


MER- MEDICAL EXAMINATION REPORT

Date of Examination	26/10/24		
NAME	ANSHIKA PACHAURI		
AGE	31	Gender	F.
HEIGHT(cm)	159	WEIGHT (kg)	62 BMB-24.5
B.P.	110/70		
ECG	normal		
X Ray	normal		
Vision Checkup	—		
Present Ailments	none		
Details of Past ailments (If Any)	no		
Comments / Advice : She /He is Physically Fit	MEDICALLY Fit		




 Signature with Stamp of Medical Examiner
 Dr. Smita Pastogi
 MBBS, DCP
 Reg. No. 37370

 भारत सरकार
GOVERNMENT OF INDIA




अशिका पचौरी
Anshika Pachauri
पिता : विनोद चन्द्र पचौरी
Father : Vinod Chandra Pachauri
जन्म वर्ष / Year of Birth : 1993
महिला / Female
4832 5062 9220


आधार — आम आदमी का अधिकार





 भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA


पता : D/O विनोद चन्द्र पचौरी, १६०,
कमला नगर, अवागढ़ हाउस, एटा, सिटी,
एटा, उत्तर प्रदेश, 207001

Address: D/O Vinod Chandra
Pachauri, 160, kamla nagar,
awagarh house, etah, City,
Etah, Uttar Pradesh, 207001

 1947
1800 180 1947

 help@uidai.gov.in

 www.uidai.gov.in

 P.O. Box No. 1947,
Bangaluru-560 001

Anshika

You have been informed that dental, dietician, *opt.*
ent consultations is not available at our
centre. if you are ready than test can be start .
2D echo test facility is not available at our centre,
instead we do TMT **test**.

If you are ready then your test can be start.

Dr. Shikha





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :
1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 26-Oct-2024		
Name	: Mrs. ANSHIKA PACHAURI	Age	: 31 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

Haemoglobin	13.2	gm%	11 - 14
-------------	------	-----	---------

Total Leucocyte Count	5200	Cells/cumm.	4000-11000
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Differential Leucocyte Count			
Polymorphs	68	%	45 - 70
Lymphocytes	23	%	20 - 45
Eosinophils	02	%	0 - 6
Monocytes	07	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	16	mm in 1st Hr.	0 - 19
PCV	42.5	cc%	40 - 52
Corrected ESR	04	mm in 1st Hr.	0 - 19

Platelet Count	1.52	lakh/cumm.	1.5 - 4.0
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Red Cells Count	4.51	million/cmm	3.90 to 4.60
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Absolute values			
MCV	87.4	fL	77 - 97
MCH	27.3	pg	27 - 31
MCHC	31.2	gm /dl	31 - 34

Dr. Sanjay Bastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.
SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose
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Date : 26-Oct-2024

Name : **Mrs. ANSHIKA PACHAURI**

Ref.By : APOLLO HEALTH

Age : 31 Yrs.

Sex : Female

General Blood Picture

RBCs

RBCs are Normocytic & Normochromic.
No Normoblasts are seen.

WBCs

TLC is within normal range.
DLC shows normal counts.
No immature cells of WBC seen.

PLATELETS

Platelets are adequate in number and morphology.

OTHERS

No haemoparasites are seen.

IMPRESSION

Normal GBP

Page 1 (End Of Report)
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Name	: Mrs. ANSHIKA PACHAURI	Age	: 31 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

Plasma Glucose - F GOD-POD Method	84	mg/dl	70 - 110
--------------------------------------	----	-------	----------

Plasma Glucose - PP GOD POD Method	105	mg/dl	110 - 170
---------------------------------------	-----	-------	-----------

Blood Group & Rh	"A" Positive		
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KFT			
UREA	20.4	mg %	15 - 50
CREATININE	0.69	mg %	0.5 - 1.5
URIC ACID	5.2	mg %	2 - 6
CALCIUM	9.6	mg %	8.8 - 10.0

LFT T&D			
Total Bilirubin	0.66	mg%	0.2 - 1.0
Direct Bilirubin	0.25	mg%	0.0 to 0.40
Indirect Bilirubin	0.41	mg%	0.10 to 0.90
S.G.P.T	21	IU/L	5 - 40
S.G.O.T	15	IU/L	5 - 50
ALP	85	IU/L	35 to 104

Serum Gamma G.T.	19	IU/L	11 - 50
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Urine Sugar (Fasting)	NIL		
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Urine Sugar (PP)	NIL		
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Date	: 26-Oct-2024	Age	: 31 Yrs.
Name	: Mrs. ANSHIKA PACHAURI	Sex	: Female
Ref.By	: APOLLO HEALTH		

THYROID TEST

Tri-iodothyronine (T3)	1.48	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.50	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.58	mIU/ ml	0.3 to 6.0

=====

COMMENTS

=====

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date	: 26-Oct-2024	Age	: 31 Yrs.
Name	: Mrs. ANSHIKA PACHAURI	Sex	: Female
Ref.By	: APOLLO HEALTH		

LIPID PROFILE

Triglycerids	116	mg%	70 - 190
S. Cholestrol S.	154	mg%	130 - 230
S. HDL Cholestrol	40.1	mg%	35 - 75
S. LDL Cholestrol	90.7	mg%	75 - 150
VLDL	23.2	mg%	0 - 34
Chol / HDL factor	3.84		
LDL / HDL Factor	2.26		

COMMENTS

* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).

* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.

* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Ref.By	: APOLLO HEALTH		

Glycosylated Haemoglobin	Glycocyated Haemoglobin		
	4.9	%	4.5 TO 6.0
=====			
INTERPRETATION AND COMMENTS			
=====			
NON DIABETIC :	4.5 to 6.0 %		
GOOD CONTROL:	6.0 to 7.0		
FAIR CONTROLLED	7.0 AND 8.0		
UNCONTROLLED	8.0 AND ABOVE		
<p>Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.</p>			

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Ref.By	: APOLLO HEALTH		

Urine Examination

PHYSICAL		
Colour	Straw	
Turbidity	Nil	
Deposit	Nil	
Reaction	Acidic	
*Specific Gravity	1.030	
CHEMICAL		
Protein	Nil	
Sugar	Nil	
*Bile Salts	Nil	
*Bile Pigments	Nil	
Phosphate	Nil	
MICROSCOPIC		
Pus Cells	Nil	/hpf
Epithelial Cells	Occasional	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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ITDOSE PVT. LTD	SAMPLE DATE	: 26/10/2024
	NAME	: Mrs Anshika Pachauri
	AGE/SEX	: 31/YRS/FEMALE
	REFERRED BY	: Apollo Health

Test Name	Result	Bio. Ref. Range	Unit
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CLINICAL PATHOLOGY TEST REPORT

PAP

GROSS:

Smears collected from the ecto and the endo cervix. Slides prepared and stained with PAP stain.

MICROSCOPIC:

Smears studied show adequate representing material, comprising mainly of squamous epithelial cells. These cells have abundant pale pink eosinophilic cytoplasm and normal appearing round to oval nuclei. Smears from the endocervix show fair number of "stripped nuclei" of the endometrial cells. Occasional small cluster of the endometrial cells are seen. These cells have indistinct cellular borders, scanty basophilic cytoplasm and oval nuclei with clumped chromatin. Smears from both the sites are mildly infiltrated with inflammatory cells, mostly polymorphs

IMPRESSION:

