

Name : Mr. ABHINAB RAVI (35 /M)

Date : 13/11/2024

Address : BURDWAN, OTHER, BARDDHAMAN, WEST BENGAL, INDIA

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002452843

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH226509



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Asthma  
Impaired glycaemia Since - 1 yr



## DRUG ALLERGY

NO KNOWN ALLERGY :13/11/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



## Present medications

- Nil



## Past medical history

Past medical history - no known illness  
Covid 19 - Yes  
Hospitalization for Covid 19 - No  
Oxygen support - Yes



## Surgical history

Surgical history - Nil



## Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



## Family history

Father - alive  
Mother - alive  
Diabetes - father  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION



## General

Build - obese  
Height - 167  
Weight - 100.5  
BMI - 36.04  
Pallor - No  
Oedema - no



## Cardiovascular system

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Heart rate (Per minute) - 85  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 144  
Diastolic(mm of Hg) - 91  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Organomegaly - No  
Tenderness - No

### Skin

- No significant finding

### Ophthalmology consultation

Ophthalmology findings - OCULAR MOVEMENTS:  
(RE):FULL (LE):FULL  
ANTERIOR SEGMENTS:  
(RE):WNL (LE):WNL  
VISUAL ACUITY  
DISTANCE:WITHOUT  
GLASS (RE):6/6 (LE):6/6  
VISUAL ACUITY  
NEAR:WITHOUT GLASS  
(RE):N6 (LE):N6  
ADVICE:\*Review after  
1yr/SOS

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### COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	14.3	g/dl	●	13.0-17.0
RBC COUNT	5.40	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.4	%	●	41-53
MCV	78.5 *	fl	●	83-101
MCH	26.5 *	pg	●	27-32
MCHC	33.8	%	●	31.5-34.5
RDW	13.7	%	●	11.8-14.0
WBC Count	8800	/cu mm	●	4000-10000
Platelet Count	2.46	lacs/cu mm	●	1.5-4.0
Neutrophils	71	%	●	40-80
Lymphocytes	22	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate.			

### ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	16 *	mm/1st hr	●	0-15

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	10	mL		
Colour:	Pale Yellow			
Appearance	Slightly Turbid			
Specific Gravity	1.030			
pH:	5.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	1-2	/hpf		

Epithelial Cells	0-1
Casts:	Not Found
Crystals:	Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

### ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	132 *	U/L	●	0-50

### ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1

### ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	107	U/L	●	43-115

### AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	80 *	U/L	●	0-50

### BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.3-1.2

### CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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CHOLESTEROL - SERUM 171 mg/dL ● 0-200

Non-HDL Cholesterol 135

LDL CHOLESTEROL -SERUM 115 mg/dL ● Optimal: <100

VLDL CHOLESTEROL - SERUM (Calculated) 20 mg/dL ● 0-35

**CREATININE - SERUM**

Test Name Result Unit Level Range  
CREATININE - SERUM 0.9 mg/dL ● 0.9-1.3

**GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM**

Test Name Result Unit Level Range  
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 58 \* U/L ● 0-55

**GLUCOSE - PLASMA (FASTING)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (FASTING) 95 mg/dL ● 70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (POST PRANDIAL) 129 mg/dL ● 70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range  
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 6.1 \* % ●  
Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >= 6.5%  
ADA Therapeutic goal : <7%

**HDL CHOLESTEROL - SERUM**

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM 36 mg/dL ● 30-70  
TC/HDL-C ratio serum 5 \* ● Optimal<3.5

**LDL CHOLESTEROL -SERUM**

Test Name Result Unit Level Range

**PROTEIN TOTAL - SERUM**

Test Name Result Unit Level Range  
PROTEIN TOTAL - SERUM 8.7 \* g/dL ● 6.4-8.3  
Albumin/Globulin Ratio 1.0 ● 1.0-2.0  
GLOBULIN: (CALCULATED) - SERUM 4.3 \* g/dL ● 1.8-3.6

**TOTAL T3: TRI IODOTHYRONINE - SERUM**

Test Name Result Unit Level Range  
TOTAL T3: TRI IODOTHYRONINE - SERUM (Electrochemiliminescence (ECLIA)) 1.3 ng/ml ● 0.8-2

**TOTAL T4: THYROXINE - SERUM**

Test Name Result Unit Level Range  
TOTAL T4: THYROXINE - SERUM (Electrochemiliminescence (ECLIA)) 6.7 ug/dL ● 5.1-14.1

**TRIGLYCERIDES - SERUM**

Test Name Result Unit Level Range  
TRIGLYCERIDES - SERUM 170 \* mg/dL ● 0-150

**TSH: THYROID STIMULATING HORMONE - SERUM**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM (Electrochemiliminescence (ECLIA)) 2.11 μIU/mL ● 0.27-4.2

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 6.4 mg/dL ● 2.6-7.2

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### BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.0	mg/dL	●	7.0-18.0
UREA - SERUM	15	mg/dL	●	13-43

### BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	7.8			
BUN (BLOOD UREA NITROGEN)	7.0	mg/dL	●	7.0-18.0
UREA - SERUM	15	mg/dL	●	13-43
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

SINUS RHYTHM.

VOLTAGE CRITERIA FOR LEFT VENTRICULAR HYPERTROPHY, MAY BE NORMAL VARIANT. EARLY REPOLARIZATION LIKE ST CHANGES. PLEASE CORRELATE CLINICALLY.

### TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 80%) STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB.RADIOLOGY & CARDIOLOGY)

### Biochemistry

A/G - RATIO

### Histopathology

PAP SMEAR /CERVICAL SMEAR

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade II fatty liver with hepatomegaly.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated]

Dr. ARKADEEP DEY  
DNB RESIDENT  
In consultation with

### X-RAY CHEST PA

\* Chest skiagram does not reveal any significant abnormality.

Dr. ARKADEEP DEY  
DNB RESIDENT  
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### EKG

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**Printed By** :

**Dr.SUCHISMITA BHAUMIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

High Risk

**YOUR SCORE**

6

**ACCEPTABLE SCORE**

4

**Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 3 months** if you have:
  - o Uncontrolled high blood pressure
  - o Diabetes
  - o Dyslipidemia
  - o Coronary heart disease
- You will be referred to a **cardiologist**.

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**