

Date: 20/11/2024

To,
LIC of India
Branch Office
113

Proposal No. 6077

Name of the Life to be assured SUNIL KUMARI

The Life to be assured was identified on the basis of AADHAR CARD

I have satisfied myself with regard to the identity of the Life to be assured before conducting tests / examination for which reports are enclosed. The Life to be assured has signed as below in my presence.

Sunita Rani

Signature of the Pathologist/ Doctor

Name: DR. SUNITA RANI

I confirm, I was on fasting for last 10 (ten) hours. All the Examination / tests as mentioned below were done with my consent.

Sunil Kumari

(Signature of the Life to be assured)

Name of life to be assured:

Reports Enclosed:



Sr. No	Reports Name	Sr. No	Reports Name
1	FMR	9	Lipidogram
2	✓ Rest ECG with Tracing	10	BST (Blood Sugar Test-Fasting & PP) Both
3	✓ Haemogram	11	✓ Hba1c
4	Hb%	12	FBS (Fasting Blood Sugar)
5	✓ SBT-13	13	PGBS (Post Glucose Blood Sugar)
6	Elisa for HIV	14	✓ CTMT with Tracing
7	✓ RUA	15	Proposal and other documents
8	Chest X-Ray with Plate (PA View)		

16. Questionnaires: NO



17. Others (Please Specify) UCT

Remarks of Health Assure PVT LTD


Authorized Signature,

Government of India

सुनील कुमारी
 Sunil Kumari
 जन्म तिथि / DOB : 01/04/1982
 महिला / Female




8398 2347 5428
मेरा आधार, मेरी पहचान


Issue Date: 15/12/2011



Dr. HEMANT KAPOOR
MD, DPB
Consultant Pathologist
DMC Regd. No. 36636







Unique Identification Authority of India




पता: W/O दलबीर सिंह, नियर बड़ी चोपाल,
 पोल न-६२ पाना कुराट, छावला गाँव, साउथ वेस्ट
 दिल्ली, दिल्ली, 110071
 Address: W/O Dalbir Singh, NEAR BADI
 CHOPAL, POLE NO-62 PANNA KURAT,
 CHHAWALA VILLAGE, South West Delhi,
 Delhi, 110071

8398 2347 5428

 1947
  help@uidai.gov.in
 www.uidai.gov.in

Print Date: 30/03/2022



Dr. HEMANT KAPOOR
MD, DPB
Consultant Pathologist
DMC Regd. No. 36636



1441-A, WARD NO.-1, (Opp. R.H.T.C),
 NAJAFGARH, NEW DELHI-110043
 Tel : 011-25014099
 Mob : +91-8588864117 / 136
 Email : doctorsdiagnostic1996@gmail.com

NABL
 ACCREDITED LAB

DDC DOCTORS DIAGNOSTIC CENTRE

Consultant Pathologist
DR. HEMANT KAPOOR
 MD, DPB (Pathology)

Consultant Radiologist
DR. BIPUL BISWAS
 MD (Radiology)

Dr. HEMANT KAPOOR
 MD, DPB
 Consultant Pathologist
 GMC Road No. 36636



GPS Map
 Camera Lite

1445/1, Najafgarh Rd, Jatav Mohalla, Najafgarh, New Delhi, Delhi,
 110043, India

Latitude **28.6139127°**
 Longitude **76.9851975°**
 Altitude 220 meters
 Local 02:27:26 PM
 GMT 08:57:26 AM
 Wednesday, 20.11.2024



This Report is for the personal of doctors only, Not for Medico Legal Cases.
 Clinical Co-relation is essential. Please Contact us in Case of Unexpected results.
KINDLY COLLECT YOUR ORIGINAL BILLS

TIMINGS: Daily - 8.00 am to 10.00 pm, Sunday - 8.00 am to 08.00 pm

www.doctorsdiagnosticcentre.in





भारत सरकार

Government of India



आधार

Issue Date: 15/12/2011



सुनील कुमारी

Sunil Kumari

जन्म तिथि / DOB : 01/04/1982

महिला / Female



8398 2347 5428



8398 2347 5428

मेरा आधार, मेरी पहचान



भारतीय विशिष्ट पहचान प्राधिकरण

Unique Identification Authority of India

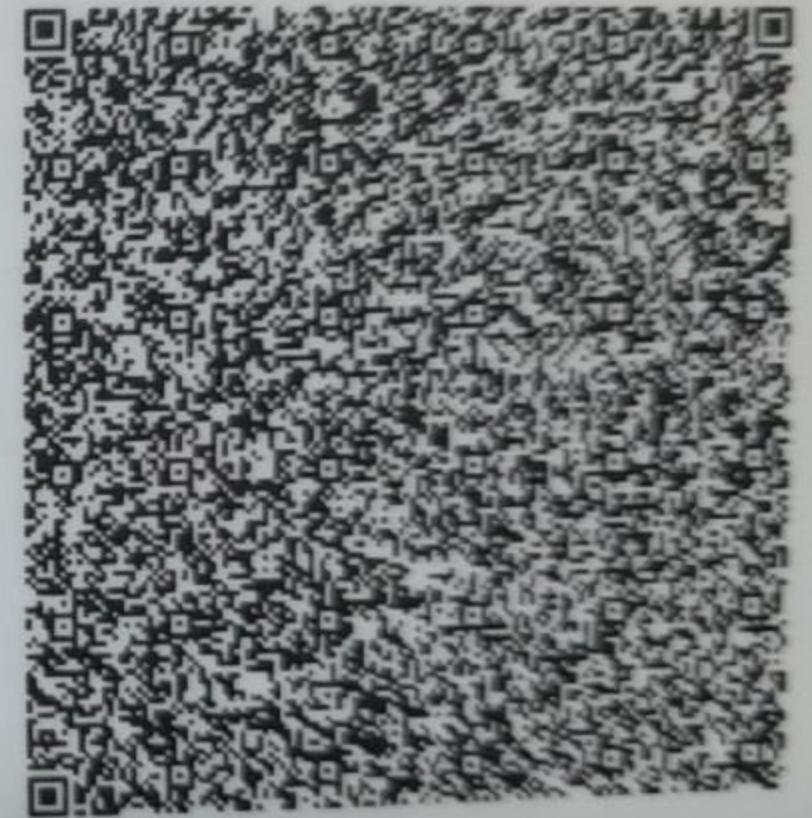


AADHAAR

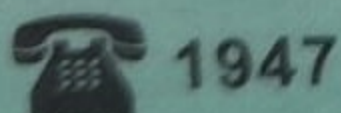
Print Date: 30/03/2022

पता: W/O दलबीर सिंह, नियर बड़ी चोपाल,
पोल न-६२ पाना कुराट, छावला गाँव, साउथ वेस्ट
दिल्ली, दिल्ली, 110071

Address: W/O Dalbir Singh, NEAR BADI
CHOPAL, POLE NO-62 PANA KURAT,
CHHAWALA VILLAGE, South West Delhi,
Delhi, 110071



8398 2347 5428



1947



help@uidai.gov.in



www.uidai.gov.in



GPS Map
Camera Lite

1445/1, Najafgarh Rd, Jatav Mohalla, Najafgarh, New Delhi, Delhi,
110043, India

Latitude
28.6139127°

Longitude
76.9851975°

Local 02:27:26 PM
GMT 08:57:26 AM

Altitude 220 meters
Wednesday, 20.11.2024

LIFE INSURANCE CORPORATION OF INDIA

Form No. LIC03 - 002

ELECTROCARDIOGRAM

Zone Division Branch

Proposal No. 6077

Agent/D.O. Code: Introduced by: (name & signature)

Full Name of Life to be assured: SUNIL KUMARI

Age/Sex : 42 YRS / F

Instructions to the Cardiologist:

- i. Please satisfy yourself about the identity of the examiners to guard against impersonation
- ii. The examinee and the person introducing him must sign in your presence. Do not use the form signed in advance. Also obtain signatures on ECG tracings.
- iii. The base line must be steady. The tracing must be pasted on a folder.
- iv. Rest ECG should be 12 leads along with Standardization slip, each lead with minimum of 3 complexes, long lead II. If L-III and AVF shows deep Q or T wave change, they should be recorded additionally in deep inspiration. If V1 shows a tall R-Wave, additional lead V4R be recorded.

DECLARATION

I hereby declare that the foregoing answers are given by me after fully understanding the questions. They are true and complete and no information has been withheld. I do agree that these will form part of the proposal dated 20/11/24 given by me to LIC of India.

Witness

Sunil Kumari
Signature or Thumb Impression of L.A.

Note: Cardiologist is requested to explain following questions to L.A. and to note the answers thereof.

- i. Have you ever had chest pain, palpitation, breathlessness at rest or exertion?
Y/N NO
- ii. Are you suffering from heart disease, diabetes, high or low Blood Pressure or kidney disease? Y/N NO
- iii. Have you ever had Chest X-Ray, ECG, Blood Sugar, Cholesterol or any other test done? Y/N NO

If the answer/s to any/all above questions is 'Yes', submit all relevant papers with this form.

Dated at 20/11/24 on the day of

200

Signature of L.A.

Sunil Kumari

Signature of the Cardiologist
Name & Address
Qualification Code No.

Dr. Gajveer Singh
MBBS, DNB (General Medicine)
DMC Regn No 28332
Consultant Medicine
Deeyash Medical and Diabetes Clinic
S-45 A, 48 A, New Tashanpura
Najafgarh, Delhi

20/11/24

Clinical findings

(A)

Height (Cms)	Weight (kgs)	Blood Pressure	Pulse Rate
160	60	118/79	76

120/81

(B) Cardiovascular System

Rest ECG Report:

Position	-	P Wave	} WMC
Standardisation Imv	Yes	PR Interval	
Mechanism	-	QRS Complexes	
Voltage	Normal	Q-T Duration	
Electrical Axis	Normal	S-T Segment	
Auricular Rate	63 BPM	T-wave	
Ventricular Rate	63 BPM	Q-Wave	
Rhythm	Steady		
Additional findings, if any.			

Conclusion:

ECG - WMC

Dr. Gajveer Singh
 MBBS, DNB General Medicine
 DMC Regn No. 28332
 Consultant Medicine
 Deeyash Medical and Diabetes Clinic
 S-45 A, 46 A New Roshanpura
 New Delhi-110043
 20/11/24

Dated at 20/11/24 on the day of

200

Signature of the Cardiologist
 Name & Address
 Qualification
 Code No.



