P.)
(अस्पताल में ICU की सुविधा उपलब्ध नहीं है)



MEDICAL EXAMINATION REPORT

NAME: - MRS. SWATI NIGAM

DATE: - 15-03-2024

| | | | | | |
|----------------|---|--------|----------------|---|--------|
| B.P. | - | 140/90 | Pulse | - | 64/min |
| Height | - | 152cm | Weight | - | 69kg |
| CHEST (Inhale) | - | 90cm | CHEST (Exhale) | - | 87cm |
| Abdomen | - | 84cm | Waist | - | 92cm |
| Hip | - | 101cm | BMI | - | 29.9 |

MEDICATION H/O- AYURVEDIC MEDICATION FOR HYPERTENSION SINCE 1 MONTH

R. S. - NVB

CVS - S1 S2

CNS - NAD

P/A- No Organomegaly

OPINION:- I tching, dermatitis present. On Treatment
Irregular Period.

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NAME: - MRS. SWATI NIGAM

DATE: - 15-03-2024

ULTRASOUND WHOLE ABDOMEN

Liver is normal in size, outline is normal. No evidence of intrahepatic biliary radicals dilatation. Portal vein is normal.

Gall Bladder Shows normal wall thickness. No evidence of pericholecystic edema. No calculi seen. Common bile duct is normal.

Spleen is normal in size, outline and echopattern.

Pancreas shows normal outline and echopattern. No evidence of peripancreatic fluid seen. Pancreatic duct appears normal.

Both Kidneys are normal in size, location and outline. Cortical echogenicity and cortico-medullary differentiation is well maintained. PCS is compact. No calculi seen.

Urinary Bladder is well distended with normal wall thickness. Lumen is clear. No calculi / mass lesion noted.

Uterus is normal in size

.Please correlate clinically.

DR. PALBHA KHANNA
CONSULTANT RADIOLOGIST
REG. NO. MP-27762

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NAME: - MRS. SWATI NIGAM

DATE: - 15-03-2024

XRAY CHEST (PA)

- Cardiac shadow appears normal. Cardio thoracic ratio normal.
- Prominent bronchovascular markings.
- Bilateral costophrenic angle clear and domes are normal
- Aortic knuckle normal
- Rib cage appears grossly normal.
- Soft tissue shadow appears normal.

IMPRESSION: Chest X-ray reveals Prominent bronchovascular markings.

Kindly correlate clinically.

DR. SANJAY KHANNA
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DR. PALBHA KHANNA HOPE ICU HOSPITAL, JABALPUR
CONSULTANT RADIOLOGIST
REG. NO. MP-27762

DR. SANJAY KHANNA

Hosp. Regn. No. 457
Regn No. 6776

Mobile No. : 98261-66423
8103927563

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GYNAECOLOGICAL CONSULTATION

NAME: - MRS. SWATI NIGAM

DATE: - 15-03-2024

MENSTRUAL HISTORY : IRREGULAR
ON EXAMINATION : Presently Regular

- PALLOR : NOT PALE
- VITALS : STABLE
- P/A : SOFT NON TENDER
- P/V : NAD

IMPRESSION – NO GYNAECOLOGICAL PROBLEM AT PRESENT

~~Dr. Vandana Khanna~~

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DENTAL CHECKUP

NAME: - MRS. SWATI NIGAM

DATE: - 15-03-2024

| | | |
|-----------------|---|-----------------|
| DENTITION | - | NORMAL |
| FULL SET | - | PRESENT |
| HYGIENE | - | NORMAL |
| CARRIES | - | ABSENT |
| COLOUR OF TEETH | - | NORMAL |
| SMELL / ODOUR | - | NORMAL |
| GUMS | - | HEALTHY |
| IMPLANTS | - | ABSENT |
| OPINION | | NORMAL FINDINGS |