SMEARS SUGGESTIVE OF NORMAL PAP SMEAR WITH MODERATE INFLAMMATION

*** End Of Report ***

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ECG

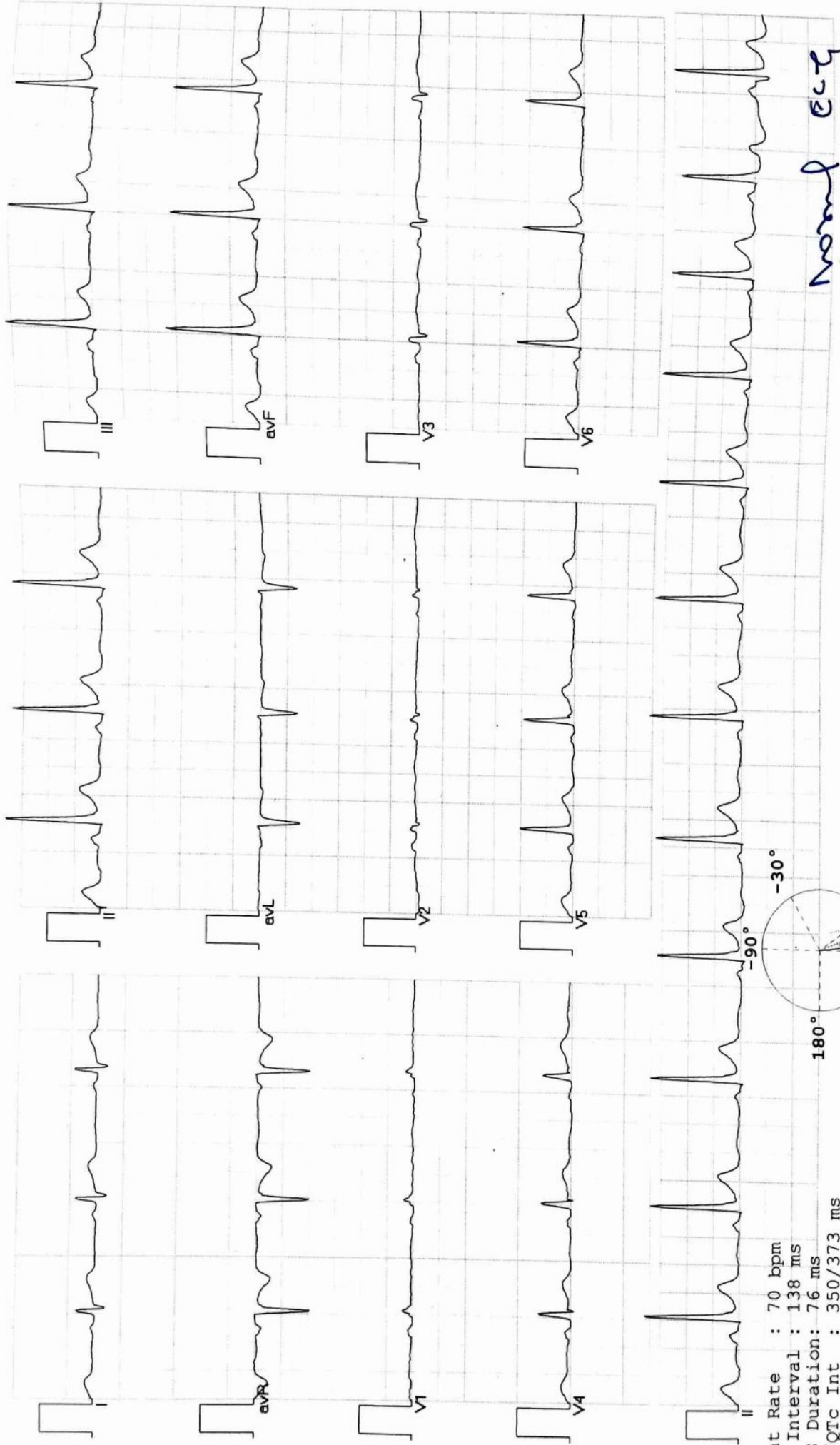


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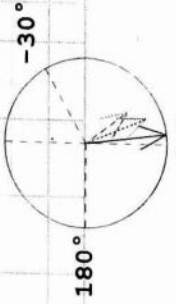
332 / ANSHIKA PACHAUDRI / 31 Yrs / F / 159Cms. / 62Kgs. / Non Smoker

Heart Rate : 70 bpm / Tested On : 27-Oct-24 14:43:09 / HF 0.05 Hz - LF 100 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s

/ Refd By.: APOLLO HEALTH



Vent Rate : 70 bpm
PR Interval : 138 ms
QRS Duration: 76 ms
QT/QTc Int : 350/373 ms
P-QRS-T axis: 54.00° 83.00° 68.00°



Axis
90° R 83° T 68° P 54°

Normal ECG

Dr. AMIT MOHAN MD
Reg. No. 44559

Amith

Allergens ECG (Pisces)(PIS215191030)



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TEST REQUEST ID :012410260067	SAMPLE DATE	:26/Oct/2024 11:14AM
NAME :Mrs. ANSHIKA PACHAURI	SAMPLE REC. DATE	:26/Oct/2024 11:14AM
AGE/SEX :31 YRS/FEMALE	REPORTED DATE	:26/Oct/2024 11:43AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01260067

USG WHOLE ABDOMEN-FEMALE

Liver : is enlarged in size (151 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. *Few tiny (atleast 5-6) echogenic foci ,largest measuring ~ 5.4 mm casting posterior acoustic shadowing noted in lumen of gall bladder.* Wall is of normal thickness.

CBD: is normal in diameter 2.6 mm. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (89 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Right Kidney: is normal in size 103x38 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal system is not dilated. Ureter is not dilated.

Left Kidney: is normal in size 105x44 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal system is not dilated. Ureter is not dilated.



Dr.Surbhi
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AGE/SEX :31 YRS/FEMALE	REPORTED DATE	:26/Oct/2024 11:43AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01260067

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen. Bilateral VUJ are clear.

Uterus: is slightly bulky in size (40x52x89 mms vol 100 cc), normal in shape and echotexture. It is anteverted. Myometrium is homogenous. No focal mass is seen. Endometrial thickness is normal 5.6 mm. **Cervix appears slightly bulky in size 33.0 mm**, normal in shape and echotexture. No evidence of collection in cervical canal.

Bilateral Ovaries and adnexae: Both ovaries are normal in size (RO - 12x28x33 mms vol 6.3 cc & LO - 11x25x37 mms vol 6.0 cc) shape and echotexture. No adnexal solid or cystic mass lesion is seen.

Both iliac fossae are clear. No obvious bowel pathology is noted. There is no free fluid in peritoneal cavity.

OPINION:-

- CHOLELITHIASIS
- HEPATOMEGALY
- SLIGHTLY BULKY UTERUS AND CERVIX.



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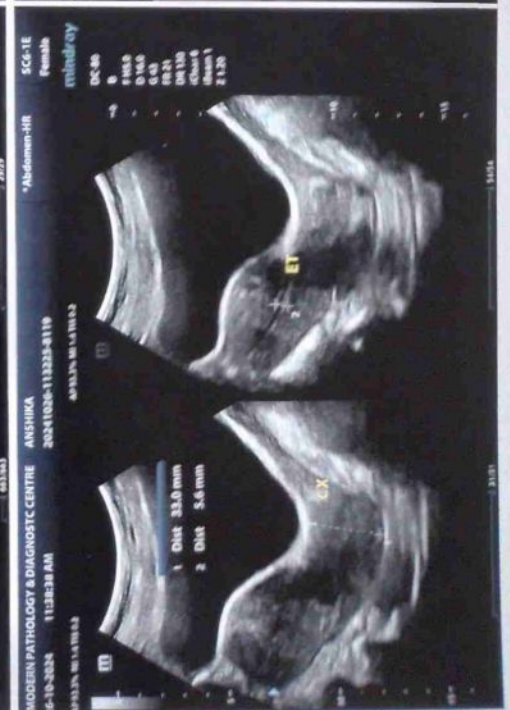
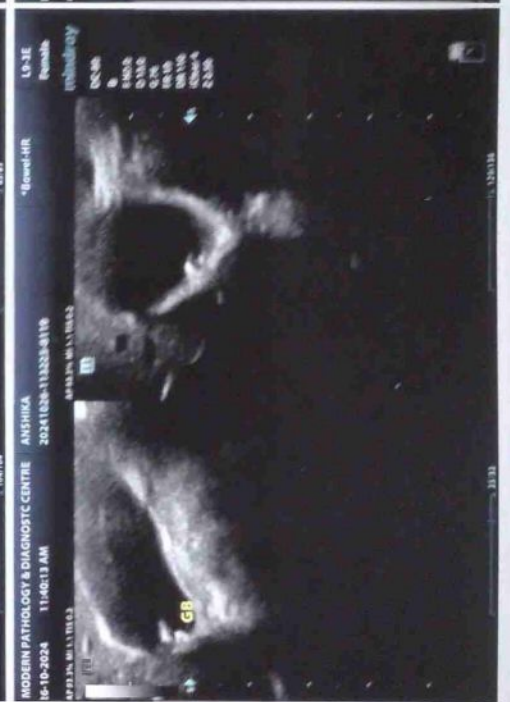
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NAME :Mrs. ANSHIKA PACHAURI	SAMPLE REC. DATE	:26/Oct/2024 11:14AM
AGE/SEX :31 YRS/FEMALE	REPORTED DATE	:26/Oct/2024 01:08PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01260067