Excellence In Diagnostics & Healthcare Services

Consultant Pathologist
DR. HEMANT KAPOOR

Consultant Radiologist
DR. BIPUL BISWAS

MD, DPB (Pathology)

MD (Radiology)

Lab NO	072411200002	Sr.No	501
NAME	MRS.SUNIL KUMARI	Ref. BY	LIC
Age / Sex	42 YRS/FEMALE	Sample Coll DATE	20/Nov/2024 11:57AM
W/O	DALBIR SINGH	Approved ON	20/Nov/2024 04:37PM
DATE	20/Nov/2024 11:51AM	Printed ON	20/Nov/2024 04:38PM
B A 4860			

Test Name	Result	Status	Bio. Ref. interval	Unit
PROFILE				
Complete Haemogram (CBC+ESR), Whole Blood EDTA				
Haemoglobin (Hb) <i>Method : Cyanmeth Photometry</i>	13.1		11.5-16.5	gm/dl
Total Leucocytic Count (TLC) <i>Method : Impedance</i>	8200		4000-11000	/cumm
<u>Differential Leucocyte Count</u>				
Neutrophils	56		45.00-75.00	
Lymphocytes	38		20.00-45.00	%
Eosinophils	04		1.00-6.00	%
Monocytes	02		0.00-5.00	%
Absolute Neutrophil Count	4.52		2.0-7.5X10 ³	/cu.mm
Absolute Lymphocyte Count	3.17			
Absolute Monocyte Count	0.10	Low	0.2 - 1.0	/cu.mm
Absolute Basophil Count	0.02		0.02 - 0.1	/cu.mm
Erythrocyte Sed.Rate <i>Method : Westgren method</i>	15		0.00-20.00	mm/1st hr
RBC(RED BLOOD CELL) <i>Method : Impedance</i>	4.82	High	3.8-4.8	Mill./cumm
MCV <i>Method : Calculated</i>	84.0		76.00-101.00	fL
MCHC <i>Method : Calculated</i>	33.9		30.00-35.00	gm/dl
MCH <i>Method : Calculated</i>	28.3		27.00-32.00	pg
Platelet Count <i>Method : Impedance</i>	3.87		1.50-4.50	lakhs/cumm
PCV <i>Method : Calculated</i>	40.2		37.00-47.00	%
RDW	15.4		11.5-16.0	%

Signature

DR. JAI PRABHAN
MBBS, MD
PATHOLOGIST

DR. HEMANT
MD, DPB
PATHOLOGIST

CHECKED
TECHNICAL OFFICER

Page 1 of 5

Printed By: PUNJABI



This Report is for the persual of doctors only, Not for Medico Legal Cases.
Clinical Co-relation is essential. Please Contact us in Case of Unexpected results.

KINDLY COLLECT YOUR ORIGINAL BILLS

TIMINGS: Daily - 8.00 am to 10.00 pm, Sunday - 8.00 am to 08.00 pm



Excellence In Diagnostics & Healthcare Services

Consultant Pathologist
DR. HEMANT KAPOOR
MD, DPB (Pathology)

Consultant Radiologist
DR. BIPUL BISWAS
MD (Radiology)

Lab NO	072411200002	Sr.No	501
NAME	MRS.SUNIL KUMARI	Ref. BY	LIC
Age / Sex	42 YRS/FEMALE	Sample Coll DATE	20/Nov/2024 11:57AM
W/O	DALBIR SINGH	Approved ON	20/Nov/2024 04:37PM
DATE	20/Nov/2024 11:51AM	Printed ON	20/Nov/2024 04:39PM

Test Name	Result	Status	Bio. Ref. interval	Unit
-----------	--------	--------	--------------------	------

HEMATOLOGY

HBA1C Glycosylated Haemoglobin *, Whole Blood EDTA*

HbA1c (Glycosylated Haemoglobin)	5.4	%
----------------------------------	-----	---

Reference Range in %

- | | | |
|-------------------------------------|---|-----|
| 1) Non Diabetic Adults | = | < 6 |
| 2) Good Control | = | 6-7 |
| 3) Action Suggested or Poor Control | = | >7 |

Note

HBA1C provides an index of average blood glucose levels over the past 8-12 weeks and is a much better

Indicator of long term glycemic control as compared to blood and urinary glucose determinations.

This is for the persual of Insurance Company for pre policy checkup purpose only.

Instrument Used: Bio-rad D10.

*** End Of Report ***

The tests marked with '*' are not in the scope of NABL Accreditation.

DR. JAI PRABHAN
MBBS, MD
PATHOLOGIST

DR. HEMANT
MD, DPB
PATHOLOGIST

CHECKED
TECHNICAL OFFICER

1 of 1



This Report is for the persual of doctors only, Not for Medico Legal Cases.
Clinical Co-relation is essential. Please Contact us in Case of Unexpected results.

KINDLY COLLECT YOUR ORIGINAL BILLS

TIMINGS: Daily - 8.00 am to 10.00 pm, Sunday - 8.00 am to 08.00 pm



Lab NO	072411200002	Sr.No	501
NAME	MRS.SUNIL KUMARI	Ref. BY	LIC
Age / Sex	42 YRS/FEMALE	Sample Coll DATE	20/Nov/2024 11:57AM
W/O	DALBIR SINGH	Approved ON	20/Nov/2024 04:37PM
DATE	20/Nov/2024 11:51AM	Printed ON	20/Nov/2024 04:39PM

LIFE INSURANCE CORPORATION OF INDIA
SPECIAL BIO-CHEMICAL TESTS -13 (SBT-13)

FORM NO.LIC03-013

ZONE

DIVISION

	Type of Test	Actual Reading	Range
1	Fasting Blood Sugar Method :GOD POD	108	70-110 mg/dL
2	Total Cholesterol	210	0.0-200 mg/dL
	High Density Lipid (HDL)	49	40-60 mg/dL
	Low Density Lipid (LDL)	87	0-100 mg/dL
3	S. Triglycerides	370 NOTE :- SERUM IS HIGHLY LIPAEMIC. IT MAY INTERFERE WITH TRIGLYCERIDE ESTIMATION. KINDLY CORRELATE CLINICALLY.	0.0-150 mg/dL
4	S. Creatinine	0.6	0.5-1.0 mg/dL
5	Blood Urea Nitrogen (BUN)	12.1	7.0-20.0 mg/dL
6	S. Proteins	7.7	6.6-8.3 g/dL
	(a) Albumin	4.2	3.50-5.00 g/dL
	(b) Globulin	3.50	0.00-3.00 mg/dL
	© AG Ratio	1.20	1.2-2.0 mg/dL
7	S.Bilirubin Total	0.8	0.2-1.3 mg/dL
	(a) Direct	0.2	0.0-0.3 mg/dL
	(b) Indirect	0.60	0.0-1.1 mg/dL

DR. JAI PRABHAN
MBBS, MD
PATHOLOGIST

DR. HEMANT
MD, DPB
PATHOLOGIST

CHECKED
TECHNICAL OFFICER

1441-A, WARD NO.-1, (Opp. R.H.T.C),
NAJAFGARH, NEW DELHI-110043
Tel : 011-41500010
Mob : +91-8588864117 / 136
Email : doctorsdiagnostic1996@gmail.com
Website : www.doctorsdiagnosticcentre.in

DDC DOCTORS DIAGNOSTIC CENTRE

Excellence In Diagnostics & Healthcare Services

Consultant Pathologist
DR. HEMANT KAPOOR
MD, DPB (Pathology)

Consultant Radiologist
DR. BIPUL BISWAS
MD (Radiology)

Lab NO	072411200002	Sr.No	501
NAME	MRS.SUNIL KUMARI	Ref. BY	LIC
Age / Sex	42 YRS/FEMALE	Sample Coll DATE	20/Nov/2024 11:57AM
W/O	DALBIR SINGH	Approved ON	20/Nov/2024 04:37PM
DATE	20/Nov/2024 11:51AM	Printed ON	20/Nov/2024 04:39PM

8	SGOT (AST)	36	15-46	U/I
9	SGPT (ALT)	44	0.0-49	IU/L
10	GGTP (GGT)	40	9.00-62.0	U/L
11	S. Alkaline Phosphatase	110	30.00 – 120.00	U/L
12	HbsAg (Australia antigen)	NON-REACTIVE	NON-REACTIVE	
13	Elisa for HIV (Method) TEST VALUE:	NON-REACTIVE	NON-REACTIVE CUTT OFF VALUE:	

I declare that the person examined signed (affixed his/her thumb impression) in the space earmarked below, in my presence and I am not related to him/her or the Agent or the Development Officer.

DR. JAI PRABHAN
MBBS, MD
PATHOLOGIST

DR. Hemant Kapoor
DR. HEMANT
MD, DPB
PATHOLOGIST

CHECKED
TECHNICAL OFFICER



This Report is for the persual of doctors only, Not for Medico Legal Cases.
Clinical Co-relation is essential. Please Contact us in Case of Unexpected results.

KINDLY COLLECT YOUR ORIGINAL BILLS

TIMINGS: Daily - 8.00 am to 10.00 pm, Sunday - 8.00 am to 08.00 pm



1441-A, WARD NO.-1, (Opp. R.H.T.C),
NAJAFGARH, NEW DELHI-110043
Tel : 011-41500010
Mob : +91-8588864117 / 136
Email : doctorsdiagnostic1996@gmail.com
Website : www.doctorsdiagnosticcentre.in

DDC DOCTORS DIAGNOSTIC CENTRE

Excellence In Diagnostics & Healthcare Services

Consultant Pathologist
DR. HEMANT KAPOOR

Consultant Radiologist
DR. BIPUL BISWAS

MD, DPB (Pathology)

MD (Radiology)

Lab NO	072411200002	Sr.No	501
NAME	MRS.SUNIL KUMARI	Ref. BY	LIC
Age / Sex	42 YRS/FEMALE	Sample Coll DATE	20/Nov/2024 11:57AM
W/O	DALBIR SINGH	Approved ON	20/Nov/2024 04:37PM
DATE	20/Nov/2024 11:51AM	Printed ON	20/Nov/2024 04:38PM

B A 4860

Test Name	Result	Status	Bio. Ref. interval	Unit
		Special Test		
		URINE COTININE*		
Urine Cotinine	NEGATIVE		Negative	

Method : Immunochromatography

Interpretation:

This is a one step, competitive immunochromatographic assay for the qualitative detection of cotinine in the human urine. Cotinine is a major metabolite of nicotine and it can be detected in physiological body fluids like blood, saliva and urine. It is stable in body fluids and has a relatively long half life of 17 hours and its concentration within an individual varies by only 15-20% within a day. Cotinine test is hence a useful assay for assessing the exposure to nicotine. The physiological concentration of cotinine in urine of smokers is typically above 50 ng/ml. The cutoff of this assay is however set at 200 ng/ml to exclude false positive results arising out of exposure to passive smoking.

Printed By: PUPATHOLOGIST
DR. JAI PRABHAN
MBBS, MD
PATHOLOGIST

Report
DR. HEMANT
MD, DPB
PATHOLOGIST

CHECKED
TECHNICAL OFFICER

Page 3 of 5



This Report is for the persual of doctors only, Not for Medico Legal Cases.
Clinical Co-relation is essential. Please Contact us in Case of Unexpected results.