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OPHTHAL CHECKUP

NAME: - MRS. SWATI NIGAM

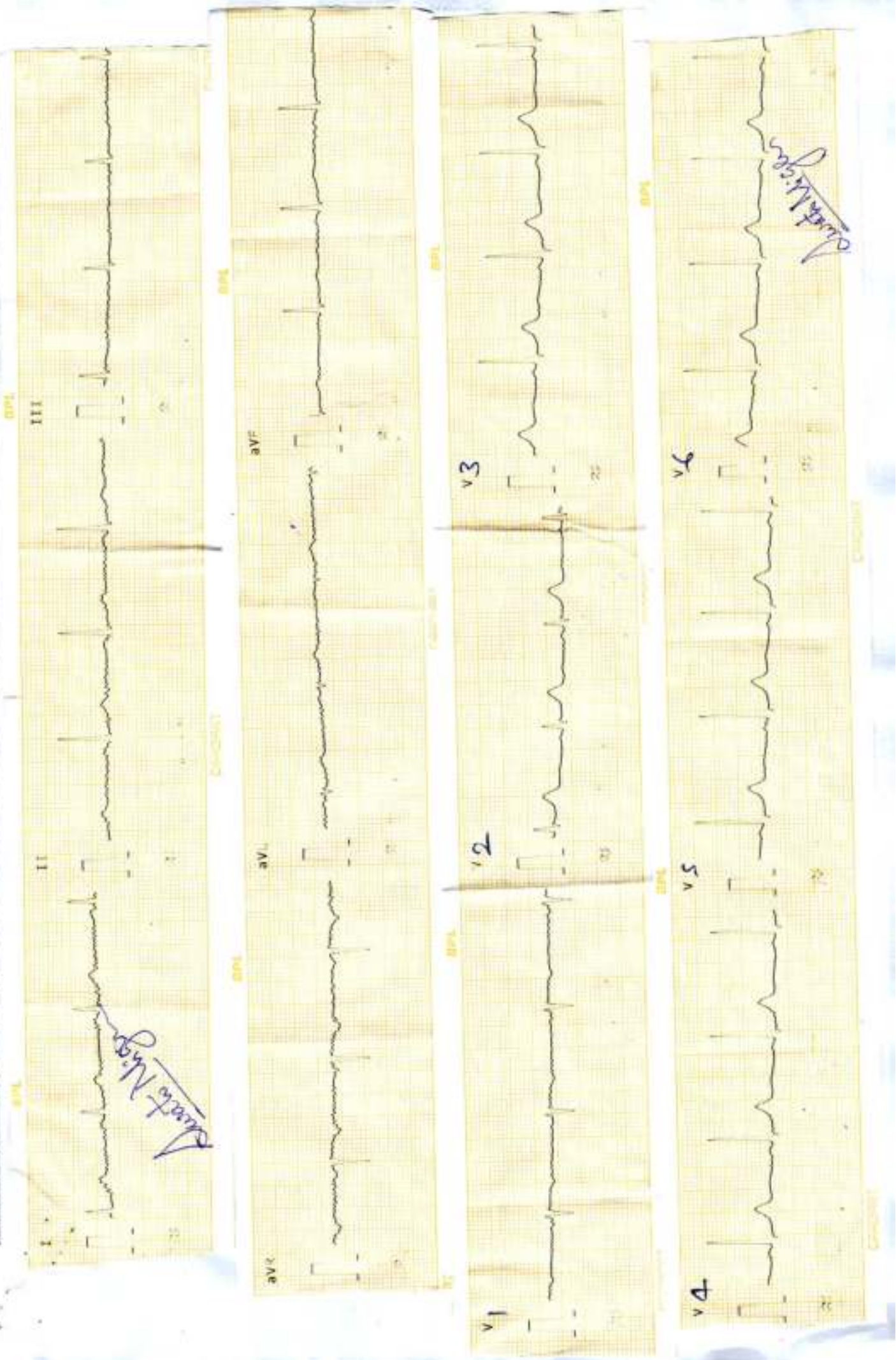
DATE: - 15-03-2024

| | | |
|---------------------|---|----------------------|
| GROSS | - | NORMAL |
| EYELIDS / EYELASHES | - | NORMAL |
| SCHLERA | - | NORMAL |
| CORNEA | - | NORMAL |
| IRIS | - | NORMAL |
| PUPIL | - | REFLECTING TO LIGHT |
| VISION | - | DID NOT WEAR GLASSES |
| LEFT EYE | | |
| (DISTANT VISION) | - | 6/12 WITHOUT GLASSES |
| RIGHT EYE | | |
| (DISTANT VISION) | - | 6/12 WITHOUT GLASSES |
| LEFT EYE | | |
| (NEAR VISION) | - | N-6 WITHOUT GLASSES |
| RIGHT EYE | | |
| (NEAR VISION) | - | N-6 WITHOUT GLASSES |
| COLOUR BLINDNESS | - | ABSENT |
| OPINION | - | NORMAL FINDINGS |

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HOPE ICU HOSPITAL, JABALPUR

DR. SANJAY KHANNA

NAME:- MRS. SWATI NIGAM AGE-51Y/F ECG REPORT DATE- 15-03-2024



NAME:- MRS. SWATI NIGAM AGE-51Y/F ECG REPORT DATE- 15-03-2024

AURICULAR RATE- 65/min

VENTRICULAR RATE- 65/min

AXIS- RAD

RHYTHM- Regular

PR- Normal

QRS- Normal

ST- Isoelectric

T- ↓ V₁

Q- Absent.

WNL at rest

Sanjay
DR. SANJAY KHANNA

MBBS, MD

REG. NO.- 6776

HOPE ICU HOSPITAL, JABALPUR

खन्ना पैथोलॉजी लैब एवं ब्लड बैंक

KHANNA PATHOLOGY LAB AND BLOOD BANK

14, Roopam Tower, Water Tank,

Near Hanuman Mandir & Chanchala Bai College

Wright Town, Jabalpur (M.P.) Mobile No. 9300092155

Lab Timings: 9.00 A.M. to 9.00 P.M. Sunday till 2.00 P.M.

