

Dr. Vimmi Goel
Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mrs. Asmita Meshram Date: 06/11/24

Age: 38 yr Sex: M/F Weight: 77.8 kg Height: 153.6 inc BMI: 33

BP: 109/88 mmHg Pulse: 72/min bpm RBS: _____ mg/dl
SPO2 - 99% LMP - 20/10/24

33/F

- FH - Father - DM
- Obesity
- Prodiabetic (HbA1c - 5.8)
- LDL - 116

MC Calcaneal spur
(Arthro)

O/E

JVP°
L
L₂
PIA / IN

Adv.

- To see Dr. Susmita Dobriyal
(Small Umb. Hernia)
- Diet control
Daily exercise
Weight loss
- To see Dr. Tarhan Bhure
- R/A 3mths E FBS, PMAS,
HbA1c, FLP

Dr. Mugdha Jungari (Gill)
 MBBS, MS, DNB (OBGY), FMAS
 Sr. Consultant Obstetrics & Gynaecology
 High Risk Pregnancy Expert & Laparoscopic Surgeon
 Reg. No: 2020126915

Name: Asmita Date: 6/11/24

Age: 39 yrs Sex: M/F Weight: 77.9 kg Height: 153 Inc BMI: _____

PCOS

Ms - 13 yrs
 P₂L₂ - 1 - 12 yrs } 2 L8L8.
 6 yrs OS } 1
 LMP - 20/10/24 Ant.

Miscon

Pap smear - last 3 consecutive yrs
 (n) report.

Adv
 Pap smear
 after 3 yrs.

USG (n).

Rx
 → T. MetPCO Care x (30)
 BP 1-0-1 Amer
 (15-20 prior)
 Sugar



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
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Email : assistance@kimshospitals.com | **Website :** www.kimshospitals.com

**DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD**

ASMITASACHIN
38Y(S) 7M(S) 22D(S)/F
MRNP2425026796
8600108606
MARRIED

CONSULT DATE : 06-11-2024
CONSULT ID : OPC2425086556
CONSULT TYPE : WALK IN
VISIT TYPE : NORMAL
TRANSACTION TYPE :

**DR. ASHISH PRAKASHCHANDRA
KAMBLE**
MBBS, MS, FVRS, FICO
CONSULTANT
DEPT OPHTHALMOLOGY

VITALS

Temp : - °F **Pulse :** - /min **BP (mmHg) :** - / - **spO2 :** - %RA **Pain Score :** - /10 **Height :** - cms

Weight : - kgs **BMI :** -

NOTES

**GLASS PRESCRIPTION :-
DISTANCE VISION**

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	-0.50	00	00	6/6
LEFT EYE	00	-0.75	110	6/6

NEAR ADDITION

RIGHT EYE			00	N6
LEFT EYE			00	N6

REMARK-

CHIEF COMPLAINTS
ROUTINE EYE CHECKUP

Printed On :06-11-2024 11:49:02

40



MC-6773



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. ASMITA MESHRAM	Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am	Report Date : 06-Nov-24 10:41 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	12.8	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		39.8	36.0 - 46.0 %	Calculated
RBC Count		5.11	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		78	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		25.0	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.2	31.5 - 35.0 g/l	Calculated
RDW		14.7	11.5 - 14.0 %	Calculated
Platelet count		259	150 - 450 10 ³ /cumm	Impedance
WBC Count		7300	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		63.7	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		31.1	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		1.1	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		4.1	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		4650.1	2000 - 7000 /cumm	Flow Cytometry/Light microscopy
Absolute Lymphocyte Count		2270.3	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		80.3	20 - 500 /cumm	Calculated
Absolute Monocyte Count		299.3	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated



MC-6773



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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. ASMITA MESHAM	Age /Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am	Report Date : 06-Nov-24 10:41 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
PERIPHERAL SMEAR			
Microcytosis		Microcytosis +(Few)	
Hypochromasia		Hypochromia +(Few)	
Anisocytosis		Anisocytosis +(Few)	
WBC		As above	
Platelets		Adequate	
ESR		13	0 - 20 mm/hr Automated Westergren's Method
*** End Of Report ***			

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. Suwarna Kawade, MBBS,MD (Pathology)

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MC-6773



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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ASMITA MESHAM	Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:06 am	Report Date : 06-Nov-24 10:41 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	104	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		84	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		5.8	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CIN: U74998MH2018PTC303510



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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. ASMITA MESHAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am
Report Date : 06-Nov-24 10:41 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	179	Enzymatic(CHE/CHO/PO D)
Triglycerides		101	
HDL Cholesterol Direct		54	
LDL Cholesterol Direct		116.62	
VLDL Cholesterol		20	
Tot Chol/HDL Ratio		3	

<u>Initiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	10 yrs risk 10-20 % >130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	10 yrs risk <10% >160
No additional major risk or one additional major risk factor		>190, optional at 160-189

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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MC-6773