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***



Surbhi

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Gomti Nagar lucknow

Report



ANSHIKA PACHAURI / 31 Yrs / F / 159 Cms / 62 Kg

Date: 27 - 10 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	MEIs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	082	43 %	110/70	090	00	
Standing	00:07	0:04	00.0	00.0	01.0	082	43 %	110/70	090	00	
HV	00:12	0:05	00.0	00.0	01.0	076	40 %	110/70	083	00	
ExStart	00:18	0:06	00.0	00.0	01.0	076	40 %	110/70	083	00	
BRUCE Stage 1	03:18	3:00	02.7	10.0	04.7	121	64 %	126/80	152	00	
PeakEX	05:05	1:47	04.0	12.0	06.1	136	72 %	134/86	182	00	
Recovery	06:05	1:00	00.0	00.0	01.0	090	48 %	132/84	118	00	
Recovery	07:05	2:00	00.0	00.0	01.0	084	44 %	128/80	107	00	
Recovery	08:05	3:00	00.0	00.0	01.0	080	42 %	124/80	099	00	
Recovery	08:39	3:34	00.0	00.0	01.0	080	42 %	124/80	099	00	

FINDINGS :

- Exercise Time : 04:47
- Max HR Attained : 136 bpm 72% of Target 189
- Max BP Attained : 134/86 (mm/Hg)
- Max WorkLoad Attained : 6.1 Fair response to induced stress
- Test End Reasons : Fatigue , Stopped By Client

REPORT :

1. STRESS TEST IS NON CONCLUSIVE. TEST IS STOPPED BY CLIENT , NOT IN POSITION TO PERFORM FURTHER.

(Signature)
 Dr. AMIT MOHAN
 Reg. No. 44559

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANSHIKA PACHAURI / 31 Yrs / F / 159 Cms / 62 Kg / HR : 82

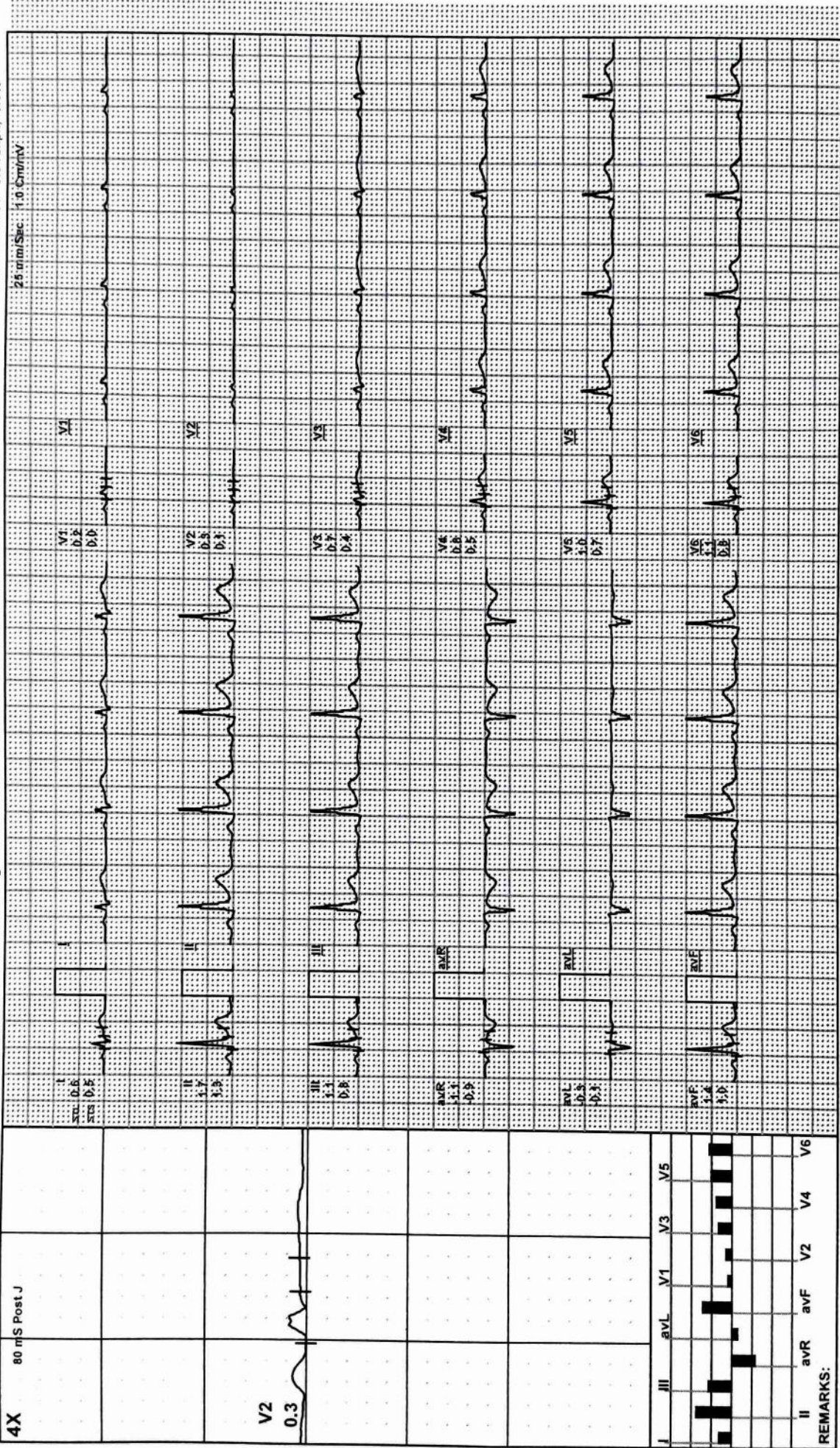
BRUCE:Supine(0:05)



Date: 27 - 10 - 2024

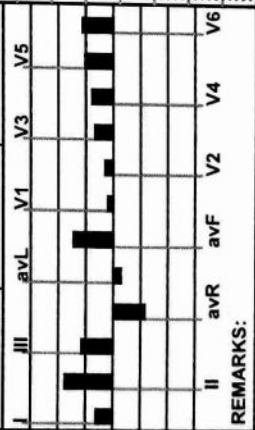
METS: 1.0/ 82 bpm 43% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Kmph, 0.0%



4X 80 mS Post-J

V2
0.3



REMARKS:

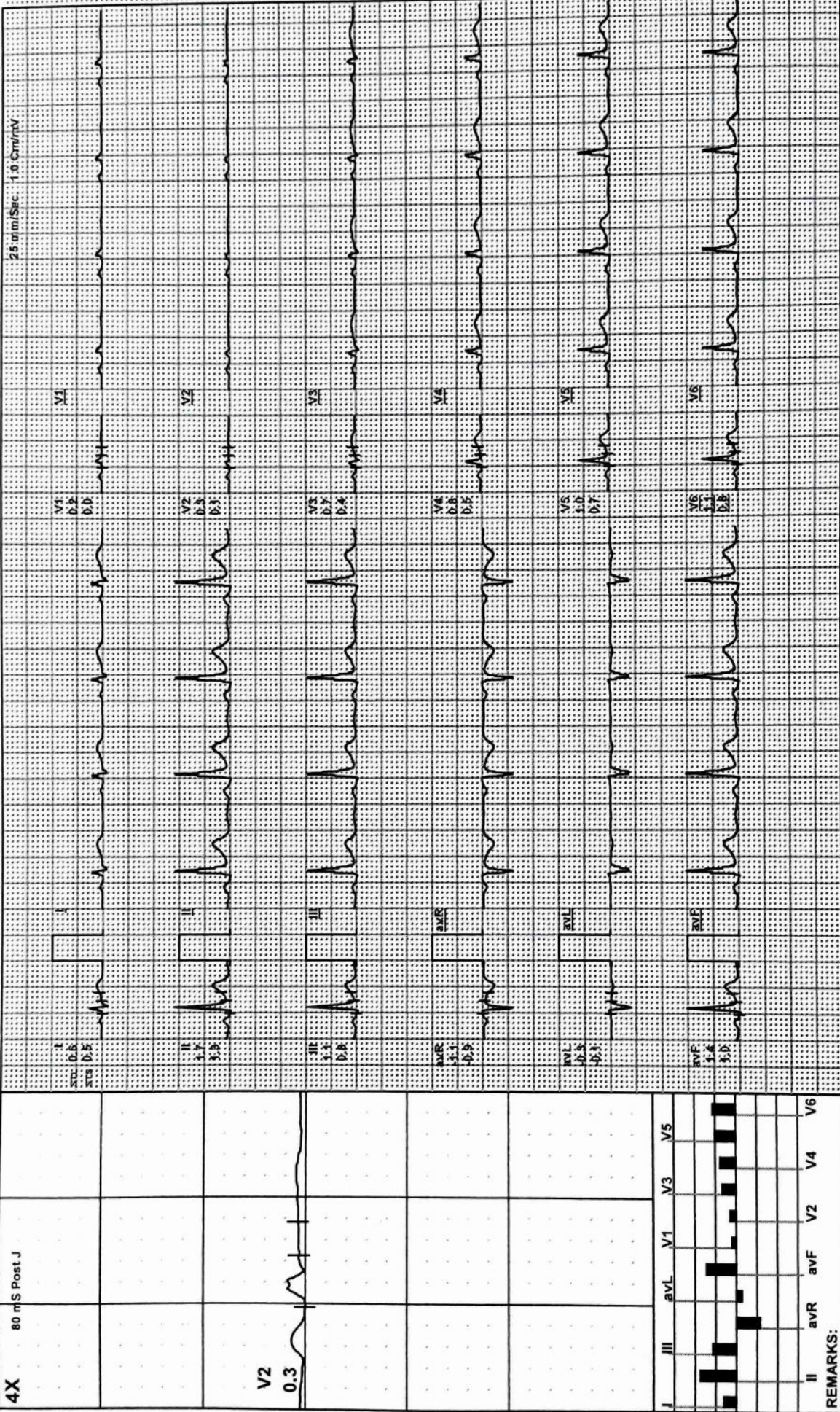
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANSHIKA PACHAURI / 31 Yrs / F / 159 Cms / 62 Kg / HR : 82

BRUCE:Standing(0:05)



Date: 27 - 10 - 2024 METS: 1.0/ 82 bpm 43% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Km/h, 0.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANSHIKA PACHAURI / 31 Yrs / F / 159 Cms / 62 Kg / HR : 76

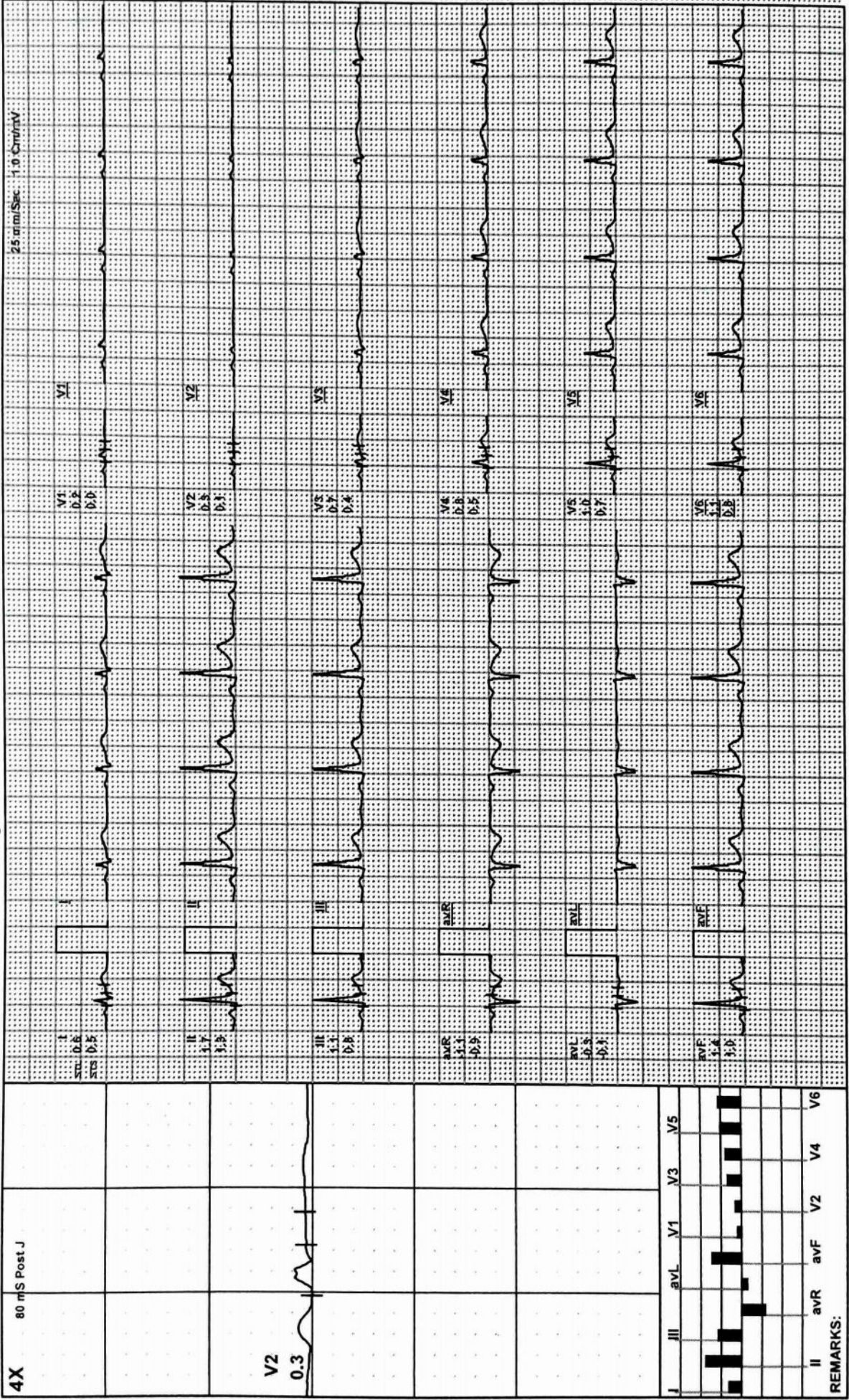
BRUCE:HV(0:06)



Date: 27 - 10 - 2024

METS: 1.0/76 bpm 40% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Kmph. 0.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANSHIKA PACHAURI / 31 Yrs / F / 159 Cms / 62 Kg / HR : 76

