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- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR SUDHEER KUMAR**  
**Referred By Dr : MEDIWHEEL**  
**Sex : MALE Age : 47 Years**  
**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : LKD4156 \*LKD4156\***  
**Reg. Date : 09-Nov-2024 11:14 am**  
**Report Date : 09-Nov-2024 7:38 pm**  
**Print Date : 12-Nov-2024 10:48 am**

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	18.60		5 - 20 mg/dl
CREATININE	1.26	mg/dl	0.7 - 1.3 mg/dl
Serum Uric Acid	5.60	mg%	Male 3.5 - 7.2 mg%
Age of the Patient	47		
eGFR	65.20	ml/min	

eGFR calculation based on MDRD guideline 2012  
 More than 90 ml / min / 1.73 Sqm - Normal eGFR  
 60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .  
 Suggest reapt testing in 6 to 12 months.  
 Exclude kidney disease in those at high risk (Diabetes & Hypertension  
 30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .  
 Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.  
 15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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DR. BHAVINI KAMDAR  
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## BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Positive

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	89.6	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: $\geq$ 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	74.2	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: $\geq$ 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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# HEALTHCARE

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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	13.8	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	4.57	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	45.5	%	Male : 37 - 51 %
MCV	<b>99.60</b>	fl	80- 96 fl
MCH	30.30	pg	27 - 32 pg
MCHC	<b>30.40</b>	gm%	32 - 37 gm%
RDW	<b>16</b>	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	6590	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	50	%	40 - 75
Lymphocytes	40	%	20 - 40
Eosinophils	06	%	0 - 6
Monocytes	04	%	2 - 8
Platelet count	<b>145000</b>	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Macro (mild)		
WBC Morphology	Normal		
Platelets Morphology	Megaplatelets Seen		

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ESR (westergren's method) 12 mm/hr Male: 0 - 10 mm  
Female: 0 - 20 mm

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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.6	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	114.02		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	205	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	195.4	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	62.8	mg / dl	35.3 - 79.5 mg / dl
VLDL	39.08	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	103.12	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl

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CHOLESTEROL / HDL 3.26 < 5

LDL / HDL 1.64 < 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR SUDHEER KUMAR**  
**Referred By Dr : MEDIWHEEL**  
**Sex : MALE Age : 47 Years**  
**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : LKD4156 \*LKD4156\***  
**Reg. Date : 09-Nov-2024 11:14 am**  
**Report Date : 09-Nov-2024 7:38 pm**  
**Print Date : 12-Nov-2024 10:48 am**

## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	1.19	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.49	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.70	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	25.80	U / L	Up to 45 U / L
S.G.O.T.	30.90	U / L	Up to 46 U / L
Alkaline Phosphatase	86.00	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	6.76	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.12	gm / dl	3.5 - 5.2 gm / dl
Globulin	2.64	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.56		1.0- 2.3
GGT	115.5	IU/L	55 IU/L

----- End of Report -----

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR SUDHEER KUMAR**  
**Referred By Dr : MEDIWHEEL**  
**Sex : MALE Age : 47 Years**  
**Collected At : THAKUR VILLAGE MAIN BRANCH**

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## PSA

TEST	RESULT	UNITS	NORMAL VALUES
Prostate Specific Antigen	0.750	ng/ml	< = 4.03 ng/ml
Method	CLIA		

Interpretation :

PSA exists in serum mainly in two forms, complexed to alpha-1 -anti-chymotrypsin and unbound (free PSA). Increases in prostatic glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels. Transient increase in PSA can also be seen following per rectal digital or sonological examinations.

----- End of Report -----

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR SUDHEER KUMAR**  
**Referred By Dr : MEDIWHEEL**  
**Sex : MALE Age : 47 Years**  
**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : LKD4156 \*LKD4156\***  
**Reg. Date : 09-Nov-2024 11:15 am**  
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**T3 T4 TSH**

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	158.181	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	6.896	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	1.996	uIU/mL	HYPOTHYROID : Less than 4.71 µg/dl Hypothyroid > 15.0 Hyperthyroid : < 0.3 First Trimester : 0.1 - 2.5 Second Trimester : 0.2 - 3.0 Third Trimester : 0.3 - 3.0

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR SUDHEER KUMAR  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 47 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : LKD4156 \*LKD4156\*  
**Reg. Date** : 09-Nov-2024 11:15 am  
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## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0 )
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf

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# HEALTHCARE

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**Patient's Name : MR SUDHEER KUMAR**  
**Referred By Dr : MEDIWHEEL**  
**Sex : MALE Age : 47 Years**  
**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : LKD4156 \*LKD4156\***  
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Casts Not seen  
Crystals Not seen /hpf  
Yeast Not seen  
Bacteria Absent

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**Fw: Health Check up Booking Confirmed Request(22E35099),Package Code-, Beneficiary Code-260790**

1 message

**Customer Care :Mediwheel : New Delhi** <customercare@mediwheel.in>  
To: "healthcare.medicals@gmail.com" <healthcare.medicals@gmail.com>

Sat, Nov 9, 2024 at 9:25 AM

Thanks & Regards



Arcofemi Health Care Ltd. | F-701 A, Lado Sarai, Mehrauli | New Delhi – 110 030  
Ph No. 011-41195959  
Email : customercare@mediwheel.in; | Web: www.mediwheel.in

**From:** Wellness : Mediwheel : New Delhi <wellness@mediwheel.in>  
**Sent:** 18 October 2024 10:57  
**To:** sudhir.kumar@bankofbaroda.co.in <sudhir.kumar@bankofbaroda.co.in>  
**Cc:** Customer Care :Mediwheel : New Delhi <customercare@mediwheel.in>  
**Subject:** Health Check up Booking Confirmed Request(22E35099),Package Code-, Beneficiary Code-260790



**011-41195959**

Dear **SUDHIRKUMAR,**

We are pleased to confirm your health checkup booking request with the following details.

**Name of Diagnostic/Hospital** : Healthcare Medical Centre and Diagnostic

**Address of Diagnostic/Hospital-** NO-15, SHOP NO. 78, VENUS CHS, EVERSHINE MILLENIUM, opp. TW GARDENS, Phase 1, Thakur Village, Kandivali East, Mumbai, Maharashtra 400101

**City** : Mumbai

**State** : Maharashtra

**Pincode** : 400101

**Appointment Date** : 01-11-2024

**Confirmation Status** : Booking Confirmed

**Preferred Time** : 09:00 AM - 09:30 AM

**Booking Status** : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
Mr. Sudhir Kumar	47 year	Male



Healthcare Diagnostics <healthcare.medicals@gmail.com>

---

## Mediwheel health checkup Healthcare Medical Centre and Diagnostic

1 message

---

**Customer Care :Mediwheel : New Delhi** <customercare@mediwheel.in>

Sat, Nov 9, 2024 at 9:42 AM

To: "healthcare.medicals@gmail.com" <healthcare.medicals@gmail.com>

Cc: "Network : Mediwheel : New Delhi" <network@mediwheel.in>

Dear team

One for are client visited in your center on 9<sup>th</sup> november 2024 for health checkups so kindly consider this mail &confirm his health checkup

