



Out Patient Record

Care Par Excellence
Jayanagar, Bangalore

NABH No.1
Patient Name : Mr.SHAILESHA D S

UHID : UHJA24008242

Age / Sex : 45 Years / Male

OP NO/Reg Dt : 18-11-2024 08:34 AM

Spouse / Father Name : SHEKARAPPA

Department :

Address : KORMANGALA , , Bengaluru Urban,
Karnataka, INDIA,

Referred By :

Consultant : Dr.Ashmitha Padma MBBS, MD
(GENERAL MEDICINE), PGDCC,FEM
KMC No. : 02M1087

Complaints / Findings / Observations :

wt : 68kg

Ht : 162cm

SpO₂ : 98 %

BP : 137 / 90 mm/Hg.

HR : 98b/min

Investigations:

Treatment / Care of Plan / Provisional Diagnosis :

Follow Up Advice :

Signature of the Doctor

UNITED HOSPITAL (A Unit of United Brothers Healthcare Services Private Limited)

United Hospital

No.110 (30), Madhavan Park Circle, 10th Main Rd,
3rd Block Jayanagar, Bangalore - 560011

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NABH



No.1

Care Par Excellence
Jayanagar, Bangalore

DEPARTMENT OF RADIODIAGNOSIS

Name	Shailesha D S	Date	18/11/24
Age	45 years	Hospital ID	UHJA24008242
Sex	Male	Ref.	Health check

ULTRASOUND ABDOMEN AND PELVISFINDINGS:

Liver is normal in size and *shows mildly increased echopattern*. No intra or extra hepatic biliary duct dilatation. No focal lesions. **Portal vein** is normal in size, course and caliber. **CBD** is not dilated.

Gall bladder is normal without evidence of calculi, wall thickening or pericholecystic fluid.

Pancreas - Visualized part of the pancreatic head and body appears normal in size, contour and echogenicity. Rest of the pancreas is obscured by bowel gas.

Spleen is normal in size, shape, contour and echopattern. No focal lesion.

Right Kidney is normal in size (8.9 x 4.0 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No calculus or hydronephrosis.

Left Kidney is normal in size (9.8 x 4.6 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No calculus or hydronephrosis.

Retroperitoneum - Visualized aorta appeared normal. No obvious enlarged para-aortic nodes.

Urinary Bladder is distended, normal in contour and wall thickness. No evidence of calculi.

Prostate is normal in echopattern and size, measures ~ 13.1 cc.

No ascites or pleural effusion. Appendix could not be localized. No RIF probe tenderness.

IMPRESSION:

- Mild fatty infiltration of liver (Grade I).
- No other definite sonological abnormality detected.

Dr. Elluru Santosh Kumar
Consultant Radiologist

UNITED HOSPITAL (A Unit of United Brothers Healthcare Services Private Limited)



NABH



No.1



DEPARTMENT OF RADIO DIAGNOSIS

Name	Shailesha D S	Date	18/11/24
Age	45 years	Hospital ID	UHJA24008242
Sex	Male	Ref.	Health check

RADIOGRAPH OF THE CHEST (PA - VIEW)

FINDINGS:

- Bilateral lung fields are normal.
- Bilateral costo-phrenic angles are normal.
- Cardia and mediastinal contours are normal.
- The bony thorax is grossly normal.

IMPRESSION:

- No radiographic abnormality.

Dr. Elluru Santosh Kumar
Consultant Radiologist

EXERCISE STRESS TEST REPORT

Patient Name: MR. SHAILESHA D S,
 Patient ID: 24008242
 Height: 163 cm
 Weight: 63 kg

DOB: 07.07.1979
 Age: 45yrs
 Gender: Male
 Race: Indian

Study Date: 18.11.2024
 Test Type: TREADMILL STRESS TEST
 Protocol: BRUCE

Referring Physician: DR. RAHUL S PATIL
 Attending Physician: DR. RAHUL S PATIL
 Technician: YAMINI/THABITHA

Medications:

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Medical History:

H/O DM, NO H/O HTN

Reason for Exercise Test:

SCREENING FOR CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:13	0.00	0.00	99	120/80	
	STANDING	00:06	0.00	0.00	99		
	HYPERV.	00:10	0.00	0.00	96	120/80	
	WARM-UP	00:33	0.00	0.00	109	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	139	120/80	
	STAGE 2	03:00	2.50	12.00	157	130/80	
	STAGE 3	02:01	3.40	14.00	166	140/90	
RECOVERY		03:08	0.00	0.00	129	140/90	

The patient exercised according to the BRUCE for 8:01 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 98 bpm rose to a maximal heart rate of 169 bpm. This value represents 96 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions

GOOD EFFORT TOLERANCE

NORMAL HR AND BP RESPONSE

NO ANGINA OR ARRHYTHMIAS NOTED

NO SIGNIFICANT ST-T CHANGES NOTED DURING EXERCISE AND RECOVERY

IMPRESSION:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Physician _____

Technician _____

ID: 24008242
Name: MR SHAILESH

45 Years

Sex: M
cm kg Birth date: / / mmHg

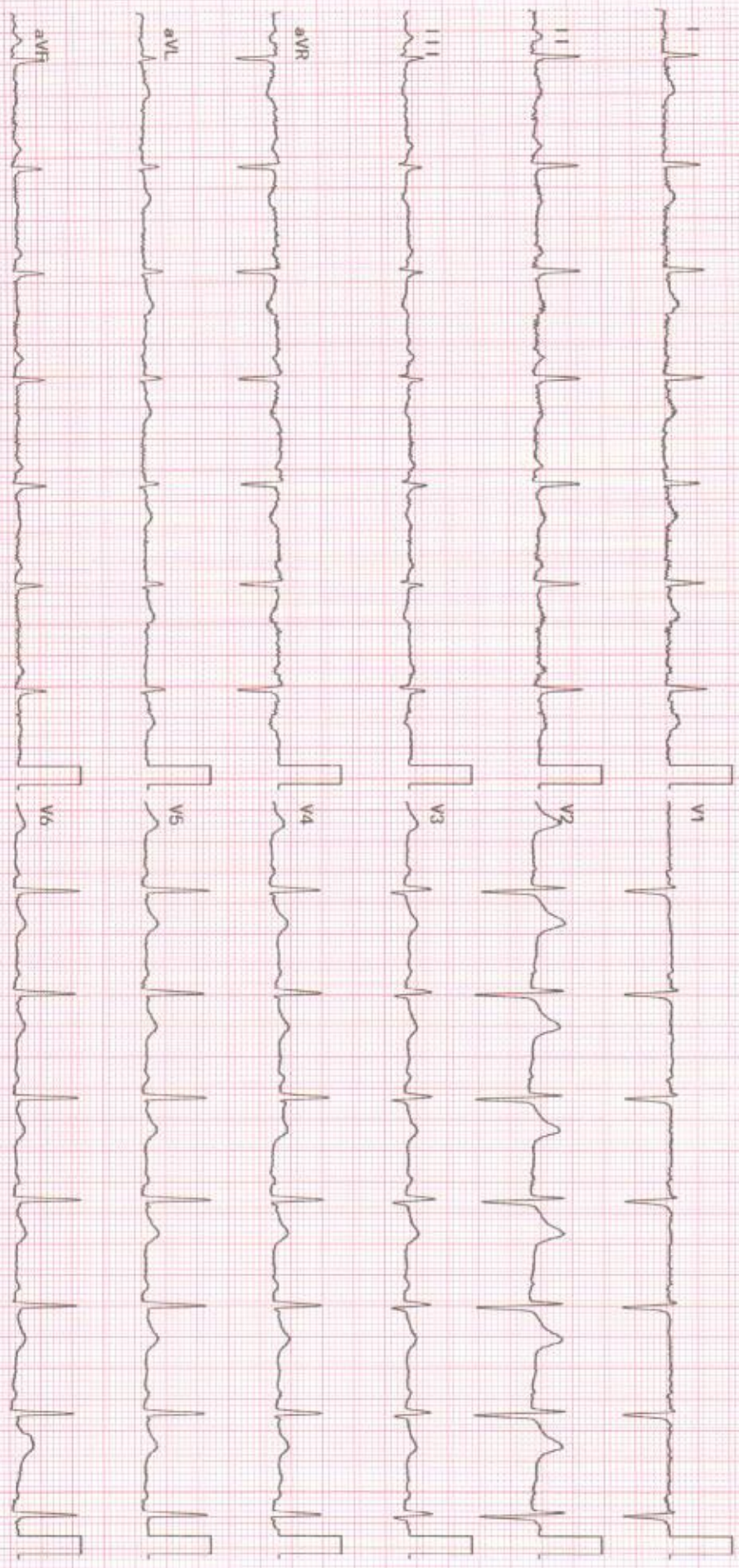
1100 Sinus rhythm
0102 ARTIFACT PRESENT
9110 ** normal ECG **