KINDLY COLLECT YOUR ORIGINAL BILLS

TIMINGS: Daily - 8.00 am to 10.00 pm, Sunday - 8.00 am to 08.00 pm





Excellence In Diagnostics & Healthcare Services

Consultant Pathologist
DR. HEMANT KAPOOR

Consultant Radiologist
DR. BIPUL BISWAS

MD, DPB (Pathology)

MD (Radiology)

Lab NO	072411200002	Sr.No	501
NAME	MRS.SUNIL KUMARI	Ref. BY	LIC
Age / Sex	42 YRS/FEMALE	Sample Coll DATE	20/Nov/2024 11:57AM
W/O	DALBIR SINGH	Approved ON	20/Nov/2024 04:37PM
DATE	20/Nov/2024 11:51AM	Printed ON	20/Nov/2024 04:38PM

B A 4860

Test Name	Result	Status	Bio. Ref. interval	Unit
-----------	--------	--------	--------------------	------

CLINICAL PATHOLOGY

URINE FOR ROUTINE AND MICROSCOPY EXAMINATION , Urine

Physical Examination

Quantity	15			ML
Colour	PALE YELLOW		Pale yellow	
Transparency	TURBID		Clear	
Reaction	ACIDIC		Acidic	
Specific Gravity, Urine	1.010		1.010 - 1.025	

Chemical Examination

Urine Protein	TRACE		Nil	
Reducing Sugar (Urine)	NIL		Nil	
Urine Bilirubin	ABSENT		Absent	
Blood	ABSENT		Absent	
Urobilinogen	NOT INCREASED		Not Increased	
Nitrate	ABSENT		Absent	

Microscopic Examination:

Pus Cells.	4-6		0-4	/HPF
RBCs	NIL		Nil	
Casts	NIL			
Crystal	NIL		Nil	
Epithelial Cells	6-8		Occasional	

MUCUS THREAD PRESENT.

*** End Of Report ***



DR. JAI PRABHAN
MBBS, MD
PATHOLOGIST

DR. HEMANT
MD, DPB
PATHOLOGIST

CHECKED
TECHNICAL OFFICER

Page 4 of 5

Printed By: PUSHTA



This Report is for the persual of doctors only, Not for Medico Legal Cases.
Clinical Co-relation is essential. Please Contact us in Case of Unexpected results.

KINDLY COLLECT YOUR ORIGINAL BILLS

TIMINGS: Daily - 8.00 am to 10.00 pm, Sunday - 8.00 am to 08.00 pm



ANNEXURE II - 2

LIFE INSURANCE CORPORATION OF INDIA
COMPUTERISED TREADMILL TEST

Form No. LIC03 - 003

Zone _____ Division _____ Branch _____

Proposal No. 6077

Agent/D.O. Code: _____ Introduced by: (name & signature)

Full Name of Life to be assured: SUNIL KUMARI

Age/Sex: 42 yrs / F

DECLARATION

I hereby declare that the foregoing answers are given by me after fully understanding the questions. They are true and complete and no information has been withheld. I do agree that these will form part of the proposal dated 20/11/24 given by me to LIC of India.

Witness _____

Sunil Kumari
Signature or Thumb Impression of L.A.

Note : Cardiologist is requested to explain following questions to L.A. and to note the answers thereof.


1. Have you ever had chest pain, palpitation, breathlessness at rest or exertion? Y/N
2. Are you suffering from heart disease, diabetes, high or low Blood Pressure or kidney disease? Y/N
3. Have you ever had Chest X'Ray, ECG, Blood Sugar, Cholesterol or any other test done? Y/N

If the answer/s to any/all above questions 'Yes', submit all relevant papers with this form.

Dated at 20/11/24 on the day of _____

200 _____

Sunil Kumari
Signature of L.A.


Signature of the Cardiologist
Name & Address
Qualification
Code No.

Dr. Rupesh Kumar Sinha
MBBS, MD, DM
CARDIOLOGIST

COMPUTERISED TREADMILL TEST

- (a) Pre-test : Supine
 Standing
 Hyperventilation
- (b) Exercise: Stage I)
 Stage II)
 Stage III)
 ... peak exercise
- (c) Recovery: Recovery
 Recovery
 Recovery

Reporting Pattern

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP
PRETEST	SUPINE	00:03	00.0	42%	01.0	75	117/79	87
	SITTING	-	-	-	-	-	-	-
	STANDING	00:06	00.0	44%	01.0	78	117/79	91
	HYPERVENTILATION	00:09	00.0	47%	01.0	84	117/79	98
	WARM UP	00:20	00.5	38%	01.0	68	117/79	79
EXERCISE	STAGE 1	03:27	01.7	73%	04.7	130	120/80	156
	STAGE 2	06:27	02.5	87%	07.1	155	125/84	193
	STAGE 3	-	-	-	-	-	-	-
	PEAK EXERCISE	07:21	03.4	92%	08.0	164	125/84	205
RECOVERY	RECOVERY	08:20	00.0	72%	02.2	128	135/90	172
	RECOVERY	09:20	00.0	46%	02.0	82	140/94	114
	RECOVERY	10:20	00.0	57%	02.0	91	139/88	126

The protocol used - BRUCE

Total Exercise Time - 6:55

Maximum Blood Pressure - 140/94

Maximum Workload - 8.0

Maximum heart rate 164

Maximum predicted heart rate 92 %

Reason for termination -

Comments:

TM7 negative for ischemia

Heart not achieved
Inducible myocardial ischemia

Signature of the Cardiologist

Name & Address

Qualification Code No.

Dr. Rupesh Kumar Sinha
MBBS, MD, DM
CARDIOLOGIST

Each stage should have 12 lead tracing with long lead II. Each lead should contain atleast three complexes. On separate individual paper each stage with relevant observations be recorded.

(Signature of the L.A. to be obtained on the tracings)

DOCTORS DIAGNOSTICS CENTRE

1441 A, WARD NO. 1, (OPP. R.T.H.C) NAJAFGARH, NEW DELHI-110043.

1911032353 / MRS SUNIL KUMARI / 42 Yrs / F / 160 Cms / 60 Kg Date: 20-Nov-2024 Technician : RAHUL YADAV

Report



(GEM21170525) Gemini A-DX by Allenge

Sunil Kumari

Stage	Time	Duration	Belt Speed (mph)	Elevation	METS	Rate	% THR Achieved	BP	RPP	PVC	Comments
Supine	00:03	0:01	00.0	00.0	01.0	75	42 %	117/79	087	00	
Standing	00:06	0:01	00.0	00.0	01.0	78	44 %	117/79	091	00	
HV	00:09	0:01	00.0	00.0	01.0	084	47 %	117/79	098	00	
Warm Up	00:20	0:01	00.5	00.0	01.0	068	38 %	117/79	079	00	
ExStart	00:27	0:06	01.7	10.0	01.1	074	42 %	117/79	086	00	
BRUCE Stage 1	03:27	3:00	01.7	10.0	04.7	130	73 %	120/80	156	00	
BRUCE Stage 2	06:27	3:00	02.5	12.0	07.1	155	87 %	125/84	193	00	
PeakEx	07:21	0:54	03.4	14.0	08.0	164	92 %	125/84	205	00	
Recovery	08:20	1:00	00.0	00.0	01.2	128	72 %	135/90	172	00	
Recovery	09:20	2:00	00.0	00.0	01.0	082	46 %	140/94	114	00	
Recovery	10:20	3:00	00.0	00.0	01.0	091	51 %	139/88	126	00	
Recovery	11:20	4:00	00.0	00.0	01.0	076	43 %	135/84	102	00	
Recovery	12:20	5:00	00.0	00.0	01.0	084	47 %	129/80	108	00	
Recovery	12:23	5:02	00.0	00.0	01.0	087	49 %	129/80	112	00	

Findings :

Exercise Time : 06:55
 Max HR Attained : 164 bpm 92% of Target 178
 Max BP Attained : (Sys) 140/94
 Max WorkLoad Attained : 8

Test End Reasons : Heart Rate Achieved

Report :

Final Negative for Inducible myocardial Ischemia

Dr. Rupesh Kumar Srivastava
 MIBBS, MD, DM
 CARDIOLOGIST

Doctor : LIC



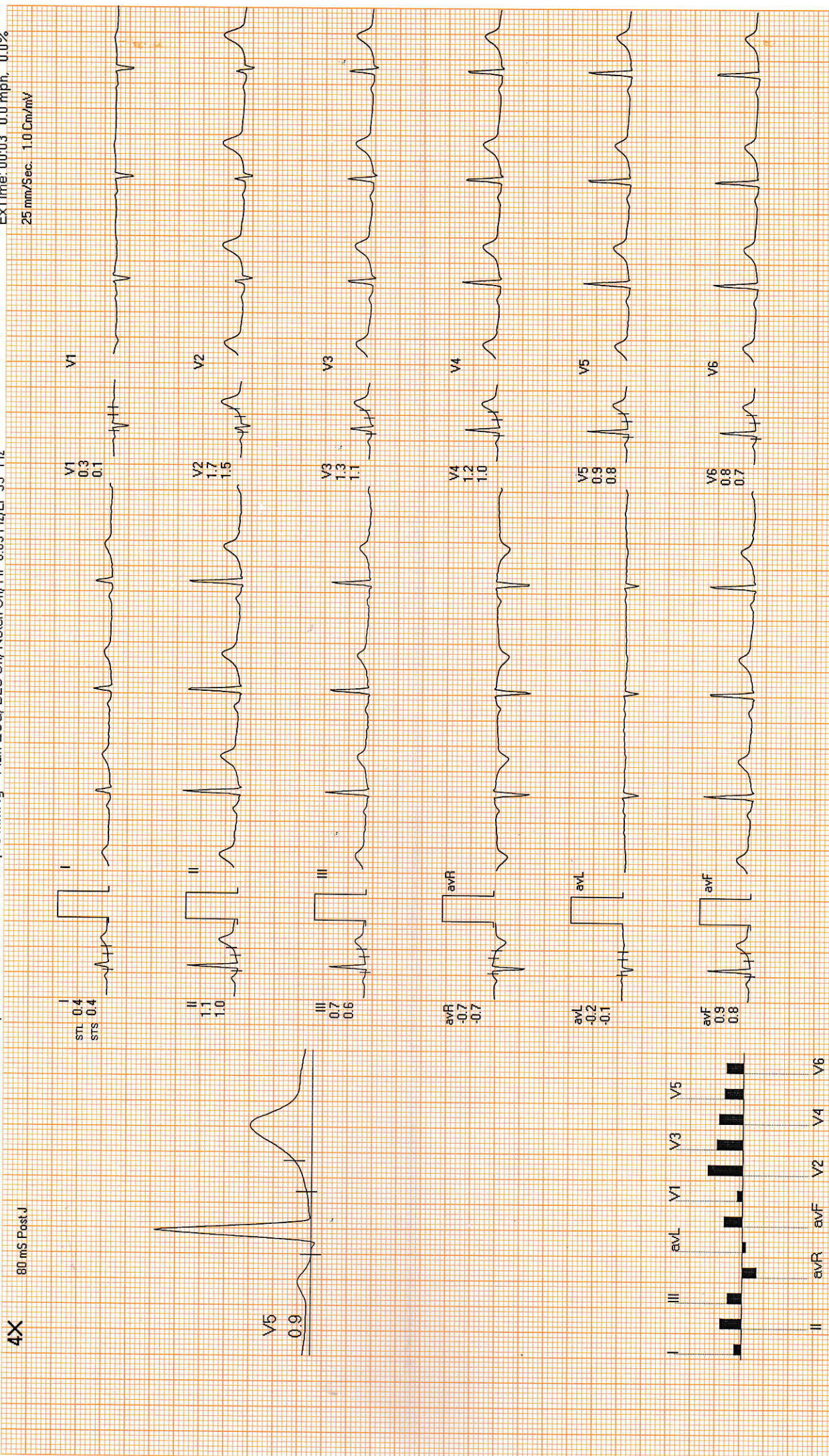
SUPINE

DOCTORS DIAGNOSTICS CENTRE

1911032363 / MRS SUNIL KUMARI / 42 Yrs / F / 160 Cms / 60 Kg / HR : 72

Date: 20-Nov-2024 12:41:22 PM METS: 1.0 / 72 bpm 40% of THR BP: 117/79 mmHg Raw ECG/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:03 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV



REMARKS:



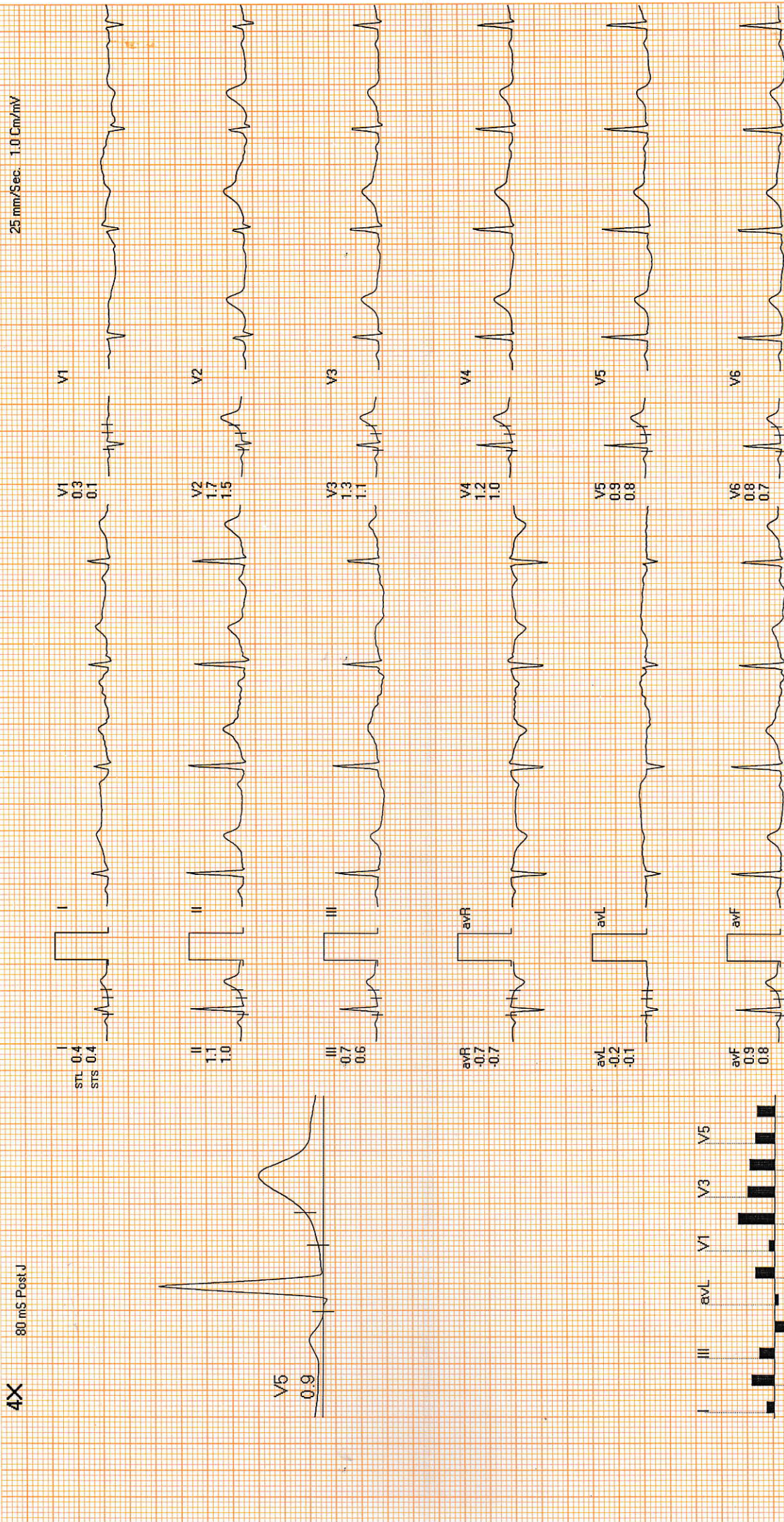
STANDING

DOCTORS DIAGNOSTICS CENTRE

1911032353 / MRS SUNIL KUMARI / 42 Yrs / F / 160 Cms / 60 Kg / HR : 80

Date: 20-Nov-2024 12:41:22 PM METS: 1.0/80 bpm 44% of THR BP: 117/79 mmHg Raw ECG/BLC On/Match On/HF 0.05 Hz/LF 35 Hz

ExTime: 00:06 0.0 mph. 0.0%
25 mm/Sec. 1.0 Cm/mV



REMARKS:

DOCTORS DIAGNOSTICS CENTRE

1911032353 / MRS.SUNIL KUMARI / 42 Yrs / F / 160 Cms / 60 Kg / HR : 84

HV

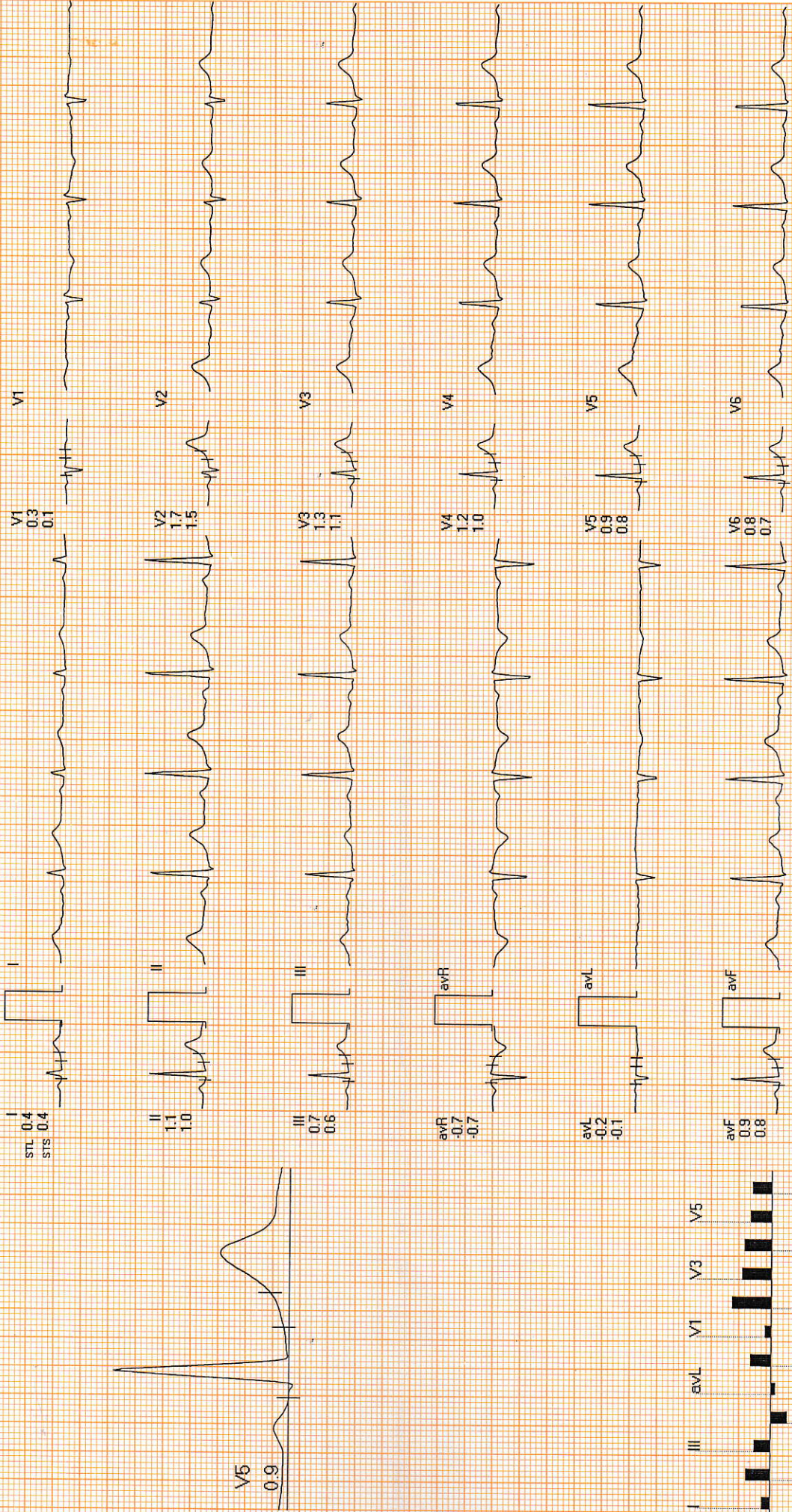


Date: 20-Nov-2024 12:41:22 PM

METS: 1.0 / 84 bpm 47% of THR BP: 117/79 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

ExTime: 00:09 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X
80 mS Post J