1. SUDHIRKUMAR - Mediwheel full body health check up male above 40

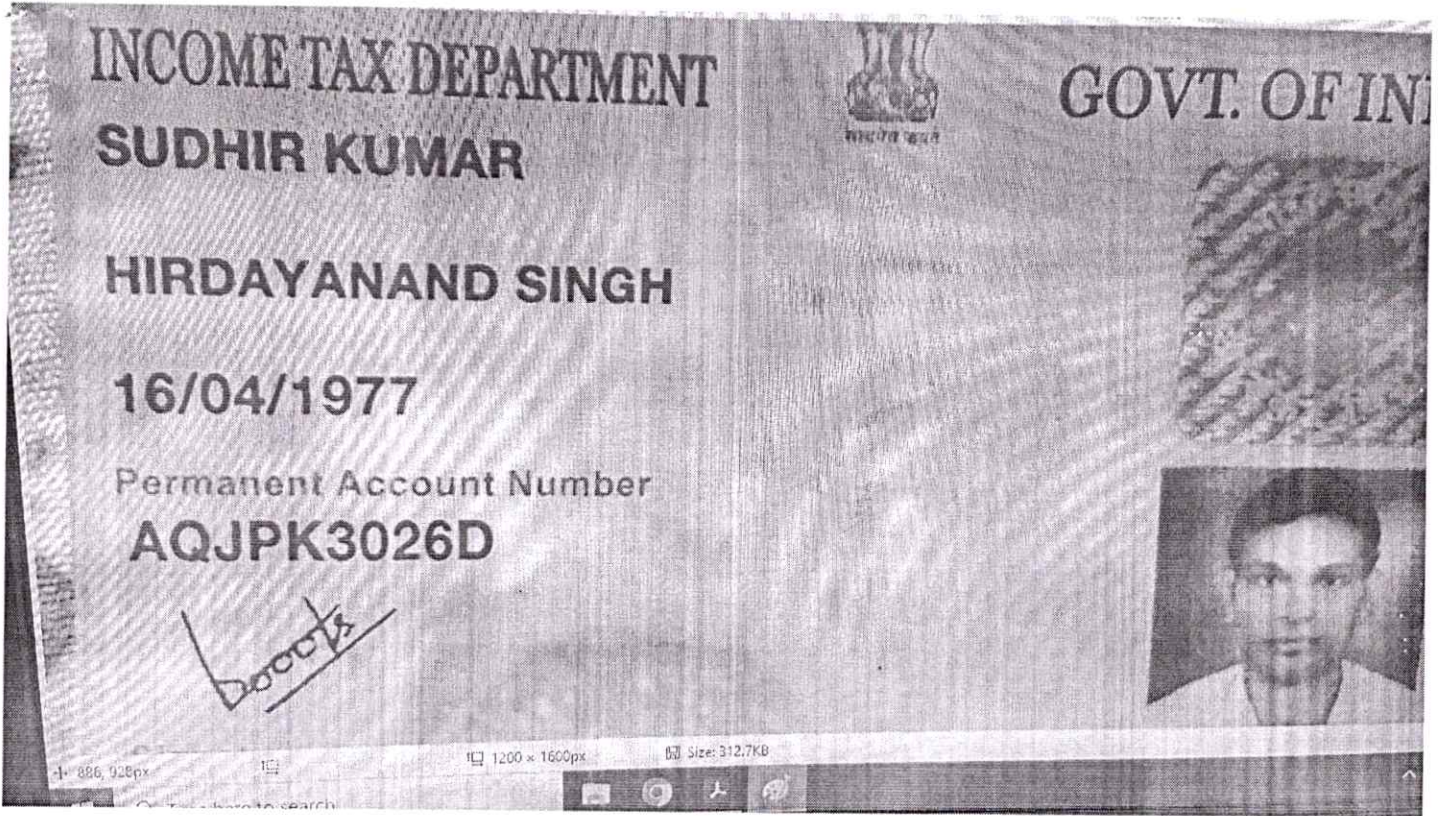
Thanks & Regards



Arcofemi Health Care Ltd. | F-701 A, Lado Sarai, Mehrauli | New Delhi – 110 030

Ph No. 011-41195959

Email : customercare@mediwheel.in; | Web: www.mediwheel.in



*[Handwritten signature]*

**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115643

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

DATE : 09/11/24

TO,

mediwheel

This is regarding your client Miss/Mrs./Mr. Sudhna

Kumar Proposal number .....

Visited to our centre at ..... for her/his proposed tests.

All tests are done as scheduled except

Pending/~~skipped~~ tests: TMT, mex, Eye checkup & USPP

Reason: Client is not ready to wait

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Client's sign

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Medical Examiner

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

DATE: 09/11/24

TO,

mediwheel

This is regarding your client ~~Miss/Mrs./Mr.~~ Sudeep Kumar

..... Proposal number .....

Visited to our centre at ..... for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests: Stool Examination

Reason: not willing to do

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Client's sign

**HEALTHCARE**  
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**DR. NUPUR RAI**  
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 Medical Examiner  
 2018-15643

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MR SUDHIR KUMAR</b>	<b>DATE</b>	<b>09.11.2024</b>
		<b>AGE</b>	<b>47 YRS</b>
<b>REF. BY DR.</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>MALE</b>

## X-RAY CHEST (PAVIEW)

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

### **IMPRESSION :**

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

**Correlate clinically .**

DR.SACHIN JADKAR  
(Consultant Radiologist)

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



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NAME	MR SUDHEER KUMAR	DATE	09.11.2024
		AGE	47 YRS
REF. BY DR	MEDIWHEEL	SEX	MALE

## ULTRASOUND OF ABDOMEN & PELVIS

The real time, B mode, gray scale sonography of the abdomen was performed.

**Liver** is normal in size (13.3 cms) & normal in echogenicity. No focal lesion seen. Intra hepatic biliary radicles are normal. No e/o IHBRD. Portal vein is normal in size, caliber with normal flow.

**Gall bladder** is well distended. No e/o calculus or sludge. Wall thickness is normal. No e/o pericholecystic fluid or fat stranding.

**CBD** visualized part of CBD is normal in caliber however terminal parts of CBD is obscured due to bowel gases shadowing artifact.

**Pancreas** is head and body observed normal in size & normal in echogenicity. No focal lesion seen. No e/o peri-pancreatic fluid collection or fat stranding. Rest of the pancreas is obscured due to bowel gas shadowing artifacts.