Indication:
Symptoms:
History:
Rate: 89 bpm
R int: 134 ms
RS dur: 74 ms
P/QTc(E) int: 334/380 ms
VQRS/T axis: 61/33/10
V5/SV1 amp: 1.09/0.77 mV
V5+SV1 amp: 1.86 mV

Unconfirmed Report
Reviewed by:

10 mm/mV 25 mm/s Filter: H50 D 35 Hz

10 mm/mV



Patient ID 24008242

18.11.2024 Male 163 cm 63 kg

10:22:55am 45yrs Indian

Medcs:

Test Reason: SCREENING FOR CAD
Medical History: H/O DM, NO H/O HTN

BRUCE: Total Exercise Time 08:01
Max HR: 169 bpm 96% of max predicted 175 bpm HR at rest: 98
Max BP: 140/90 mmHg BP at rest: 120/80 Max RPP: 23240 mmHg*bpm
Maximum Workload: 10.10 METS
Max. ST: -1.05 mm, 0.00 mV/s in III: EXERCISE STAGE 3 07:29
Arrhythmia: A:29
ST/HR index: 0.97 μ V/bpm

Reasons for Termination: Target heart rate achieved

Ref. MD: DR. RAHUL S.PATIL Ordering MD: DR. RAHUL S.PATIL, Technician: YAMINI/THABITHA Test Type: TREADMILL STRESS
Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall

BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE EXERCISE	TEST END RECOVERY	BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE EXERCISE	TEST END RECOVERY
120/80 mmHg 0:00 109 bpm	166 bpm 7:29	140/90 mmHg 8:01 166 bpm	140/90 mmHg 2:58 129 bpm	120/80 mmHg 0:00 109 bpm	166 bpm 7:29	140/90 mmHg 8:01 166 bpm	140/90 mmHg 2:58 129 bpm
I 0.25 mm 0.28 mV/s	I 0.30 0.16	I 0.00 0.90	I 0.05 0.69	V1 -0.15 -0.40	V1 0.95 0.90	V1 0.55 -1.01	V1 0.05 -0.40
II 0.70 0.39	II -0.70 1.61	II -0.65 1.18	II 0.35 1.14	V2 0.20 0.24	V2 0.20 -0.09	V2 0.30 0.41	V2 0.05 0.10
III 0.45 -0.03	III -1.05 1.47	III -0.65 0.27	III 0.30 0.48	V3 0.15 -0.14	V3 0.40 -0.81	V3 -0.40 -1.25	V3 0.30 0.25
aVR -0.50 -0.55	aVR 0.25 -0.93	aVR 0.35 -1.24	aVR -0.20 -1.11	V4 0.50 0.32	V4 -0.45 1.57	V4 -0.50 1.46	V4 0.35 0.96
aVL -0.05 0.03	aVL 0.65 -0.66	aVL 0.35 0.30	aVL -0.10 0.01	V5 0.45 0.17	V5 -0.70 1.51	V5 -0.65 1.39	V5 0.15 0.69
aVF 0.60 0.17	aVF -0.85 1.55	aVF -0.65 0.77	aVF 0.30 0.78	V6 0.45 0.28	V6 -0.75 1.32	V6 -0.60 1.33	V6 0.05 0.41