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. ASMITA MESHAM	Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am	Report Date : 06-Nov-24 10:41 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.63	0.2 - 1.3 mg/dl	
Direct Billirubin		0.13	0.1 - 0.3 mg/dl	
Indirect Billirubin		0.50	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		65	38 - 126 U/L	
SGPT/ALT		18	13 - 45 U/L	
SGOT/AST		24	13 - 35 U/L	
Serum Total Protein		7.46	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.52	3.5 - 5.0 gm/dl	
Globulin		2.95	2.0 - 4.0 gm/dl	
A/G Ratio		1.5		

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ASMITA MESHARAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am
Report Date : 06-Nov-24 10:41 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.33	0.55 - 1.70 ng/ml	
Free T4		1.14	0.80 - 1.70 ng/dl	Enhanced chemiluminescence
TSH		2.21	0.50 - 4.80 uIU/ml	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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MC-6773



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. ASMITA MESHARAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am
Report Date : 06-Nov-24 10:41 am

RFT Parameter	Specimen	Result Values	Biological Reference	Method
Blood Urea	Serum	27	15.0 - 36.0 mg/dl	
Creatinine		0.8	0.52 - 1.04 mg/dl	
GFR		96.7	>90 mL/min/1.73m square.	
Sodium		137	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.85	3.5 - 5.1 mmol/L	
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. ASMITA MESHAM	Age /Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 11:39 am	Report Date : 06-Nov-24 12:32 pm

URINE SUGAR

Parameter
Urine Glucose

Result Values

Nil

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. ASMITA MESHRAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 10:40 am
Report Date : 06-Nov-24 12:10 pm

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative *** End Of Report ***		STRIP

Suggested Clinical Correlation * If necessary, Please discuss

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. ASMITA MESHAM	Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 10:40 am	Report Date : 06-Nov-24 12:10 pm

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>				
Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Slightly Hazy	Clear	
<u>CHEMICAL EXAMINATION</u>				
Specific gravity		1.020	1.005 - 1.025	ion concentration
Reaction (pH)		6.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	protein error of pH indicator
Urine Protein		Negative	Negative	GOD/POD
Sugar		Negative	Negative	Legal's est Principle
Ketone Bodies		Negative	Negative	Ehrlich's Reaction
Urobilinogen		Normal	Normal	Diazonium
Bilirubin		Negative	Negative	
<u>MICROSCOPIC EXAMINATION</u>				
Pus Cells		5-10	0 - 4 /hpf	
R.B.C.		Absent	0 - 4 /hpf	
Epithelial Cells		2-4	0 - 4 /hpf	
Casts		Absent	Absent	
Crystals		Absent		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. ASMITA MESHAM	Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am	Report Date : 06-Nov-24 11:02 am

BLOOD GROUPING AND RH

Parameter
BLOOD GROUP.

<u>Specimen</u>	<u>Results</u>
EDTA Whole Blood & Plasma/ Serum	" O "

Gel Card Method

" Positive "(+Ve)
*** End Of Report ***

Rh (D) Typing.

Suggested Clinical Correlation * If necessary, Please discuss
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Suvarna Kawade
Dr. Suvarna Kawade, MBBS,MD (Pathology)
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CIN: U74999MH2018PTC303510

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	ASMITA MESHAM	STUDY DATE	06-11-2024 10:10:14
SEX	38Y 1D / F	HOSPITAL NO.	MRNP2425026796
SESSION NO.	BIL2425061430-10	MODALITY	DX
REPORTED ON	06-11-2024 10:39	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

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N.B: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

NAME OF PATIENT:	ASMITA MESHRAM	AGE & SEX:	38 YRS/FEMALE
UMR NO:	MRRNP2425026796	BILL NO	BIL2425061430
REF BY:	DR. VIMMI GOEL	DATE:	06/11/2024

USG WHOLE ABDOMEN

LIVER is normal in size (13.1 cm), shape and echotexture.

No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.

PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is partially distended. No sludge or calculus seen.

Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (9.8 cm) shape and echotexture. No focal lesion seen.

Right kidney measures 9.4 x 4.0 cm. Left kidney measures 9.6 x 4.8 cm.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is normal in size, shape and echotexture. It measures 6.5 x 4.0 x 9.2 cm.

No focal myometrial lesion seen.

UCUD seen in situ.

Both ovaries appear normal. No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

Small fat containing umbilical hernia 2.8 x 2.7 cm.

IMPRESSION:

- Small umbilical hernia.
- No other significant visceral abnormality seen.

Suggest clinical correlation.