Dr. Mrs. Vandana Khanna

REG NO. : OPD / 152
NAME : Mrs. Swati Nigam
REF. BY : Dr Sanjay khanna

AGE : 51 Years
SEX : Female
DATE : 15-Mar-24

HAEMATOLOGY

| <u>TESTS</u> | <u>RESULTS</u> | <u>UNITS</u> | <u>REFERENCE RANGE</u> | <u>METHOD</u> |
|--|---------------------------|--------------|------------------------|---------------|
| <u>COMPLETE BLOOD COUNT</u> | | | | |
| HAEMOGLOBIN | : 12.0 | gm/dl | 11 - 15 | |
| PCV | : 36 | % | 36 - 46 | |
| <u>RBC Parameters</u> | | | | |
| RBC Count | : 4.72 | mil/cumm | 3.8 - 4.8 | |
| MCV | : 76.27 | fl | 83 - 101 | |
| MCH | : 25.42 | picograms | 27 - 32 | |
| MCHC | : 33.33 | g/dl | 31.5 - 34.5 | |
| RDW-CV | : 12.0 | % | 11 - 15 | |
| <u>WBC Parameters</u> | | | | |
| WBC Count | : 10200 | /cumm | 4000 - 11000 | |
| <u>Differential Count</u> | | | | |
| Neutrophils | : 60 | % | 40 - 70 | |
| Lymphocytes | : 35 | % | 20 - 40 | |
| Eosinophil | : 03 | % | 1 - 6 | |
| Monocytes | : 02 | % | 0 - 8 | |
| Basophils | : 0 | % | 0 - 1 | |
| Neutro to Lympho Ratio | : 1.71 | | 0 - 2.9 | |
| <u>Platelet Parameters</u> | | | | |
| PLATELET COUNT | : 280000 | /cmm | 150000 - 450000 | |
| <u>PERIPHERAL SMEAR EXAMINATION</u> | | | | |
| RBC Morphology | : Normocytic Normochromic | | | |
| WBC Morphology | : Within Normal Limits | | | |
| PLATELET Morphology | : Adequate | | | |

All tests are done on fully automatic analyzers
BLOOD GROUP : O Rh Positive

ESR (WESTERGREN'S METHOD)