**Spleen** is normal in size (10.3 cms). No focal lesion seen. Splenic vein is normal in caliber.

### KIDNEYS:

**Right kidney** measures 9.3 x 4.4 cms, normal in size, shape, position, axis & echogenicity. Cortico Medullary Differentiation is well maintained. No e/o solid or cystic lesion. No calculus, hydronephrosis or hydroureter noted.

**Left kidney** measures 9.8 x 4.5 cms, normal in size, shape, position, axis & echogenicity. Cortico Medullary Differentiation is well maintained. No e/o solid or cystic lesion. No calculus, hydronephrosis or hydroureter noted.

No **free fluid** or **significant lymphadenopathy** is detected in abdomen.

**Urinary bladder** is well distended. No calculus, internal echoes or mass lesion seen. Bladder wall is smooth and normal in thickness

**Prostate** is normal in size and volume (15.9c.c.). It shows normal echogenicity. No focal lesion seen.

### IMPRESSION:

- NO SIGNIFICANT ABNORMALITY DETECTED IN ABDOMEN & PELVIS.

DR. RAUNAK SINGH  
[CONSULTANT RADIOLOGIST]

**NOTE: USG FINDINGS ARE TO BE CORELATED WITH CLINICAL, LABORATORY & OTHER INVESTIGATION FINDINGS FOR FINAL DIAGNOSIS AND FOR THEIR MANAGEMENT.**

- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

# ELECTROCARDIOGRAM (ECG)

PATIENT MR. SUDHIR KUMAR AGE 47 SEX M

REF. BY DR. MEDIWHEEL DATE 09/11/24

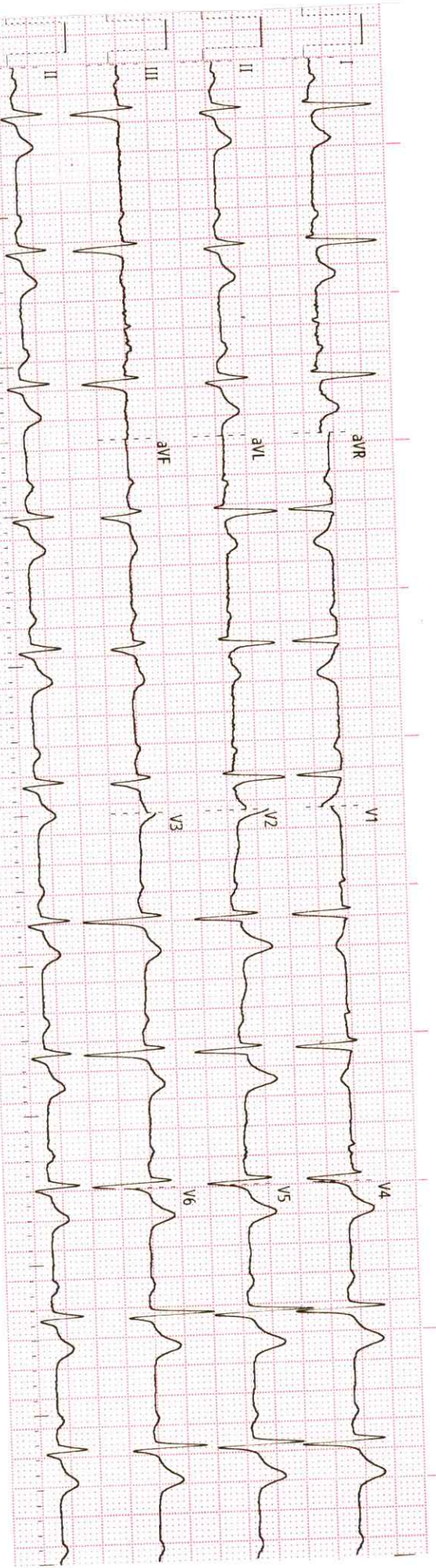
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MEDICAL CENTRE & DIAGNOSTICS  
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Village, Phase-1, Opp. Laxmi  
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INTERPRETATION :



DR. SUDHIR KUMAR  
MBBS, DIPLOMA IN CARDIOLOGY (F3DCC)  
Reg. No.: 2018115843

0.6Hz - 35Hz - AC 50Hz 25mm/s 10mm/mv 1.0.25 Sequential



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : .....

Ventricular Rate : .....

Rhythm : .....

Mechanism : .....

Voltage : .....

REMARKS & CONCLUSIONS : .....

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : .....

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

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