DR. REEMA PENEV
MBBS, DMRD, DNB
CONSULTANT RADIOLOGIST

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Asmita Meshram
 Age : 38 years / Female
 UMR : MRNP2425026796
 Date : 06/11/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, Minor ST-T changes
 Blood pressure: 109/88 mm Hg (Left arm, sitting position)
 BSA : 1.76 m²

Impression:

Normal LV dimensions
LA is dilated
No RWMA of LV at rest
Good LV systolic function, LVEF 70%
Normal LV diastolic function
E/A is 1.4
E/E' is 7.3 (Normal filling pressure)
Valves are normal
Trivial MR
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. LA is dilated. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 90 cm/s, A Velocity is 66 cm/s. E/A is 1.4. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.
 E' at medial mitral annulus is 11 cm/sec & at lateral mitral annulus is 13.8 cm/sec.
 E/E' is 7.3 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	40
Aortic root	20-37	7-28	25
LVIDd	35-55	8-47	44
LVIDs	23-39	6-28	26
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	10
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology
Fellow Indian Academy of Echocardiography (FIAE)

38 Years

MRS ASMITA MESHRA
Female

06-Nov-24 9:35:50 AM

KIMS-KINGSWAY HOSPITALS

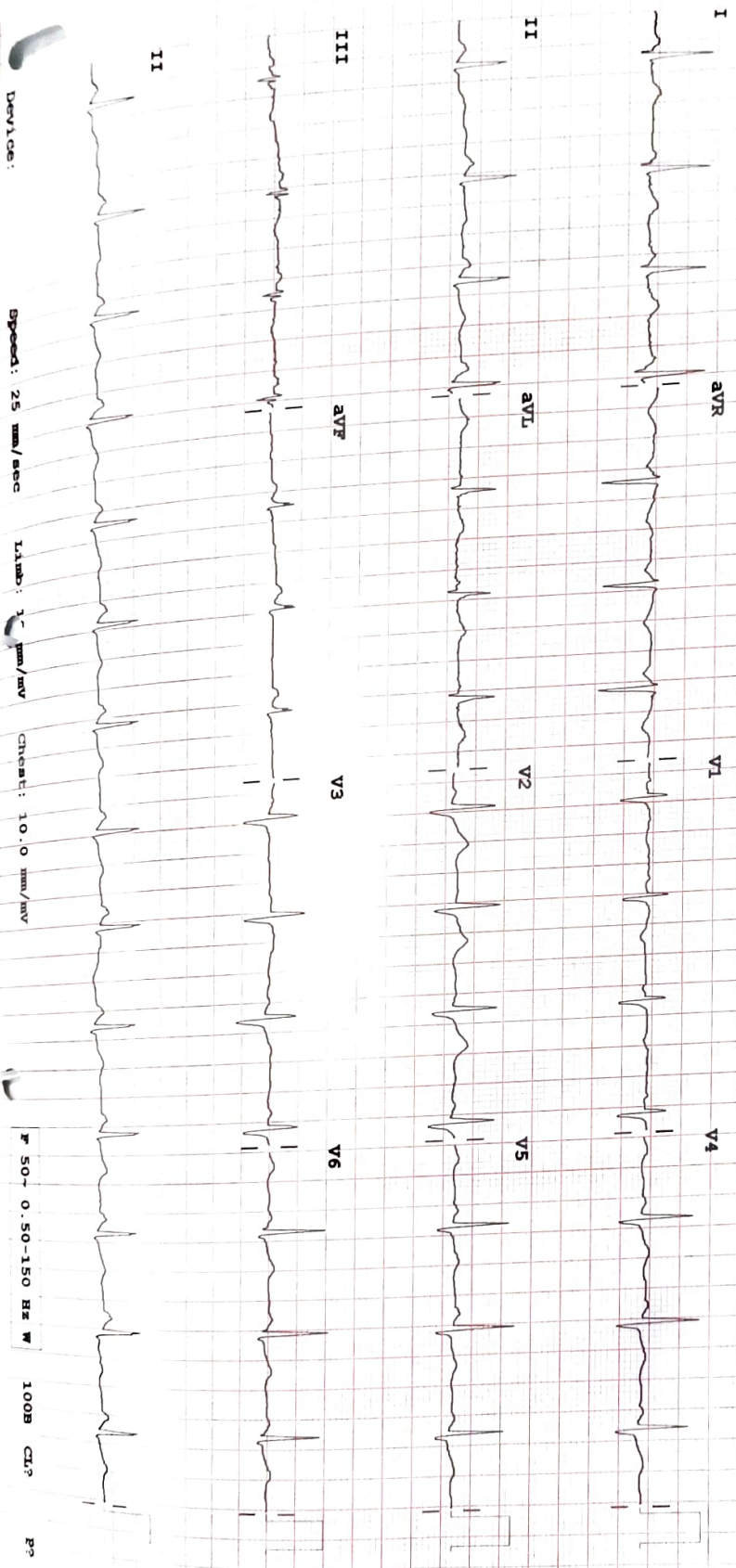
PBC DEPT.

Rate 85 Sinus rhythm.....normal P axis, V-rate 50-99
 PR 123 Abnormal R-wave progression.....QRS area>0 in V2
 QRSd 93 Borderline T abnormalities, inferior leads.....T flat/neg, II III avF
 QT 380
 QTc 452

--AXIS--
 P 50
 QRS 21
 T -6
 12 Lead: Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Lead: 1C mm/mV Chest: 10.0 mm/mV F 50 0.50-150 Hz W 100B CH? P?