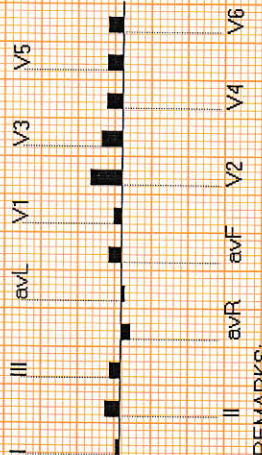
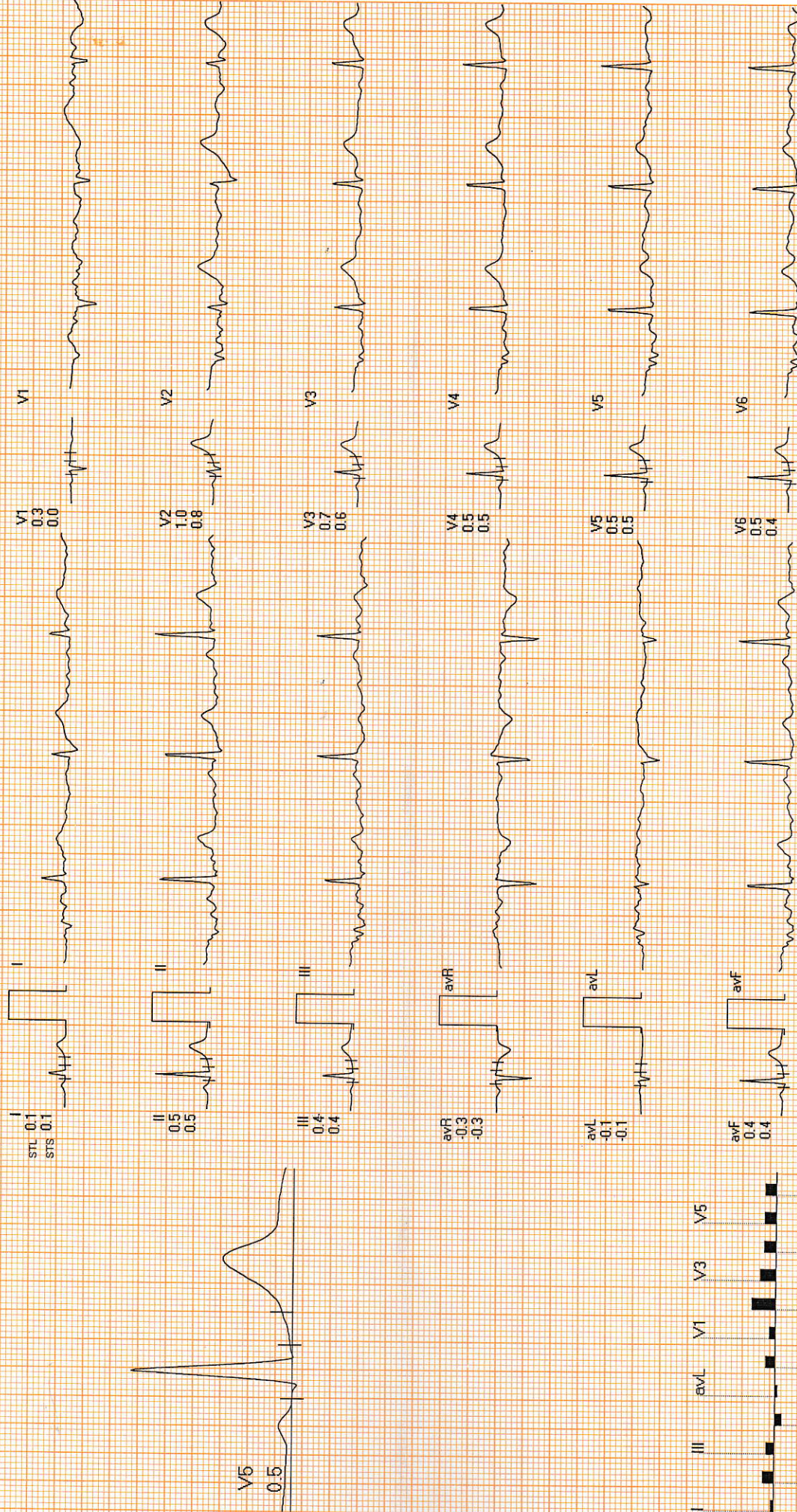
REMARKS

Date: 20-Nov-2024 12:41:22 PM METS: 1.0/ 72 bpm 40% of THR BP: 117/79 mmHg Raw ECG/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:25 0.5 mph. 0.0%
25 mm/Sec. 1.0 Cm/mV

4X

80ms Post J



REMARKS:



ExStrt

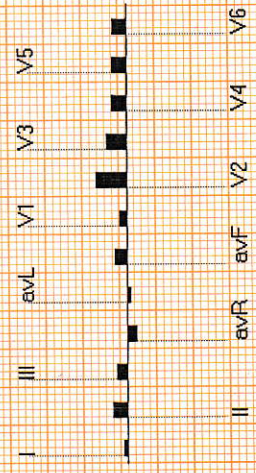
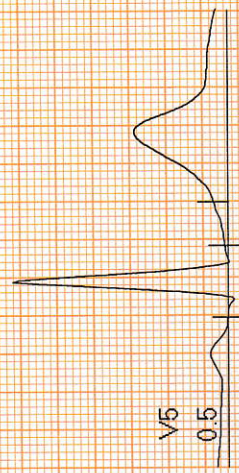
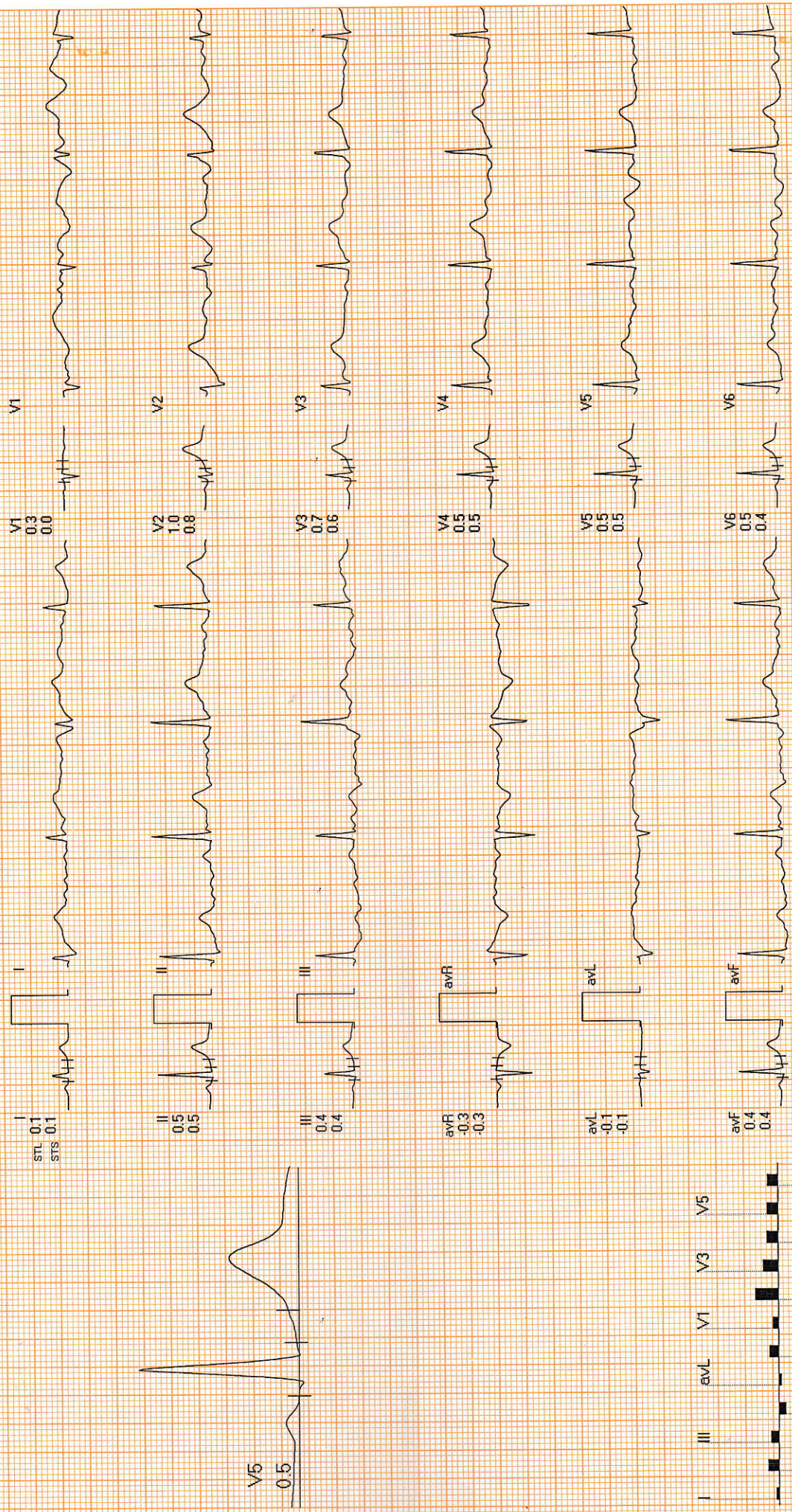
DOCTORS DIAGNOSTICS CENTRE

1911032353 / MRS SUNIL KUMARI / 42 Yrs / F / 160 Cms / 60 Kg / HR : 73

Date: 20-Nov-2024 12:41:22 PM METS: 1.0/73 bpm 41% of THR BP: 117/79 mmHg Raw ECG/BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 ms Post J



REMARKS:

DOCTORS DIAGNOSTICS CENTRE

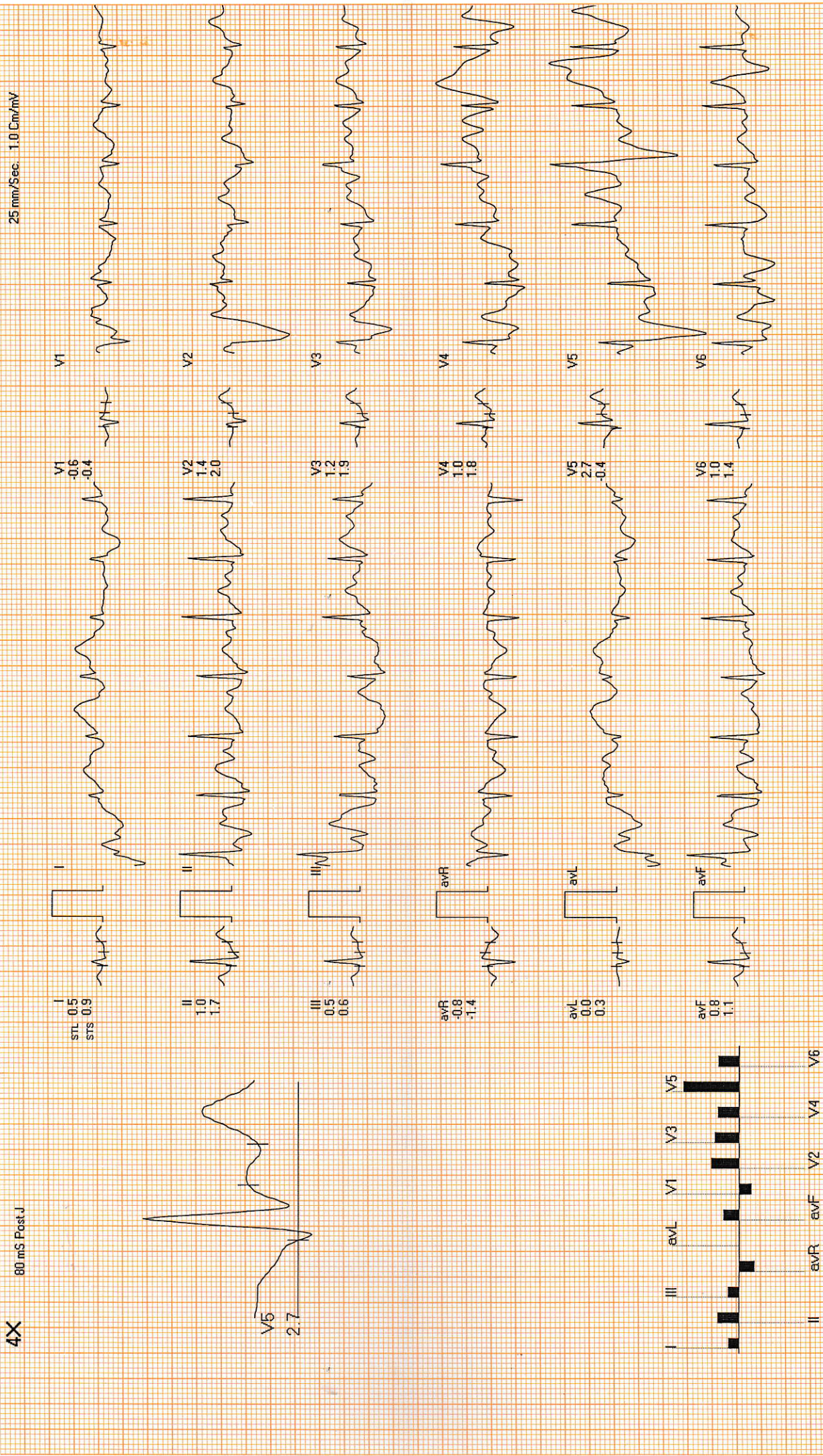
1911032353 / MRS SUNIL KUMARI / 42 Yrs / F / 160 Cms / 60 Kg / HR : 130