Observed : 14 mm 1st Hr 1 - 20

Dr. Vandana Khanna
Pathologist
Reg. No. 370

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REG NO. : OPD / 152

NAME : Mrs. Swati Nigam

REF BY : Dr Sanjay khanna

AGE : 51 Years

SEX : Female

DATE : 15-Mar-24

BLOOD UREA NITROGEN

| <u>TESTS</u> | <u>RESULTS</u> | <u>UNIT</u> | <u>REFERENCE RANGE</u> |
|---------------------|----------------|-------------|------------------------|
| BLOOD UREA NITROGEN | : 12 | ml/dl | 0 - 20 |

GAMMA GLUTAMYL

| <u>TESTS</u> | <u>RESULTS</u> | <u>UNIT</u> | <u>REFERENCE RANGE</u> |
|----------------|----------------|-------------|------------------------|
| GAMMA GLUTAMYL | : 34 | U/L | 0 - 50 |

End of Report

Dr. Vandana Khanna
Pathologist
Authorised By

Dr. Vandana Khanna
Pathologist

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Dr. Mrs. Vandana Khanna

REG NO. : OPD / 152

AGE : 51 Years

NAME : Mrs. Swati Nigam

SEX : Female

REF BY : Dr Sanjay khanna

DATE : 15-Mar-24

URINE ANALYSIS REPORT

| <u>TESTS</u> | <u>RESULTS</u> | <u>UNIT</u> | <u>REFERENCE RANGE</u> |
|--------------------------------|----------------|-------------|------------------------|
| <u>Physical Examination</u> | | | |
| Colour | : Pale Yellow | | |
| Quantity | : 20 ml | | |
| Appearance | : Clear | | |
| Deposits | : Absent | | |
| Specific gravity | : 1.015 | | 1.005-1.035 |
| Reaction (pH) | : Acidic | | 4.5-8.0 |
| <u>Chemical Examination</u> | | | |
| Proteins | : Absent | | Absent |
| Sugar | : Absent | | Absent |
| Ketone Bodies | : Absent | | Absent |
| Bilirubin | : Absent | | Absent |
| Urobilinogen | : Normal | | Absent |
| Blood | : Absent | | Absent |
| <u>Microscopic Examination</u> | | | |
| RBC | : Nil | /hpf | 0 - 2 |
| PUS(WBC) Cells | : 1-2 | /hpf | 0 - 3 |
| Epithelial Cells | : (+) | | Absent |
| Casts | : Absent | | Absent |
| Crystals | : Absent | | Absent |
| Bacteria | : Absent | | Absent |
| Protozoa | : Absent | | Absent |
| URINE SUGAR (FASTING) | : Nil | | |

End of Report

Dr. Vandana Khanna
Pathologist
Reg. No. 370

Authorised By

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REG NO. : OPD / 152

AGE : 51 Years

NAME : Mrs. Swati Nigam

SEX : Female

REF BY : Dr Sanjay khanna

DATE : 15-Mar-24

THYROID FUNCTION TEST

| <u>TESTS</u> | <u>RESULTS</u> | <u>UNIT</u> | <u>REFERENCE RANGE</u> | <u>METHOD</u> |
|----------------------|----------------|-------------|------------------------|---------------|
| T3 (Total) | : 101.6 | ng/ml | 80 - 200 | Automated EIA |
| T4 (Total) | : 8.4 | micro gm/dl | 4.8 - 12.7 | Automated EIA |
| TSH (Ultrasensitive) | : 1.9 | micro IU/ml | 0.54 - 5.30 | Automated EIA |

End of Report


Dr. Vandana Khanna
Pathologist
Dr. Vandana Khanna
Reg. No. 540
Pathologist

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Near Hanuman Mandir & Chanchala Bai College

Wright Town, Jabalpur(M.P.) Mobile No.9300092155

Lab Timings:9.00AM. to 9.00 P.M. Sunday till 2.00 P.M.