Unconfirmed

GE CASE V6.73 (2)
10mm/mV 50Hz 0.01-20Hz S+ HEART V5.4

Attending MD: DR. RAHUL S.PATIL

MR. SHAILESHA D S,

Patient ID 24008242

18.11.2024

10:22:55am

Male 163 cm 63 kg

45yrs Indian

Meds:

Test Reason: SCREENING FOR CAD

Medical History: H/O DM, NO H/O HTN

Ref. MD: DR. RAHUL S PATIL Ordering MD: DR. RAHUL S PATIL
 Technician: YAMINI/THABITHA Test Type: TREADMILL STRESS
 Comment:

BRUCE: Total Exercise Time 08:01

Max HR: 169 bpm 96% of max predicted 175 bpm HR at rest: 98

Max BP: 140/90 mmHg BP at rest: 120/80 Max RPP: 23240 mmHg*bpm

Maximum Workload: 10.10 METS

Max. ST: -1.05 mm, 0.00 mV/s in III; EXERCISE STAGE 3 07:29

Arrhythmia: A:29

ST/HR index: 0.97 μ V/bpm**Reasons for Termination:** Target heart rate achieved

Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.

Conclusion: GOOD EFFORT TOLERANCE

NORMAL HR AND BP RESPONSE

NO ANGINA OR ARRHYTHMIAS NOTED

NO SIGNIFICANT ST-T CHANGES NOTED DURING EXERCISE AND RECOVERY

IMPRESSION:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Location Number: * 0 *

MR. SHAILESHA DS
Patient ID: 24008242
18.11.2024
10:23:22am

LINKED MEDIANS

UNITED HOSPITAL

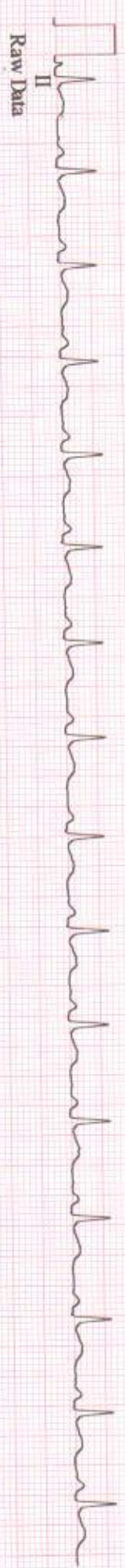
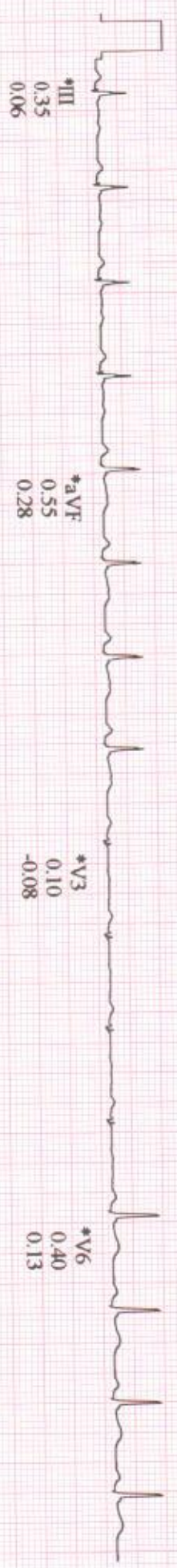
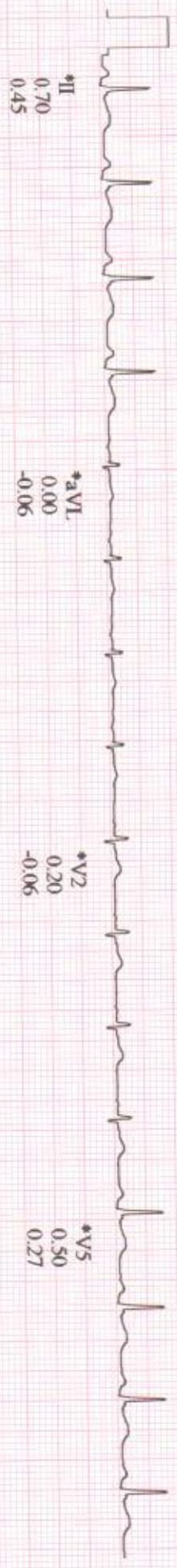
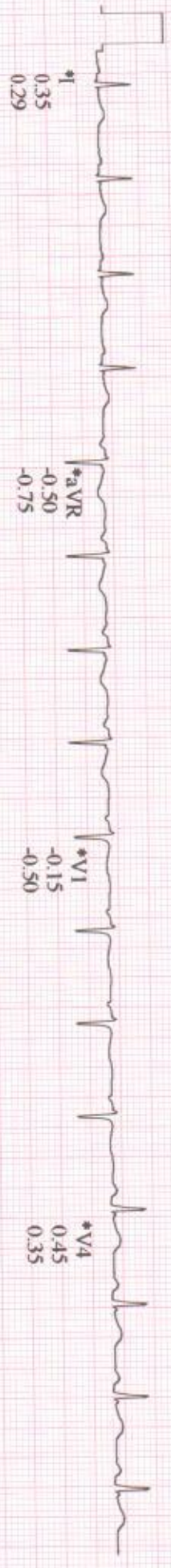
96 bpm
120/80 mmHg