BRUCE : Stage 1 (03:00)



Date: 20-Nov-2024 12:41:22 PM METS: 4.7 / 130 bpm 73% of THR BP: 120/80 mmHg Raw ECG/BLC Ony/ Notch Ony/ HF 0.05 Hz/LF 35 Hz

ExTime: 03:00 1.7 mph, 10.0%
25 mm/Sec. 1.0 Cm/mV



REMARKS:



BRUCE : Stage 2 (03:00)

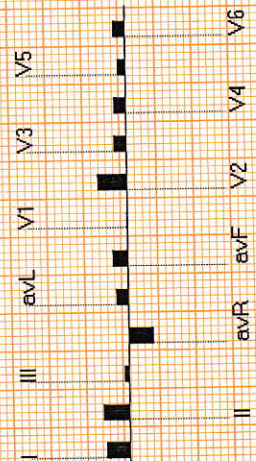
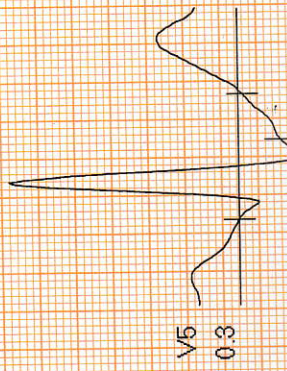
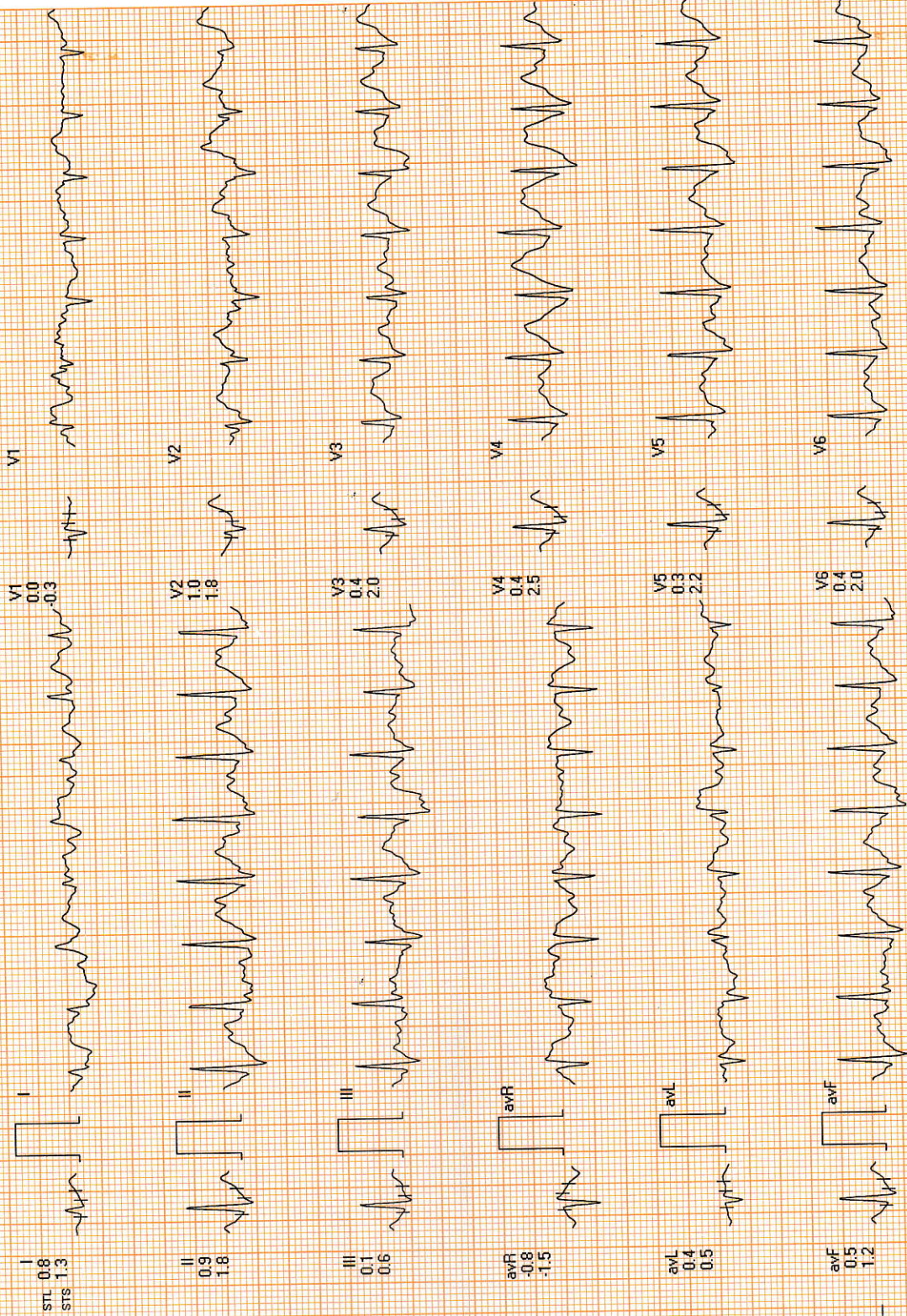
DOCTORS DIAGNOSTICS CENTRE

1911032353 / MRS SUNIL KUMARI / 42 Yrs / F / 160 Cms / 60 Kg / HR : 155

Date: 20-Nov-2024 12:41:22 PM METS: 7.1 / 155 bpm 87% of THR BP: 125/84 mmHg Raw ECG/BLC On/ HF 0.05 Hz/LF 35 Hz

EXTime: 06:00 2.5 mph, 12.0%
25 mm/Sec. 1.0 Cm/mV

4X 60 mS Post J



REMARKS:

DOCTORS DIAGNOSTICS CENTRE

1911032853 / MRS SUNIL KUMARI / 42 Yrs / F / 160 Cms / 60 Kg / HR : 169



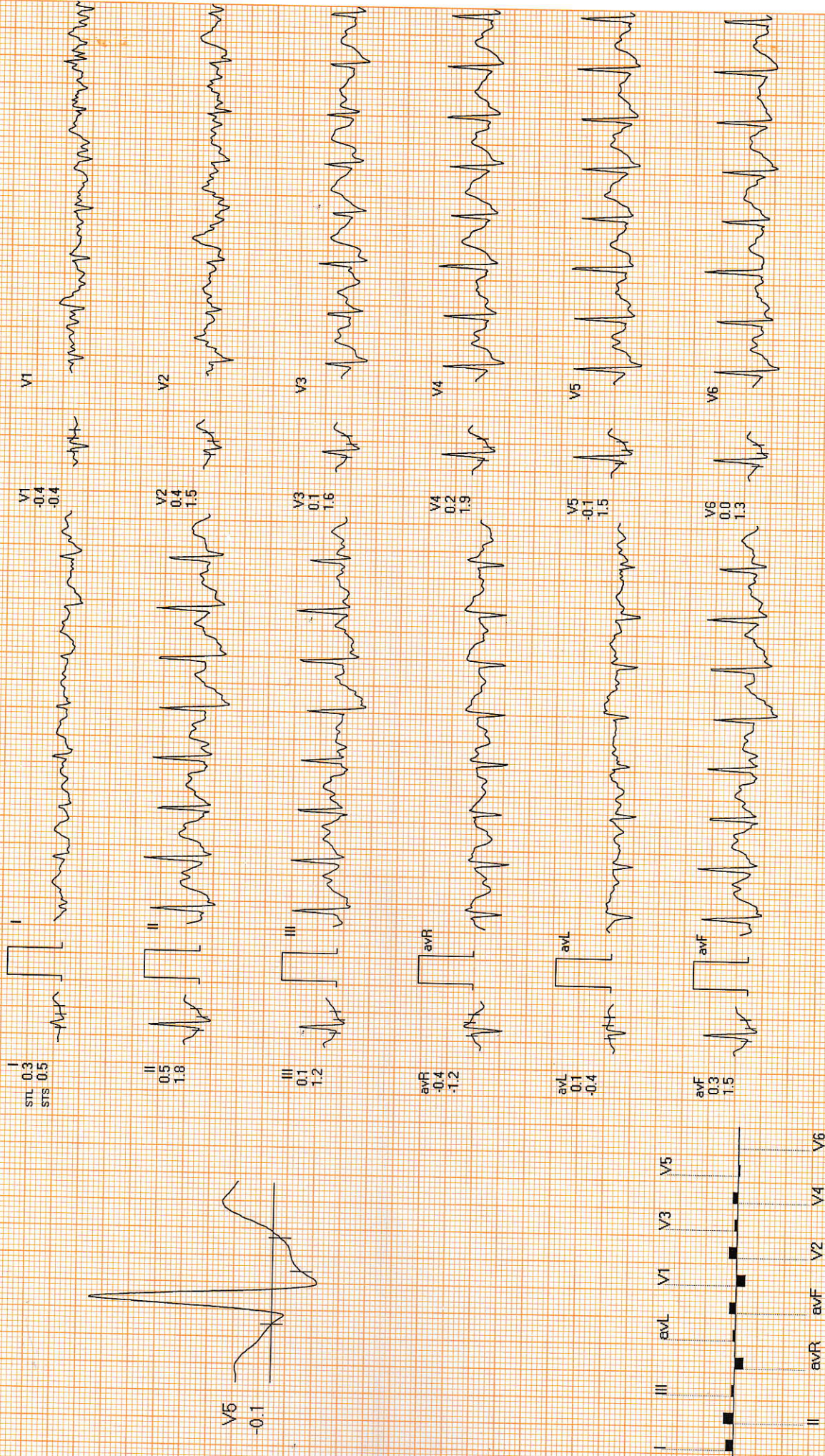
Date: 20-Nov-2024 12:41:22 PM

METS: 8.0 / 169 bpm 94% of THR BP: 125/84 mmHg Raw ECG/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X