Dr. Mrs. Vandana Khanna

REG NO. : OPD / 152

AGE : 51 Years

NAME : Mrs. Swati Nigam

SEX : Female

REF. BY : Dr Sanjay khanna

DATE : 15-Mar-24

BIOCHEMISTRY

| TESTS | RESULTS | UNITS | REFERENCE RANGE | METHOD |
|------------------------------------|----------------|--------------|------------------------|----------------------|
| PLASMA GLUCOSE, FASTING | : 74 | mg/dl | 65 - 110 | GOD-PAP |
| SERUM CREATININE | : 0.8 | mg/dl | 0.8 - 1.4 | Jaffe Kinetic |
| SERUM URIC ACID | : 4.4 | mg/dl | 2.6 - 6.0 | Uricase Enzymatic |
| <u>LIVER FUNCTION TEST.</u> | | | | |
| Bilirubin- Total | : 0.70 | mg/dl | 0.2 - 1.2 | Modified Tab |
| Bilirubin- Direct | : 0.30 | mg/dl | 0.1 - 0.4 | Diazo (SA) |
| Bilirubin- Indirect | : 0.4 | mg/dl | 0.2 - 1.0 | Calculated |
| SGPT | : 20 | IU/L | 0 - 40 | Kinetic-IFCC |
| SGOT | : 17 | IU/L | 0 - 35 | Kinetic-IFCC |
| Alkaline Phosphatase | : 122 | IU/l | 25 - 140 | Kinetic DGKC-SCE |
| Total Protein | : 6.7 | gm/dl | 6 - 8 | Direct Biuret Method |
| Albumin | : 3.8 | gm/dl | 3.5 - 5.5 | Bromocresol green |
| Globulin | : 2.9 | gm/dl | 0.8 - 3.6 | Calculated |
| Albumin Globulin Ratio | : 1.31 | | | Calculated |
| AUSTALIA ANTIGEN(HBsAg) | : Negative | | | LATEX |
| <u>LIPID PROFILE</u> | | | | |
| Serum Appearance | : Clear | | | |
| S. Cholesterol | : 204 | mg/dl | 125 - 250 | CHOD-PAP |
| S. Triglycerides | : 141 | mg/dl | 25 - 150 | GPO-TOPS |
| HDL Cholesterol | : 47 | mg/dl | 42 - 88 | Selective Inhibition |
| LDL Cholesterol | : 128.8 | mg/dl | 85 - 130 | Calculated |
| VLDL Cholesterol | : 28.2 | mg/dl | 10 - 50 | Calculated |
| S.Cholesterol/HDL Ratio | : 4.34 | | 3.0 - 6.0 | Calculated |
| LDL/HDL RATIO | : 2.74 | | 2.5 - 3.5 | Calculated |

Dr. Vandana Khanna
Pathologist
Reg. No. 370

Hosp. Regn. No. 457
Regn No. 6776

Mobile No. : 98261-66423
8103927563

HOPE ICU & ADVANCED CRITICAL CARE HOSPITAL

1505, Wright Town, Near Keshav Kuti & Chanchala Bai College, JABALPUR- 482002 (M.P.)

(अस्पताल में ICU की सुविधा उपलब्ध नहीं है)



में स्वति निगम बैंक आफ इंडिया के
एन्नुअल हेल्थ चेकअप के लिए आई
एच। में पोस्ट गील ग्लूकोज का
ब्लड और गूरिन सेम्पल नहीं दे पाईगी

Swati Nigam

DR. SANJAY KHANNA
MBBS, MD
REG. NO. 6776
HOPE ICU HOSPITAL, JABALPUR

DR. SANJAY KHANNA

आयकर विभाग
INCOME TAX DEPARTMENT
SWATI NIGAM
HRIDAYESH KUMAR NIGAM
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SWATI NIGAM

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Permanent Account Number

ALAPN6096J

Swati Nigam

Signature



30072010



 **GPS Map Camera**



Jabalpur, Madhya Pradesh, India
1505, beside keshav Kutli, Wright Town, Jabalpur, Madhya Pradesh 482002,
India
Lat 23.1666°
Long 79.926121°
15/03/24 10:27 AM GMT +05:30



 **GPS Map Camera**



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