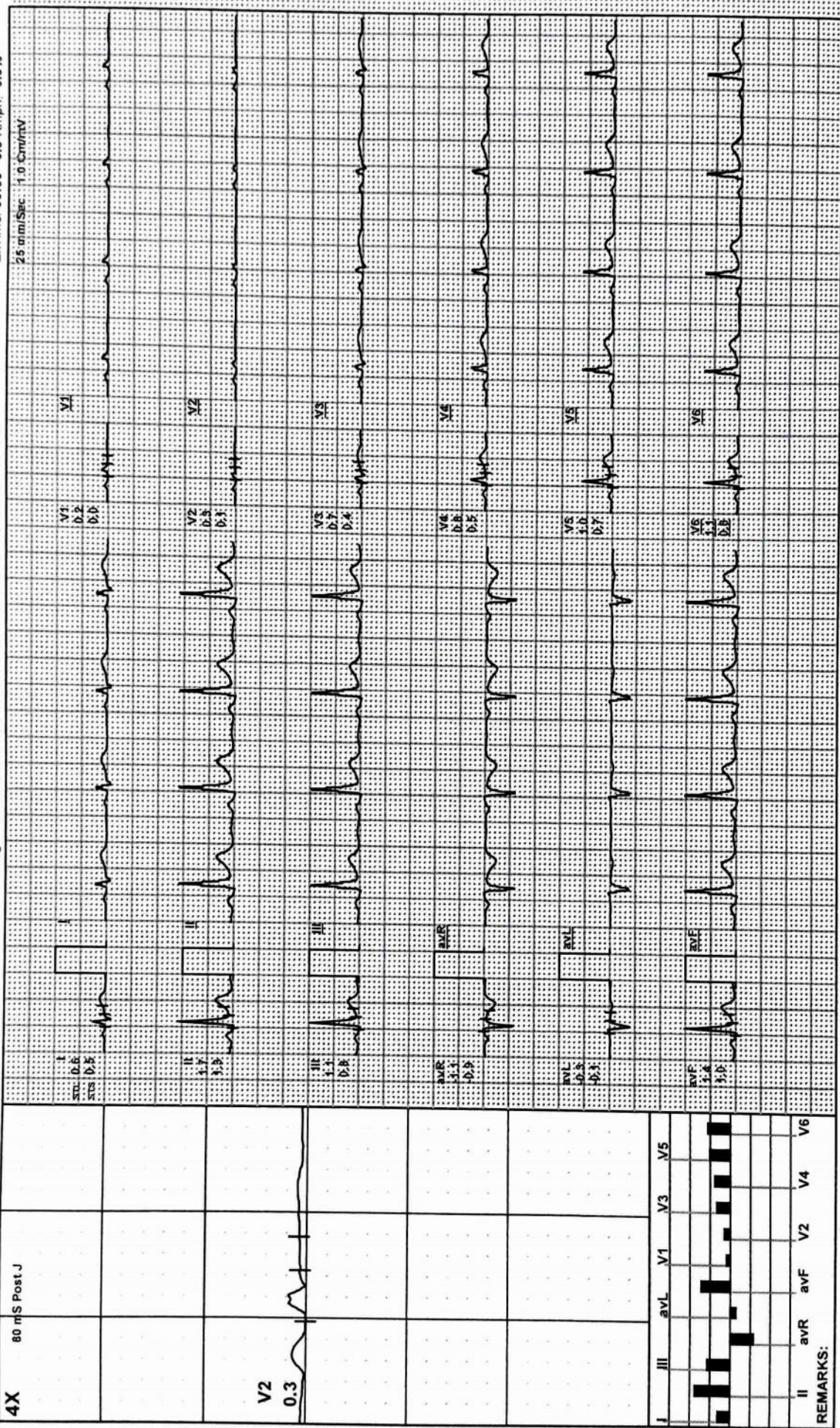
ExStart



Date: 27 - 10 - 2024

METS: 1.0/ 76 bpm 40% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 KmPh 0.0%



Lead	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
ST-T	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2
QRS	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2

REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANSHIKA PACHAURI / 31 Yrs / F / 159 Cms / 62 Kg / HR : 121

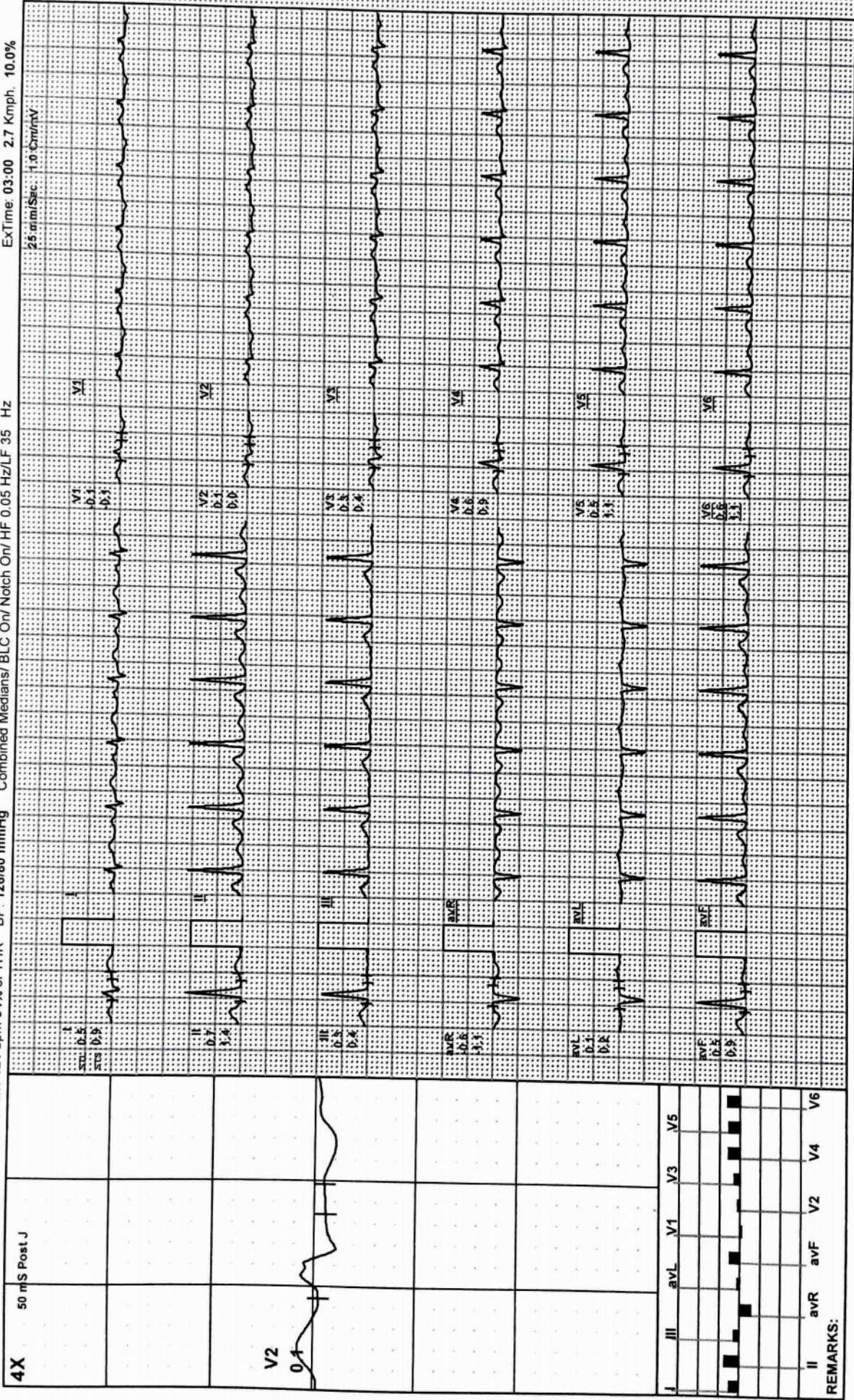
BRUCE: Stage 1(3:00)



Date: 27 - 10 - 2024

METS: 4.7 / 121 bpm 64% of THR BP: 126/80 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 03:00 2.7 Kmph 10.0%



REMARKS:

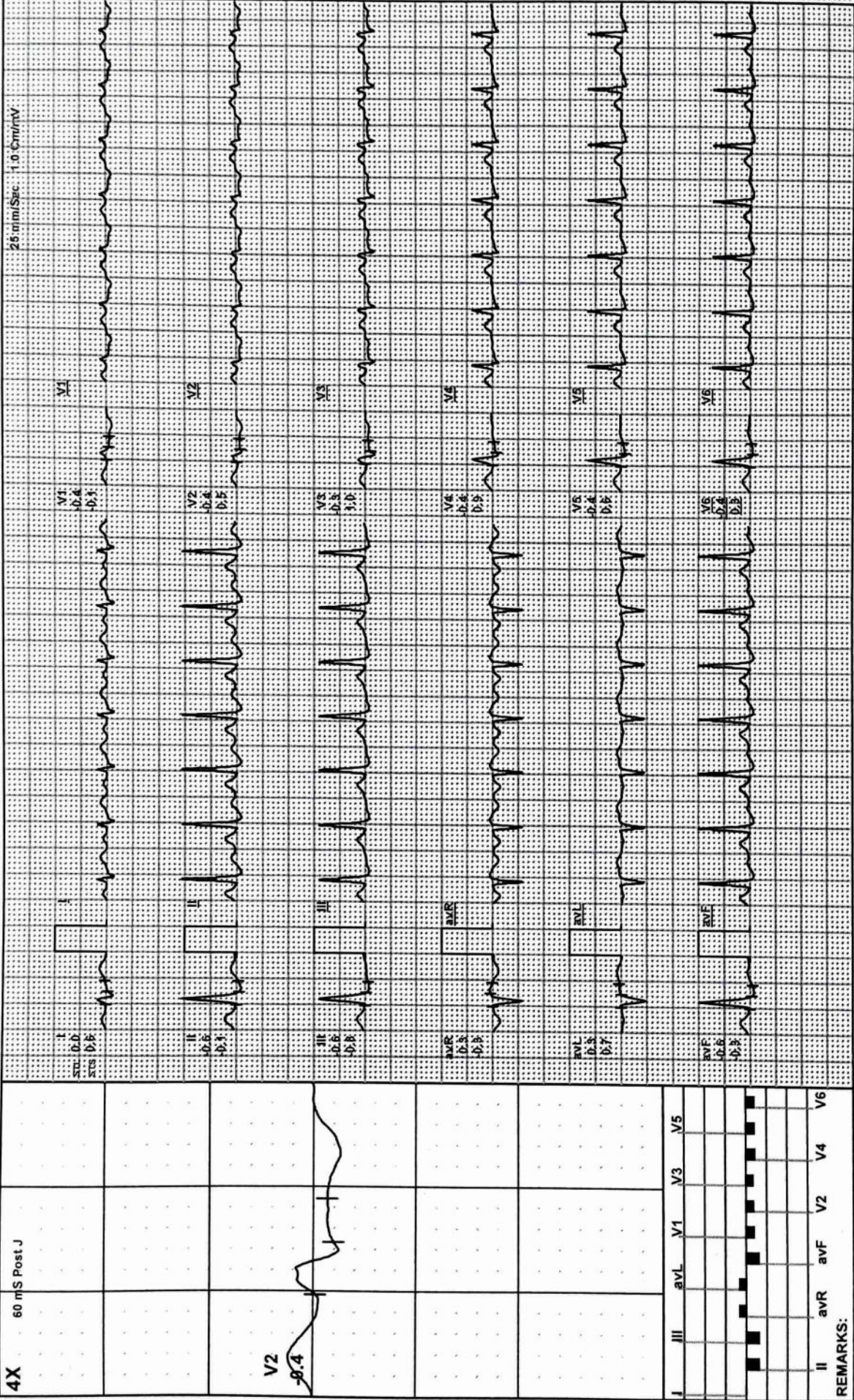
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANSHIKA PACHAURI / 31 Yrs / F / 159 Cms / 62 Kg / HR : 136

PeakEx



Date: 27 - 10 - 2024 METS: 6.1/136 bpm 72% of THR BP: 134/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz EXTme: 04:47 4.0 Kmph, 12.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANSHIKA PACHAURI / 31 Yrs / F / 159 Cms / 62 Kg / HR : 90

Recovery(1:00)

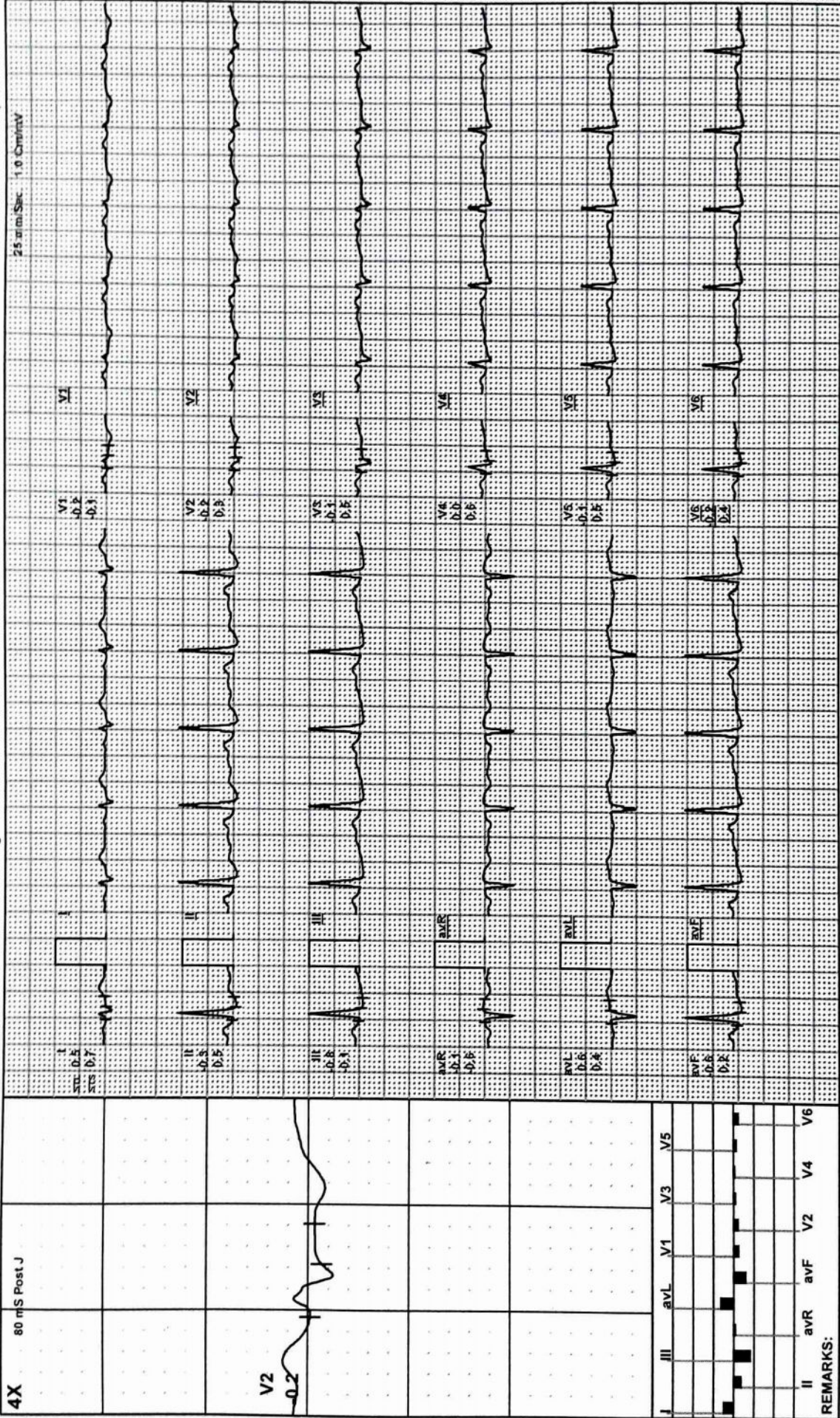


Date: 27 - 10 - 2024

METS: 1.0/ 90 bpm 48% of THR BP: 132/84 mmHg

Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime 04:47 0.0 Kmph 0.0%



4X 80 mS Post J

V2

Lead	I	II	III	avR	avL	V1	V3	V5
ST-T								
Q								
R								
S								
T								
U								

REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANSHIKA PACHAURI / 31 Yrs / F / 159 Cms / 62 Kg / HR : 84

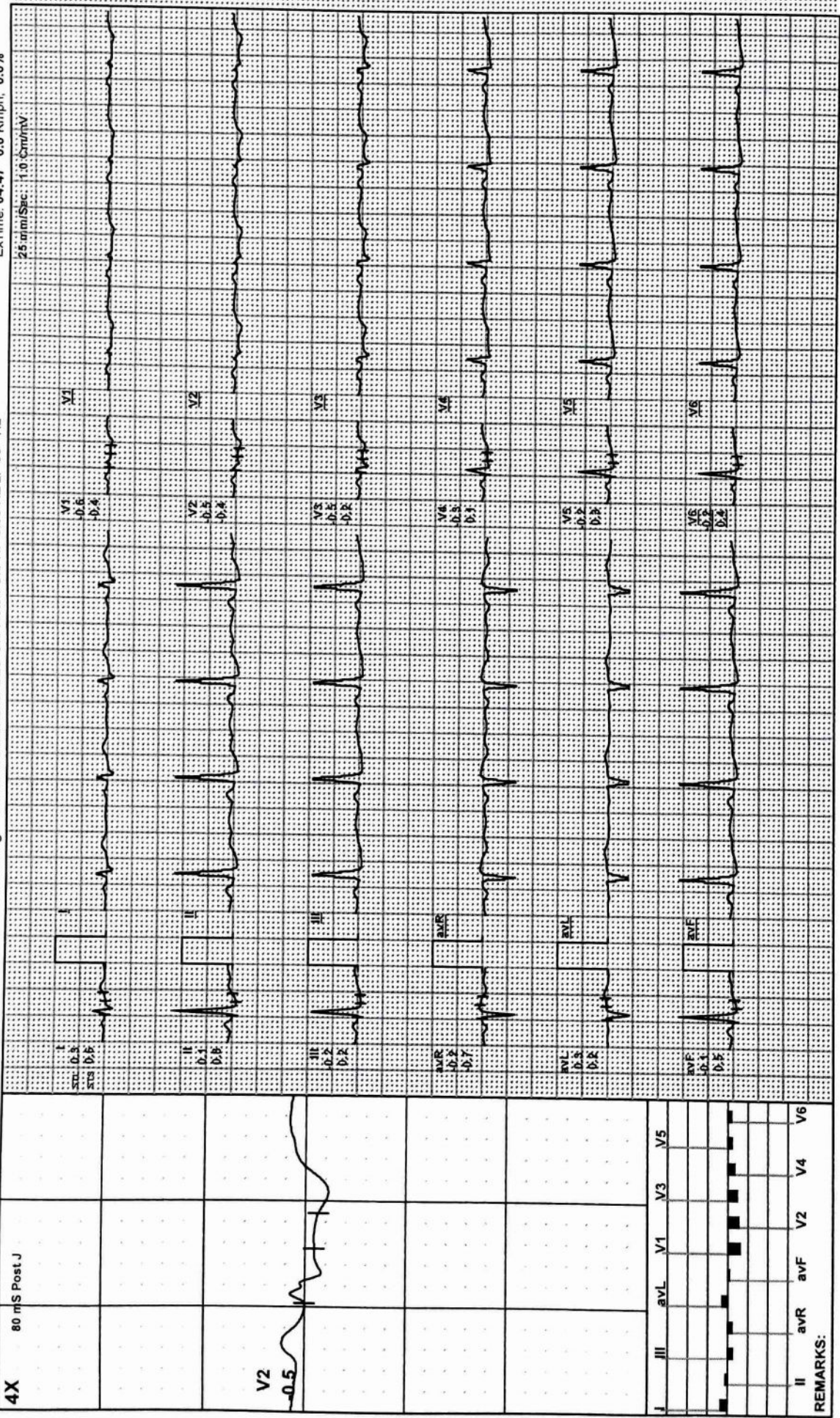
Recovery(2:00)



Date: 27 - 10 - 2024

METS: 1.0/ 84 bpm 44% of THR BP: 128/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 04:47 0.0 Km/h 0.0%



4X 80 mS Post-J



Lead	ST-T	QRS	PR
I	0.2	0.6	0.2
II	0.1	0.5	0.2
III	0.2	0.6	0.2
aVR	0.2	0.7	0.2
aVL	0.3	0.8	0.2
aVF	0.1	0.5	0.2
V1	0.2	0.6	0.2
V2	0.3	0.7	0.2
V3	0.2	0.6	0.2
V4	0.3	0.7	0.2
V5	0.2	0.6	0.2
V6	0.3	0.7	0.2

REMARKS:

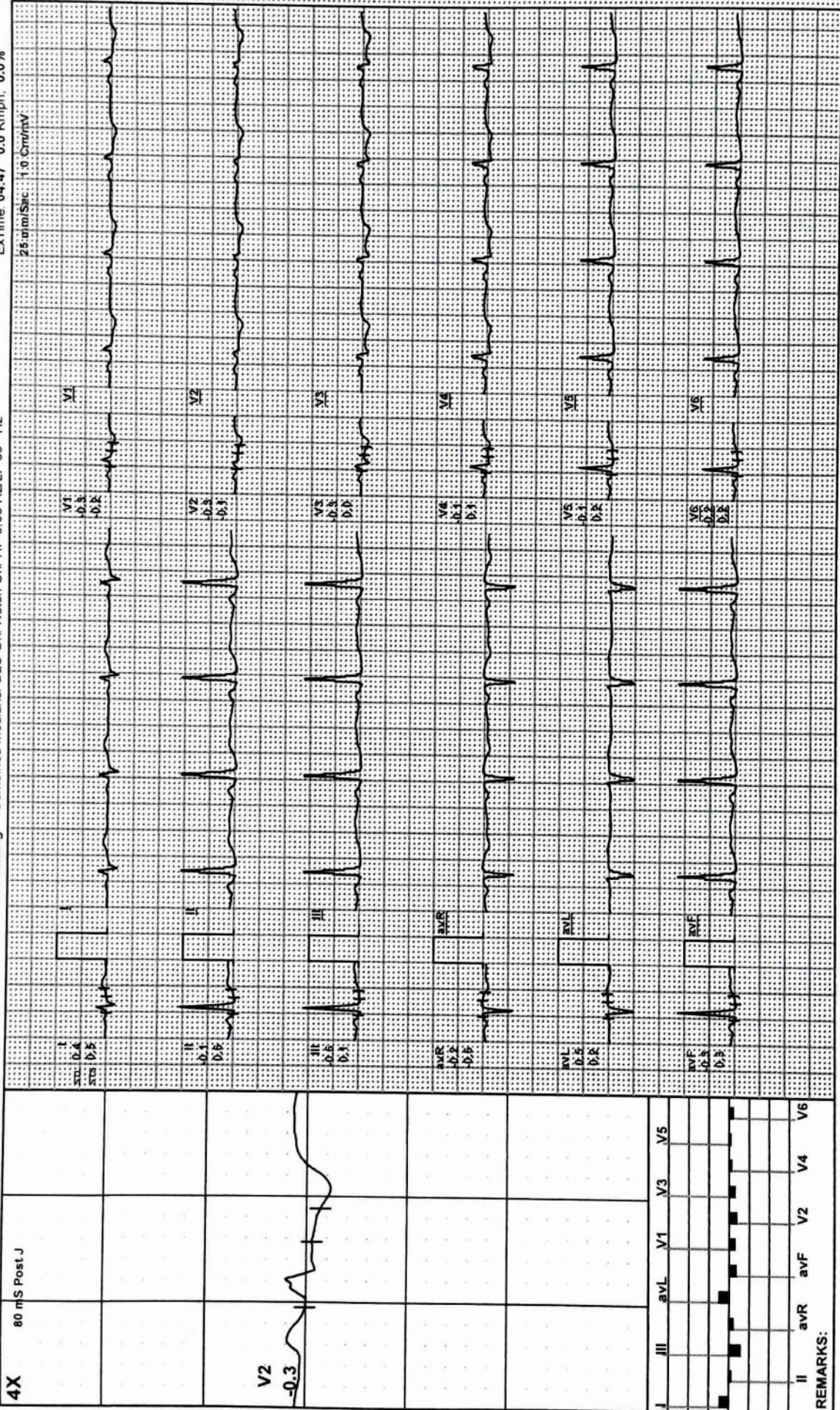
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANSHIKA PACHAURI / 31 Yrs / F / 159 Cms / 62 Kg / HR : 80

Recovery(3:00)



Date: 27 - 10 - 2024 METS: 1.0/ 80 bpm 42% of THR BP: 124/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 04:47 0.0 Kmph, 0.0%



REMARKS:

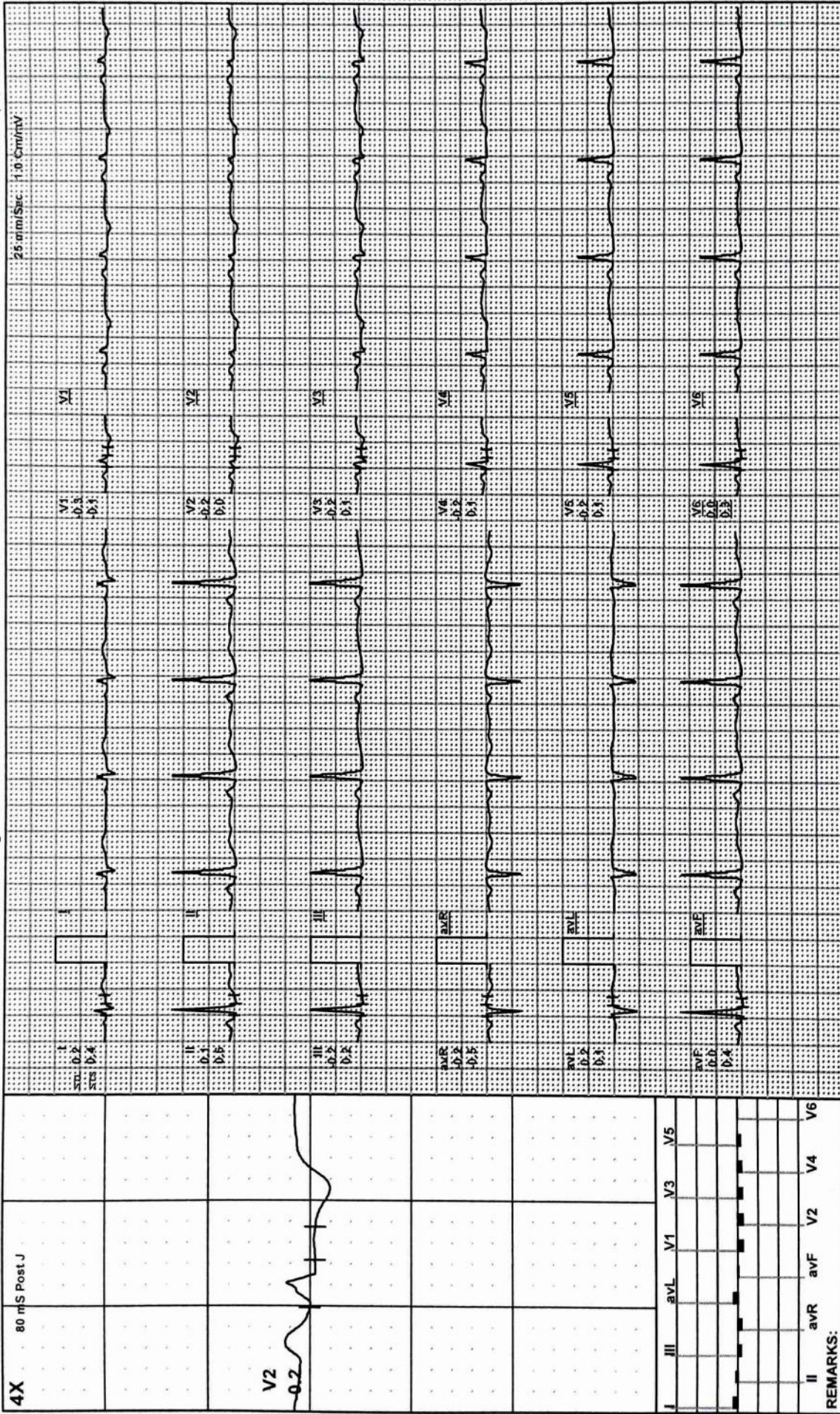
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANSHIKA PACHAURI / 31 Yrs / F / 159 Cms / 62 Kg / HR : 80

Recovery(3:34)



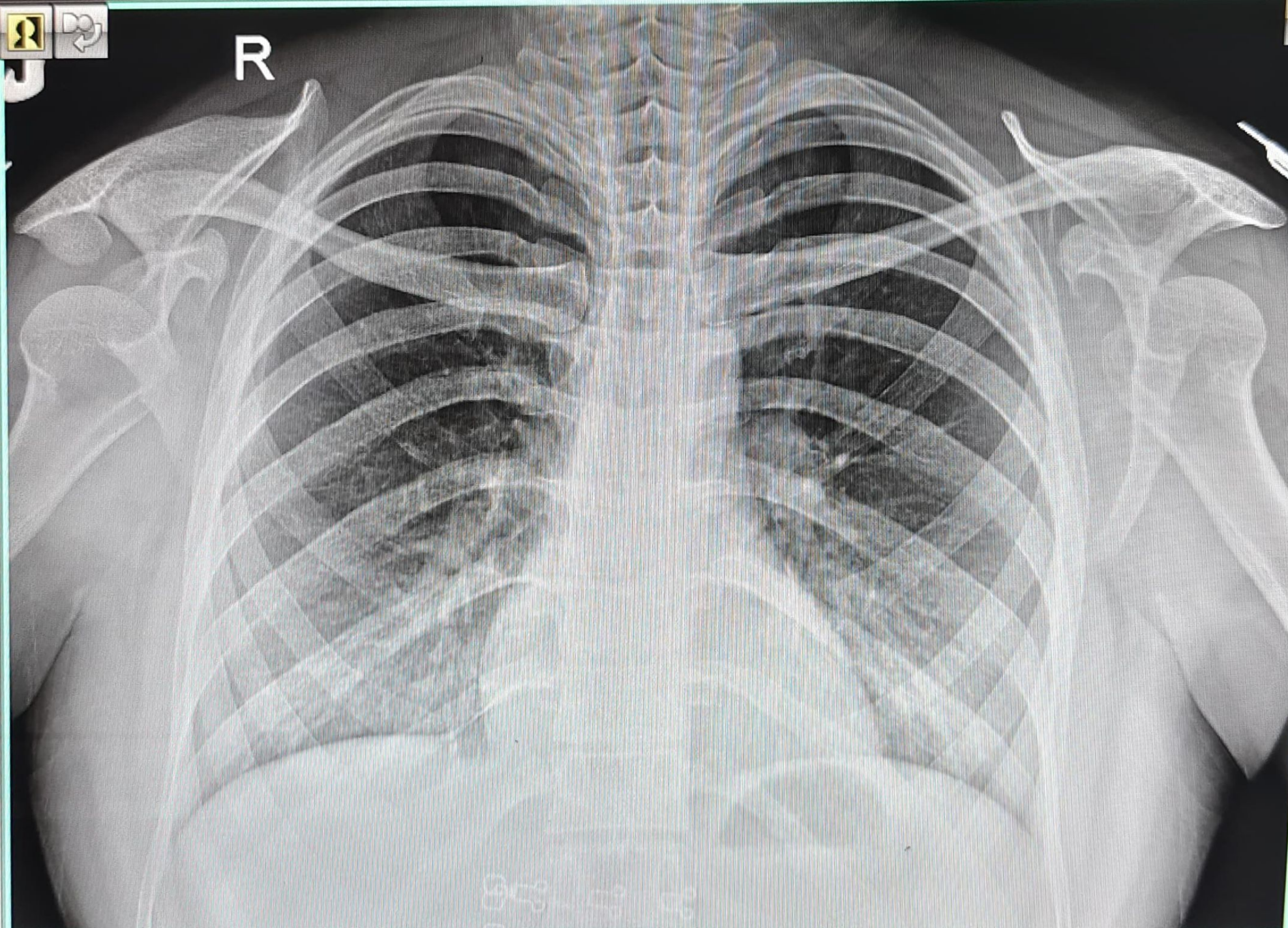
Date: 27 - 10 - 2024 METS: 1.0/ 80 bpm 42% of THR BP: 124/80 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 04:47 0.0 Kmph. 0.0%



REMARKS:



R



24102600114 MRS ANSHIKA F CHEST PA SELF
26/10/2024 MODERN PATHOLOGY & ULTRASOUND CENTRE, UP