60mS Post.J

ExTime: 06:54 3.4 mph. 14.0%
25 mm/Sec. 1.0 Cm/mV



REMARKS

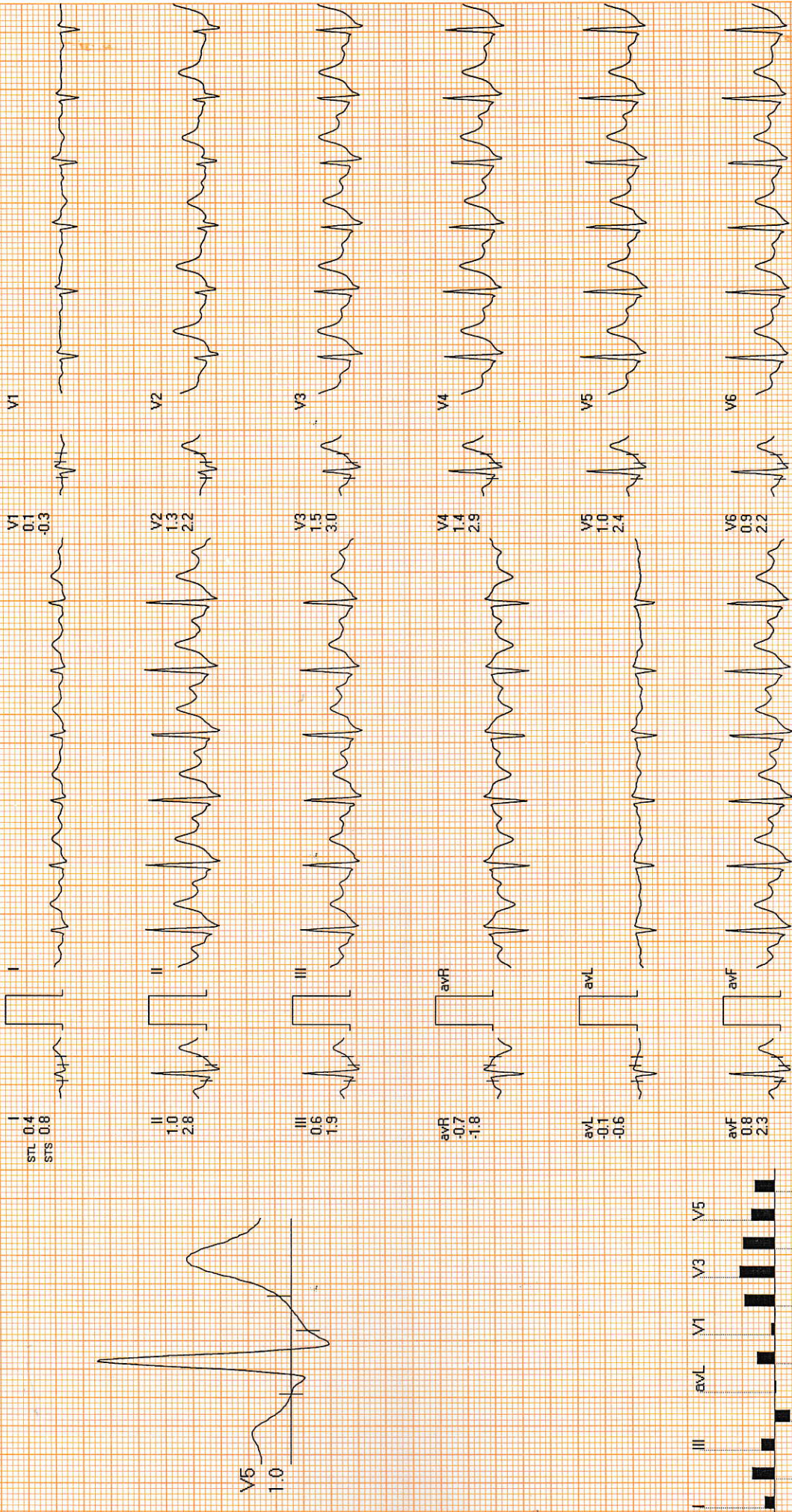


Date: 20-Nov-2024 12:41:22 PM METS: 1.1 / 128 bpm 71% of THR BP: 135/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

ExTime: 06:54 0.0 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

DOCTORS DIAGNOSTICS CENTRE

1911032863 / MRS SUNIL KUMARI / 42 Yrs / F / 160 Cms / 60 Kg / HR . 82

Recovery : (02:00)

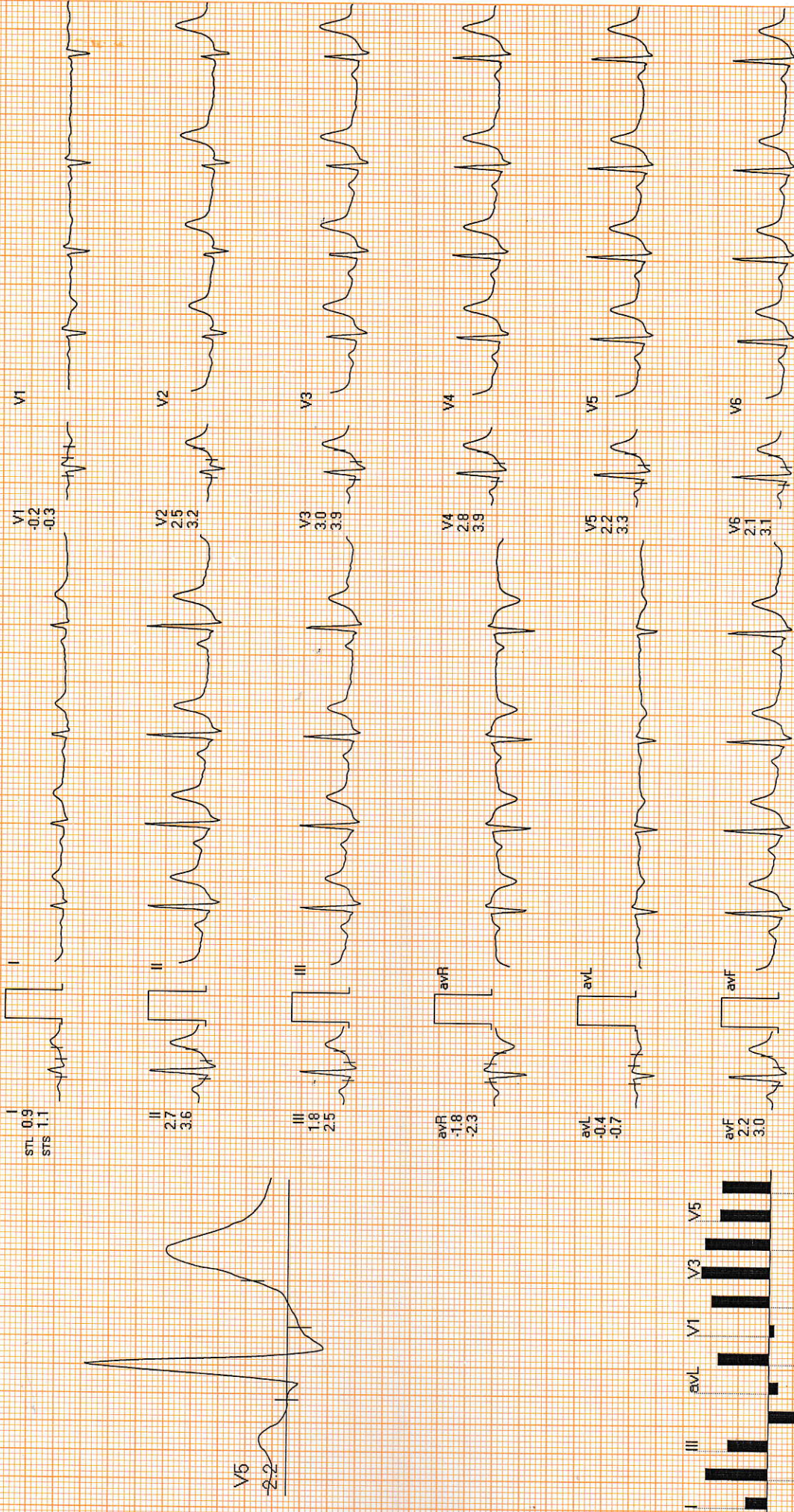


Date: 20-Nov-2024 12:41:22 PM METS: 1.0/ 82 bpm 46% of THR BP: 140/94 mmHg Raw ECG/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:54 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X

80 mS Post J



REMARKS:

DOCTORS DIAGNOSTICS CENTRE

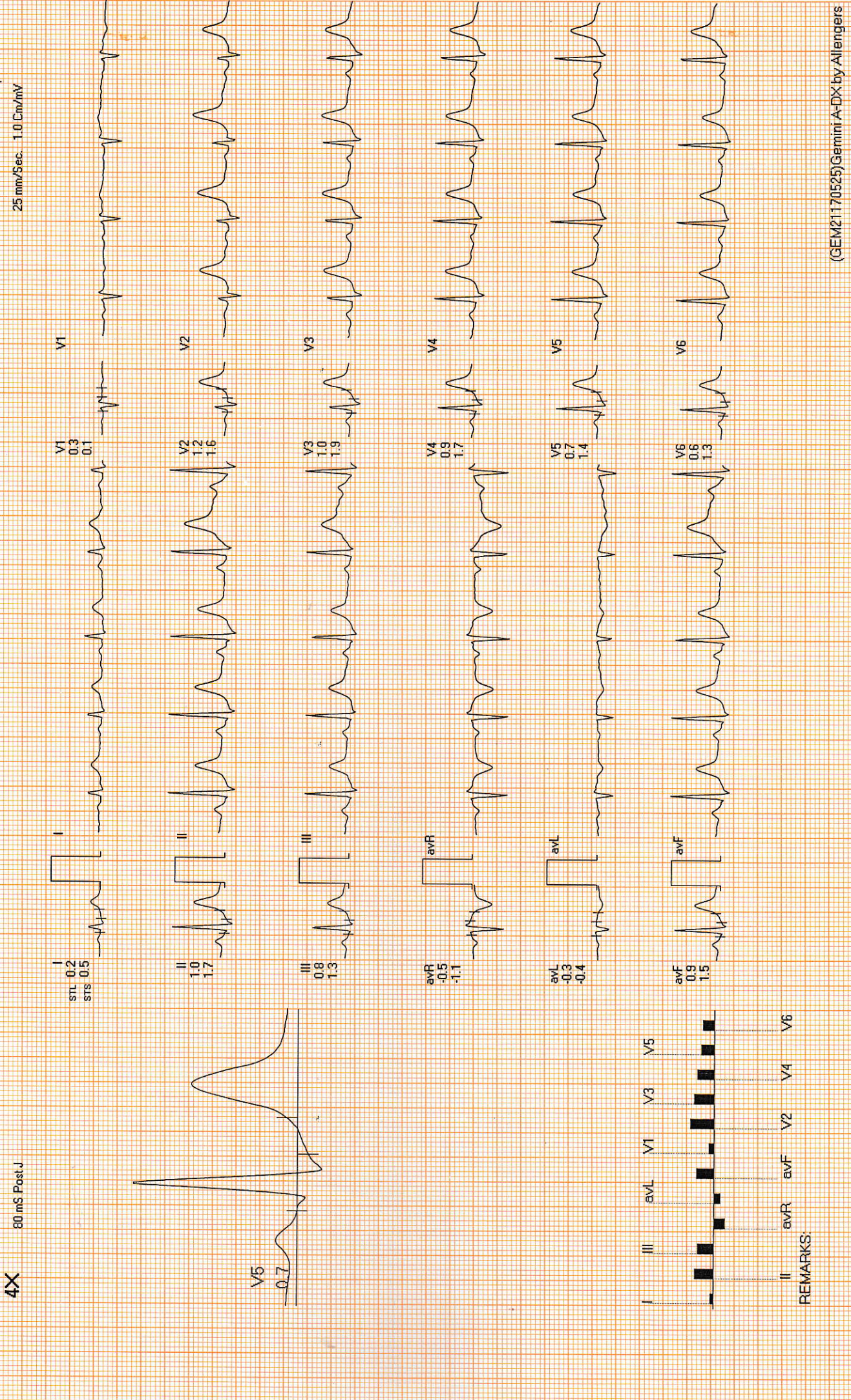
1911032353 / MRS SUNIL KUMARI / 42 Yrs / F / 160 Cms / 60 Kg / HR : 91