PRETEST
HYPERV.
00:26

BRUCE
0.0 mph
0.0 %

ST @ 10mm/mV
60 ms post J

Lead
ST Level (mm)
ST Slope (mV/s)



*Computer Synthesized Rhythms

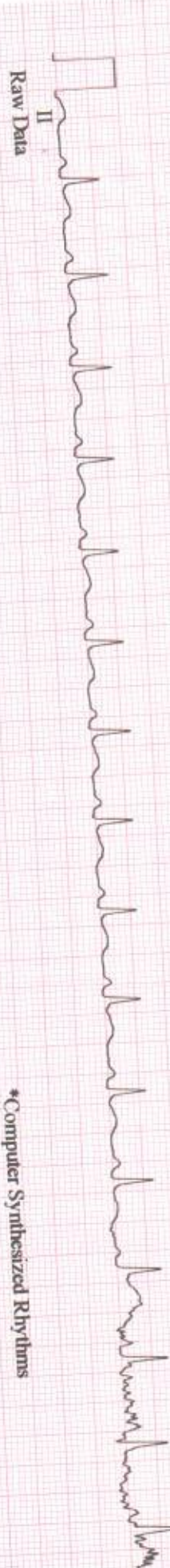
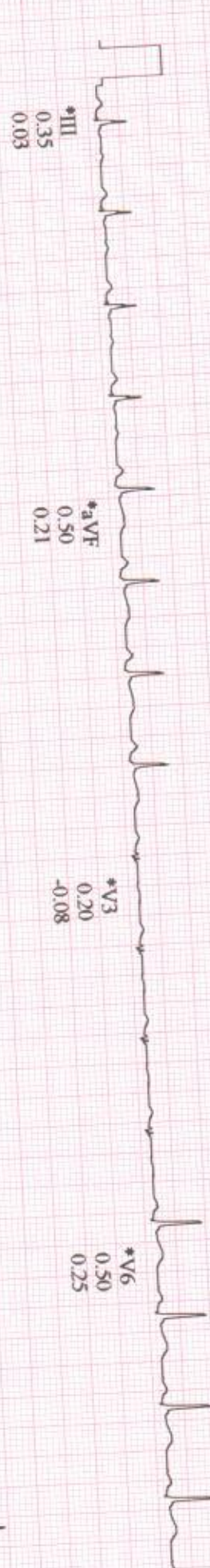
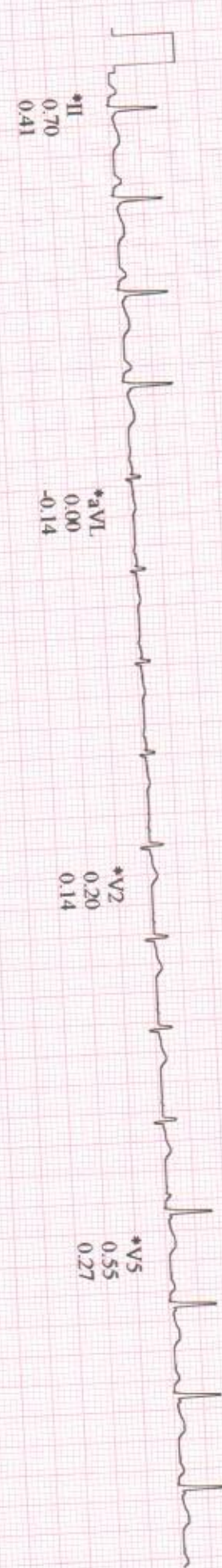
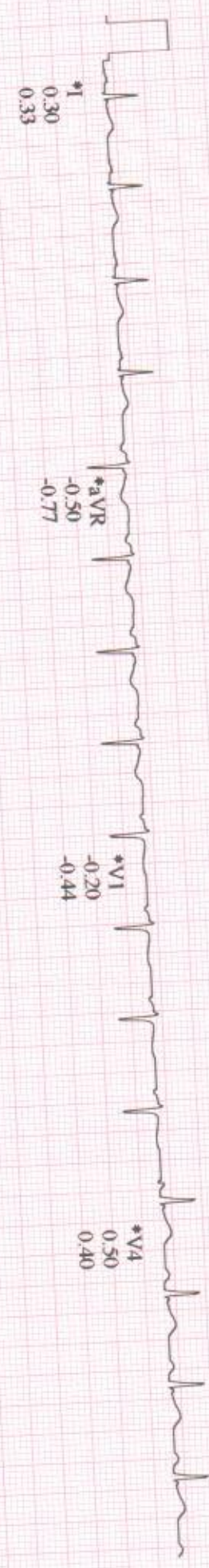
97 bpm
120/80 mmHg

PRETEST
WARM-UP
00:42

BRUCE
0.0 mph
0.0 %

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J



*Computer Synthesized Rhythms

Start of Test: 10:22:55am

MR. SHAILESHA DS
Patient ID: 24008242
18.11.2024
10:26:46am

LINKED MEDIANS

137 bpm
120/80 mmHg

EXERCISE
STAGE 1
02:50

BRUCE
1.7 mph
10.0%

UNITED HOSPITAL

ST @ 10mm/mV
60 ms post J

Lead
ST Level (mm)
ST Slope (mV/s)

*I
0.05
-0.25

*aVR
0.10
-0.98

*V1
0.05
-0.25

*V4
0.10
0.81

*II
-0.30
0.99

*aVL
0.20
-0.94

*V2
0.25
0.04

*V5
0.00
0.55

*III
-0.40
1.22

*aVF
-0.35
1.12

*V3
0.45
-0.34

*V6
-0.15
0.20

Raw Data

*Computer Synthesized Rhythms

Start of Test: 10:22:55am

GE
25 mm/s 10 mm/mV 50Hz 0.01 - 20Hz S+ HR(V6L) CE

MR. SHAIL ESHA D'S
Patient ID: 24008242
18.11.2024
10:29:46am

LINKED MEDIANS

UNITED HOSPITAL

160 bpm
130/80 mmHg

EXERCISE
STAGE 2
05:50

BRUCE
2.5 mph
12.0%

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J

*I
0.10
0.47

*aVR
0.20
-0.83

*V1
0.30
-0.41

*V4
-0.55
1.25

*II
-0.55
0.99

*aVL
0.35
-0.06

*V2
0.20
-0.20

*V5
-0.75
1.10

*III
-0.60
0.72

*aVF
-0.60
0.88

*V3
-0.20
-1.12

*V6
-0.60
1.00

Raw Data

*Computer Synthesized Rhythms

GE

CASE V6.73

25 mm/s 10 mm/mV 50Hz 0.01 - 20Hz S+ HR(V6,J)

Start of Test: 10:22:55am

MR. SHAILESHA DS
Patient ID: 24008242
18.11.2024
10:31:57am

166 bpm
140/90 mmHg

LINKED MEDIANS (PEAK EXERCISE)

EXERCISE
STAGE 3
08:01

BRUCE
3.4 mph
14.0%

UNITED HOSPITAL

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J

*I
0.00
0.90

*aVR
0.35
-1.24

*V1
0.55
-1.01

*V4
-0.50
1.46

*II
-0.65
1.18

*aVL
0.35
0.30

*V2
0.30
0.41

*V5
-0.65
1.39

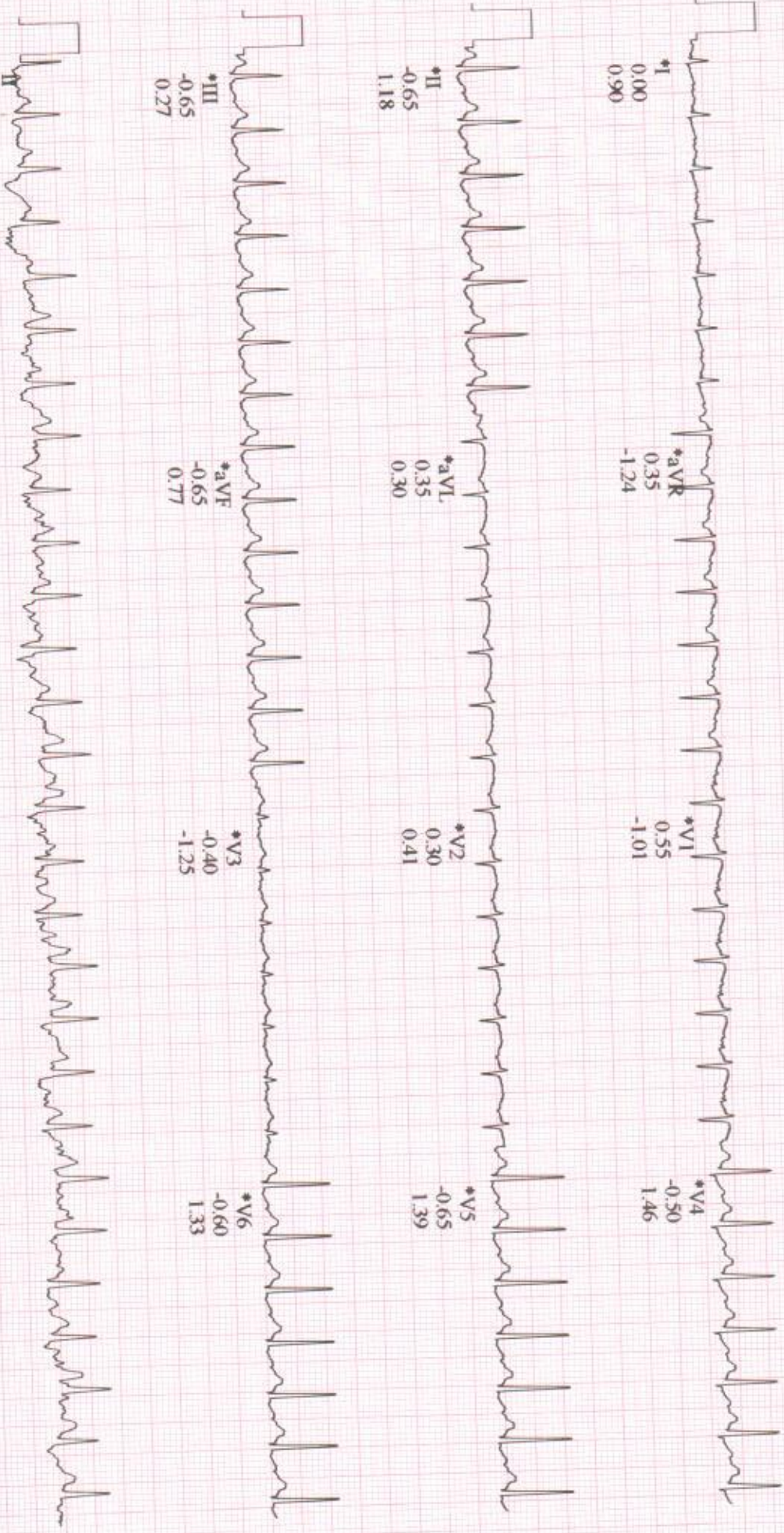
*III
-0.65
0.27

*aVF
-0.65
0.77

*V3
-0.40
-1.25

*V6
-0.60
1.33

Raw Data



*Computer Synthesized Rhythms

GE
CASE V6.73
25 mm/s 10 mm/mV 50Hz 0.01 - 20Hz S+ HR(V6.I) CE

Start of Test: 10:22:55am

MR. SHAILESHA D S
 Patient ID: 24008242
 18.11.2024
 10:32:47am

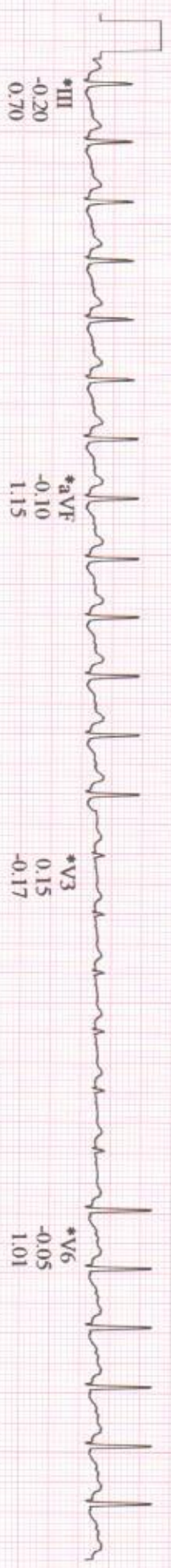
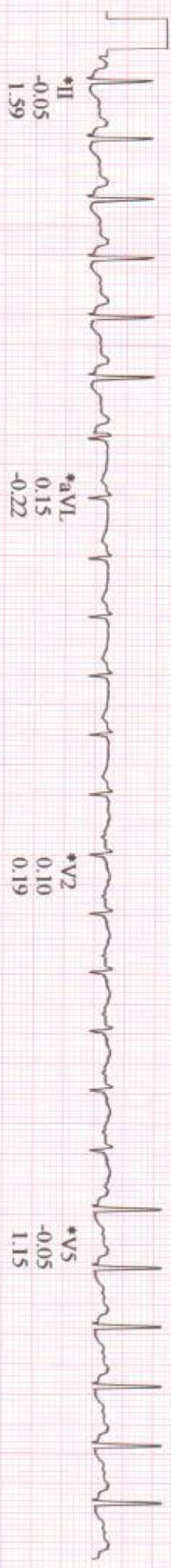
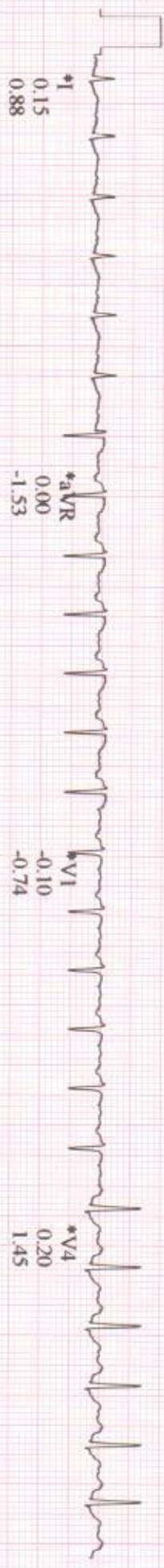
LINKED MEDIANS

UNITED HOSPITAL

151 bpm
 140/90 mmHg
 RECOVERY #1 00:50
 BRUCE 1.5 mph
 0.0 %

ST @ 10mm/mV
 60 ms post J

Lead
 ST Level (mm)
 ST Slope (mV/s)



Raw Data

*Computer Synthesized Rhythms

142 bpm
140/90 mmHg

RECOVERY
#1
01:50

BRUCE
1.2 mph
0.0 %

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J



*Computer Synthesized Rhythms

Start of Test: 10:22:55am