Recovery : (03:00)



Date: 20-Nov-2024 12:41:22 PM METS: 1.0/ 91 bpm 51% of THR BP: 139/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

ExTime: 06:54 0.0 mph 0.0%
25 mm/Sec. 1.0 Cm/mV

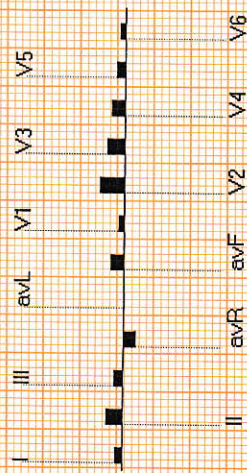
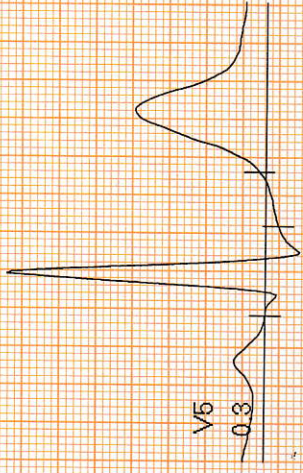
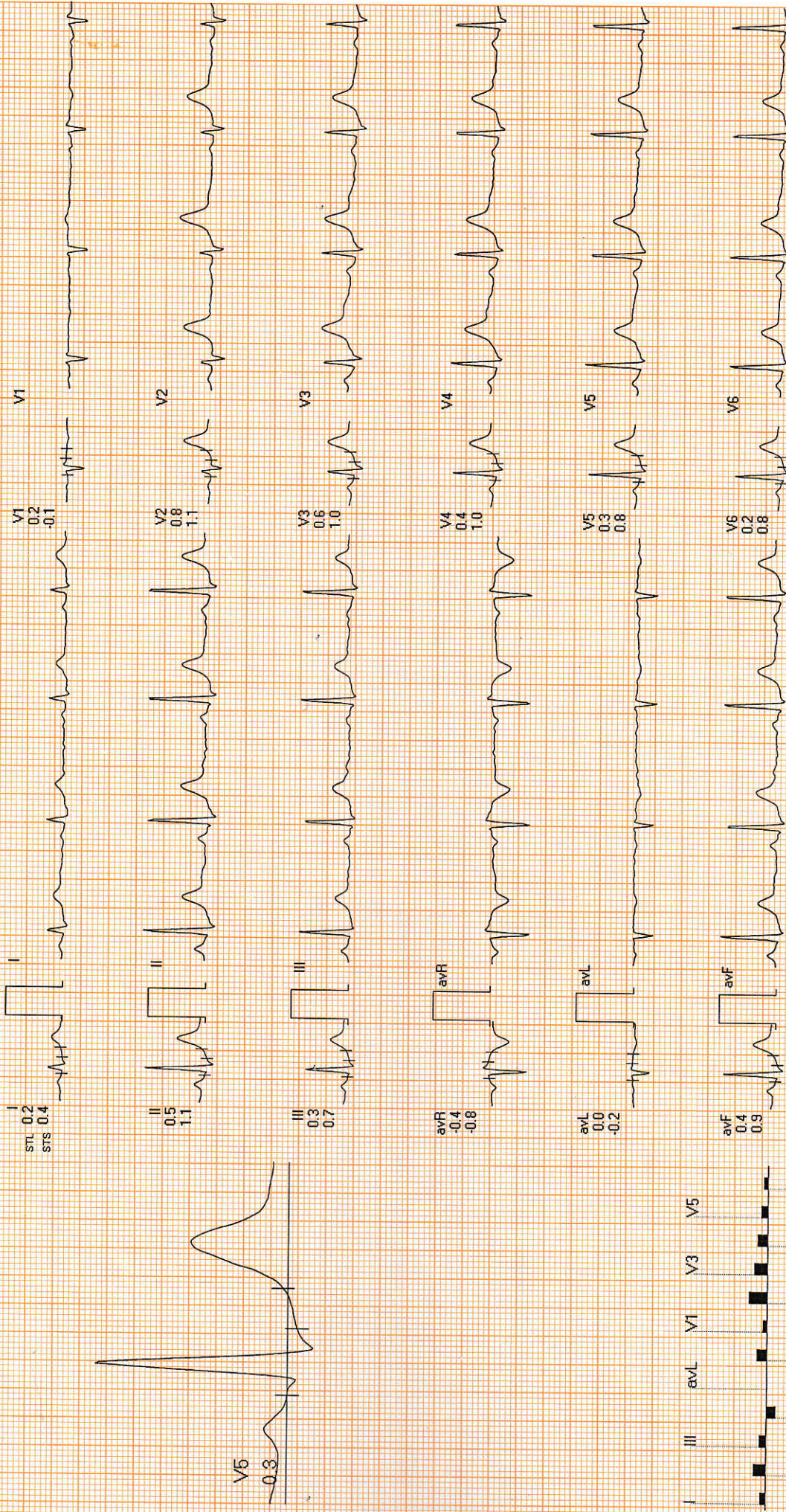




Date: 20-Nov-2024 12:41:22 PM METS: 1.0 / 76 bpm 42% of THR BP: 135/84 mmHg Raw ECG/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 06:54 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS

DOCTORS DIAGNOSTICS CENTRE

1911032353 / MRS SUNIL KUMARI / 42 Yrs / F / 160 Cms / 60 Kg / HR : 84

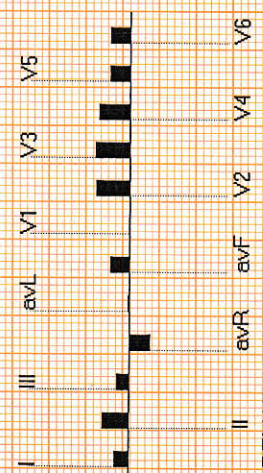
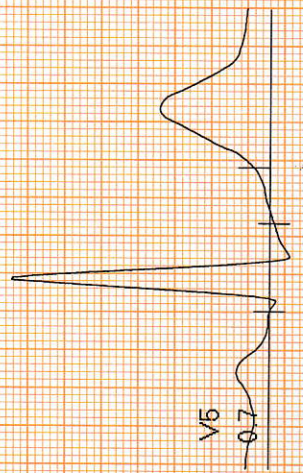
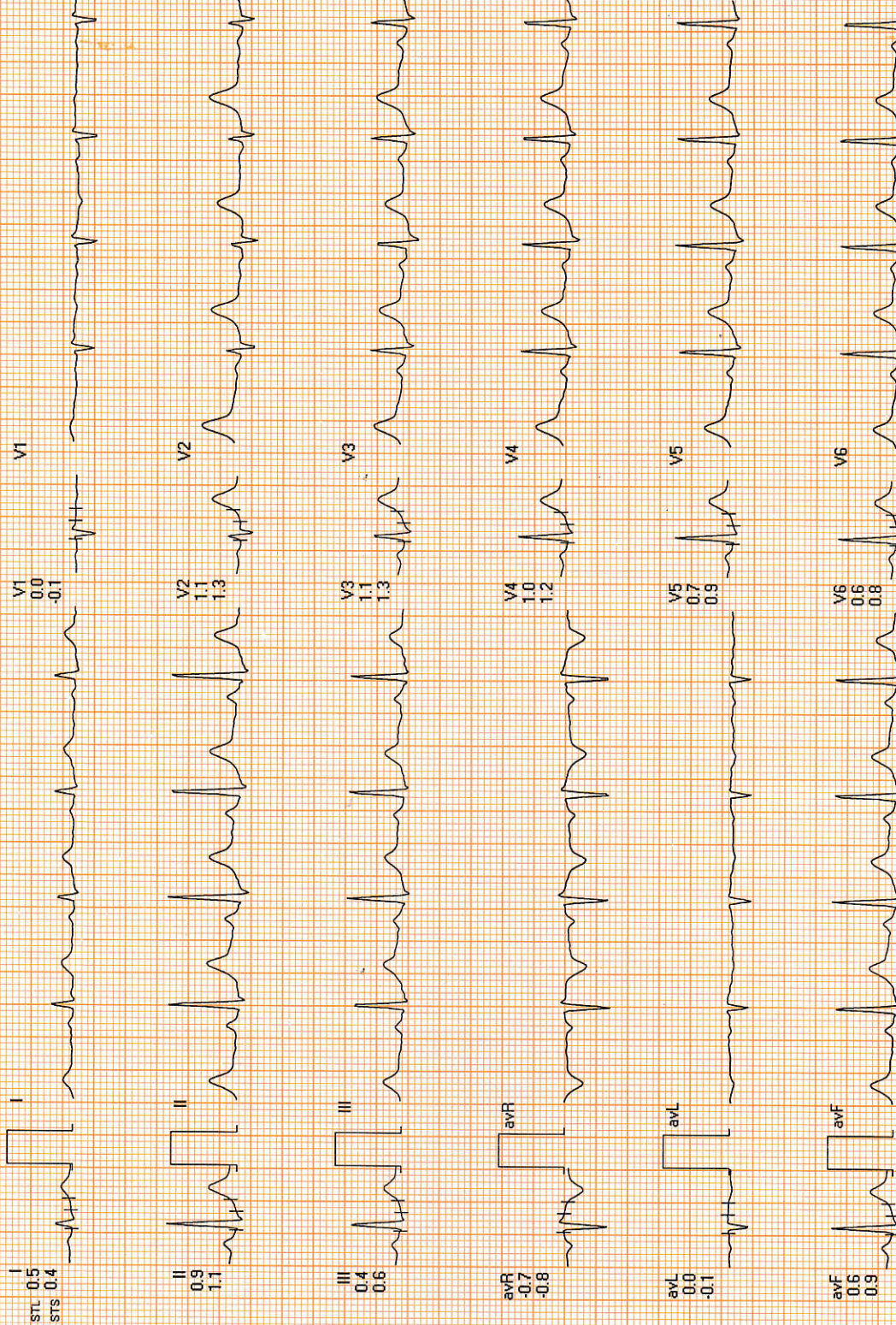
Recovery : (05:00)



Date: 20-Nov-2024 12:41:22 PM METS: 1.0 / 84 bpm 47% of THR BP: 129/80 mmHg Raw ECG/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:54 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS: